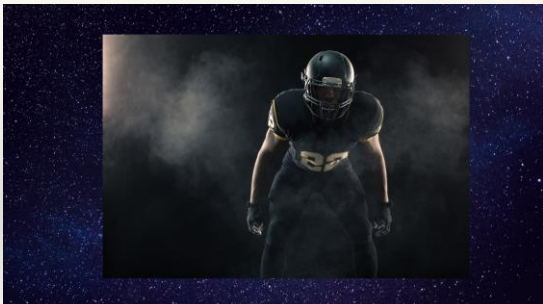




Older and Younger: Bridging the Communication Gap Between Generations

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January 21, 2019
Winter Symposium
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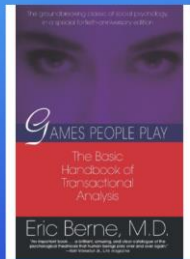
Overview - 4 theorists; 4 examples

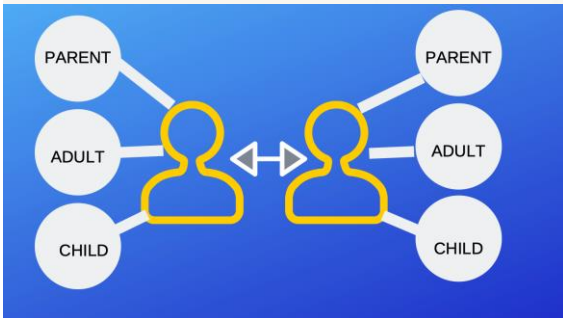
- Eric Berne's Transactional Analysis and ERNEST
- Erik Erikson's Stages of Identity Development and RICARDO and JIM
- Harville Hendrix's Intentional Dialogue
- Hedi and Yumi Schleifer - "Crossing the Bridge" and DONNA

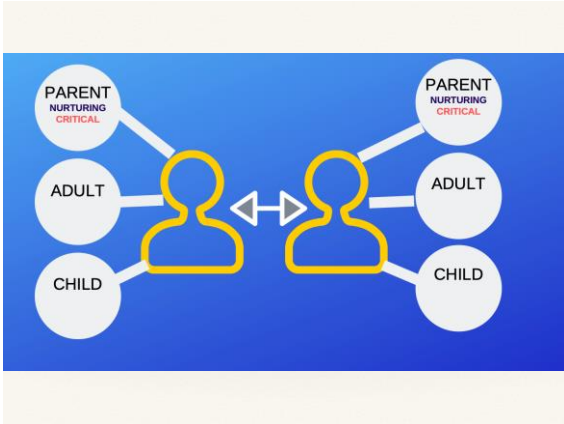


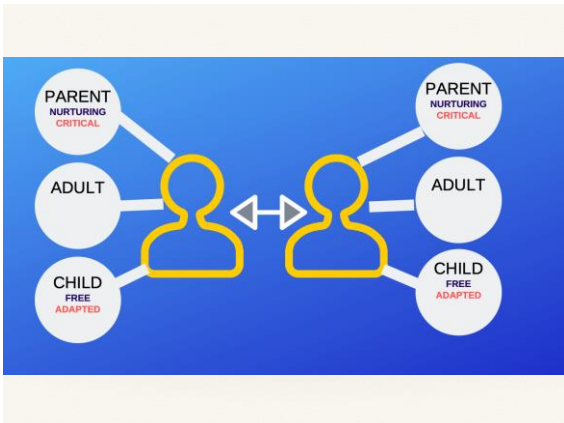
“Out beyond ideas of rightdoing and wrongdoing,
there is a field. I'll meet you there.”

