

**PERSON, PLACE, & THING:**  
BEYOND THE NOUN OF LEADERSHIP



2020-2022

SEMINAR 5

# Recommended Resources



**William C. Friday**  
**Fellowship** FOR HUMAN  
RELATIONS





# Recommended Resources

---

The William C. Friday Fellowship for Human Relations fosters the kind of learning and unlearning made possible in the in-between spaces where individual truth claims and deep-seated beliefs are both nurtured and challenged by practices of relationship. The work of recognizing and bracketing assumptions—about ourselves and others; about pasts, presents, and futures—grows individual and collective capacities to see, hear, and know differently.

Wildacres Leadership Initiative (WLI) welcomes any and all to continue journeying with the current class of William C. Friday Fellows on a path toward rest, reflection, reckoning, and relationship. The [11th fellowship cohort](#) began its two-year journey with a [formal InGathering ceremony](#) on September 30, 2020, before spending [Seminar One](#) grappling with the prospect of arriving, being, and becoming during a global pandemic. The full convening guide for Seminar One can be accessed at [this link](#). Recommended Resources from the first seminar weekend can be accessed at [this link](#).



Seminar Two was held from March 10–14, 2021, when Fellows gathered both virtually and in socially-distant, outdoor regional convenings to build on fellowship foundations laid in October 2020. In preparation for this second convening, Fellows considered a series of invitations designed to pave the way for their return to the work of the fellowship and to one another. Seminar Two took up the question “Why am I here?” with sessions and conversations exploring how purpose plays out in particular places. In addition to probing with curiosity at core beliefs that can be cornerstones and stumbling blocks alike, Fellows continued to engage people, places, and things that matter to communities across North Carolina. The full convening guide for Seminar Two can be accessed at [this link](#). Recommended Resources from the second seminar weekend can be accessed at [this link](#).

Seminar Three was held from July 22–July 25, 2021, at the Trinity Center on Pine Knoll Shores. The first residential experience of the 2020–2022 fellowship class took advantage of a different kind of access to both time and place. In preparation for this third convening, Fellows considered a series of invitations designed to call attention to both individual and shared questions surfacing along an unfolding fellowship journey. Seminar Three paired the question “What is my gift?” with the object of incense and invited Fellows to consider the value of things that burn hot on their way to burning up and burning out. In contrast to the formal, full-weekend convening guides designed to promote virtual connection in Seminars One and Two, Seminar Three’s residential experience invited a different approach. All Seminar Three materials can be accessed in the Recommended Resources that detail all sessions offered. That guide can be accessed at [this link](#).

Seminar Four was held from October 21–24, 2021, across the state of North Carolina. Building on seated, virtual, and hybrid modalities offered in previous seminars, this convening brought the full cohort together in one central location before inviting Fellows to journey closer to home for the remainder of the weekend. Regardless of location and modality, the cohort considered a question W.E.B. Du Bois raised at the turn of the twentieth century: *How does it feel to be a problem?* In addition to considering the relationship between different kinds of birthright burdens, blessings, and abominations, Fellows shared time with special guests in regional workshop sessions. Across the weekend, Fellows solved for their particular understanding of fellowship by considering the difference and distance between program, practice, and purpose. The full convening guide for Seminar Four can be accessed at [this link](#). Recommended Resources for the fourth seminar weekend can be accessed at [this link](#).

Seminar Five was held from January 27–30, 2022. With a global pandemic continuing to shape the 2020–2022 Friday Fellowship experience, Seminar Five unfolded in two concurrent tracks: one residential, one virtual. Some Fellows convened at the Eastern 4-H Center in Columbia, North Carolina, while others gathered via Zoom from homes across the state. Spanning places and pixels, Seminar Five was an object lesson about the choices that shape the work of both relationship and fellowship. Working together

— and also apart — Fellows raised questions about life and death, heaven and earth, and all manner of people, places, and things in between. The full convening guide for Seminar Five can be accessed at [this link](#). Recommended Resources for the fifth seminar weekend follow below.

---

The following list of materials extends the offerings of the 2020–2022 Friday Fellowship beyond the seated class. Compiled and curated by curriculum designer, lead faculty, and WLI deputy director Meredith Doster, this guide shares keywords, core values, and critical questions as they emerge and evolve across the 2020–2022 fellowship journey. All materials are rooted in the critical thoughtwork of the 2020–2022 fellowship framing “*Person, Place, Thing: Beyond the Noun of Leadership*” co-designed by Doster with Dr. Georgette “Jojo” Ledgister. From first to final convening guide, Doster authored all remaining materials in a role generously funded by Wildacres Leadership Initiative (WLI), a program of Wildacres Retreat in Little Switzerland, North Carolina. Doster shares her words and the public scholarship they represent as gift with the 2020–2022 Friday Fellowship cohort, the greater WLI community, and all others. Specifically, Doster shares this curriculum as an open access educational resource (OER) via a [CC BY-NC-SA license](#). (For a full statement on authorship and citation, please see “Words, Work, and Witness” in the 2020–2022 framing.)

