Systems...

To the Professionals Working to End Sexual Violence

The system that allows rape kits across the country to go untested and un-investigated for decades is the same system that fails to investigate incidents of police brutality.

The systems that neglect to hold rapists accountable are the same systems that neglect to hold law enforcement accountable for the murder of Black Men and Women.

The systems that blame survivors of sexual violence for their victimization are the same systems that blame victims and survivors of police brutality for their victimization.

The system built by Women of Color to advocate for all survivors of sexual violence is the same system that pushed Women of Color out of the movement.

You cannot support all survivors of sexual violence without addressing structural racism in society, your community, and within your organization. Most importantly, you must do the inner work to seek self-awareness regarding your own cultural identities, privileges, biases, and blind spots. Along with a deep dive into the history of racism, historical and cultural trauma. It’s time, it’s been time!

What are you actively doing to dismantle these systems?

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Trauma-informed inclusive organizations have a culture whose foundation stands on the six principles of trauma-informed care developed by the Substance Abuse and Mental Health Service Administration with a strong focus on diversity, equity, and inclusion. Inspiring Change, LLC utilizes a 5-step process to assist leaders in leading and establishing a Trauma-Informed Inclusive Organization. Are you ready to be the change?

Teresa M. Stafford is the CEO and principal consultant at Inspiring Change, LLC. Teresa expertly creates safe spaces that encourage individuals and organizations to lean into discomfort and seek self-awareness. Teresa is a nationally sought-after speaker and educator. Teresa has a niche for assisting organizations in becoming trauma-informed inclusive regardless of the industry.

She approaches this work through the lens of diversity, equity, and inclusion. Teresa also serves as the Chief Advocacy Officer at one of the largest independent rape crisis centers in the country with many years of experience in strategic planning, organizational development, coaching, consensus building, operations management program development, and system advocacy.