### Objectives

1. Share opportunities for professional involvement.
2. Discuss tactics for conducting successful research, obtaining publications, and establishing a clinical practice.
3. Recognize the value of continuous professional development.
4. Self-assessment, professional maturation, and succession planning.
5. Becoming an impactful preceptor.

### Opportunities for Professional Involvement

- **Be proactive**
- Do not wait for an invitation
- Network
- Do your research
- Identify organizations
- Participate to the extent your schedule allows

- **Identify organizations**
  - Those that align with your passions and interests
  - Regional, local, state, national, international
- Participate to the extent your schedule allows
Opportunities for Professional Involvement

- Be proactive
- Identify organizations
- Participate to the extent your schedule allows
  - Member
  - CE Speaker
  - Committee Member
  - Committee Chairperson
  - Executive or Board Position

Research and Publications

- Recognize how you are already doing research in your practice setting
- Determine whether Investigational Review Board (IRB) approval needed
- Collaborate with other team members
- Identify journals that align with your research

Research and Publications

- Recognize how you are already doing research in your practice setting
- Determine whether Investigational Review Board (IRB) approval needed
  - If study meets requirements of "research" or involves "human subjects"
    - Research: "systematic investigation, including research development, testing and evaluation, designed to develop or contribute to generalizable knowledge"
    - Human Subjects: "a living individual about whom an investigator conducting research obtains:
      - Data through intervention or interaction with the individual
      - Identifiable private information"
    - Types of IRB Review: Exempt, Expedited, Full Board
- Collaborate with other team members
- Identify journals that align with your research

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Establishing a New Practice Site

- Get out of "In training" mode
- Initiation
- Plan
- Execution
- Report
- Study

Establishing a New Practice Site

- Initiation
  - Decide what you want to do and how you can do it
  - Talk to key stakeholders to see what are the needs/wants
  - RESEARCH!!!
- Design
  - Execution
  - Report
  - Study

Establishing a New Practice Site

- Initiation
- Design
- Prepare a proposal and timeline
- Acquire resources
- Don’t forget your stakeholders
  - Present business model
- Execution
- Report
- Study

Establishing a New Practice Site

- Initiation
- Design
- Execution
  - Be seen and be available
  - Monitor progress
  - Be prepared to troubleshoot or modify
- Report
- Study

Establishing a New Practice Site

- Initiation
- Design
- Execution
- Report
- Study

Establishing a New Practice Site

- Initiation
- Design
- Execution
- Report
- Study

- Archive project information
- Follow up as needed
- Explore opportunities for advancement
Continuous Professional Development

- Keeping Up to Date
- Self-assessment, professional maturation, and succession planning

Continuous Professional Development: Keeping Up to Date

- Obtain board certification
- Attend conferences strategically
- Maximize your continuing education opportunities
- Be a presenter
- Be a preceptor
- Be an avid (and calculated) reader

Dream big.
Hustle smart.

Continuous Professional Development: Keeping Up to Date

- Obtain board certification
- Attend conferences strategically
- Choose conferences that offer relevant CE in your specialty area
- Not specialized? Then mix it up!
- Don’t discount local conferences
- Get the most bang for your buck
- Nobody else at your institution wants to go? Maybe that can work in your favor...
- Maximize your continuing education opportunities
- Be a presenter
- Be a preceptor
- Be an avid (and calculated) reader

Continuous Professional Development: Keeping Up to Date

- Obtain board certification
- Attend conferences strategically
- Double dip...if you must
- Be a presenter
- Be a preceptor
- Be an avid (and calculated) reader
Continuous Professional Development: Keeping Up to Date

- Obtain board certification
- Attend conferences strategically
- Maximize your continuing education opportunities
- **Be a presenter**
  - Stay involved: You're more likely to be asked.
  - Don't be afraid to volunteer
  - Pick a challenge!
- **Be a preceptor**
- **Be an avid (and calculated) reader**
  - Find journals most relevant to your practice and follow
  - Consider use of RSS feeds
  - Subscribe to “news”

Continuous Professional Development: Self-assessment, professional maturation, and succession planning

- Open discussion
  - Manager assessment process
  - Positioning yourself for the next role
- Keys to a successful annual evaluation
- Establishing goals
- Self-assessment and documentation
- Steps to become a preceptor
- Tools of the trade
Continuous Professional Development: Self-assessment, professional maturation, and succession planning

- Open discussion
- Keys to a successful annual evaluation
- Establishing goals
  - Personal
  - Professional
- Self-assessment and documentation
- Steps to become a preceptor
- Tools of the trade

Discussion and Questions