ESSKA-EKA All About Total Knee Arthroplasty Course

21-22 June 2019 in Istanbul, Turkey
ESSKA-EKA offers top-rank medical education thanks to experience, expertise and dedication of its faculty.

**EKA International Faculty**

- **Dr Nanne Kort**  
  *EKA Chairman*  
  CortoClinics  
  Schijndel, The Netherlands

- **Prof. Reha Tandogan**  
  *Course Chairman*  
  *EKA General Secretary*  
  Cankaya Orthopedics  
  Ankara, Turkey

- **Prof. Simon Donell**  
  *EKA Education*  
  Norwich Medical School, University of East Anglia, Norwich, UK

- **Prof. Mustafa Karahan**  
  *ESSKA Academy Editor*  
  Acibadem University  
  Department of Orthopaedics  
  Istanbul, Turkey

- **Prof. Burak Beksac**  
  General Secretary of the  
  Turkish Society of Hip & Knee Arthroplasty

- **Dr Claudio Zorzi**  
  Head of Orthopedic Unit of Sacrocuore Don Calabria Hospital, Verona, Italy

- **Prof. Philippe Neyret**  
  *EFORT President 06/2019-20*  
  Professor des Universites Clinique Genolier  
  Switzerland

- **Dr Michael Hirschmann**  
  *EKA Vice-Chairman*  
  Kantonsspital Baselland  
  Switzerland

- **Prof. Alper Kaya, M.D**  
  Orthopaedic Surgery, Acibadem University, Department of Orthopaedics and Traumatology, Acibadem Altunizade Hospital
Course objectives

ESSKA-EKA All About Total Knee Arthroplasty Course is a comprehensive 1½-day course covering principles and techniques of knee arthroplasty for surgeons who want to perform or are performing knee joint replacement surgery with assistance and are eager to become independent specialists.

EKA Local Faculty

Prof. Baris Kocaoglu
Orthopedics & Traumatotolgy, Acibadem University Faculty of Medicine

Ass. Prof. Ersin Ercin
Istanbul Saglik Bilimleri University, Bakirkoy Dr. Sadi Konuk Training and Research Hospital

Ass. Prof. Sarper Gursu
Orthopaedics and Traumatology, Baltalimani Bone and Joint Diseases Hospital, Arthroplasty and Sports Surgery Department

Ass. Prof. Gokhan Meric
Yeditepe University Hospital, Department of Orthopedics and Traumatology

Ass. Prof. Hakan T. Cift
Yeditepe University Hospital, Dept. of Orthopedics and Traumatology,

Ass. Prof. Gokhan Kaynak
Istanbul University, Cerrahpasa Medical School, Department of Orthopaedics and Traumatology
## Programme

### Friday 21 June 2019

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>9:00</td>
<td>Opening</td>
<td>Nanne Kort</td>
</tr>
<tr>
<td>9:08</td>
<td>Welcome</td>
<td>Reha Tandogan</td>
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<tr>
<td>9:12</td>
<td>Introduction of Faculty</td>
<td>Nanne Kort</td>
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<td>9:18</td>
<td>Introduction of Delegates</td>
<td>Nanne Kort</td>
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<td>9:25</td>
<td>Pre-course evaluation</td>
<td>Simon Donell</td>
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<tr>
<td>9:45</td>
<td>Session I</td>
<td>Moderator: Nanne Kort</td>
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<tr>
<td>9:45</td>
<td>History of Knee Arthroplasty</td>
<td>Simon Donell</td>
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<tr>
<td>9:55</td>
<td>Preoperative Assessment</td>
<td>Philippe Neyret</td>
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<tr>
<td>10:05</td>
<td>Medial Approaches to the Knee</td>
<td>Mustafa Karahan</td>
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<tr>
<td>10:15</td>
<td>Lateral &amp; Extended Approaches</td>
<td>Philippe Neyret</td>
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<tr>
<td>10:25</td>
<td>Discussion</td>
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<td>10:30</td>
<td>Break</td>
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<tr>
<td>11:00</td>
<td>Session II</td>
<td>Moderator: Michael Hirschmann</td>
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<tr>
<td>11:00</td>
<td>Mechanical vs. Kinematic Alignment</td>
<td>Michael Hirschmann</td>
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<td>11:10</td>
<td>Bone Referencing</td>
<td>Philippe Neyret</td>
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<tr>
<td>11:20</td>
<td>Ligament (Gap) Balancing</td>
<td>Claudio Zorzi</td>
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<tr>
<td>11:30</td>
<td>Patella Tracking and Resurfacing</td>
<td>Michael Hirschmann</td>
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<tr>
<td>11:40</td>
<td>Discussion</td>
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<tr>
<td>12:00</td>
<td>Lunch</td>
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<td>13:00</td>
<td>Session III</td>
<td>Moderator: Reha Tandogan</td>
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<tr>
<td>13:00</td>
<td>Sawbone practical session</td>
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<td>14:30</td>
<td>Break</td>
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<tr>
<td>14:45</td>
<td>Session IV</td>
<td>Moderator: Philippe Neyret</td>
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<tr>
<td>14:45</td>
<td>CR vs PS</td>
<td>Sarper Gursu</td>
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<tr>
<td>14:55</td>
<td>Mobile vs Fixed</td>
<td>Burak Beksac</td>
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<tr>
<td>15:05</td>
<td>Cemented versus Uncemented</td>
<td>Nanne Kort</td>
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<tr>
<td>15:15</td>
<td>Patient Specific Instrumentation</td>
<td>Burak Beksac</td>
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<tr>
<td>15:25</td>
<td>Navigation &amp; Robotics</td>
<td>Nanne Kort</td>
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<td>15:35</td>
<td>TKA vs. Unicondylar Arthroplasty</td>
<td>Alper Kaya</td>
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<td>15:45</td>
<td>TKA vs. HTO</td>
<td>Claudio Zorzi</td>
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<tr>
<td>15:55</td>
<td>Discussion</td>
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<tr>
<td>16:05</td>
<td>Break</td>
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</tbody>
</table>
Saturday 22 June 2019

