

# The Florida Association of Nurse Practitioners – 2021 VIRTUAL Annual Conference

FLANP

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# WELCOME

From FLANP President Vernon Langford

Dear Colleague,

The Florida Association of Nurse Practitioners (FLANP) is pleased to welcome you to our 2021 FLANP Annual Conference. At the request of and concern for the safety of our members, this conference, our first ever to be held 100% virtually, offers educational opportunities in a format designed for the working professional. With the pandemic and ever-changing responsibilities, FLANP recognizes the need to be able to conveniently meet your continuing education (CE) needs while juggling the duties of an advanced practice nursing professional. This conference offers the opportunity to obtain over 20 CE credits and will be live from September 13-26, 2021. As we welcome the members, students, speakers, sponsors, and distinguished guests to this conference, it is our sincere hope that you will gain valuable insight into clinical practice, professional advocacy, and personal wellbeing as an NP.

FLANP seeks first to recognize the courageous and self-less acts of our nursing discipline through the past 2 years of this pandemic and want to recognize those who sought to ensure the safety and wellbeing of their families, friends, communities, patients, and colleagues often at risk of their own health and safety. Called upon to do the impossible with resources in short supply, nurses and nurse practitioners answered the call and stemmed the tide of this crisis with efforts that can only be referred to with one title, SUPERHERO!

Join us for an exciting conference with guest speakers from the Florida House of Representatives and the Florida Board of Nursing (BON). Representing the FL House is Rep. Rene “Coach P” Plasencia, a native of Orlando, Florida who taught and coached for a local high school before pursuing office. A passionate advocate for education, Coach P has been an advocate for nursing and the ability for advanced practice registered nurses to practice to the full scope of their education and licensure. We are pleased to have him as an ally and a partner in legislative progress.

We will also have representatives of the Florida Board of Nursing. We are pleased to have Joe Baker Jr., a seasoned leader in Florida healthcare regulation and he is the Acting Bureau Chief for Health Care Practitioner Regulation at Florida Health and the Executive Director of the Florida Board of Nursing. He has previously served and lead health care regulatory boards across the state and was also Director-at-Large to the NCSBN Board of Directors. A tireless supporter of nursing, his efforts help advance the discipline of nursing and he has provided this extraordinary leadership for Florida for over 25 years. He will be providing insight into the healthcare regulatory landscape in Florida.

We are also pleased to have Dr. Jose D. Castillo III, a Certified Registered Nurse Anesthetist (CRNA) with a decorated history of working in the hospital setting, academic institutions, and the health care industry at-large. He is a passionate advocate for APRN autonomous practice who was recently appointed to the Florida BON. Dr. Castillo III is the Past-President of the Florida Association of Nurse Anesthetists and an Assistant Professor at Texas Wesleyan University. He will be discussing the process of professional advocacy by seeking involvement through platforms like the BON.

We at FLANP look forward to meeting with everyone in person for future conferences but are thrilled to offer this conference format as an alternative. I sincerely look forward to seeing everyone online over the course of the conference and hope you enjoy this content immensely!

Respectfully

Vernon M. Langford MSN, APRN, FNP-C  
President, Florida Association of Nurse Practitioners

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# WELCOME TO THE 2021 FLANP ANNUAL CONFERENCE

FLANP is excited to present our FIRST ever virtual conference for all Florida NPs! The past year and a half has been challenging and everyone has had to make difficult decisions. We are looking forward to the next year, moving forward and continuing to grow!

The 2021 FLANP Virtual Conference will be a great opportunity to learn, ask questions, earn CE credits, and gain inspiration from speakers. The conference begins on September 13<sup>th</sup>. We have a variety of presentations scheduled over the following two weeks, ending on September 26<sup>th</sup>. Most of the presentations will be live, and we will then post the recorded version so you can watch again or watch for the first time if you missed it. Our FLANP Members will continue to have access to some of the presentations after the end of the conference. Be sure to register prior to September 13<sup>th</sup>!!

FLANP is an approved CE provider through CE Broker #50-31002.

## FLANP MISSION

Through aggressive grassroots involvement in the legislative process the Corporation will:

- Educate the public on the advanced practice of nursing.
- Remove obstructions to the advanced practice of nursing.
- Work to remove barriers and gain access to health care for all Floridians.
- Foster and promote civility, mutual respect, and collegial support among nurse practitioners.
- Be a good steward of contributions received for these purposes.

