



EKA

European Knee Associates
A section of ESSKA



ESSKA-EKA All About Total Knee Arthroplasty Course

21-22 June 2019 in Istanbul, Turkey

ESSKA-EKA offers top-rank medical education thanks to experience, expertise and dedication of its faculty.

EKA International Faculty



Dr Nanne Kort
EKA Chairman
CortoClinics
Schijndel, The Netherlands



Dr Claudio Zorzi
Head of Orthopedic Unit
of Sacrocuore Don Calabria
Hospital, Verona, Italy



Prof. Reha Tandogan
Course Chairman
EKA General Secretary
Cankaya Orthopedics
Ankara, Turkey



Prof. Philippe Neyret
EFORT President 06/2019-20
Professor des Universites
Clinique Genolier
Switzerland



Prof. Simon Donell
EKA Education
Norwich Medical School,
University of East Anglia,
Norwich, UK



Dr Michael Hirschmann
EKA Vice-Chairman
Kantonsspital Baselland
Switzerland



Prof. Mustafa Karahan
ESSKA Academy Editor
Acibadem University
Department of Orthopaedics
Istanbul, Turkey



Prof. Alper Kaya, M.D
Orthopaedic Surgery,
Acibadem University,
Department of Orthopaedics
and Traumatology, Acibadem
Altunizade Hospital



Prof. Burak Beksac
General Secretary of the
Turkish Society of Hip
& Knee Arthroplasty

Course objectives

ESSKA-EKA All About Total Knee Arthroplasty Course is a comprehensive 1½-day course covering principles and techniques of knee arthroplasty for surgeons who want to perform or are performing knee joint replacement surgery with assistance and are eager to become independent specialists.

EKA Local Faculty



Prof. Baris Kocaoglu
Orthopedics & Traumatology,
Acibadem University Faculty of
Medicine



Ass. Prof. Gokhan Meric
Yeditepe University Hospital,
Department of Orthopedics
and Traumatology



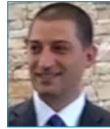
Ass. Prof. Ersin Ercin
Istanbul Saglik Bilimleri
University,
Bakirkoy Dr. Sadi Konuk
Training and Research Hospital



Ass. Prof. Hakan T. Cift
Yeditepe University Hospital,
Dept. of Orthopedics and
Traumatology,



Ass. Prof. Sarper Gursu
Orthopaedics and Traumatology,
Battalmani Bone and Joint
Diseases Hospital, Arthroplasty
and Sports Surgery Department



Ass. Prof. Gokhan Kaynak
Istanbul University,
Cerrahpasa Medical School,
Department of Orthopaedics
and Traumatology

Programme

Friday 21 June 2019		
Opening	<i>Nanne Kort</i>	09:00
Welcome	<i>Reha Tandogan</i>	09:08
Introduction of Faculty	<i>Nanne Kort</i>	09:12
Introduction of Delegates	<i>Nanne Kort</i>	09:18
Pre-course evaluation	<i>Simon Donell</i>	09:25
Session I	<i>Moderator: Nanne Kort</i>	
History of Knee Arthroplasty	<i>Simon Donell</i>	09:45
Preoperative Assessment	<i>Philippe Neyret</i>	09:55
Medial Approaches to the Knee	<i>Mustafa Karahan</i>	10:05
Lateral & Extended Approaches	<i>Philippe Neyret</i>	10:15
Discussion		10:25
Break		10:30
Session II	<i>Moderator: Michael Hirschmann</i>	
Mechanical vs. Kinematic Alignment	<i>Michael Hirschmann</i>	11:00
Bone Referencing	<i>Philippe Neyret</i>	11:10
Ligament (Gap) Balancing	<i>Claudio Zorzi</i>	11:20
Patella Tracking and Resurfacing	<i>Michael Hirschmann</i>	11:30
Discussion		11:40
Lunch		12:00
Session III	<i>Moderator: Reha Tandogan</i>	
Sawbone practical session		13:00
Break		14:30
Session IV	<i>Moderator: Philippe Neyret</i>	
CR vs PS	<i>Sarper Gursu</i>	14:45
Mobile vs Fixed	<i>Burak Beksac</i>	14:55
Cemented versus Uncemented	<i>Nanne Kort</i>	15:05
Patient Specific Instrumentation	<i>Burak Beksac</i>	15:15
Navigation & Robotics	<i>Nanne Kort</i>	15:25
TKA vs. Unicondylar Arthroplasty	<i>Alper Kaya</i>	15:35
TKA vs. HTO	<i>Claudio Zorzi</i>	15:45
Discussion		15:55
Break		16:05

