Tosha “Ayo” Alston, Brooklynite, embarked upon an impassioned arts odyssey which has evolved into a signature theatrical style of African dance including trendsetting Chicago's Afro-fusion dance style & African Dun-Drum dance. T. Ayo studied and performed abroad with her mentors and often invited to teach at conferences worldwide. As 10 year Dance Captain for Muntu Dance Theater of Chicago, T. Ayo created her first piece, “Ayo’s Dream”. T. Ayo is an adjunct professor at Columbia College Chicago and Founder-Director and Composing Choreographer for Ayodele Drum and Dance; a performance training organization for women to affirm their self confidence and strength.