

SafeTALK

SafeTALK is a half-day alertness training that prepares anyone to become a suicide-alert helper.

Over the course of their training, safeTALK participants will learn to:

- Notice and respond to situations where suicidal thoughts might be present
- Recognize that invitations for help are often overlooked
- Move beyond the common tendency to miss, dismiss, and avoid suicide
- Apply the TALK steps: Tell, Ask, Listen, and Keep Safe

HESSCO is providing this free training to direct care workers serving elders in the region. Direct care workers who attend this training can receive a \$50.00 stipend. Registration is required, agencies are welcome to register multiple workers, seats will be filled on a first come, first serve basis up to 30 participants.

Training Date: Friday March 1, 2019
Training Time: Registration begins at 12:45pm / Training 1:00pm – 5:00pm
Location: Canton Public Library
786 Washington Street
Canton, MA

[Click Here for Map and Driving Directions](#)

The library is also a short walk from the MBTA Canton Center Commuter Rail Stop or the #71 Bus Stop at Pequit Street

To register: Email Ann Rudy at ARudy@HESSCO.org

Please register **by February 22, 2019**. Include in your email the full name of all attendees and agency contact information. A registration form will be returned back to you and once attendance at the training is confirmed, the signed registration form can be used to invoice HESSCO for the allotted stipend.

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