Session V	<i>Moderator: Claudio Zorzi</i>	
Balancing a Valgus Knee	<i>Reha Tandogan</i>	16:15
Managing Flexion Contracture	<i>Michael Hirschmann</i>	16:25
Bone Loss in Primary TKA	<i>Reha Tandogan</i>	16:35
Session VI	<i>Moderator: Simon Donell</i>	
Case Discussions	<i>All Faculty</i>	16:40
Closing		17:30
Course Dinner		19:00

Saturday 22 June 2019

Group A	Group B	
Cadaver Lab	Lectures	08:30
Lectures	Cadaver Lab	10:30
Post-course evaluation		12:30
Closing		13:00

Content of the lectures:

- DVT prophylaxis – *Mustafa Karahan*
- Local & Systemic Antibiotics – *Ersin Ercin*
- Operating Room setup: Draping, Laminar Airflow, Avoidance of Hypothermia
Baris Kocaoglu
- Management of Bleeding & Tourniquet
Reha Tandogan
- Cementing technique – *Gokhan Kaynak*
- Pain management & enhanced recovery
Gokhan Meric
- Rehabilitation – *Hakan Cift*
- Evaluation of painful TKA – *Simon Donell*
- Discussion

Lectures Moderator:

Mustafa Karahan / Simon Donell
 Lectures will be presented twice.
 Each lecture is 10 minutes, discussion is 30 minutes, there will be a 10 minute break for change from surgical scrubs.

Cadaver Lab Instructors:

Nanne Kort
Michael Hirschmann
Claudio Zorzi
Burak Beksac
Sarper Gursu
Alper Kaya
Reha Tandogan
Phillip Neyret : Free instructor

NOTE: Pre-course educational material will be made available to all delegates

Course venue

Center of Advanced Simulation and Education "CASE"

Acibadem Mehmet Ali Aydınlar University

Kerem Aydınlar Kampusu

Icerenkoy Mah. Kayisdagi Cad. No:32 Atasehir

Istanbul, TURKEY

Transfers

Nearest airport is:

Sabiha Gokcen Airport (SAW, Asian Side): 60 minutes by car

Istanbul New Airport (IST, European Side): 120 minutes by car

Ground transportation*:

Roundtrip Shuttle from Sabiha Gokcen is €100, private transfer is €160

Roundtrip Shuttle from Istanbul New Airport is €140, private transfer is €180

*per person, excluding VAT

Recommended hotel

Participants are free to choose their own accommodation.

Please bear in mind the heavy traffic of Istanbul.

The nearest hotel to the course venue with shuttle service to the cadaver lab is:

Marriott Hotel Asia – Single room 119 €*,

distance by car 5 minutes, walking distance 10 minutes

*per person, per night, including 8% tax

Organised shuttle bus times:

Friday, 21 June 2019 Shuttle Service

Marriott Hotel to CASE – 08:30

CASE to Marriott Hotel – 17:30

Course Dinner Shuttle Service (Friday, 13 July 2018)

Marriott Hotel to Uskumru Restaurant – 19:00

Uskumru Restaurant to Marriott Hotel – 22:00

Saturday, 22 June 2019 Shuttle Service

Marriott Hotel to CASE – 08:00

CASE to Marriott Hotel – 13:30

Other suggested hotels

Hilton Kozyatagi – Hotel Single room 87 €* , distance by car 10 minutes

Radisson Hotel Atasehir – Single room 87 €* , distance by car 12 minutes

There are no shuttle services to the course venue from these hotels

*per person, per night, including 8% tax

Other details

Course language: English **Dress code:** Business casual

Registration fee: 600 Euro (VAT included)

Price includes: EKA Basic Arthroplasty Course, food and beverages during the course, Course Dinner, shuttle service to and from the Marriott Hotel to the CASE Lab

Quoted prices may change depending on time of the booking

Notes

Contact Information

Course information, and general queries

NISH

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Registration

ESSKA Office

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ESSKA-EKA All About Total Knee Arthroplasty Course, Istanbul, Turkey, 21/06/2019-22/06/2019 has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with 10 European CME credits (ECMEC@s). Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

Through an agreement between the Union Européenne des Médecins Spécialistes and the American Medical Association, physicians may convert EACCME® credits to an equivalent number of AMA PRA Category 1 Credits™. Information on the process to convert EACCME® credit to AMA credit can be found at www.ama-assn.org/education/earn-credit-participation-international-activities.