

## Getting started

Welcome to Around the Dinner Table!



The screenshot shows the homepage of the 'Around the Dinner Table' forum. At the top, the logo reads 'F.E.A.S.T.'s Around the Dinner Table Forum is International! www.aroundthedinnertable.org'. Below the logo is a navigation bar with links: 'Rules', 'Contact a Moderator', 'Registration or Login Problems?', 'Eating Disorders Learning Center', and 'F.E.A.S.T.'. A callout box with an arrow points to the 'Rules' link, containing the text 'Please read forum rules'. Below the navigation bar is a search bar labeled 'Google Custom Search' and a search button. A welcome message follows: 'Welcome to the Around The Dinner Table forum. This is a free service provided for parents of those suffering from eating disorders by F.E.A.S.T. It is moderated by kind, experienced parent caregivers trained to guide you in how to use the forum and how to find resources to help you support your family member. This forum is for parents of patients with all eating disorder diagnoses, all ages, around the world. If you need help using the forum please reach out to one of the moderators.' Below this is a quote: '"WHEN THE PARENT IS SUPPORTED THE PATIENT IS SUPPORTED"'. Underneath the quote are four buttons: 'Register', 'Login', 'Search', and 'Latest Topics'. A callout box with an arrow points to the 'Register' button, containing the text 'Newcomers, register here (one time only)'. At the bottom, a breadcrumb trail reads: 'F.E.A.S.T. Home Page > Categories > 'Around the Dinner Table' Online Forum for Parents and Carers'.

Create a username for yourself. This is the name that will appear on the screen when you post. Choose a name that will protect your privacy. This forum is public and your username will be available to all (however, your private information will only be available for members).

Once you have registered, you will be able to log in at any time on the welcome page.

ATDT Home Page  
www.aroundthedinnertable.org/categories#gsc.tab=0

**Around the Dinner Table** F.E.A.S.T.'s Forum  
www.aroundthedinnertable.org

User's Guide | Rules | Contact a Moderator | Registration or Login Problems? | Eating Disorders Learning Center | F.E.A.S.T.

Google Custom Search

Welcome caregivers. This is a free service provided for parents of those suffering from eating disorders by F.E.A.S.T. It is moderated by kind, experienced parent caregivers trained to guide you in how to use the forum and how to find resources to help you support your family member. This forum is for parents of patients with all eating disorder diagnoses, all ages, around the world. If you need help using the forum please reach out to one of the moderators.

"WHEN THE PARENT IS SUPPORTED THE PATIENT IS SUPPORTED"

Register Login Search Latest Topics

F.E.A.S.T. Home Page > Categories

Category	Posts	Topics	Last Post
<b>Join the Parent and Carer Community Forum:</b>			
<b>'Around the Dinner Table' Online Forum for Parents and Carers</b>	23402	1177	Is there anybody here speakin... 1 hour ago by Kalli
A moderated online forum for parents and carers of eating disorder patients Moderators: MarcellaUK, Foodsupport_AUS, sk8r31, OneToughMomma, Kalli, deenl			
2016 posts Moderators: OneToughMomma, Foodsupport_AUS, MarcellaUK, sk8r31, Kalli, deenl	3560	294	Support group KINGSTON, SURRE... Mar 16, 2016 by Blommie
2015 Posts Moderators: OneToughMomma, Foodsupport_AUS, MarcellaUK, sk8r31, Kalli, deenl	24401	1688	Genetic Testing Dec 31, 2015 by OneToughMomma

Log in here

Enter the current forum here

Older posts (full of wisdom)

When you are logged in, your username will appear on the Active Users list on the bottom of this page. A green dot will appear next to your name on any posts.

Inside the current forum:

'Around the Dinner Table' Online Forum  
www.aroundthedinnertable.org/?forum=136439#gsc.tab=0

**Around the Dinner Table** F.E.A.S.T.'s Forum  
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"WHEN THE PARENT IS SUPPORTED THE PATIENT IS SUPPORTED"

Register Login Search Latest Topics

F.E.A.S.T. Home Page > Categories > 'Around the Dinner Table' Online Forum for Parents and Carers

Search This Category

Subject	Views	Replies	Last Post
<b>WELCOME TO AROUND THE DINNER TABLE</b>	797	1	a month ago by Foodsupport_AUS
EVENTS FOR PARENTS AND CAREGIVERS AROUND THE WORLD	181	4	a month ago by Foodsupport_AUS
Road to Recovery - Stories of Hope	45,457	64	Apr 04 by Jaminspired
Is there anybody here speaking german?	137	16	1 hour ago by Kalli
BMI of 22 for two full months, still no period	90	3	6 hours ago by Foodsupport_AUS
Single parent support	290	17	6 hours ago by ooKoo
Hi, I'm new here..	220	4	8 hours ago by momom

