

Feldenkrais Guild® of North America
E2.3.1.1 GUILD CERTIFIED FELDENKRAIS PRACTITIONER^{CM} CERTIFICATION

1. GCFP^{CM} Certification Procedures

1.1. To be initially certified, *Feldenkrais*® Practitioners shall:

- a. Meet one of the following conditions:
 - Graduation from a *Feldenkrais* Practitioner professional training program that has been accredited by a training accreditation Board that is recognized by FGNA;
 - Completion of an approved Crossover Plan, under FGNA “Crossover Policy for the Students of Mia Segal and Yochanan Rywerant”; or
 - Approval of an exception to the above requirements, by the FGNA Board of Directors;
- b. Complete the applicable Professional Practice and Continuing Competence requirements of this policy;
- c. Agree to comply with the following FGNA policies: The *Feldenkrais Method*® of Somatic Education Standards of Practice, Code of Professional Conduct, and FGNA Service Marks, Certification Marks and Trademarks; and
- d. Submit the applicable form(s) and fee.

1.2. To renew certification, Practitioners shall:

- a. Complete the applicable Professional Practice and Continuing Competence requirements of this policy;
- b. Agree to comply with the following FGNA policies: The *Feldenkrais Method*® of Somatic Education Standards of Practice, Code of Professional Conduct, and FGNA Service Marks, Certification Marks and Trademarks; and
- c. Submit the applicable form(s) and fee.

2. Professional Practice and Continuing Competence

Practitioners shall annually:

- a. **Complete at least 100 hours of professional practice** of the *Feldenkrais Method*, prorated for periods of less than one year.

Professional practice hours are based on professional activities included in the FGNA Feldenkrais Practitioner Profile and IFF Competency Profile, and are in addition to the twenty learning hours referenced below. No professional practice hours are required for initial certification or provisional certification.

- b. **Engage in reflective practice**, which is “the capacity to reflect on action so as to engage in a process of continuous learning”¹:

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- Reflect on the plan of the previous year and affirm that they have completed it (not required for initial or provisional certification);
- Complete a self-assessment based on the FGNA *Feldenkrais* Practitioner Profile or the International *Feldenkrais*® Federation (IFF) Competency Profile;
- Identify learning needs for the coming year; and
- Write a plan that includes at least twenty hours of learning in the areas included in the FGNA *Feldenkrais* Practitioner Profile or the International *Feldenkrais*® Federation (IFF) Competency Profile.
- Retain copies of the plans for three years. FGNA reserves the right to review the plans.

c. **complete at least twenty hours of learning**, following the above plan.

Practitioners are not required to complete the Continuing Competence requirements if they have submitted an affidavit of twenty cumulative years of certification, or have received Lifetime Certification.

Practitioners may request a sabbatical waiver of the Continuing Competency and Professional Practice requirements for up to one year out of any seven year period, by submitting the applicable form.

3. **Provisional Certification.** To reinstate certification, individuals who have been certified in the past but are not currently certified shall complete the following:

- a. at least ten hours of learning, as specified in Continuing Competence requirements, and agree to complete the remainder of the required hours before provisional certification expires;
- b. Continuing Competence requirements of Article 2b for completing a self-assessment, identifying learning needs for the coming year, and writing a plan;
- c. additional requirements imposed as a result of decertification, if applicable;
- d. agree to comply with the following FGNA policies: The *Feldenkrais Method*® of Somatic Education Standards of Practice, Code of Professional Conduct, and FGNA Service Marks, Certification Marks and Trademarks; and
- e. submit the applicable form(s) and fee.

Individuals who have submitted an affidavit of twenty cumulative years of certification do not need to complete requirements (a) and (b) above.

Provisional Certification will not be granted in more than two consecutive years.

4. Lifetime Certification

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Practitioners who graduated from a *Feldenkrais* professional training program in 1983 or earlier and have practiced the *Feldenkrais Method* continuously for at least 20 years may receive Lifetime Certification not requiring further renewal by:

- a. agreeing to comply with the following FGNA policies: The *Feldenkrais Method*® of Somatic Education Standards of Practice, Code of Professional Conduct, and FGNA Service Marks, Certification Marks and Trademarks; and
- b. submitting the applicable form.

5. Exception for Visiting Practitioners

To receive permission to teach in training programs or workshops based in the United States and Canada, including online and virtual events, for up to thirty days per calendar year, individuals who reside outside the United States and Canada and who are not certified by FGNA shall:

- a. submit evidence, at least 30 days prior to the start of the training or workshop, that they graduated from a training program accredited by a training accreditation board recognized by FGNA, and are a member of a guild or association that is a member of the International *Feldenkrais* Federation;
- b. agree to comply with the following FGNA policies: The *Feldenkrais Method*® of Somatic Education Standards of Practice, Code of Professional Conduct, and FGNA Service Marks, Certification Marks and Trademarks; and
- c. submit the applicable form.

It is the responsibility of visiting practitioners to ensure that they comply with applicable state and federal work regulations and laws.

6. Duration of Certification

Certification shall be effective for one calendar year or less, with the exception that initial certification for recent graduates will end on December 31 of the calendar year following the year of graduation.

When certification is renewed between January 1 and January 15, it shall be retroactive to January 1 of the same calendar year.

7. Decertification and Suspension of Certification

Practitioners may be decertified or certification may be suspended for violations of FGNA policies or for other cause, as specified in FGNA Bylaws and policies. Practitioners who have been decertified may be subject to additional requirements in order to be eligible for recertification.

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¹Schön, D. (1983) *The Reflective Practitioner, How Professionals Think In Action*, Basic Books.

Last revised January 27, 2025 by FGNA Board of Directors

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