

# BORDERLINE PERSONALITY DISORDER STATE OF THE ART TREATMENTS IN 2019

Saturday, April 6, 2019  
8:00 a.m. – 4:15 p.m.  
University of Miami  
Miller School of Medicine  
Berrocal Auditorium – Second Floor  
Bascom Palmer Eye Institute  
900 NW 17 Street  
Miami, Florida 33136

Radu Saveanu, M.D.  
Course Director

Teresa Carreno, M.D.  
Co-Course Director

**Registration:** <https://processing.miami.edu/hosting/borderline-personality-disorder.htm> .

**Fees:**

General participants: \$150  
University of Miami faculty: \$100  
Residents and fellows: \$50  
General Public: \$15

**SERVICES FOR THE DISABLED:**

Please contact the UM Department of Psychiatry and Behavioral Sciences prior to March 22, 2019 should you have any special needs that may require additional assistance. A conference staff member will contact you to discuss these special requirements.

Privacy Policy: No information provided while registering for the conference will be sold or made available to companies or organizations not affiliated with the University of Miami.

For more information, please call 305-243-6400

**Presented by:**

University of Miami Miller School of Medicine Department of Psychiatry and Behavioral Sciences  
McLean Borderline Personality Disorder Training Institute

**Jointly Provided by:**

**Borderline Personality Disorder  
State of the Art Treatments in 2019**

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**OVERVIEW**

This one-day course aims to increase access to and quality of care for patients with borderline personality disorder (BPD), a functionally disabling and prevalent personality disorder that complicates the care of its comorbidities. There are a number of evidence-based treatments for BPD that have been developed, and experts in various treatment modalities -- Dialectical Behavior Therapy (DBT), Mentalization-Based Treatment (MBT), Transference-Focused Psychotherapy (TFP) and General/Good Psychiatric Management (GPM) -- will each be discussing their specialty to address the practice gaps outlined above. Applications of these treatments to different populations (e.g. adolescents) and in different clinical settings (e.g. emergency rooms) will also be covered.

**LEARNING OBJECTIVES**

Upon completion of the course, participants will be able to:

- Explain the BPD diagnosis to patients and families (provide psychoeducation)
- Identify evidence-based treatments for BPD and their general principles
- Employ fundamental guidelines for treating BPD
- Describe how different treatments for BPD can be adapted to different contexts

**TARGET AUDIENCE**

This program is aimed at psychiatrists, psychologists, social workers, and licensed mental health counselors.

**ACCREDITATION**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Miami Leonard M. Miller School of Medicine and McLean Borderline Personality Disorder Training Institute. The University of Miami Leonard M. Miller School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

**CREDIT DESIGNATION**

University of Miami Leonard M. Miller School of Medicine designates this live activity for a maximum of 6.50 **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Psychology Continuing Education**

The University of Miami Leonard M. Miller School of Medicine is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The University of Miami Leonard M. Miller School of Medicine maintains responsibility for this program and its content.

6.50 CE credits will be awarded to psychologists for attendance at this conference.

**DOCUMENTATION OF ATTENDANCE FOR CME**

1. Sign in at registration desk
2. Complete Credit Adjustment Form
3. Complete Evaluation Form
4. Certificates of Attendance will be emailed to attendees approximately 4 to 6 weeks after the conference.

**DISCLOSURE AND CONFLICT OF INTEREST RESOLUTION:**

All conflicts of interest of any individual(s) in a position to control the content of this CME activity will be identified and resolved prior to this educational activity being provided. Disclosure about provider and faculty relationships, or the lack thereof, will be provided to learners

**FACULTY**

**COURSE DIRECTOR**

Radu Saveanu, M.D.  
Professor and Chair (Interim)  
Department of Psychiatry and Behavioral Sciences  
Miller School of Medicine  
University of Miami  
Miami, Florida

**CO-COURSE DIRECTOR**

Teresa Carreno, M.D.  
Voluntary Assistant Professor  
Department of Psychiatry and Behavioral Sciences  
Miller School of Medicine  
University of Miami  
Miami, Florida

**GUEST FACULTY**

Lois W. Choi-Kain, M.D., M.Ed.  
Medical and Program Director, Gunderson Residence  
Director, McLean Borderline Personality Disorder Training Institute  
McLean Hospital  
Assistant Professor of Psychiatry  
Harvard Medical School  
Belmont, Massachusetts

Carl Fleisher, M.D.  
Assistant Clinical Professor  
Department of Psychiatry and Biobehavioral Sciences  
University of California, Los Angeles  
Los Angeles, California

Richard G. Hersh, M.D.  
Associate Clinical Professor of Psychiatry  
Center for Psychoanalytic Training and Research  
Columbia University  
New York, New York

Sara A. Hosn, Psy.D.  
Boca Raton, Florida

Lydia Kalsner-Silver, Ph.D.  
Kalsner Psychology Center  
Miami Beach, Florida

**UHEALTH/ MILLER SCHOOL OF MEDICINE FACULTY**

Radu Saveanu, M.D.  
Professor and Chair (Interim)  
Department of Psychiatry and Behavioral Sciences

Holly Bedotto, Psy.D.  
Voluntary Assistant Professor  
Department of Psychiatry and Behavioral Sciences

Teresa Carreno, M.D.  
Voluntary Assistant Professor  
Department of Psychiatry and Behavioral Sciences

Ana Eriksen, M.D.  
Voluntary Assistant Professor  
Department of Psychiatry and Behavioral Sciences

## AGENDA

### Borderline Personality Disorder State of the Art Treatments in 2019

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8:00 - 8:20am	Registration
8:20 - 8:30am	Welcome
8:30 - 9:15am	Borderline and Other Severe Personality Disorders: An Update <i>Lois W. Choi-Kain, M.D., M.E.d.</i>
9:15 - 10:00am	GPM: Interpersonal Coherence and Basic Therapeutic Approach - A Good Model for Public Health <i>Teresa Carreno, M.D.</i>
10:00 - 10:15am	<b>Break</b>
10:15 - 11:00am	GPM in the Emergency Room <i>Ana Eriksen, M.D.</i>
11:00 - 11:45am	Dialectical Behavioral Therapy: The Basics <i>Holly Bedotto Psy.D./Sara A. Hosn, Psy.D., ABPP/Lydia Kalsner-Silver, Ph.D.</i>
11:45 - 12:30pm	Adaptations to DBT: DBT-A and DBT-Trauma <i>Holly Bedotto Psy.D./Sara A. Hosn Psy.D., ABPP/Lydia Kalsner-Silver, Ph.D.</i>
12:30 - 1:30pm	<b>Lunch</b>
1:30 - 2:15pm	Mentalization Based Therapy: An Introduction <i>Carl Fleisher, M.D.</i>
2:15 - 3:00pm	Transference Focused Psychotherapy: An Overview <i>Richard G. Hersh, M.D.</i>
3:00 - 3:45pm	Transference Focused Psychotherapy: General Clinical Applications <i>Richard G. Hersh, M.D.</i>
3:45 - 4:10pm	TFP/MBT/GPM/DBT: Questions and Answers <i>All Speakers</i>
4:10 - 4:15pm	Closing Comments