



The Florida Psychiatric Society Fall 2018 CME Meeting



A Closer Look At Physician Wellness And The Opioid Crisis

September 7-9, 2018
~At The~
JW Marriott Orlando, Grande Lakes



NATIONAL SUICIDE PREVENTION WEEK



A Message From Our FPS President on National Suicide Prevention Week

Greetings, FPS Members!

I am getting so excited to see so many of you at our Fall CME Meeting, September 7-9. We have such an amazing lineup of speakers, topics, and exhibitors, literally something for everyone. I want to highlight our Friday evening Movie Night that will lead us into discussions of the film “Loving Vincent” and of the topic of suicide. Interestingly, our Fall CME meeting coincides with and will mark the beginning of National Suicide Prevention Week (September 9-15).

I was struck by the American Foundation for Suicide Prevention’s theme of The Power of Connection. The following link [CLICK HERE](#) will take you to their page. I encourage you to scroll down and see all the ways that they have for patients who may be suicidal to find connections with others and with the help they need. There are so many electronic/social media links that you can share with your patients and encourage them to share with others they know who may be struggling. You can also share via your practice social media pages. You can even just print some of them off to hand out.

Staying connected as psychiatrists through FPS E-Connect, our CME meetings, and the FPS ListServ contributes to our professional well-being and may prevent burnout. We also need to encourage our patients to stay connected for their mental well-being. An isolated patient is an at-risk patient.



I will see you soon in Orlando for our Fall CME Meeting.

Jacqueline A. Hobbs, MD, PhD, DFAPA, LHRM, CMQ
FPS President 2018-19

[Click HERE for Fall CME Meeting Information.](#)



Having patients stay connected is a great tip! I also think with at-risk patients it may be important for psychiatrists to be connected to the patient’s family / support system.

[Donna Vanderpool, MBA, JD](#)

VP, Risk Management at PRMS, Specialists in Professional Liability Insurance Programs

- 1) Remember that patient safety and safety of others are exceptions to confidentiality. It is not a breach of confidentiality to reach out to the patient’s family if you are concerned about the patient’s suicidality. Specifically, if you have a patient at risk for outpatient suicide, consider asking the patient for consent to

Speak with family members about your concerns and what they should do in the event of crisis. Even if your patient refuses to give consent, consider doing so anyway if:

- the patient is at significant risk for suicide, and
- family members / significant others seem unaware of this risk, and
- they may be able to help keep the patient safe

2) Also keep in mind that you can listen to what third parties want to tell you about a patient without breaching confidentiality. If contacted, you can simply say that you cannot confirm you treat the individual, but you can listen to what they want to tell you. Often times the information shared is important clinically, as well as from a safety perspective, and is information you would not have otherwise obtained.



Be Aware of Data Scams

APA has heard from members and vendors that companies have sent them unsolicited offers to sell APA's membership list or list of meeting registrants. If you receive such a message, please let us know and forward it to apa@psych.org. These offers are not related to APA and may be a scam.

Likewise, making a hotel reservation for an APA meeting through an agency or website other than what is provided on psychiatry.org carries potential risks, such as identity theft or booking a room that does not exist.

INTEGRATED CARE



National Suicide Prevention Hotline Legislation Signed Into Law

The National Suicide Hotline Improvement Act was signed into law on August 14 by President Trump. The law requires several federal agencies to study and report on the feasibility of designating a new three-digit dialing code, similar to 911, to be used for a mental health crisis and suicide prevention hotline. The APA joined other national groups in supporting the bipartisan legislation.



Community Mental Health Center (CMHC) Lowers Medicare Spending by Monitoring Wellness and Coordinating With Primary Care

This study examined whether implementing a whole health care model in a community mental health center reduced the use of acute care services and total Medicare expenditures. The whole health care model embedded monitoring of overall health and wellness education within the center's outpatient mental and substance use disorder treatment services, and it improved care coordination with primary care providers.

