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Hello Palm Chapter members!

As 2018 comes to a close, it is a good time to look back on an amazing year! The Palm Chapter Board has worked hard to bring our chapter a variety of excellent programming, events, and increase advocacy for our profession. At the beginning of this year, we sent out a survey to obtain feedback from Palm Chapter members, and we got great input from those who responded. Throughout 2018, Continuing Education (CE) workshops included: Complex Presentations in the Treatment of Obsessive-Compulsive Disorder; Gold-Standard Treatment for Post-Traumatic Stress Disorder; Mindful Eating; Trauma Responding Psychologists; LGBT: No Longer One Size Fits All; and Children, Teens, & Parents: Understanding the Cycle of School Refusal Behavior.

This past April, we had the Southeastern Regional Conference (SERC), which included 2 days of CE presentations, as well as mandatory CE's for license renewal. Throughout this year, we also had several enjoyable social events, including a Sweet Summer Social Soiree, and a Happy Hour Networking Event. We are eagerly looking forward to celebrating with Palm Chapter members and guests at our upcoming Holiday Party!

I want to thank our FPA Board members and chapter volunteers for their service, dedication, and efforts to help make the Palm Chapter better and better! A special thank you to Dr. Nancy Vrechek for her work as Newsletter Editor. We are always looking for Palm Chapter members to get involved, whether it is by taking on a Board Member position or volunteering in another way, such as helping to put on an event. Palm Chapter Elections are approaching - please consider nominating yourself or a colleague! If you are interested in getting involved, please let me know, or feel free to come to one of our Board Meetings.

Thank you for your involvement in FPA Palm Chapter, and stay tuned for more to come in 2019! I hope that this newsletter can continue to serve as an avenue to communicate important information to FPA members in our area. We welcome suggestions, feedback, and ideas for the newsletter. Please feel free to contact me at drmarnijacob@gmail.com if you have any questions. I wish you all Happy Holidays and Happy New Year! Enjoy reading!

Warm Regards,

Marni L. Jacob, Ph.D.
FPA Palm Chapter President
Our Happy Hour Networking Event held at Vic and Angelo’s in Delray Beach was a great success! The event was well attended, and our “seasoned” psychologists especially enjoyed chatting with early career psychologists. We all had a good time enjoying plentiful food and drink! Hope to see you at the next social gathering!

Sweet Summer Social Soiree at Rita’s Italian Ice & Creamery
FPA PALM CHAPTER

HOLIDAY PARTY 2018!

Sunday, December 9th, 2018
5:00-9:00 p.m.
Palm Beach Gardens Marriott, 4000 RCA Blvd, Palm Beach Gardens, FL 33410

HORS D’OEUVRES, CHAMPAGNE TOAST, PLATED DINNER, ASSORTED DESSERTS
MUSIC, DANCE FLOOR, CASH BAR, HOLIDAY PHOTO BOOTH

FPA Palm Chapter Members are free. Tickets for guests will be subsidized by FPA Palm Chapter, and will be $25 each.

For questions or to reserve your spot at the party, please call or email Trish Rivera at (561) 483-5300, t.rivera@faulkcenterforcounseling.org ASAP or by 12/1/18 the latest! RSVP’s with entree choice are required in advance.

HOPE TO SEE YOU THERE!
Recent Past CE Events

**August 10th, 2018: Trauma Responding Psychologists.**

Presenter: Ann Monis, Psy.D. and Betsi Hooper, Psy.D.

Location: Children's Services Council of Palm Beach County

**Description:** This training is designed specifically for Licensed Psychologists working with victims of mass trauma to assist them in identifying the psychosocial stressors and mental health issues that impact/trigger such incidents. The training focuses on enhancing understanding the environments under which such stressors and triggers take place in order to clinically maximize the delivery of interventions for trauma victims and respond appropriately to their immediate needs.

**Response:** The presenters discussed identifiable differences between psychotherapy and crisis intervention. Do and Don'ts were clearly indicated, as the presenters provided the attendants with the distinctions. Also, the attendants were divided into groups in order to practice a mock crisis intervention as the rest of the group was able to discuss applicability. One attendant commented that the speakers were “articulate and well spoken.” Another participant stated that this presentation was helpful for their “upcoming patient.”

21 attendants

**Sept 28th, 2018: LGBT- No Longer One Size Fits All**

Presenter: David Wohlsifer, Ph.D., LCSW

Location: Children's Services Council of Palm Beach County

**Description:** Taking a retrospective perspective, this workshop will examine the relationship between the mental health profession and the LGBT community over the past 50 years. Time will be spent discussing the influences of social change, legislation, research, and policy and its impact on clinical practice with LGBT clients. This workshop will then give attention to current trends and cultural shifts in the LGBT community and examine how psychologist can best meet the needs of the community and be aware of the latest research related treating LGBT clients.