# HOW TO REGISTER

Visit [https://www.flanp.org/page/Annual\\_Conference](https://www.flanp.org/page/Annual_Conference) for more information and to register.

**Registration will end on September 12, 2021.** All conference presentations will remain available to registered attendees through September 30<sup>th</sup>.

Live presentations will be streamed and recorded through Zoom.

FLANP members not only have access to numerous member benefits, but they also SAVE on conference registration! You can [become a member today](#) to not only save on the conference but to also get access to all member benefits and help us in our legislative efforts!!

Member Type	Conference Registration Fees
NP Member	\$150
NP Student/Retired NP Member	\$125
Non-Member	\$200

## REGISTRATION QUESTIONS

Cancellation and registration policies may be found on page 16. If you have a question about registration, please contact FLANP.

**Email:** [conference@flanp.org](mailto:conference@flanp.org)

**Phone:** 850-363-3627  
9 a.m.-5 p.m. EST Monday through Friday, excluding holidays

**Mail:** Florida Association of Nurse Practitioners  
P.O. Box 602  
Lake Helen, FL 32744

# Not a FLANP Member, JOIN US!

FLANP is a pro-active group of Nurse Practitioners and health care advocates who are working to improve access to health care for Florida's citizens. Your membership allows FLANP to continue to work for changes in Florida's Health Care laws. FLANP is different from other associations and groups because we focus strongly on legislative changes.

FLANP Members have access to all FLANP community chat rooms, member only website pages, receive updates and monthly newsletters, ability to run for FLANP board positions and chair committees, participate in committees, access to quarterly membership meetings and podcasts, and our member discount program.

Member Benefits include:

- Member referral program to save on your annual renewal
- Discounted CE through NetCE
- Savings on Orlando Magic tickets
- Discounts with Mutual of Omaha for secondary insurance
- Savings with SNPIS for Malpractice Insurance savings
- FREE CE through FLANP (starting September 1st)
- Student Preceptor list
- We are always working to grow the list!!

## Membership Levels & Rates:

NP Member	\$150 for 2 years	\$100 for 1 year
NP Student	\$75 for 2 years	\$50 for 1 year
Retired NP	\$75 for 2 years	\$50 for 1 year

# IMPORTANT DATES

- |                               |   |
|-------------------------------|---|
| <b>Friday, September 10</b>   | Cancellation requests must be received by 11:59pm EST for you to receive a refund |
| <b>Sunday, September 12</b>   | Registration ends at 11:59pm EST for FLANPs 2021 Virtual Conference               |
| <b>Monday, September 13</b>   | FLANPs 2021 Virtual Conference online platform opens                              |
| <b>Sunday, September 26</b>   | The final LIVE presentation will be at 6pm EST                                    |
| <b>Thursday, September 30</b> | FLANPs 2021 Virtual Conference online platform closes at 11:59pm EST              |

# NAVIGATING THE CONFERENCE

Being this is our FIRST VIRTUAL conference, FLANP has had to do some extra work in finding the BEST learning management platform not only for the conference but for continual learning for our members. We are excited to be working with Hippotlian on this system and will provide details on navigating the conference soon! We will share details with everyone prior to the conference.



# Schedule of Live Presentations

**\*\*All presentations are scheduled for EST. We are continuing to work with our presenters to schedule additional presentations – this is NOT the final list. If you are interested in presenting, please email [conferencecommittee@flanp.org](mailto:conferencecommittee@flanp.org). (1 CE = 1 hour presentation)**