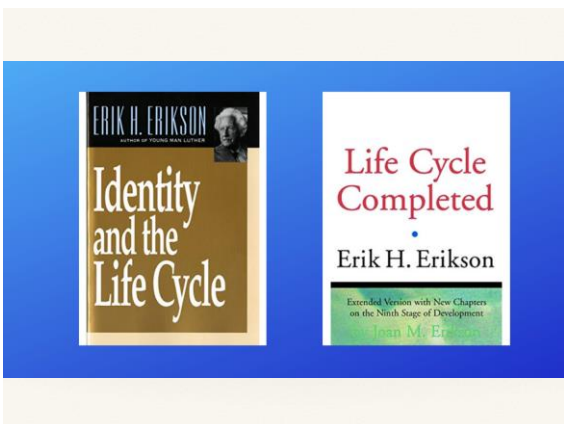
—Mevlana Jelaluddin Rumi, 13th century











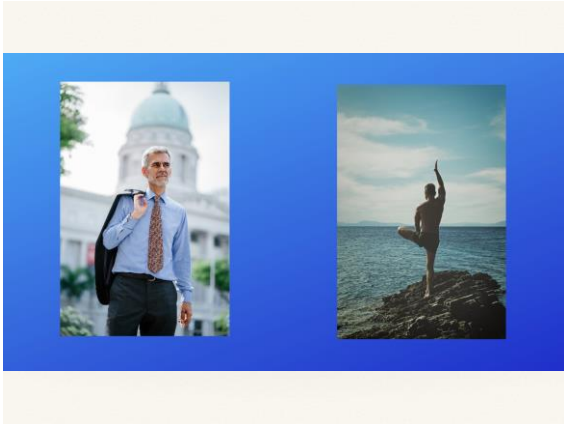
Erikson's Development Stages - Adults

- ❖ Young (18 - 40) => "Intimacy v. Isolation"
- ❖ Middle (40 - 65) => "Generativity v. Stagnation"
- ❖ Later (65 +) => "Integrity v. Despair"



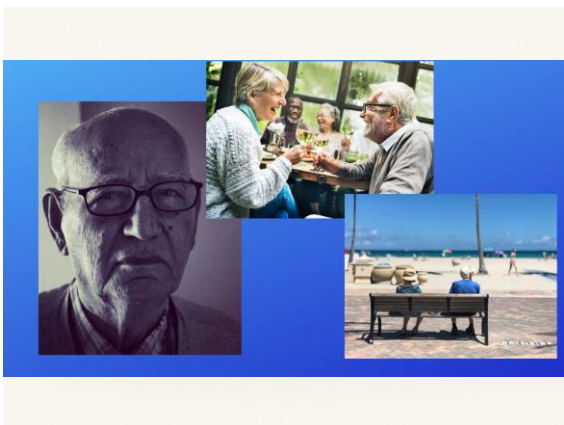
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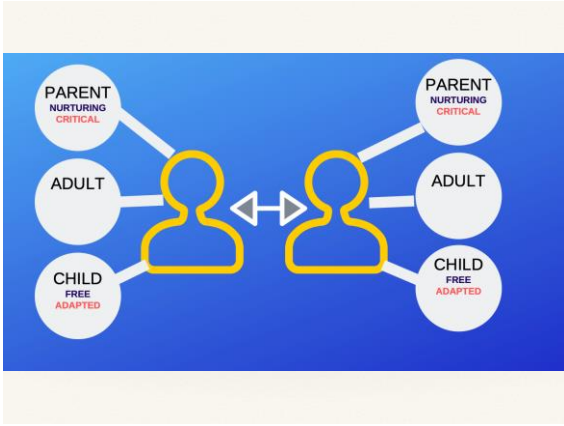




Crossing the Bridge

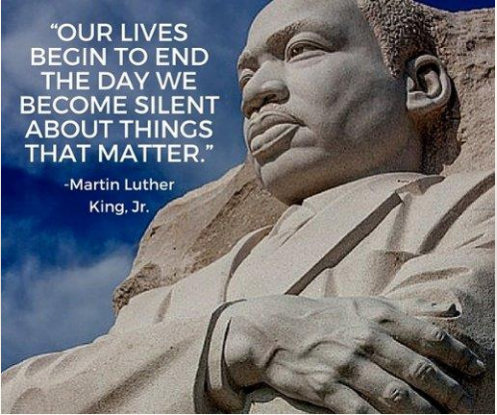
- ◊ You said (emotion). Tell me more about that.
- ◊ Listen.
- ◊ What I think I heard you say....Did I get it all?
- ◊ (Well, except...) - Repeat except part
- ◊ (Yes). OK, tell me more.
- ◊ Be quiet.
- ◊ I can see how you would feel that way.
- ◊ I have some thoughts....would now be ok to share?

Adapted from Hedi and Yumi Schleifer; & Harville Hendrix' Intentional Dialogue









Resources

Daniel Kahneman, [Thinking: Fast and Slow](#)

Rick Kahler, Brad Klontz and Ted Klontz, [Facilitating Financial Health](#)

Harville Hendrix, [Getting the Love You Want](#)

Dori Mintzer and Roberta K. Taylor, [The Couple's Retirement Puzzle](#)

Ken Donaldson, [Marry Your Self First](#)

Holly Thomas, [The Mindful Money Mentality: How To Find Balance In Your Financial Future](#) (Porchview Publishing, \$17.95) (\$15 at Winter Symposium)

Holly Donaldson, "View From the Porch" monthly e-letter. Signup: <http://www.hollypdonaldson.com>. (Scroll to "Join Our List.")