Two ways to search the forum

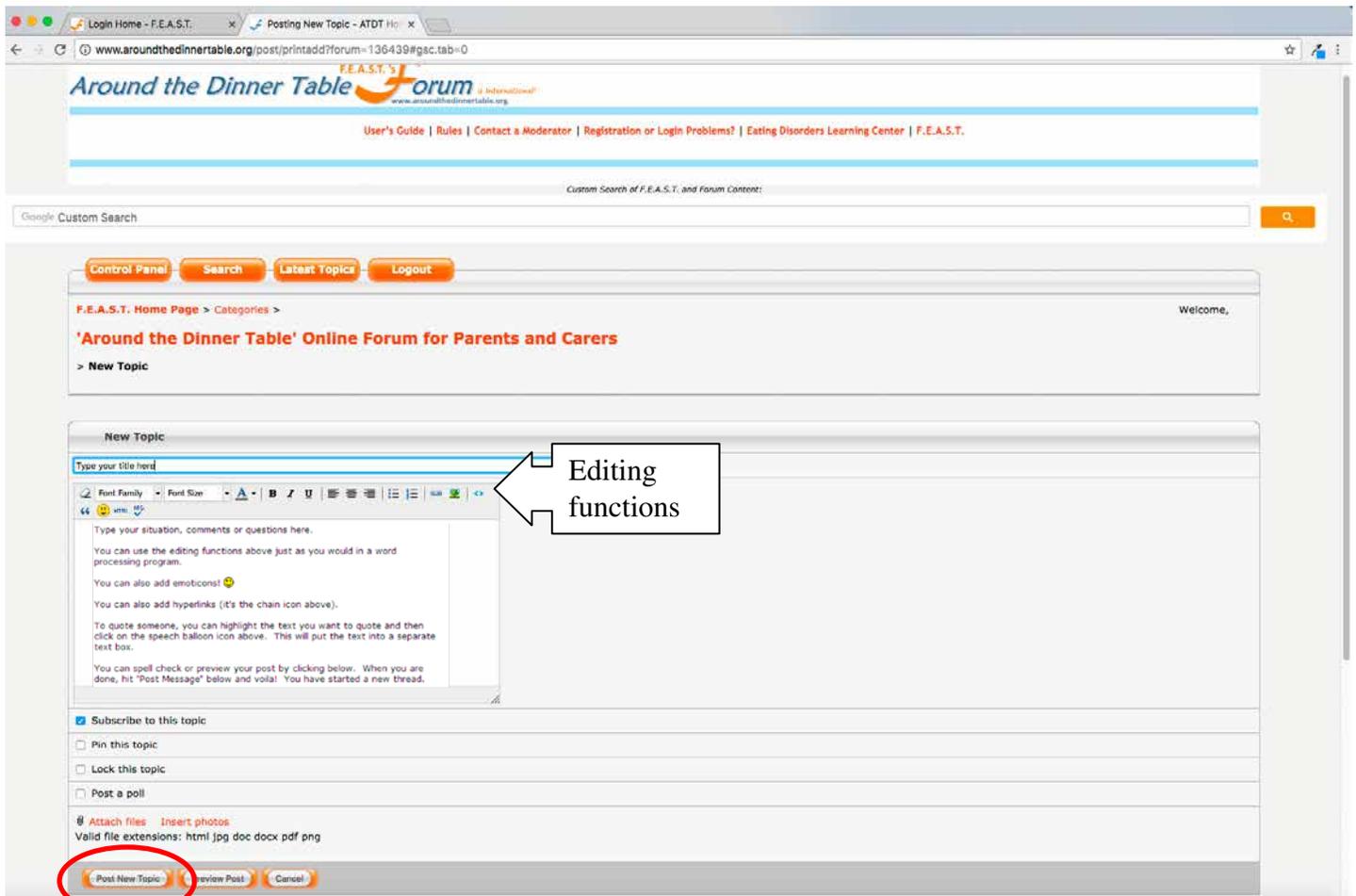
Start a new thread here

For New Members: Read the Welcome Post

Click on any thread to read posts

## Starting your own thread

When you click on “New Topic” in the upper right corner, you will be directed to this screen:



Give your thread a title in the subject line and then type your message in the large open box. For your first entry, it is a good idea to introduce yourself by describing your child's case and giving us some general details:

- Age and gender of sufferer
- Diagnosis if known
- Duration of sickness
- Treatment methods so far

Then ask your questions; we know you have a few.

Remember that this is a searchable forum and anything you write is visible to anyone who looks. Be discrete in naming names.

You can spell check and preview your post to see how it will look on the forum screen. Note that “Preview Post” does not make your posting appear on the forum yet.

When you are satisfied, click on “Post Message” to post your new thread on the forum.

## Replying to a thread

The screenshot shows a forum thread on the website [www.aroundthedinnersite.org](http://www.aroundthedinnersite.org). The thread title is "Hi, I'm new here...". The first post is by user "iHateED" and the second is by user "momon". Both posts have "Edit" and "Delete" buttons in the bottom right corner. A callout box with the text "Click on Reply" points to the "Reply" button on the second post. Below the posts is a "Reply to this topic" form with a text area and an "Add Reply" button. A callout box with the text "When you are finished writing, click on add reply to post your replay" points to the "Add Reply" button. The footer of the page includes the F.E.A.S.T. logo and contact information: "F.E.A.S.T. Families Empowered and Supporting Treatment of Eating Disorders", "P.O. Box 1281 | Warrenton, VA 30188 USA", and phone numbers for US, Canada, Australia, and UK.

Any time after you have posted, you can Edit or Delete your own posts by using the buttons in the lower right of your posts.

Your posts are visible and searchable—keep this in mind while posting. While details of your child’s illness help other members to help you, be aware that professionals and sufferers also lurk on our forum.

If you can’t find your post, there’s a good chance that it has drifted down the list. Try looking back through a few pages. You can also subscribe to your thread (under Thread Tools in the upper left), or search for it under the thread name or author username.

If you would like to contact a member privately, click on the username to send an e-mail (if they have made that available). We call this a “backchannel” conversation.

**Welcome to the forum. We hope you find a place of support and friendship during this difficult time.**