**Response:** The presenter provided a historical perspective on LGBT progression, as well as the socio-cultural significance. Furthermore, the intricacies of individuals within the LGBT community were discussed in order to increase the clinical applicability. One attendant commented that “David’s presentation is one of the most interesting and informative…in my career.” Furthermore, it was suggested that there be a “part II.”

24 attendants
Recent Past CE Events

**October 19th, 2018: Children, teens and parents: understanding the cycle of school refusal behaviors**

Presenter: Karan Lamb, PsyD

Location: Children's Services Council of Palm Beach County

**Description:** School attendance issues have adverse short and long-term consequences for students, families, educators, policy makers and mental health professionals. This presentation will focus on the assessment of school attendance problems, and the impact on the individual and family systems. We will discuss the factors that contribute and continue the cycle of school refusal behaviors, and provide a detailed description of a comprehensive treatment model. Community resources and integrated services that provide individual, parent and group exposure therapy, and school based interventions are needed to appropriately address the complex biopsychosocial underpinnings.

**Response:** The presenter discussed the current research and assessment for school attendance issues, including indefinable risk factors. Additionally, the presentation outlined specific individual and family based interventions to change the cycle of school refusal behaviors. One attendant commented that “Dr. Lamb is knowledgeable and comprehensive. I’d attend another one of her trainings.” Furthermore, there was significant agreement that “this presenter should be considered for another workshop.”

16 attendants

Future CE Events

**Fall 2018: CE on Transcranial Magnetic Stimulation (TMS) - Psychiatrist, Gil Lichstein, M.D.**

TBD

*All events are FREE to FPA members and $30 for non-FPA members. Approved for 3 hours of CE credits.*
Saying Goodbye to Sol Kaslow:

There are supporters of Psychologists in our midst that have been an important part of our collegial community. For very many years, Sol Koslow was at our Palm Chapter gatherings. He is best described as kind, thoughtful, nice and supportive. He always asked others about their work and was able to convey a genuine caring for others. When Florence decided to return to graduate school for her Ph.D., he was totally supportive and was ever present as a marvelous father. Sol had his own successful career as a financial advisor until he was 85 years old. As a natural athlete, Sol played tennis until 90 years old!! We thank him for his service in the Navy during World War II. His ever-present greeting smile and sense of humor added to our community identity. Sol was independent and strong, making a good match for his wife, Dr. Florence Kaslow. Naturally, he is greatly missed by his family. Florrie said, "Sol for me was everything." At his funeral, Florrie referred to a passage from Kahil Gibram, that describes a marriage as a temple resting on two pillars. While connected, the space in between grants stability. They each had the space to be independent enough to provide the strong relationship they enjoyed.

- Interview by Nancy M. Vrechek, Ph.D.
IN MEMORIAM

Saying Goodbye to Matt Freund, Ph.D.

Another tremendous supporter of Psychologists was found in the husband of Dr. Blanche Freund. They met in New York City and were married almost 48 years. Together, they raised three children who gave them 7 grandchildren and 9 great grandchildren, the latter all live in Israel. Two more great-grandchildren are expected soon. Blanche was an RN when they met, but he encouraged her to earn her doctorate. He knew from his own academic career how to advise a graduate student.

Matt earned his doctorate from Rutgers University in 1957. Ten years later, he was a full tenured professor with numerous grants in reproductive physiology. He was a scientist and a very critical thinker in his work. Matt was a retired PhD professor from 2 eastern medical schools, who taught physiology and pharmacology, and was known for his seminal research work in fertility. He was referred to as the “father of sperm.” (WOW a lot of men would like that title). He published over 100 papers and chapters in the field of reproductive medicine. Matt was a quiet, introspective, and decisive man. He loved American history, gardening, and travel to nature and beautiful English gardens. In his twenty-five years post retirement here in Florida, he studied master gardening and was one of the lead founders of the Miami Beach Botanical Gardens. He ended his volunteer work at the Morikami gardens and the orchid society propagating plants. He had his 90th birthday while in the hospital.

- Interview by Nancy M. Vrechek, Ph.D.
Update from Chapter Representatives/LAPPB

- Cynthia Silverman, Psy.D., & Russell A. Bourne, Ph.D.

FPA Board Meeting Report: Statewide membership is down. Dr. Pinkman spearheads the Prescription Privileges Bill. Dr. Silverman would like to remind members to vote in on-going APA elections. The Board has discussed the need for FPA and APA to protect the term “psychologist,” and the 2019 Elections may influence these decisions in the near future. See the flyers below to pass out to colleagues who are not yet FPA members.
FPA MEMBERSHIP

Join the largest professional organization for Psychologists in the state of Florida!

