

#FSHP2018 

## Making the Transition from Student to New Practitioner

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## Objectives

1. Share opportunities for professional involvement.
2. Discuss tactics for conducting successful research, obtaining publications, and establishing a clinical practice.
3. Recognize the value of continuous professional development.
4. Self-assessment, professional maturation, and succession planning.
5. Becoming an impactful preceptor.

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## Introduction of Panelists







Jaclyn D. Cole, PharmD, BCPS   Kelly Owens, PharmD, BCPS, BCCP   Petra Estep, PharmD, MHA, BCPS   Matthew Curran, PharmD, CPh

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## Opportunities for Professional Involvement

- Be proactive
- Identify organizations
- Participate to the extent your schedule allows

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## Opportunities for Professional Involvement

- **Be proactive**
  - Do not wait for an invitation
  - Network
  - Do your research
- Identify organizations
- Participate to the extent your schedule allows

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## Opportunities for Professional Involvement

- Be proactive
- **Identify organizations**
  - Those that align with your passions and interests
  - Regional, local, state, national, international
- Participate to the extent your schedule allows

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## Opportunities for Professional Involvement

- Be proactive
- Identify organizations
- **Participate to the extent your schedule allows**
  - Member
  - CE Speaker
  - Committee Member
  - Committee Chairperson
  - Executive or Board Position

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## Research and Publications

- Recognize how you are already doing research in your practice setting
- Determine whether Investigational Review Board (IRB) approval needed
- Collaborate with other team members
- Identify journals that align with your research

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## Research and Publications

- **Recognize how you are already doing research in your practice setting**
  - Protocol development and execution
  - Interdisciplinary processes
  - Incorporation of technology
  - Review of guideline recommendations in practice
  - Student, resident, fellow involvement in the healthcare team
- Determine whether Investigational Review Board (IRB) approval is needed
- Collaborate with other team members
- Identify journals that align with your research

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## Research and Publications

- Recognize how you are already doing research in your practice setting
- **Determine whether Investigational Review Board (IRB) approval needed**
  - If study meets requirements of "research" or involves "human subjects"
    - **Research**: "...systematic investigation, including research development, testing and evaluation, designed to develop or contribute to generalizable knowledge"
    - **Human Subjects**: "...a living individual about whom an investigator conducting research obtains:
      - Data through intervention or interaction with the individual
      - Identifiable private information
  - **Types of IRB Review**: Exempt, Expedited, Full Board
- Collaborate with other team members
- Identify journals that align with your research

\*Office for Human Research Protections, U.S. Department of Health and Human Services. Revised January 15, 2009. Available at: <https://www.hhs.gov/ohrp/policy/ohrp-irb-policy.html>. Accessed June 2, 2018.

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## Research and Publications

- Recognize how you are already doing research in your practice setting
- Determine whether Investigational Review Board (IRB) approval needed
- **Collaborate with other team members**
  - Peers/Superiors in the same department
  - Interdisciplinary collaborative efforts
  - Students, residents, fellows
- Identify journals that align with your research

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## Research and Publications

- Recognize how you are already doing research in your practice setting
- Determine whether Investigational Review Board (IRB) approval needed
- Collaborate with other team members
- **Identify journals that align with your research**
  - Clinical vs. educational
  - Pharmacy profession vs. interdisciplinary
  - National/international newsletters
  - Type of submission: research, case report, therapy update, clinical review, primers, commentaries, etc.
  - Publication will most likely require IRB approval letter or IRB exempt letter

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## Establishing a New Practice Site

- Get out of "In training" mode
- Initiation
- Plan
- Execution
- Report
- Study

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## Establishing a New Practice Site

- **Initiation**
  - Decide what you want to do and how you can do it
  - Talk to key stakeholders to see what are the needs/wants
  - RESEARCH!!!
- Design
- Execution
- Report
- Study

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## Establishing a New Practice Site

- Initiation
- **Design**
  - Prepare a proposal and timeline
  - Acquire resources
  - Don't forget your stakeholders
  - Present business model
- Execution
- Report
- Study

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## Establishing a New Practice Site

- Initiation
- Design
- **Execution**
  - Be seen and be available
  - Monitor progress
  - Be prepared to troubleshoot or modify
- Report
- Study

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## Establishing a New Practice Site

- Initiation
- Design
- Execution
- **Report**
  - Follow metrics
  - Interpret metrics/data
  - Communicate to key stakeholders results
    - Not only the good, also the bad
- Study

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## Establishing a New Practice Site

- Initiation
- Design
- Execution
- Report
- **Study**
  - Archive project information
  - Follow up as need
  - Explore opportunities for advancement

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## Continuous Professional Development

- Keeping Up to Date
- Self-assessment, professional maturation, and succession planning

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## Continuous Professional Development: Keeping Up to Date

