

JUNE 2021 | ISSUE 3

# FLORIDA X<sup>TIMES</sup>



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**Q2** 2021

## Message from the President

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As we continue to see our lives return to somewhat 'normal' with the arrival of vaccines, and vaccination rates continuing to increase, there is excitement starting to build around the LIVE (Yes...IN PERSON!) 55th Annual Meeting. We hope that you have plans to join us August 6th - 8th at the Rosen Centre in Orlando. We've heard that our members are excited about the opportunity to reconnect with old friends, make new friendships, and be a part of all of the networking that will occur over three days. We expect our Social Media platforms to be overloaded with all sorts of stories, experiences and memories! Follow all of our platforms so that you too can be a part of it!



**Jeffrey Bush, Pharm.D., CPh**  
FSHP President

This year's meeting has something for everyone...pharmacists, pharmacy residents, pharmacy technicians and pharmacy students. And oh... we can't forget about the line-up of CE- General CE, Consultant Re-Certification CE, Medication Errors, Controlled Substances, Law...you will be able to satisfy all of your requirements for license and registration renewal. Be on the lookout for lunch symposium invitations, and NEW this year, Infectious Diseases and Ambulatory Care Networking lunches.

As we come to the end of this term, I can't help but reflect on everything that made this year one to remember:

- Our Councils did not skip a beat, it was certainly a busy time with every Council/Forum/Committee working hard on their charges.
- Your Executive Committee and Board of Directors worked towards future planning for the society during a Strategic Planning Meeting in March. We covered many topics over three hours.
  - We are on board with ensuring that we are having discussions about Diversity, Equity and Inclusion.
  - It's important that we move with the times, enhancing technology is in the works.
  - Recruitment and growth of membership is essential to our existence!
  - Emergency Preparedness in the era of COVID was discussed at length and we will be drafting policies that keep us up to date and prepared for not just hurricanes.

## Message from the President continued

- The outstanding FSHP Staff, the consistent figures within this Society. They have been in every meeting and on all of calls, holding things together on this journey. Help me in thanking them for their commitment to the roles they play in reaching the Society's goals.

One of my personal goals this year was to be transparent through our Town Hall meetings we have been able to report to the members on a quarterly basis. We have successfully held two Town Hall meetings and planning for a third. We always receive very good feedback and saw an increase in attendance from the first to the second meeting. We are requesting that you not miss out on this last Town Hall, date and time will be announced soon.

Jeremy Lund, FSHP Chair of the House of Delegates has submitted a change in format for this year's House of Delegates meeting, scheduled for Thursday, August 5th. I look forward to the two sessions running from 1:00-4:00pm, NEW TIME. Regional Officers should be in the process of confirming delegates and submitting names to the FSHP office by June 30th. Contact your Regional Officers today if you are interested in being a delegate. The Committee on Resolutions is underway with reviewing all Resolution and New Business items submitted for discussion by delegates

There are always advocacy updates that we can share with members... Our Legal and Regulatory Affairs team, including our lobbyists from Gray Robinson, certainly experienced a different type of legislation session this year, just like everything else, it was virtual. That did not stop our group from meeting with key stakeholders up in Tallahassee. Although this year was not a big year for healthcare, we did make some substantial movement in the areas of PBM reform and multiple pharmacy technician bills. One of our Legal and Regulatory Affairs subcommittees led by Immediate Past President Bill Kernan received a big win with the Board of Pharmacy. The subcommittee on White and Brown Bagging asked for a special Ad Hoc Committee to review this practice, and the request was granted.

FSHP has joined forces with ASHP in hopes to get a National Bill when it comes to pharmacists being recognized as healthcare Providers. The Legal and Regulatory Affairs Council continues to work closely with Gray Robinson in an effort to move both the pharmacist and pharmacy technician profession forward.

I would like to close by saying thank you for allowing me to serve as your FSHP President. It truly has been an honor. Please join me in August so that we can all celebrate the Society's successes, we couldn't have done it without YOU!