<b>Monday, September 13<sup>th</sup></b>	12:00 pm	<b>How to Code for CPT 2021 in the Outpatient Clinic</b> by Kumar Jairamdas, DNP, MS, APRN, FNP-C, ENP-C, AAHIVS (1CE)
	2:00 pm	<b>Herbal Medications</b> by Paul Bond, APRN, FNP, CFMP (1CE)
	6:30 pm	<b>Welcome Presentation</b> including special messages from Rene “Coach P” Plasencia and Cary Pigman, both long-time supporters of FLANP
<b>Tuesday, September 14<sup>th</sup></b>	10:00 am	<b>Leadership Path to Becoming a BON Member</b> by Jose Castillo III, PhD, MSNA, CRNA, APRN
	12:00 pm	<b>Setting Up an Autonomous FL NP Practice: Legal Entities/Taxes/Bank Accounts</b> by Kumar Jairamdas, DNP, MS, APRN, FNP-C, ENP-C, AAHIVS (1CE)
	6:30 pm	<b>Telemedicine</b> by Susan Minter, DNP, NP-C & Dennis Petrocelli, MD (1CE)
<b>Wednesday, September 15<sup>th</sup></b>	12:00 pm	<b>Setting Up an Autonomous FL NP Practice: Liability/Facility Insurance</b> by Kumar Jairamdas, DNP, MS, APRN, FNP-C, ENP-C, AAHIVS (1CE)
	6:30 pm	<b>Pre-Exposure Prophylaxis (PrEP) for HIV in Primary Care</b> by Kumar Jairamdas, DNP, MS, APRN, FNP-C, ENP-C, AAHIVS (1CE)
<b>Thursday, September 16<sup>th</sup></b>	12:00 pm	<b>Setting Up an Autonomous FL NP Practice: DBA, Trademarks, EIN</b> by Kumar Jairamdas, DNP, MS, APRN, FNP-C, ENP-C, AAHIVS (1CE)
	6:30 pm	<b>Bipolar I Disorder Disease State Overview</b> by Kristie Wallace, PharmaD, CPH, MSL-BC
<b>Friday, September 17<sup>th</sup></b>	9:00 am	<b>Burnout: My One-A-Day Approach to Prevention</b> by Vernon M Langford, MSN, APRN, FNP-C (1.5 CE)
	12:00 pm	<b>Setting Up an Autonomous FL NP Practice: Dept. of Health</b> by Kumar Jairamdas, DNP, MS, APRN, FNP-C, ENP-C, AAHIVS (1CE)
	6:30 pm	<b>Making the Web Work for You</b> by Peter Swain (Digital on Demand)
<b>Saturday, September 18<sup>th</sup></b>	9:00 am	<b>Chronic Venous Insufficiency</b> by Dr. Joseph Magnant (Medtronic)
	12:00 pm	<b>Taking a Trip on the Red Eye</b> by Dr. Patricia Richards (1 CE)

6:30 pm **Jeopardy** by *Dr. Patricia Richards*

**Sunday, September 19<sup>th</sup>**

9:00 am **Psychopharmacology for the Primary Care Provider** by *Joseph Knoll, MSN, APRN (1 CE)*

12:00 pm **Legislative Rules, Regulations, Bills & Laws** by *Stan Whittaker, MSN, APRN (1 CE)*

**Monday, September 20<sup>th</sup>**

12:00 pm **Lifestyle Medicine** by *Susan Spell, MSN, FNP-BC, DipACLM (1CE)*

2:00 pm **Happy Gut, Happy Patient** by *Paul Bond, APRN, FNP, CFMP (1CE)*

**Tuesday, September 21<sup>st</sup>**

9:00 am **Setting Up an Autonomous FL NP Practice: Insurance Credentialing/Pitfalls** by *Kumar Jairamdas, DNP, MS, APRN, FNP-C, ENP-C, AAHIVS (1CE)*

12:00 pm **Setting Up an Autonomous FL NP Practice: Cost/Accounting/Being “In the Red”** by *Kumar Jairamdas, DNP, MS, APRN, FNP-C, ENP-C, AAHIVS (1CE)*

6:30 pm **Setting Up an Autonomous FL NP Practice: The Physical Practice Space** by *Kumar Jairamdas, DNP, MS, APRN, FNP-C, ENP-C, AAHIVS (1CE)*

**Wednesday, September 22<sup>nd</sup>**

9:00 am **Colorectal Cancer Screening** by *Lametra Smallwood & HerVonica Mitchell (Exact Sciences)*

12:00 pm **Legal and Business Considerations for Autonomous Nurse Practitioners** by *Attorney Chase Howard (The Florida Healthcare Law Firm)*

**Thursday, September 23<sup>rd</sup>**

12:00 pm **Nurse Practitioner Full Protection Program (Insurance and Business 101)** by *Danna-Gracey Malpractice Insurance*

**Friday, September 24<sup>th</sup>**

9:00 am **Vitamins and Deficiencies for Wellness** by *Vernon M Langford, MSN, APRN, FNP-C (1 CE)*

12:00 pm **Clinical Conversations on Diabetes Technology** by *Lucy Thornton, MSN, APRN, FNP-BC (AACE)*

2:00 pm **Board of Nursing Updates** by *Nicole Benson & Sherri Sutton-Johnson, DrPH, MSN/ED, RN, CCHW (Florida Board of Nursing)*

**Saturday September 25<sup>th</sup>**

No presentations are schedule this weekend – this is your opportunity to get caught up on any presentation that you missed!