- Obtain board certification
- Attend conferences strategically
- Maximize your continuing education opportunities
- Be a presenter
- Be a preceptor
- Be an avid (and calculated) reader

**Dream big.  
Hustle smart.**

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## Continuous Professional Development: Keeping Up to Date

- **Obtain board certification**
  - Demonstrates devotion to specialty and clinical advancement
  - Establishes oneself as a qualified professional within practice area
  - Preparation for exam and continuing education guides learning towards most relevant and recent guidelines and evidence-based recommendations
- Attend conferences strategically
- Maximize your continuing education opportunities
- Be a presenter
- Be a preceptor
- Be an avid (and calculated) reader

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## Continuous Professional Development: Keeping Up to Date

- Obtain board certification
- **Attend conferences strategically**
  - Choose conferences that offer relevant CE in your specialty area
    - Not specialized? Then mix it up!
  - Don't discount local conferences
  - Get the most bang for your buck
  - Nobody else at your institution wants to go? Maybe that can work in your favor...
- Maximize your continuing education opportunities
- Be a presenter
- Be a preceptor
- Be an avid (and calculated) reader

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## Continuous Professional Development: Keeping Up to Date

- Obtain board certification
- Attend conferences strategically
- **Maximize your continuing education opportunities**
  - Don't just go through the motions
  - Double dip...if you must
- Be a presenter
- Be a preceptor
- Be an avid (and calculated) reader

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## Continuous Professional Development: Keeping Up to Date

- Obtain board certification
- Attend conferences strategically
- **Maximize your continuing education opportunities**
  - Don't just go through the motions
  - Double dip...if you must
- Be a presenter
- Be a preceptor
- Be an avid (and calculated) reader

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## Continuous Professional Development: Keeping Up to Date

- Obtain board certification
- Attend conferences strategically
- Maximize your continuing education opportunities
- **Be a presenter**
  - Stay involved. You're more likely to be asked.
  - Don't be afraid to volunteer
  - Pick a challenge!
- Be a preceptor
- Be an avid (and calculated) reader

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## Continuous Professional Development: Keeping Up to Date

- Obtain board certification
- Attend conferences strategically
- Maximize your continuing education opportunities
- Be a presenter
- **Be a preceptor**
  - Residents and preceptors will ask tough questions, mention new things they've learned, and keep you on your toes
- Be an avid (and calculated) reader

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## Continuous Professional Development: Keeping Up to Date

- Obtain board certification
- Attend conferences strategically
- Maximize your continuing education opportunities
- Be a presenter
- Be a preceptor
- **Be an avid (and calculated) reader**
  - Find journals most relevant to your practice and follow
    - Consider use of RSS feeds
  - Subscribe to "news"

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## Continuous Professional Development: Self-assessment, professional maturation, and succession planning

- Open discussion
- Keys to a successful annual evaluation
- Establishing goals
- Self-assessment and documentation
- Steps to become a preceptor
- Tools of the trade

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## Continuous Professional Development: Self-assessment, professional maturation, and succession planning

- **Open discussion**
  - Manager assessment process
  - Positioning yourself for the next role
- Keys to a successful annual evaluation
- Establishing goals
- Self-assessment and documentation
- Steps to become a preceptor
- Tools of the trade

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## Continuous Professional Development: Self-assessment, professional maturation, and succession planning

- Open discussion
- **Keys to a successful annual evaluation**
  - What are the essential areas to focus on?
  - "Report card"
  - Understand the rating scale
    - The difference between meets standards, exceeds, and outstanding
- Establishing goals
- Self-assessment and documentation
- Steps to become a preceptor
- Tools of the trade

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## Continuous Professional Development: Self-assessment, professional maturation, and succession planning

- Open discussion
- Keys to a successful annual evaluation
- **Establishing goals**
  - Personal
  - Professional
- Self-assessment and documentation
- Steps to become a preceptor
- Tools of the trade

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## Continuous Professional Development: Self-assessment, professional maturation, and succession planning

- Open discussion
- Keys to a successful annual evaluation
- Establishing goals
- **Self-assessment and documentation**
  - Objective
  - Validated
- Steps to become a preceptor
- Tools of the trade

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## Continuous Professional Development: Self-assessment, professional maturation, and succession planning

- Open discussion
- Keys to a successful annual evaluation
- Establishing goals
- Self-assessment and documentation
- **Steps to become a preceptor**
  - Student versus resident
  - Affiliates (SOP, COP)
  - RAC
- Tools of the trade

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## Continuous Professional Development: Self-assessment, professional maturation, and succession planning

- Open discussion
- Keys to a successful annual evaluation
- Establishing goals
- Self-assessment and documentation
- Steps to become a preceptor
- **Tools of the trade**

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## Discussion and Questions



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