## REGIONAL SOCIETY UPDATES



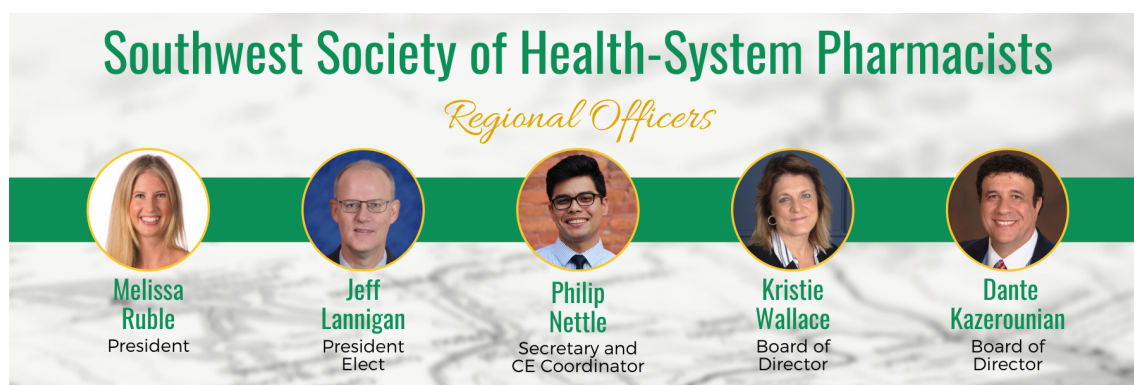
## South Florida Regional Society

SFShP would like to acknowledge all pharmacies, pharmacists, technicians and staff that participated in the roll out of the COVID vaccination in South Florida. Your hard work and time has helped to achieve the low infection rate in our county and also educating residents to get vaccinated. Thank you to Jackson Health System, Baptist Health System, Tenet Health System, HCA Health System, Miami VA Healthcare, University of Miami, Mount Sinai, CVS, Walgreens, Navarro, Publix, Winn Dixie/Fresco, Wal-Mart and all our independent pharmacies.

We are glad to announce that we restarted our pharmacy resident forum which took place virtually on April 17th. It was a successful event that showcased all our pharmacy residents of Miami-Dade and Broward. We would like to acknowledge all residency programs that participated: Baptist Health System, Jackson Health System, Tenet Health System, HCA Health System Miami VA Healthcare, Mount Sinai, University of Miami and Nova Southeastern University. Special thanks to Stephanie Palma, Alice Margulis and Erika Dittmar (Moderator) in organizing this excellent event. SFShP has always had a long standing connection for our pharmacy residents. Originally started by Dr. Carla Luque-Rey in 1996, we have seen the growth from three programs to over ten programs in Miami-Dade and Broward.

In February, we held a virtual leadership discussion CE which focused on COVID lessons learned, pharmacy business model trends, pharmacy budget and finance, Joint Commission accreditation readiness, pharmacy residency development, controlled substance diversion prevention program, institutional best practice, evolving role of pharmacy procurement, specialty pharmacy accreditation and importance of joining an association. Thank you to all our speakers: Venessa Goodnow, Madeleine Camejo, Ana Caldera, Hoda Askari, Steven Nemeroff, Keith Fricker, Jay Blake, Esty Trimino, Robert Kraljevich, Shavana Syne, Betty Lipkin and Luis Alfonso (Moderator).

## REGIONAL SOCIETY UPDATES



## Southwest Regional Society

The Southwest Society of Health-System Pharmacists encompasses a large area of Florida including Tampa, St. Petersburg, Clearwater, Brandon and other cities in the surrounding area. Over the past year the Society was charged to develop, promote, and implement policies and programs to improve and assure quality of pharmacy practice; to promote research activities by its members; to foster positive public awareness of the pharmacists' role in healthcare; and to provide a forum for meaningful dialogue and idea sharing among members. As part of these charges, the Society has created a Judicial Committee to review our current Constitution and Bylaws and provide edits for consideration and member voting.

To enhance student and member engagement the Society has instituted a Resident Liaison position as part of the SWSHP leadership team. The inaugural Resident Liaison is off to a strong start and we continue to discover opportunities to connect the residents, students, and members to gain an appreciation for the mission, vision, goals, organizational structure, and services provided from both SWSHP and FSHP. The Resident Liaison is charged with identifying and supporting high priority concerns in clinical pharmacy and actively participating in the leadership of the organization during their term.