- FPA is devoted to advocating for and serving Florida psychologists—FPA is your voice!
- Several membership benefits are listed, although there are multiple additional benefits (see FPA website for more details)

MEMBERSHIP CALCULATOR

<table>
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<tr>
<td>Third Year:</td>
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***Monthly Auto-Pay Available***

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<tr>
<td>Free 30-min business consultation</td>
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<tr>
<td>FPA publication subscription (Florida Psychologist)</td>
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<tr>
<td>Free 30-min attorney consultation</td>
<td>$100+</td>
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<tr>
<td>Florida convention/conference access</td>
<td>$150+</td>
</tr>
<tr>
<td>Total Value</td>
<td>$1000+</td>
</tr>
</tbody>
</table>
Benefits to Joining FPA

Federal & State Advocacy
- Prescription Privileges
- Licensure Protection
- Insurance Reimbursement

FREE 30 Minute Attorney Consult
- Subpoenas, Court Appointments, Malpractice

FREE 30 Minute Business Consult
- Starting, Sustaining and Expanding Private Practice

Presentation Opportunities
Referrals based on Specialty & Location

Discounted Insurance Using The Trust

FREE & Discounted CE
data
- Webinars
- Local workshops
- Home Studies

Networking Opportunities
- Local, State and National

Exclusive E-mail Listservs
- Post questions
- Get referrals

Discounted Credit Card Processing

Quarterly Journal - The Florida Psychologist
- Submit articles
- Get 1 FREE CE for answering the quiz

Professional Recognition & Awards
- Local, State and National
Dr. Diament is a man whose life’s journey is one of passion, resilience and purpose. After surviving the holocaust, he lived in Romania and France. As refugees, he and his family arrived in New York when he was 11 years old. His greatest joy was to marry his best friend, Harriet, now celebrating 56 years together. Their two sons have made great accomplishments, but this brief article is about Bert. (Note...it is important that there are now four psychologists in the Diament Family). Bert received his Ph.D. from Yeshiva University, is an associate fellow and training supervisor at the Albert Ellis Institute for REBT, and trained at the Ackerman and Westchester Institutes in Family Therapy. WOW!!! That’s some VITA!!! His career included publishing, media, consultations to schools, adjunct professor to several universities, and in the recent past he was the staff psychologist for the Heller Family Diagnostic Center and a visiting professor at Lynn University. He routinely does Workshops for the Interns at the Faulk Counseling Center. He also lectures at the Lifelong Learning Society in Boca Raton and Jupiter. He is a certified Gottman Seven Principles Educator and presently specializes in marital therapy. His whole Vita would take many pages to cover all his professional achievements. This man is passionate about his work, and his age has not slowed him down. He has received: The Lifetime Achievement Award for service to children and families from the Connecticut Association of School Psychologists, and Diplomate status in the area of Professional Psychotherapy by The International Academy of Behavioral Medicine, Counseling and Psychotherapy.

His special interests in this last chapter of his life include bragging about the accomplishments of grandchildren, whom he believes, through some yet to be discovered genetic anomaly, have inherited most of HIS genes! (Is he proud of them or what?) Bert plays tennis with others he describes as “tennis rejects from other groups” (lol). He is an actor, improvisational and Shakespearian, as well as a stand-up comedian.

He says that his most challenging undertakings are resisting the temptation to be grumpy and to eat other people’s leftovers. I think Dr. Diament has earned the right to do what he wants.

Thank you Dr. Diament for your many achievements to the Planet.

- Interview by Nancy M. Vrechek, Ph.D.
Dr. Christiane Blanco has accepted a new leadership role with FPA and Palm Chapter as Co-Chair of the Diversity Committee for the Executive FPA Board.

Dr. Marni Jacob was presented with an award as FPA Outstanding Chapter Member of the Year, presented by Dr. Cynthia Silverman, on behalf of FPA.

Keep a look out for the 2019 Palm Chapter Board Meeting Schedule, which will be announced soon.

OFFICE SPACE AVAILABLE BOCA RATON

We are looking for a licensed health professional to share an 1800 sq. ft. office suite with two established psychologists. The opportunity includes a 175 sq.ft. private office with floor to ceiling window. It also includes a large waiting room with contemporary décor and availability of a group/conference room. Rent includes cleaning services, utilities, wifi, fax machine, copier, water cooler, small fridge, and microwave. Centrally located in a large professional office complex in Boca Raton, FL. Potential for collaboration and patient referrals. For more information please contact Dr. Michelle Greenberg at drmichellegreenberg@gmail.com.
Get Involved! Open Palm Chapter Board Positions

The following seats are open for nomination in the Palm Chapter of FPA:

President-Elect

Chapter Representative

Please nominate someone or yourself for a seat your local Palm Chapter!