Overall, the whole health model reduced Medicare expenditures, emergency department visits, and hospitalization rates. These results may be due in part to the availability of more comprehensive medical data and staff's improved awareness of clients' overall health needs. [READ MORE](#)



SAMHSA Is Taking New Directions

The Substance Abuse and Mental Health Services Administration (SAMHSA) is taking a new approach to helping people with serious mental illness. These efforts include a renewed focus on evidence-based, collaborative care and greater reliance on community resource providers, including peer support. [READ MORE](#)



Collaborative Care as a Way to Stave Off Burnout

Addressing the problem of professional burnout has become a pressing topic in psychiatry as we all try to achieve a work-life balance that is satisfying, enriching, and sustainable. Working as the consulting psychiatrist for a collaborative care program helped stave off burnout. [READ MORE](#)

CLINICAL NEWS



Researchers Develop Risk Calculator for Bipolar Disorder

Youth with subthreshold manic symptoms are at greater risk of developing bipolar disorder. The calculator may help predict which at-risk youth are most likely to convert to bipolar disorder within five years. [READ MORE](#)



FDA Approves Bedtime ADHD Medication

The Food and Drug Administration has approved Jornay PM (extended-release methylphenidate capsules) for the treatment of attention-deficit/hyperactivity disorder (ADHD) in patients aged 6 years and older. [READ MORE](#)



Opioid Prescribing Found to Drop After Physicians Notified of Patient Death From Overdose

Physicians who were notified by letter from a medical examiner that a former patient had died of an opioid overdose reduced their subsequent opioid prescribing by around 10%, according to a study published in Science. [READ MORE](#)



Study Identifies Factors Linked to Adverse Events, Errors During Psychiatric Hospitalization

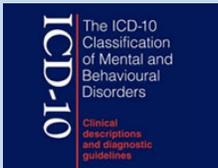
Older patients and those with a longer length of stay are more likely to experience an adverse event or medical error during psychiatric hospitalization. [READ MORE](#)

NEWS IMPACTING YOUR PRACTICE



FDA Launches New Medication Guide Database

The FDA's new database replaces the current Medication Guide webpage. Features of the new database include active-ingredient and brand-name search for medication guides, download capabilities to CSV and Excel spreadsheets, streamlined data entry for faster database updates and, improved mobile device usability. [VISIT NEW DATABASE](#)



Revised ICD-10-CM Codes to Take Effect October 1

Revised ICD-10-CM codes for 2019, released by the National Center for Health Statistics, take effect on October 1, 2018. A crosswalk between the new ICD codes and DSM-5 codes is posted on APA's website in a printable format that can be used for easy reference. [READ MORE](#)



CMS Releases Proposed 2019 Medicare Fee Schedule, Collapses Some E/M Codes Into Single Rate

The Centers for Medicare and Medicaid Services (CMS) has released the proposed 2019 Physician Fee Schedule, including proposals to reduce documentation burdens associated with evaluation and management (E/M) services and to substitute a single "flat rate" payment for some E/M services. [READ MORE](#)



Do you have psychiatric news or professional news that you would like to share with your colleagues?

FPS E-Connect would like to know!

Send the information to Paul Rothenberg.

paul@floridapsych.org

UPCOMING EVENTS



- **World Suicide Prevention Day (September 10)**
- **Healthy Aging Month (September)**
- **Pain Awareness Month (September)**

FPS Fall CME Meeting

We hope to see you in Orlando, September 7-9, 2018,
Click [HERE](#) to register.

NAMI Florida 2018 Annual Conference " PROMOTING PROGRESS " Sept. 28-29 at the B Resort in Lake Buena Vista.

Click [HERE](#) for more information or [HERE](#) for the NAMI website.

The Mental Health Services Conference Meeting (October 4-7, Chicago, IL)

Mexico to Host 18th World Congress of Psychiatry

Mexico City, September 27 to 30, 2018 [LEARN MORE AND REGISTER](#)

What's New at the APA?

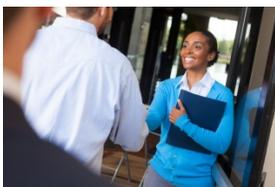


Consider Running for APA Office

Nominations are now open for APA's 2019 national election for the offices of president-elect, secretary, minority/underrepresented representative trustee, Area 3 and 6 trustees, and resident-fellow member trustee-elect. Submit nominations for the 2019 election to election@psych.org. The deadline for nominations is October 1.