<table>
<thead>
<tr>
<th>Session V</th>
<th>Moderator: Claudio Zorzi</th>
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<tbody>
<tr>
<td>Balancing a Valgus Knee</td>
<td>Reha Tandogan</td>
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<tr>
<td>Managing Flexion Contracture</td>
<td>Michael Hirschmann</td>
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<tr>
<td>Bone Loss in Primary TKA</td>
<td>Reha Tandogan</td>
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| Session VI                 |
|---------------------------|---------------------------|
| Case Discussions          | All Faculty               | 16:40 |
| Closing                   |                           | 17:30 |
| Course Dinner             |                           | 19:00 |

**Content of the lectures:**
- DVT prophylaxis – Mustafa Karahan
- Local & Systemic Antibiotics – Ersin Ercin
- Operating Room setup: Draping, Laminar Airflow, Avoidance of Hypothermia – Baris Kocaoglu
- Management of Bleeding & Tourniquet – Reha Tandogan
- Cementing technique – Gokhan Kaynak
- Pain management & enhanced recovery – Gokhan Meric
- Rehabilitation – Hakan Cift
- Evaluation of painful TKA – Simon Donell
- Discussion

**Lectures Moderator:**
Mustafa Karahan / Simon Donell
Lectures will be presented twice. Each lecture is 10 minutes, discussion is 30 minutes, there will be a 10 minute break for change from surgical scrubs.

**Cadaver Lab Instructors:**
Nanne Kort
Michael Hirschmann
Claudio Zorzi
Burak Beksac
Sarper Gursu
Alper Kaya
Reha Tandogan
Phillip Neyret : Free instructor

NOTE: Pre-course educational material will be made available to all delegates
Course venue
Center of Advanced Simulation and Education “CASE”
Acibadem Mehmet Ali Aydinlar University
Kerem Aydinlar Kampusu
Icerenkoy Mah. Kayisdagi Cad. No:32 Atasehir
Istanbul, TURKEY

Transfers

Nearest airport is:
Sabiha Gokcen Airport (SAW, Asian Side): 60 minutes by car
Istanbul New Airport (IST, European Side): 120 minutes by car

Ground transportation*:
Roundtrip Shuttle from Sabiha Gokcen is €100, private transfer is €160
Roundtrip Shuttle from Istanbul New Airport is €140, private transfer is €180
*per person, excluding VAT

Recommended hotel
Participants are free to choose their own accommodation.
Please bear in mind the heavy traffic of Istanbul.

The nearest hotel to the course venue with shuttle service to the cadaver lab is:
Marriott Hotel Asia – Single room 119 €*,
distance by car 5 minutes, walking distance 10 minutes
*per person, per night, including 8% tax

Organised shuttle bus times:
Friday, 21 June 2019 Shuttle Service
Marriott Hotel to CASE – 08:30
CASE to Marriott Hotel – 17:30

Course Dinner Shuttle Service ( Friday, 13 July 2018 )
Marriott Hotel to Uskumru Restaurant – 19:00
Uskumru Restaurant to Marriott Hotel – 22:00

Saturday, 22 June 2019 Shuttle Service
Marriott Hotel to CASE – 08:00
CASE to Marriott Hotel – 13:30
Other suggested hotels

**Hilton Kozyatagi** – Hotel Single room 87 €*, distance by car 10 minutes
**Radisson Hotel Atasehir** – Single room 87 €*, distance by car 12 minutes

There are no shuttle services to the course venue from these hotels

*per person, per night, including 8% tax

Other details

**Course language:** English  **Dress code:** Business casual

**Registration fee:** 600 Euro (VAT included)

**Price includes:** EKA Basic Arthroplasty Course, food and beverages during the course, Course Dinner, shuttle service to and from the Marriott Hotel to the CASE Lab

Quoted prices may change depending on time of the booking

Notes
Contact Information

Course information, and general queries

**NISH**
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Emergency number: +90 532 797 98 79
e-mail: huseyin.onen@nishtour.com

Registration

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Anna Hansen Rak
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Fax: +352 4411 7678
e-mail: eka@esska.org

www.europeankneeassociates.org

ESSKA-EKA All About Total Knee Arthroplasty Course, Istanbul, Turkey, 21/06/2019-22/06/2019 has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with 10 European CME credits (ECMEC®s). Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

Through an agreement between the Union Européenne des Médecins Spécialistes and the American Medical Association, physicians may convert EACCME® credits to an equivalent number of AMA PRA Category 1 Credits™. Information on the process to convert EACCME® credit to AMA credit can be found at www.ama-assn.org/education/earn-credit-participation-international-activities.