

## Road to Recovery: Purposeful Post-Treatment Planning Small Group Activities for June 10, 2020

### 1. Small Group Discussion: Continuity of Care and Resource Connections

- How does your organization support continuity of care through referral and linkage procedures?
- What do active service connections ('warm handoffs') and gradual transitions look like at your org?
- Are there any special considerations when linking to MAR/MAT?

(Please select a group member to report back to the larger group)

### 2. Recovery Support Services: What do you offer directly or via linkage?

Go through the list of recovery support services (below) and discuss as a group what services your organization provides (either directly or via linkage). As you go, check off (✓) the services you offer and star (★) the services you would like to be able to offer. Brainstorm strategies (as a group) to expand the recovery support services you offer. (List below from CSAT/SAMHSA, 2008)

(Please select a group member to report back to the larger group on the strategies you identified to be able to expand recovery support services)

- Vocational support
- Resource advocacy
- Service coordination and linkage
- Outreach
- Housing assistance and services
- Child care
- Transportation support
- Family, parent, child development support
- Peer-to-peer services, mentoring, and coaching
- Mutual aid groups
- Life skills support
- Community building
- Continuing recovery support

### **3. Small Group Discussion: Challenges in Providing Aftercare Services**

- What challenges have you encountered in attempting to provide aftercare services?
- Brainstorm and share strategies for addressing these challenges.

(Please select a group member to report back to the larger group on the challenges your group identified as well as potential strategies to overcome these challenges)