- APA member Dr. Harsh Trivedi was named to the board of the American Hospital Association. Trivedi is a distinguished fellow of the APA and is currently the President and Chief Executive Officer for Sheppard Pratt. You can read more about his appointment to the AHA board [HERE](#).
- Dr. Elinor McCance-Katz, Assistant Secretary for Mental Health and Substance Use at SAMHSA, wrote about new directions for the organization in [Psychiatric Services Online](#). In the article, Dr. McCance-Katz details several goals that SAMHSA is working toward. You can read the full article [HERE](#).

FOR RESIDENTS



APA's Minority Fellowship Program to Expand: Consider Applying!

APA has been awarded a five-year, \$7.1 million grant from the Substance Abuse and Mental Health Services Administration (SAMHSA) to expand the reach of APA's Minority Fellowship Program. Among the program's goals is to encourage more members of racial and ethnic minorities to join the behavioral health workforce. The 2019 fellowship-application process will open in November. [READ MORE](#)

Course of the Month

September Course of the Month: Transgender Mental Health

APA's newly released course provides a basic overview of transgender mental health. It introduces core concepts of working with gender variant patients and provides a roadmap to providing gender-affirming care. Participants will learn how to describe the gender spectrum, explain the basics of gender-affirming

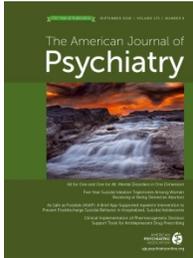
care, outline the basics of “transitioning,” and be better able to identify medical and surgical gender-affirming treatments. [Click HERE to access the Course of the Month and sign-up for updates about this free member benefit.](#)



Journal Update

Psychiatry Online Has a New Home

American Psychiatric Publishing has a new look online. [Psychiatry Online](#) includes digital versions of the DSM-5, the American Journal of Psychiatry, [Psychiatric News](#), Psychiatric Services and other APA journals. Users can also access APA’s library of educational programs for [CME opportunities](#). Take advantage of these resources today by visiting www.psychiatryonline.org.



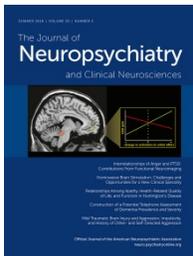
The American Journal of Psychiatry

Official Journal of the American Psychiatric Association

Editor: Robert Freedman, M.D.

This Month: Attenuation of Antidepressant Effects of Ketamine by Opioid Receptor Antagonism

[Subscribe](#)



The Journal of Neuropsychiatry & Clinical Neurosciences

Official Journal of the American Neuropsychiatric Association

Editor: David B. Arciniegas, M.D.

This Month: Six Landmark Case Reports Essential for Neuropsychiatric Literacy

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The American Journal of Psychotherapy

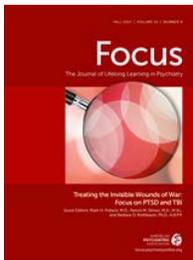
A Journal of the American Psychiatric Association

The Journal is the newest addition to APA Publishing’s portfolio of journals.

Editor: Holly A. Swartz, M.D.

This Month: a protocol for anxiety disorder treatment

[Subscribe](#)



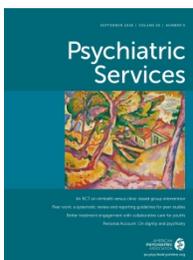
Focus

The Journal of Lifelong Learning in Psychiatry

Editor: Mark Hyman Rapaport, M.D.

This Month: Closing the Loop on Deep Brain Stimulation for Treatment-Resistant Depression

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Psychiatric Services

A Journal of the American Psychiatric Association

Editor: Lisa B. Dixon, M.D., M.P.H.

This Month: Effect of Medicaid Expansion on Health Insurance Coverage and Access to Care Among Adults With Depression

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AJP Residents' Journal

Residents' Journal, published online with The American Journal of Psychiatry, serves as a forum for psychiatry residents and fellows to share ideas and experiences in training, clinical practice, research, and careers with colleagues.

This Month: A Connection Between Veterans and Physicians: Operation Urgent Fury

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