

Q. Who is CFATMT certification for?

- A.** This is for graduates of accredited *Feldenkrais® Awareness Through Movement®* teacher training programs and graduates of *Feldenkrais Practitioner* training programs who only offer *ATM®* lessons, and do not offer *FI®* lessons.

Q. What is a CFATMT?

- A.** A *CFATMT* professional is a person who has received *Certified Feldenkrais Awareness Through Movement Teacher^{CM}* certification from the Feldenkrais Guild of North America (FGNA).

Q. Why do I need to be certified?

- A.** In order to use service marks and certification marks owned by FGNA, you need to receive certification.

Q. Wasn't I certified at graduation?

- A.** There are additional steps to complete, to receive certification. Graduation is one of the requirements.

Q. What FGNA membership category am I eligible for?

- A.** Graduates of *Feldenkrais Awareness Through Movement* teacher training programs are eligible for *CFATMT* Membership.

Graduates of *Feldenkrais Practitioner* training programs are also eligible for *Guild Certified Feldenkrais Practitioner^{CM}* Professional Membership.

Q. What are the benefits of this certification?

- A.** Certification protects the profession and the public. When you use appropriate FGNA certification and service marks, it signifies that you have completed educational and professional practice requirements, have implemented a written Continuing Competence Plan, and that you adhere to the FGNA Code of Professional Conduct and Standards of Practice.

You can use the appropriate certification marks and service marks in your promotional materials to demonstrate your professionalism to the public. You also benefit from FGNA's Government Relations program, which works to protect your right to practice, free from inappropriate regulation.

Q. What is the difference between practitioner certification and this certification?

- A.** Different policies apply, and *CFATMT* professionals aren't authorized to use the service marks and certification marks *Functional Integration®*, *FI®*, *Guild Certified Feldenkrais Practitioner^{CM}* and *Guild Certified Feldenkrais Teacher®*. (If you change from *GCFP^{CM}* certification to *CFATMT* certification, you'll need to change all your promotional materials to meet these requirements.)

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Q. What service marks and certification marks can I use, as a CFATMT professional?

A. *Feldenkrais®*, *Feldenkrais Method®*, *Awareness Through Movement®*, *ATM®*, the *Feldenkrais Method* logo, *Certified Feldenkrais Awareness Through Movement Teacher^{CM}*, and *CFATMT^{CM}*. FGNA members can also use the *Feldenkrais* Logo Spiral.

Q. What if I want to offer a few FI lessons?

A. *CFATMT* certification is only for *ATM* teachers. If you want to offer *FI* sessions, you need to meet the requirements and apply for *GCFP* certification.

Q. What are the requirements for initial CFATMT certification?

- A.**
- Graduate from an accredited training program.
 - Complete a self-assessment.
 - Prepare a learning plan.

Q. How do I become initially certified?

A. Complete the specified Continuing Competency requirements, fill out the [CFATMT Initial Certification form](#), and pay the applicable fee. Contact membership@feldenkraisguild.com if you have questions.

Q. How long does this certification last?

A. Certification expires each year on December 31. For recent graduates, initial certification expires on December 31 of the calendar year following the year of graduation.

Q. What are the annual requirements for CFATMT certification renewal?

- A.**
- Complete at least 50 hours of professional practice and 20 hours of learning activities.
 - Complete a self-assessment.
 - Prepare a learning plan.
 - Complete a form agreeing to follow FGNA professional policies.
 - Pay the applicable fee.

Q. I haven't met the renewal requirements. What do I do?

A. If you haven't met the renewal requirements, simply complete the Provisional Certification requirements and [application form](#). Then you can renew your membership and/or certification.

Q. What requirements do I need to meet for Provisional Certification?

- A.**
- Complete 10 hours of learning (advanced training, study groups, mentoring, etc.).
 - Complete a self-assessment.
 - Prepare a learning plan.

Q. When can I be fully certified again?

A. When you have completed the remaining 10 hours of learning from the previous year, and all the annual requirements for professional practice and learning for the current year, you'll be

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eligible for full certification.

Q. How long can I be provisionally certified?

A. Provisional certification expires after one year. You can be provisionally certified for up to two consecutive years.

Q. Is there a list of approved providers or activities for fulfilling the learning requirements?

A. FGNA doesn't approve providers or learning activities. You're encouraged to select learning opportunities to meet your individual learning needs.

Q. Why doesn't FGNA specify that certain topics must be reviewed each year?

A. The Continuing Competence process includes an annual cycle of reflecting on the previous year's plan, completing a self-assessment, identifying learning needs, and writing a new plan. This will lead to greater competence over a series of years, than requiring specific topics in a year.

Q. What activities meet the requirement for 50 hours of CFATMT professional practice?

A. See the Competencies and Areas of Activity that apply to *ATM* teachers, that are detailed in the [FGNA Feldenkrais Practitioner Profile](#) (FPP). For example, in addition to hours spent preparing for and teaching *ATM* lessons, professional practice hours could include activities listed under Competency 3.1, Practice Management.

Q. Do I need to keep records?

A. You need to keep copies of your Continuing Competence Plans for three years. Please don't send these to FGNA. However, during a certification audit or investigation, it may be necessary to submit your records.

Q. Can I take time off from meeting the professional practice and Continuing Competence requirements?

A. You can contact membership@feldenkraigslist.com to request a sabbatical from the Continuing Competence requirements for up to one year out of any seven-year period. During your sabbatical you still need to renew your certification and fulfill other requirements, including payment of the applicable fees.

Q. For how many years must I fulfill the Continuing Competence and Professional Practice requirements?

A. If you have twenty cumulative years of *CFATMT* certification and practice and submit the applicable form, you can request a [waiver](#) from Professional Practice and Continuing Competence requirements, provided that you meet other requirements.

Q. Can I lose my certification?

A. You can lose your certification by not fulfilling the requirements, not sending in the renewal form, or not paying the required fees. In addition, the Board of Directors can revoke your

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certification for violations of FGNA policies, or for other cause.

Q. If I lose my certification, what are the consequences?

- A.** If you lose your certification, you cannot refer to yourself as a *Feldenkrais Awareness Through Movement* teacher, and you cannot use any words or phrases that are service marks, trademarks or certification marks of FGNA, in association with any services or products that you offer.

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