

COURSE DESCRIPTIONS

FRIDAY, SEPT. 27, 2019

Common Psychopharmacological/Medical Errors: What are They and How to Prevent Them

Tom Bonner, Ph.D.

This presentation will review common errors with attention to those most relevant to psychologists

Everything You Have Always Wanted to Ask a Psychologist: A Question and Answer Workshop for the 2019 FPAGs Class (No CE credit)

Joshua M. Gross, Ph.D., ABPP, Nekeshia Hammond, Psy.D., Gary Howell, Psy.D., and Zoe Proctor-Weber, Psy.D., ABPP

This presentation will allow for a Q & A format focused on how to engage in leadership, teaching, training, and supervision of psychologists in the coursework, internship, post-doc and licensed practice levels of psychology.

Systemic Upset: The Impact on Minority Stress and Clinical Change of LGBTQ+ Individuals

Melina Scally, Psy.D. /Shannon Caramielo, Psy.D.

LGBTQ+ individuals are a much greater risk to experience discrimination and marginalization, in regard to their sexual orientation and gender identity, which results in their increased experience of minority stress and mental health difficulties. Due to the stark contrast between the Obama administration and the Trump administration, LGBTQ+ clients have been confronted with existential questions of the meaning and value of suffering and have begun to renegotiate their role in American society. As clinicians, researchers, and educators, psychologists have a responsibility to advocate for the populations they serve. Psychologists need to have an active role in the renegotiation of rules for what acceptable treatment of LGBTQ+ individuals is in American culture, both inside and outside of the therapy room

Behavioral Threat Assessment

Dean Auferheide, Ph.D.

This presentation will discuss the difference between threat assessment and risk assessment. It will focus on diagnostic and neurobiological factors in Conduct Disorder. Treatment considerations will be addressed.

Neurodevelopmental Models of Pediatric Disease

Sakina Butt, Psy.D., ABPP

This talk focuses on the overarching theory behind neuropsychology with pediatric populations, providing an overview of the neurodevelopmental model approach to pediatric neuropsychology and use of pediatric cancer neurocognitive outcomes as an example of this model in use.

Medicinal Marijuana: Deciphering all the Hyperbole

Chris Rossilli, Ph.D.

This presentation is designed to provide an overview of issues for psychologists around the use of medicinal marijuana. We will be looking at different types of public misinformation, different formulations of the product, indications and contraindications. The state process for obtaining medical marijuana will also be addressed.

Imposters Among Us

Melina Scally, Psy.D./Julie Williams

The Impostor Phenomenon incorporates chronic feelings of inadequacy in spite of repeated success (Clance & Imes, 1978). In this presentation, we will define the Impostor Phenomenon and common traits to use for self-assessment. We will also introduce and demonstrate evidence-based interventions designed to counteract this phenomenon, as well as additional resources for support.

Sports Psychology: How Psychologists Work With Athletes, Coaches, and Parents

Harold Shinitzky, Ph.D.

This presentation will cover the application of evidence-based interventions within individual and team athletics. This presentation will review the cognitive-behavioral factors elite athletes use to achieve their highest potential. Examples of interventions will be reviewed from nearly 30 years of consultative work with Olympians, professionals from every major association and elite national junior athletes.

Domestic Violence/Intimate Partner Violence

Frank Foote, Ph.D.

Meets criteria for Domestic Violence CE requirement.

After elucidating the types of intimate partner violence (IPV) and its effects on the partners and their children, the latest prevalence statistics will be presented. The Duluth model of the cause of IPV then will be very briefly reviewed followed by the nested ecological and other more sophisticated ideas and data. Assessments of IPV across clients and potential treatment options will be reviewed with special emphasis on couple treatments including when couple treatment should not be attempted.

ADHD: What Questions We Should be Asking and Answering

Alex Quiros, Ph.D.

This presentation will look at the various broad band and narrow band assessment tools that can aid in the assessment of ADHD. We will cover assessments that take into account caregiver and teacher perspectives (i.e. BASC-3), self-report measures (i.e. the new Brown EF/A and BASC-3), and digital assessment tools (i.e. Tea-CH2 and Q-interactive). Furthermore, we will discuss recent developments in the use of Cogmed as part of a comprehensive ADHD treatment regime.

The Neuroscience of Anxiety and When to Integrate More than CBT in the Treatment

Karan Lamb, Psy.D.

This presentation will discuss the neuroscience of anxiety and various models of interventions, such as education, mindfulness, radical acceptance, exposures and self-compassion, so that treatment can be better tailored for the complex clients. It will provide practical and useful techniques for distinguishing the types of anxiety and better treatment options.

Check Yourself

Karin Lawson, Psy.D., Emily Caproni, Leila Eikevik

Bringing together three varying areas of special interest, this presentation is designed to explore areas of eating disorder work, which are often nuanced and not commonly recognized in training. These three areas include: (1) comorbidity and special considerations with interoception, eating disorders and Autism; (2) the impact of weight bias in larger bodied clients as they experience in the world, in healthcare and in the psychotherapy room; (3) exploring the complexity and spectrum of exercise incorporation in eating disorder treatment and recovery, from overexercising to exercise resistance.

Sleep Medicine and the Cancer Patient

Marcy Wasman, Ph.D.

This presentation will explain how sleep and circadian disruptions impact the incidence and course of cancer, as well as the quality of life and mental health of cancer patients. Behavioral sleep medicine treatment strategies that improve mental and physical health in cancer patients will be examined.

SATURDAY, SEPT. 28, 2019

Statutes, Rules, and Ethics: Resolving Conflicts Between Competing Interests

Lori Butts, Ph.D., J.D. and Carolyn Stimel, Ph.D., ABPP

Meets criteria for Laws/Ethics requirement.

Basic to Advanced Business Core Concepts for the Development, Maintenance and Growth of a Successful Psychology Practice

Geoffrey Kanter, Ph.D., ABN, ABPdN

This workshop will lay out in detail the core business concepts required to operate from a small solo practice to a large group practice, from beginning concepts to more advanced business concepts. These concepts will be comprehensive from not only from a clinical and productivity perspective but also to include Billing, EHR vetting/implementation, Accounts Receivable processes, Support staff ratios, Office Leasing/Purchase issues, Contracting, Banking, Funding and Investment Opportunities, Profit and Loss Analysis, Accounting Benchmarks, Insurance company fee negotiations, dealing with lawyers and contracts, and Practice Acquisitions/Sale. This workshop will help each Clinician and Group Owner/Manager better understand the red flags to watch out for in running their current psychology practice/business, and to help them understand the issues, obstacles, and fine business points required to grow beyond a mom & pop practice if they so desire.

What do Psychologists Need to Know About Psychotropic Medications in 2019

Celine Paillot, Ph.D., ABPP

Chances are that some if not most of your adult patients are currently being prescribed psychotropic medications. This workshop will provide broader exposure to the different classes of psychotropic medications (e.g., mood regulators, antipsychotics, antidepressants, anxiolytics and hypnotics). Our pragmatic, intermediate level of education

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