COVID-19 UPDATE

Dear FWA Members, Friends, and Sponsors,

As you all know, the situation with regard to the response to the COVID-19 Corona Virus here in NYC and across the globe is evolving rapidly. In keeping with the government's current virus protocols and to protect the health and safety of the FWA staff and their families, all FWA staff members will be working entirely remotely until further notice.

While you should not notice any significant impact on the ability of the office staff to sustain the day-to-day functions of the FWA, we are here to support you.

As the world changes every hour, we have gathered a few resources to help you and your career stay relevant during and after the current crisis. Here are a few ways that you can keep busy and master new skills:

**Online Courses**

Pass Coronavirus Quarantine Time with Free Ivy League Online Classes; 450 Courses From All 8 Schools
https://www.freecodecamp.org/news/ivy-league-free-online-courses-a0d7ae675869/

**YouTube**

11 Must-Watch YouTube Channels for Women in Business
https://startupsavant.com/must-watch-youtube-channels-for-women-in-business

**Podcast**

15 Podcasts Every Woman Should Listen To In 2020
https://www.oprahmag.com/entertainment/g29616399/best-podcasts-for-women/

**TedTalks**

Watch These TED Talks For a Boost of Career Inspiration

**Webinars**
The Algorithm is Female Webinar Series
https://www.crowdcast.io/e/Ironhack_taif/register

Books

27 Books Every Woman Should Read in Their Career
https://www.theladders.com/career-advice/27-books-every-woman-should-read-in-their-career

We also encourage you to start the side hustle that you have been wanting to start, build a website, learn a new language, catch up on self-care, paint or write to embrace your creative side, spend quality time with loved ones, declutter your life by cleaning or balancing your check book, meditate, create an at-home exercise routine, consider an online networking event, expand on your cooking skills, and most of all... STAY SAFE!

FWA PODCAST

Available through April 16th
Discovering Your Personal Productivity Style

By popular demand the podcast is available to non-members too!

In celebration of International Women's Day, the FWA launched its first podcast on March 9, 2020. Our first guest speaker is Carson Tate of Working Simply, a dynamic teacher and coach who is known for igniting personal transformation through her simple, powerful and actionable strategies and tools.

"You cannot outwork your busyness using one-size-fits-all-time management solutions. The latest app, prioritization tip, or email management strategy will not work if it's not personalized for you, aligned with the way you think and process information. It's time to get personal about your productivity!" - Carson Tate

Cost: Free - FWA Members | $10 Non-Members

REGISTER FOR PODCAST LINK

REGIONAL EVENT

FWA-NJ: Imagine: A Career & A Life
During this interactive discussion, you will learn the common, but often overlooked, mis-takes that highly successful professionals make that disrupt life-work balance. More im-portantly, gain the insight and information necessary to course correct and begin living calmer, healthier, happier, and more productive days.

Ellen Goldman, National Board Certified Health and Wellness Coach, will present easy to implement tips to get self-care back on your daily “to-do” list, increase your energy and efficiency, leading you to a more harmonious career and life.

**Date & Time:** Wednesday, April 29, 2020 | 5:30 pm - 8:00 pm

**Where:** Resources Global Professionals | 3 Sylan Way, Suite 201 | Parsippany, NJ

**Cost:** $25 FWA Members | $40 Non-Members | *Light refreshments included*

**REGISTER NOW**

**PROGRAM UPDATE - WORKSHOP REGISTRATION NOW OPEN**

The FWA Continues its Commitment of the Back2Business™ Return to Work Program

*BMO CAPITAL MARKETS, NEW YORK LIFE & PGIM SUPPORT Dynamic Re-Entry Program*

Read the Press Release

The FWA is proud to announce the fourth installment of its successful Back2Business return-to-work program. This unique program offers individuals, both women and men, an opportunity to restart their careers and transition back to professional life in financial services after taking a break for reasons such as, but not limited to, providing childcare or eldercare, or serving in the armed forces.

**Have questions or would like to apply?** Visit Back2Business for details about the free workshop, FAQs, program description and application.

**Ready to register for the workshop?**

*Due to the corona-virus the in-person workshop on April 2nd workshop has been canceled. A virtual workshop is in development that will be scheduled for a date to be announced.*
CALL FOR NOMINEES (FWA MEMBERS ONLY)

Candidates Wanted!

The Nominating Committee is seeking nominations from members for Executive Officer and Standing Committee Chair roles.

Nominations from members must be received by March 24th for the annual meeting which will be held on June 22, 2020.

Any member in good standing is eligible to submit a nomination. Nominations can be sent to mindywarde@gmail.com, chair of this year's nominating committee. Please put "FWA Nomination" in the Subject line of any nomination email.

The Nominating Committee looks forward to presenting a strong slate of candidates at the June meeting to serve our members next year. Your contributions as a member to the process are encouraged and welcomed.

PRESIDENT'S CIRCLE NEWS

Our President's Circle Members publish award-winning white papers, receive industry recognition for their innovative programs and generous community support.

MetLife Named a Top Company for Executive Women– MetLife

Wells Fargo Names Ellen Patterson General Counsel – Wells Fargo

WOMEN IN THE NEWS

100th Anniversary of Women's Suffrage – BLOOMBERG

5 Signs That 2019 Was a Big Year for Women Entrepreneurs – INC

Who Says Finance is Not for Women – ENTREPRENEUR

Leading in Times of Uncertainty: How to Engage Optimism and Focus When Nothing Seems Predictable – FORBES

A Guide to Managing Your (Newly) Remote Workers– HARVARD BUSINESS REVIEW
Useful Items That Will Enhance Your WFH Skills – REFINERY29

Your Step-by-Step Guide to Making the Perfect Resume (With Examples) – THE MUSE

5 Books to Read During Women's History Month (and Beyond) – YAHOO

There's a Biological Reason Why There Are Fewer Women Leaders – How Women Can Overcome It – THE LADDERS

Join the FWA Today

-- Contact Us at --
fwamembership@fwa.org

The FWA: Accelerating the Leadership and Success of Women across the financial community in all industries, by advancing careers, fostering alliances and preparing the current and next generation of professionals.

Financial Women's Association
FWA of New York, Inc.
25 East 21st Street, 6th Floor
New York, NY 10010

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