The transition to a virtual Zoom platform has been incredible in that we are still able to reach our members and provide valuable, up-to-date continuing education (CE) programs in an effective manner. Speaker evaluations and program feedback continue to be virtual, and members are able to register ahead of time to view speakers, topics, and gather information about the session. So far this year we have provided 5 general CE hours (a mixture of live and non-live) for pharmacists and pharmacy technician including an Internal Medicine and Resident Forum Webinar.

## REGIONAL SOCIETY UPDATES

### Southwest Regional Society continued

Future CE events include the Florida Board of Pharmacy approved mandatory Medication Errors and Controlled Substances topics and a separate session focused on Hot Topics in Infectious Diseases.

The Society is involved in several community service activities including providing meals for the Ronald McDonald house and donating funds towards the Hillsborough Book Drive. Our connection with the Taneja College of Pharmacy continues to grow through the offering of a student internship program and collaboration with the college's Student Society of Health-System Pharmacists. This year we hosted a "Lunch with Leaders" series in which students had the opportunity to meet the SWSHP Executive Committee and learn ways to get more involved in the Society. Additionally, students were given the chance to compete to create the new logo (attached above) for the Society! We got some very creative submissions and were thankful for this opportunity.

As the year progresses, we hope to host some live executive committee retreats and social events to connect with our students and members and reinitiate our live CE events! Until then, we will continue our current practices and we cannot wait to see everyone in person at the FSHP Annual Meeting! #FSHP2021 #WholeNewWorld

MEMBER SPOTLIGHT

## Vanessa C. Perez, PharmD, BCCCP



**Workplace** Cleveland Clinic Weston

**Location** Weston, Florida

**Dream Job** Travel blogger

**Alma Mater** Nova Southeastern  
University College of  
Pharmacy

Dr. Perez earned a Bachelor's of Science in Biology at Nova Southeastern University under the dual admissions pharmacy program in 2013. She continued on to receive a Doctor of Pharmacy degree from Nova Southeastern University College of Pharmacy in 2017. She completed her PGY-1 Pharmacy Practice Residency at Cleveland Clinic Weston in Weston, FL in 2018. Following her PGY-1 training, she completed a PGY-2 in critical care at Jackson Memorial Hospital in Miami, FL in 2019. Dr. Perez joined Cleveland Clinic in July of 2019 and serves as the medical intensive care unit pharmacist. Her day-to-day consists of multidisciplinary rounds, precepting APPE students and PGY-1 residents, while being an active member in multiple regional and enterprise committees. She currently serves as a member on the FSHP educational affairs council.

Vanessa encourages students to keep an open mind, be flexible and take as many opportunities as possible. She describes how she started off in the retail setting as a pharmacy intern where she enjoyed solving problems and patient interactions. When she began her APPE rotations she was exposed to a variety of settings including the intensive care unit. It was after that rotation that her career path shifted and she decided to pursue a residency. Being in the ICU gives her the opportunity to challenge herself and manage patients with high acuity.