The Seminar Five resource guide that follows includes and references a wide variety of materials. Inclusion herein (as either link or citation) does not constitute permission to reprint or re-use. Instead, it signals engagement with someone else’s work. Please honor the licensing and copyright terms of any materials cited.

On the other side of Seminar Five, a final weekend beckons. We will not travel this road together again. What remains to be surfaced and honored as sacred – to you, me, us, and them?

Will you join us? And what’s next?

---

## When “Meeting” Means Multitudes: The Many Modalities of Fellowship

The design of the 2020–2022 William C. Friday Fellowship for Human Relations is an exercise in adaptation. Grounded in commitments to rest, reflection, reckoning, and relationship, the invitations specific to each seminar weekend document many things, including the evolution of a pandemic that has shaped programmatic decisions since early 2020. Seminar Five was held in late January 2022. At that time, the Covid-19 Omicron variant was surging across the state of North Carolina. For some, that reality foreclosed in-person gatherings. For others, the protection of vaccines and strict masking protocols made a residential experience both possible and preferable.

Seminar Five provided another opportunity to workshop the parameters of fellowship, with each concurrent track designed to honor the affordances of in person and virtual convening. Although the content was similar, neither track was derivative of the other. Braided together in a shared convening guide, Seminar Five sessions invited Fellows to think expansively about individual and collective pain and possibility. In contrast to previous recommended resource guides, the following materials do not move through the weekend's content. Instead, each resource offers one entrance point to the various choices faced in meeting both moments and modalities head on and heart open.

### Resources

Agency. *Stanford Encyclopedia of Philosophy*. Stanford University. First published August 10, 2015; substantive revision October 28, 2019.

Apurvakumar Pandya and Pragya Lodha. “Social Connectedness, Excessive Screen Time During COVID-19 and Mental Health: A Review of Current Evidence,” *Frontiers in Human Dynamics*, Volume 3, 2021.

Nicole Ardoin. “Importance of Place.” *EE Pro*. North American Association for Environmental Education.

Kira Bailey. “There’s Nothing Virtual about Online Connections,” Ohio Wesleyan University, March 30, 2020.

Charles Blow. “There Will Be No Post-Covid,” *New York Times*, Op-Ed, February 13, 2022.

Tiffani Bova. “Learn, Grow and Lead (through COVID-19),” *Are You Being Real? | The Authenticity Podcast*. Episode 249, May 21, 2020.

Brené Brown. “Know Your Worth and Where You Belong,” A Conversation with Marie Forleo. *Motivation Thrive*.

KT Browne. “Art in the Age of Coronavirus,” *Architectural Digest*, July 12, 2020.

Jean-marc Buchert. "[How virtual reality can create real connections](#)," UX Collective, March 18, 2021.

Audra D.S. Burch. "[What Historians Will See When They Look Back on the Covid-19 Pandemic of 2020](#)," New York Times, April 15, 2020.

Mina Chang. "[Why Face-To-Face Meetings Are So Important](#)," Forbes, February 20, 2015.

"[Coronavirus: How can society thrive post-pandemic?](#)" BBC Worklife: Unknown Questions: How We Live, November 18, 2020.

Eve Ewing. "[testify](#)." Copyright © 2022 by Eve L. Ewing. Originally published in Poem-a-Day on January 28, 2022, by the Academy of American Poets.

Laura Feinstein. "['Beginning of a new era:' how culture went virtual in the face of crisis](#)," The Guardian, April 8, 2020.

Richard Garcia. "[Ladders](#)." From *The Burning Point* by Frances Richey. Copyright © 2004 by Frances Richey. Reprinted by permission of White Pine Press. All rights reserved.

[Gather in Poems: A Virtual Reading](#). The American Academy of Poets. November 24, 2020.

Bob Frisch and Cary Greene. "[3 Things Virtual Meetings Offer That In-Person Ones Don't](#)," Harvard Business Review, July 23, 2020.

Rhiannon Giddens with Francesco Turrisi. "[Waterbound](#)," *They're Calling Me Home*. Nonesuch Records, 2021. Video filmed in Co. Dublin and Co. Wicklow, Ireland during the Covid-19 lockdown.

Phillip Goodwin. "[Opinion: Technology is an enabler, not a panacea. Here's how we should use it](#)," DEVEX, June 26, 2020.

Adam Grant. "[There's a Specific Kind of Joy We've Been Missing](#)," New York Times, July 10, 2021.

Melissa Fay Greene. "[You Won't Remember the Pandemic The Way You Think You Will](#)," The Atlantic, May 2021 Issue.

Rachel Eliza Griffiths. "[Poets on Poetry: A Virtual Village of Discovery and Poetics](#)," April 10, 2014.

Steven C. Hayes. "[10 Signs You Know What Matters](#)," Psychology Today, September 4, 2018.

Sheena Iyengar. "[The art of choosing](#)," TEDTalk, 2010.