**Sunday, September 26<sup>th</sup>**

# On-Demand CE & Non-CE Presentations

All LIVE CE Presentations will be recorded and posted within 24 hours after their scheduled presentation so you can watch on your schedule if you were unable to attend.

The following recorded presentations will be available starting September 13<sup>th</sup>:

**Clinical Clerkships** by *S.Lon Ratner, DNP, MSNeD, APRN-FNP, RN, CEN/CCRN* (1CE)

**Acute Care NP Role Diversity** by *Brad Briscoe, DNP, APRN, CNS, CEN* (1CE)

**Improve Clinical Outcomes with an Evidence Based Weight Loss Program** by *Dr. Mark Nelson*

## Sponsorship Presentations

Sponsor Presentations will be included on the LIVE Presentation schedule on Page 9-10. Please join us for great information!

# PRESENTATION HANDOUTS

Some presentations will also have handouts. You can download them from the Hippotlian platform. If you have any difficulty accessing the handout, please contact [conference@flanp.org](mailto:conference@flanp.org).

# EVALUATIONS & CERTIFICATES

All CE Presentations will require the completion of an evaluation. Upon the completion of the LIVE presentation and evaluation, your certificate will be emailed to you from FLANP ([conference@flanp.org](mailto:conference@flanp.org)). Upon the completion of RECORDED presentations and evaluations in the Hippotlian system, your certificate will be emailed to you from the Hippotlian system. CE completion hours will be reported to CE Broker for tracking every Wednesday by 5pm EST.

***Thank you to the FLANP Corporate Sponsors!!***

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# ***Thank you to the FLANP Board & Conference Committee members for their *time* and *efforts* to assist Florida NPs throughout the years!!***

**Board President:** Vernon Langford, *MSN, APRN*

**Treasurer & Conference Committee:** Brad Briscoe, *DNP, APRN, CNS, CEN*

**Secretary & Conference Committee:** S. Lon Ratner, *DNP, MSNeD, APRN-FNP, RN, CEN/CCRN*

**Governmental Affairs Chair:** Stan Whittaker, *MSN, APRN*

**Communications Chair:** Joseph Knoll, *MSN, APRN*

**Membership Chair & Conference Committee:** Susan Minter, *DNP, APRN, NP-C*

**Education Chair & Conference Committee:** Kumar Jairamdas, *DNP, MS, APRN, FNP-C, ENP-C, AAHIVS*

**At Large Director & Conference Committee:** Kimberly Keech, *MSN, FNP-BC, APRN*

**At Large Director:** Jeffrey Bevan, *DNP, APRN, FNP-BC, ENP-BC, CEN*

**At Large Director:** Susan Lynch, *MSN, APRN, FNP-C, PMHNP-BC*

**At Large Director:** Paul Bond, *APRN, FNP, CFMP*

If you would like to help in these efforts and become a member of the FLANP Board, please reach out to us at [admin@flanp.org](mailto:admin@flanp.org). Elections are held annually in November. Keep an eye on our website for updates regarding nominations and the election process.

# RELEASE OF LIABILITY

I am attending this Event of my free will and wish to be considered for registration for this online virtual conference, hereafter termed the “Event”. By completing this conference registration, I consent to participate in the Event. I agree to indemnify, defend, and hold harmless FLANP, its employees, officers, directors, administrators, agents, instructors, speakers, members, other participants, sponsoring agencies,—all of which are hereafter referred to as “Released Parties”—from any and all liability for any and all claims; judgments; costs, including attorney's fees; demands; losses; or damages on account of injury, death, or damage to property incurred in connection with any action brought in any way connected with the Event, except when caused by the negligence of Released Parties. This agreement is specifically intended to operate as a waiver of liability to the fullest extent allowed by law. I hereby acknowledge that I have read and agree to be bound by the terms of this Release.

I also agree not to allow any other individuals to attend the conference in my place. I consent to FLANP using any photos, other images taken of me, and any results of conference related activities that occurred during the conference for media outreach efforts, promotional campaigns, various publications/communications, or other business purposes as determined by FLANP. In the event that FLANP should find it necessary to cancel or postpone this conference for any reason, including but not limited to low registration, strikes, acts of nature, war, terrorists’ acts, or other circumstances beyond FLANP's control, then FLANP's liability shall be limited to refund of registration fees paid to FLANP.