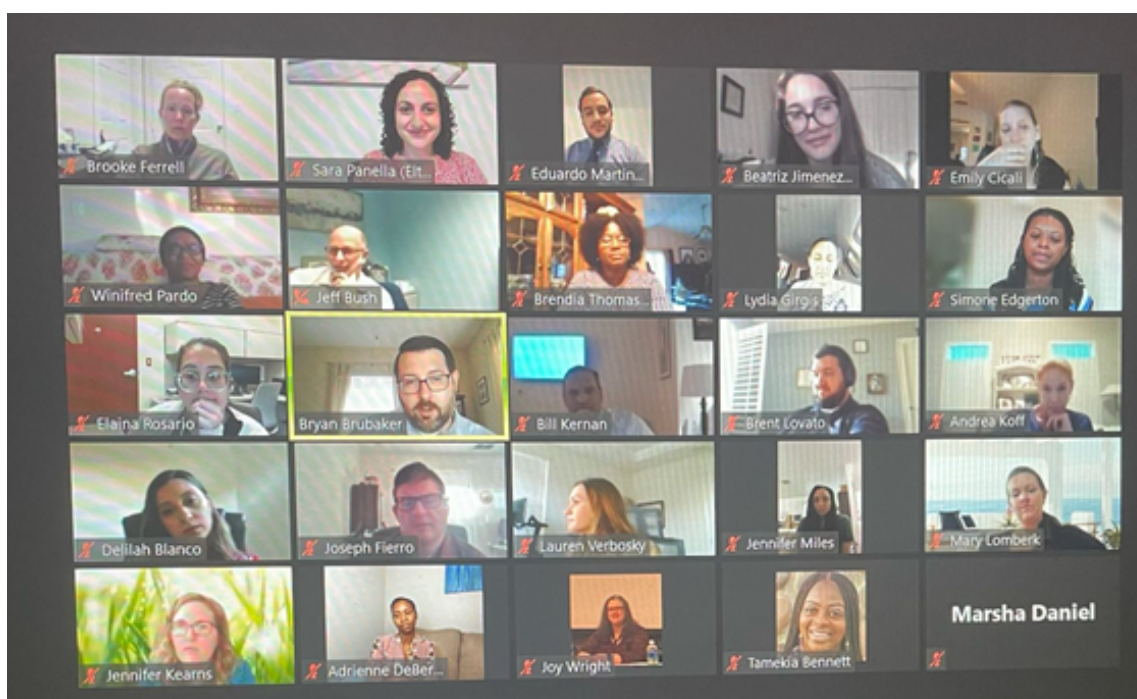
Dr. Perez enjoys spending time with her family and friends, traveling (pre-COVID) and being outdoors.

## FSHP COUNCIL UPDATES

### Ambulatory Care Clinical Forum

Chair: Sara Panella, PharmD

On March 11, 2021, The FSHP Ambulatory Care Forum successfully held their very first virtual networking event. We had 25 attendees and discussed hot topics such as innovative ambulatory care practices, collaborative practices and starting a practice site. The feedback was very positive and there were requests for future events. The group is currently planning a live networking event at the FSHP Annual Meeting in Orlando on Friday, August 6 at 12:30 PM.





## FSHP COUNCIL UPDATES

### Pharmacy Technician Council

Sandra Barnes is a medication reconciliation technician in the Emergency Room at Flagler Health in St Augustine, Florida. Sandra started her career 40 years ago at Eckerd Drugs as a pharmacy technician. Sandra joined the US Army where she was a medical specialist/pharmacy specialist. Upon departing the military, Sandra came back to the pharmacy field and started working in hospitals. It was not long before she was the program director for a pharmacy technician program as well as the dean of the medical programs. She went on to open and run four successful pharmacy technician training programs in four different vocational schools. She has been a member of FSHP since 1993 when there wasn't dedicated technician continuing education, a council or even a voice. Through FSHP Sandra has assisted in forming a technician council and has served on Legal &



Regulatory Affairs, Educational Affairs and on the board of directors as Technician Director.

She was FSHP Pharmacy Technician of the year in 2012-2013. From 2000-2008, Sandra assisted through the legislative process to secure mandatory pharmacy technician registration in the state of Florida. Sandra is currently focusing her efforts on legislation to put a pharmacy technician on the Florida Board of Pharmacy and getting legislation passed to mandate certification in the state. She is also working on opening an employer based pharmacy technician training program.

CLINICAL ARTICLE

## Pharmacogenomics Fast Five

Emily J . Cicali, PharmD, BCPS

Heather Randles, PharmD

Pharmacogenomic (PGx) testing is being utilized more in clinical practice due to several factors. Practitioners are being educated about the benefits, research is providing stronger evidence to support PGx guided dosing, and more dosing guidelines are available or being developed (e.g., from The Clinical Pharmacogenetics Implementation Consortium [CPIC]). As drug experts, pharmacists have the opportunity to assist the healthcare team in applying PGx results to improve patient safety and outcomes.