Sun Joo (Grace) Ahn, Laura Levy, Allison Eden, Andrea Stevenson Won, Blair MacIntyre and Kyle Johnsen. "[IEEEVR2020: Exploring the First Steps Toward Standalone Virtual Conferences](#)," *Frontiers in Virtual Reality*, Volume 2, 2021.

June Jordan. "[Poem Number Two on Bell's Theorem, or The New Physicality of Long Distance Love](#)." Copyright © 2017 by the June M. Jordan Literary Estate. Used with the permission of the June M. Jordan Literary Estate.

Anna Kamienska. "[Industrious Amazement: A Notebook](#)," Poetry, March 2011.

Patrick Van Kessel, Chris Baronavski, Alissa Scheller and Aaron Smith. "[In Their Own Words, Americans Describe the Struggles and Silver Linings of the COVID-19 Pandemic](#)," The Pew Research Center, March 5, 2021.

Marissa King. [How Covid is Altering Social and Professional Networks](#), Bloomberg Equality, December 21, 2020.

---. [Social Chemistry: Decoding the Patterns of Human Connection](#). Penguin Random House. 2020.

David Kirby. "[I Have Not Come Here to Compare Notes But to Sit Together in the Stillness at the Edge of This Wound](#)." Copyright © 2016 by David Kirby. Originally published in Poem-a-Day on December 22, 2016, by the Academy of American Poets.

Susan Klemond. "[Seeking Silence: Retreat Centers Experience COVID Boom](#)," National Catholic Register, October 26, 2021.

Wojtek Kutyla. "[Prisoners of experience](#)," UX Collective, October 19, 2021.

David Leonhardt. "[It's 2022. What Does Life Look Like?](#)" New York Times, Op-Ed, July 10, 2020.

Cathy Malchiodi. "[Please Don't Take My Collective Effervescence Away](#)," Psychology Today, August 1, 2021.

[Managing Across Distance in Today's Economic Climate: The Value of Face-to-Face Communication](#). A Report by Harvard Business Review Analytic Services. March 2018.

Stephanie McCulloch. "[The Widely-Spoken Languages We Still Can't Translate Online](#)," Wired, November 28, 2018.

Rachel Mennies. "[Less Than Certain](#)," The American Poetry Foundation, September 3, 2018.

Chris Milk. "[How virtual reality can create the ultimate empathy machine](#)," TEDTalk, 2015.

Rani Molla. "[Big Events are Back](#)," Vox: Recode, June 10, 2021.

Tore Nielsen. "[The COVID-19 Pandemic is Changing Our Dreams](#)," The Scientific American, October 1, 2020.

Magda Osman. "[Why Does Our Sense of Agency and Control Matter So Much?](#)" Psychology Today, April 8, 2019.

Priya Parker. "[How to create meaningful connections while apart](#)," TEDTalk. March 2020.

Joanna Pearlstein. "[Conferences After Covid Will Be Shorter—and Smarter](#)," *Wired: Business*, December 14, 2020.

David Rivard. "[Learning to Love the Poems of Edward Thomas](#)," *Slate*, May 21, 2013.

Alexandra Samuel. "[The More People We Connect with on LinkedIn, the Less Valuable It Becomes](#)," *Harvard Business Review*, May 5, 2016.

Chris Schembra. "[Connection, Vulnerability, & Pasta Sauce](#)," *Are You Being Real? | The Authenticity Podcast*. Episode 229, July 2, 2019.

Theresa Schilhab. "[Digital knowledge is a poor substitute for learning in the real world](#)," *ScienceNordic*, January 9, 2018.

Julia Sklar. "'[Zoom fatigue](#)' is taxing the brain. Here's why that happens," *National Geographic*, April 24, 2020.

Donna St. George, Valerie Strauss, Laura Meckler, Joe Heim and Hannah Natanson. "[How the pandemic is reshaping education](#)," *The Washington Post*, March 15, 2021.

Shivani Taneja, Paul Mizen, and Nicholas Bloom. "[Comparing online to in-person meetings](#)," *VOX EU CEPR*, January 4, 2022.

Ruth Terry. "[Travel is said to increase cultural understanding. Does it?](#)" *National Geographic*, July 13, 2020.

Matthew Thompson. "[Dear People of 2022: What Would You Ask Your Future Self?](#)" *New York Times*, January 20, 2022.

Patrick Zarcone. "[North Carolina Pickle Festival Coming Back this April!](#)" *Wayne County News*, CBS 17, February 21, 2022.

"[Zircon](#)." A Reading by Robert Morgan. *Southern Spaces*, February 9, 2016.

## Guiding Questions

What is the relationship between pixels and places and people and possibilities?

How do different modalities support community and connection?

Is fellowship a destination or disposition? Or neither/both?

In this season of compounding pandemics, what else needs to die so that others – people, places, and things – might flourish?



# Person, Place, & Thing:

Beyond the Noun of Leadership



William C. Friday  
Fellowship FOR HUMAN  
RELATIONS