I understand that I am participating in a virtual online conference. My written, audio, and visual representations may be recorded during the Event. I grant FLANP to record my written, audio, or visual representations if I intentionally or accidentally transmit such data. If I do not want to be recorded, then I understand that I should not type into chat boxes, send chat messages, send audio messages, reply with my microphone, or turn my camera on. I understand that any harm, perceived or actual, which results from the recording of my written, audio, or video representation is my own responsibility, and I will not hold FLANP or any of FLANP’s Released Parties responsible for recordings of me or any harm that may come from such recordings.

I understand that if I am determined to be a disruption to the Event, I may be asked by FLANP or its Released Parties, to cease disruptive activities and/or I may be removed from the Event. If such a situation occurs, I understand that I may not receive a refund for my attendance.

Advanced Practice Nursing and the healthcare/medical field are ever-changing. Standards of care, practice, evidence-based guidelines, institutional policies, and professional scope of practice change frequently. The data presented during the Event is for informational purposes only. Each licensed practitioner is responsible for his/her own practice. The presenters and FLANP have made every effort to ensure that the material presented is accurate and up to date. The individual practitioner is responsible for determining the best course of action in clinical practice. FLANP and Released Parties cannot be responsible for any direct or indirect outcomes that may be or perceived to be a result from the use or application of information provided during the Event. By signing this Release, the participant agrees release FLANP and Released Parties from any liability due to harm, perceived or actual, that may occur to the participant or their clinical practice/patients/clients that may result from attending this Event.

By registering for this Event, I understand and agree with the above statements. **IF YOU DO NOT ACCEPT THESE TERMS, PLEASE DISCONTINUE YOUR REGISTRATION FOR THIS CONFERENCE.**

# TERMS & CONDITIONS

FLANP reserves the right to change information in this booklet without advance notice.

## Cancellation Requests

Cancellation requests require written notification to FLANP at [conference@flanp.org](mailto:conference@flanp.org) and must be received by Friday, September 10, 2021, at 11:50 pm EST. If received after Friday, September 10, 2021, no refund will be granted. Conference registration fees are nontransferable.

The 2021 FLANP Virtual Conference registration period ends on September 12, 2021. All sessions are available to registered attendees through September 30, 2021.

## Force Majeure

In the event FLANP should find it necessary to cancel or postpone the 2021 FLANP Virtual Conference for any reason, including but not limited to, low registration, strikes, acts of nature, war, terrorist acts or other circumstances beyond FLANP's control, FLANP's liability shall be limited to refund of registration fees paid to FLANP.

## Minimum System Requirements

For the best conference experience, it is recommended that you:

- Use Google Chrome, Mozilla Firefox, Microsoft EDGE or Apple Safari (for Mac products) as your web browser.
- Ensure that your operating system is Windows 8 or higher for personal computers or Mac OS X 10.8 or higher.
- Have a broadband internet connection with download speed of 3 megabits per second (Mbps) or greater.
- Disable browser pop-up blockers.

## Registrant Communications

Receipts, notifications, and updates from FLANP are communicated by email. Please verify that [admin@flanp.org](mailto:admin@flanp.org) and [conference@flanp.org](mailto:conference@flanp.org) are in your email address book so you never miss an important announcement.

If you currently are not receiving communications from FLANP, contact [admin@flanp.org](mailto:admin@flanp.org).





# 2021 VIRTUAL CONFERENCE

September 13<sup>th</sup>  
through 26<sup>th</sup>,  
2021

Join us for our 1<sup>st</sup> ever VIRTUAL CONFERENCE!! We are excited to present some of the following topics:

- Opening your practice as an Autonomous APRN
- Autonomous Nursing Practice in Florida
- Telemedicine
- Acute Care NP Role Diversity
- Burnout
- Lifestyle Medicine
- Gut Health
- Clinical Clerkships
- Vitamin Deficiencies
- Herbal Medications
- The Legislative Process/Update
- Special Guest Speakers

Interested in Presenting? Contact us at [conferencecommittee@flanp.org](mailto:conferencecommittee@flanp.org)

Visit [www.flanp.org/page/Annual\\_Conference](http://www.flanp.org/page/Annual_Conference) for updates.

**FLANP Member Prices:**  
NP Members \$150  
Student Members \$125

**Non-Members \$200**

*Consider JOINING in order to  
SAVE & take advantage of the  
being a FLANP member!*