### Proton Pump Inhibitors (PPIs)

The effectiveness of PPIs may be decreased in CYP2C19 rapid and ultrarapid metabolizers, which could lead to treatment failure. Having PGx results may help guide appropriate dosing. For example, in ultrarapid metabolizers a dose of at least two times the standard dose is recommended. The strongest evidence exists for PGx guided dosing of omeprazole, lansoprazole, and pantoprazole.

- CPIC Guidelines for PPIs and CYP2C19
- PPIs – PharmGKB Resource

### Selective Serotonin Reuptake Inhibitors (SSRIs)

SSRIs are metabolized primarily via CYP2D6 or CYP2C19 drug metabolizing enzymes. PGx testing may help guide drug selection or dosing adjustments for select SSRIs to improve effectiveness and minimize side effects based on the patient's phenotype. This is particularly helpful with this class of medications due to the 4 to 8 week delay in observing effectiveness.

- CPIC Guidelines for SSRIs and CYP2D6/CYP2C19
- SSRIs – PharmGKB Resource

### Pain Medications (Select Opioids and NSAIDs)

Recommendations are available to guide codeine, tramadol and hydrocodone use based on a patient's CYP2D6 phenotype. Several NSAIDs are metabolized via CYP2C9; alterations in this gene may increase the risk of side effects, such as gastrointestinal bleeding.

- CPIC Guidelines for Opioids and CYP2D6
- CPIC Guidelines for NSAIDs and CYP2C9
- Opioids – PharmGKB Resource
- NSAIDs – PharmGKB Resource

FSHP FELLOWSHIP

## Congratulations to the members awarded fellowship from 2018-2020

- **Kelly Biastre**, BS Pharm, Pharm.D., CPh, FFSHP
- **Robert Besser**, BS Pharm, MS, FFSHP
- **Dante Kazerounian**, Pharm.D., FFSHP
- **Christine Gegeckas**, BS Pharm, BCOP, FFSHP
- **George Malone**, Pharm.D., BCSCP, FFSHP
- **Tara Higgins**, Pharm.D., BCPPS, FFSHP
- **Venessa Price-Goodnow**, Pharm.D., FFSHP
- **Elias Chahine**, Pharm.D., BCPS, BCIDP, FCCP, FASCP, FFSHP
- **Deborah Brown**, BS Pharm, MS, Pharm.D., FASHP, FFSHP
- **John Clark**, BS Pharm, MS, Pharm.D., FASHP, FFSHP

**Stay Tuned...**

2021 FSHP Fellows will be inducted at the Annual Meeting in Orlando, FL.

Come join the celebration live and in-person!

CLINICAL ARTICLE

## I SAVE Opioid-Naïve Patients

Nisha Mathew, Pharm.D, Nicole Basile PharmD

The FDA noted initially in 2008-2010 that Fentanyl patches were considered to be the top contributor to serious adverse drug events (ADE) due to inappropriate indications. Safeguards for prescribing Fentanyl patches recommended by ISMP to prevent ADE's include the following:

- Assess & document opioid status (naïve vs tolerant) in electronic record \*
- Type of pain (acute vs chronic)
- Adjustments due to age, renal, or liver impairment
- Eliminate storage of fentanyl patches in acute areas such as Emergency rooms and operating rooms

Fentanyl patches are indicated for patients who need pain management around-the-clock, long-term opioid treatment, opioid tolerant, and when alternative treatment options are inadequate. Before dispensing fentanyl patches, verify patient's opioid usage and indication. If there is suspicion of a Fentanyl or opioid overdose, resources such as ISaveFL.com display a list of free Naloxone distributors per county or zip code.

### Opioid Tolerant Patients When Receiving Treatment For 1 Week Or Longer

- Morphine 60mg/day
- Oxycodone 30mg/day
- Hydromorphone 8mg/day
- Oxymorphone 60mg/day





August 6-8

# WHOLE NEW WORLD

EXPLORING UNCHARTED TERRITORY

## REGISTRATION NOW OPEN!

**FSHP 2021 ANNUAL MEETING** Live & In-Person

Rosen Centre, Orlando, FL



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