Dear Dance Educators,

Thank you for the positive feedback and spreading the word. This online publication is frequently downloaded from the IADMS website. We have received letters from dance teachers as far apart as Sri Lanka and Oregon. Because of your positive response, the *IADMS Bulletin for Teachers* is entering its second year of publication. Ken Endelman of Balanced Body stepped forward to sponsor the publication cost, which allows IADMS to maintain this magazine as a free online publication for dance educators throughout the world. The editors, Education Committee, Media Committee and the IADMS Board of Directors wish to extend our sincere appreciation for this generous support.

The first issue of each year will provide an update on the prolific activities of our Education Committee. This includes a report on many exciting Education Committee projects and a summary of A Day for Teachers activities during the 2009 IADMS conference. We hope you will join us for A Day for Teachers 2010. The last page of the *IADMS Bulletin for Teachers* provides information on the upcoming program, location, date and times. It can be downloaded as an individual document for posting and distribution.

This issue includes papers on hypermobility, stretching and balance. The stretching paper includes a handout, which is the third in our handout series. We encourage dance educators to continue communicating with us to ensure that we answer your questions and address topics that help promote our mission of bringing state of the art dance science research into the dance studio. Please send your letters to: media@iadms.org

The Editors

Dear Editor,

Thank you so much for the articles in Volume 1, Number 2, 2009, online. It is just the necessary information for ballet teachers like me, living in a remote part of Sri Lanka.

Please continue these online infos.

Thanking you,
Hannelore Imig-Jayasundara, Sri Lanka