Chapter President-Elect

The Chapter President-Elect functions much like a Vice-President, assuming the duties of the President when this individual is not available. The President-Elect’s chief duty is to learn the role required of the President for the following year. The President-Elect is also responsible for:

Ø Coordinating with Continuing Education Chair regarding CPE events, meetings, and speakers
Ø Coordinating with other chapters regarding Continuing Psychological Education Programs
Ø Collaborating with the Chapter President in coordinating and supporting the activities of all committees
Ø Supporting the Legislative Chair in developing and coordinating an effective Key Psychologist Program
Ø Supporting the Membership Chair in developing and coordinating an effective membership program to enlist all qualified psychologists into FPA; including student membership.

Chapter Representative to the FPA Board of Directors

The Chapter Representative(s) is (are) elected to serve on the FPA Board of Directors as a representative and liaison to the local chapter for a three (3) year term. The Chapter Representative carries out all of the designated duties with the input and advice of the Chapter membership. Each Chapter elects one or more representatives, determined by the size and distribution and their chapter’s membership, to serve on the Board of Directors. Chapter Representatives have a fiduciary responsibility to all of the Chapter’s members, as well as all of the members of FPA throughout the state.

Chapter representatives should not be presented as nominees for election unless they can meet the following commitment and responsibilities of the Chapter Representative:

Ø Have internet and email access
Ø Have a fax # and/or easy access to receive and/or send facsimile transmissions
Ø Stay informed about issues in psychology affecting the community, FPA, FPA members, and the ability to communicate them to the Chapter’s Executive Committee and at Chapter meetings
Ø Support FPA’s Board of Directors and its Officers in accomplishing FPA’s mission and objectives throughout the state
Ø Support the Chapter, its officers, and membership in accomplishing FPA’s mission and objectives locally
Ø Solicit, understand, and present Chapter members’ issues, wishes, and concerns at FPA Board meetings, as well as to the Chapter’s Executive Committee
Ø Attend all FPA Board of Directors’ meetings and participate fully
Ø Consider all relevant information and to vote, independently, to serve the broad interests of FPA and the profession of psychology
Ø Report on Board activities and issues to the Chapter, its Officers, Committee Chairs, and membership.
This notice is your 2019 “Call for Nominations.” You may submit a nomination by entering your choice for any Palm Chapter of FPA office listed below. You may nominate only one (1) person for each office.

(Please note: Nominees must be regular FPA members in good standing to be considered for the election ballot. Regular, Active-Duty Military, Semi-Retired, Senior and Retired FPA members in good standing may only submit nominations. Associate and Student members are not eligible to nominate or vote.)

Nominations must be signed, returned, & received by December 19, 2018.

I wish to nominate the following individual(s) for Palm Chapter of FPA office:

**President-Elect:** President-elect term commences January 1, 2019; then continues to President beginning January 1, 2020; and then to Past-President beginning January 1, 2022.

Name: 

**Chapter Representative to FPA Board of Directors:** Term commences January 1, 2019 and ends December 31, 2021.

Name: 

Nominated by: 

(Required – please print LEGIBLY or type - if we cannot read your name, the nomination will not count)

Your Signature

Nominations must be received via postal mail or fax no later than December 19, 2018 at:

FPA Elections
408 Office Plaza Drive
Tallahassee, FL 32301
1 (850) 344-9085
FPA Palm Chapter Executive Board

President
Newsletter Co-Editor
Marni L. Jacob, Ph.D.
Boca Raton, FL
drmarnijacob@gmail.com

President-Elect
Vacant

Past-President
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Treasurer
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blanchefreund@gmail.com

Secretary
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Marketing Committee Chair
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LAPPB Representative
Chapter Representative
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Membership Chair
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Chapter Representative
Cynthia Silverman, Psy.D.
Boca Raton, FL
dr.cynthiasilverman@gmail.com

Continuing Education Chair
Co-Rep to RxP Committee
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Boca Raton, FL
doctoralcalay@gmail.com

Early Career Psychologist Chair
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Boca Raton, FL
dr.geffengodder@gmail.com

Social Chair
Holly S. Katz, Ph.D.
Boca Raton, FL
h.katz@faulkcenterforcounseling.org

North County Social Chair Assistant
Nina Kessel, Psy.D.
Palm Beach Gardens/Jupiter, FL
nk14@comcast.net

Southeastern Regional Conference (SERC) Committee
Ana Kelton-Brand, Ph.D., Blanche Freund, Ph.D., Marni L. Jacob, Ph.D.