In May 2019, the IAYT received approval from the IAYT Board of Directors for an update of the 2017 accreditation standards for yoga therapy educational programs. In June 2019, at SYTAR, IAYT introduced the new standards to the public and they were very well received.

While IAYT accreditation continues to elevate the requirements for yoga therapy educational programs, the 2019 changes are incremental, not exponential from the 2017 edition. They represent the work of the IAYT Accreditation Committee and staff, the IAYT Board of Directors, the experience of accreditation and reaccreditation applicants, and feedback and input from the yoga therapy community at large. IAYT accreditation requirements continue to evolve to lead or reflect change in yoga therapy education. After SYTAR, final changes were made and the standards, competencies, and definitions that are found in this 2019 Accreditation Guide, supersedes all other documents related to the accreditation standards, competencies or definitions.

The 2019 Accreditation Guide was primarily designed to be a useful reference tool for applicants as they work through the accreditation process. The 2019 requirements go into effect for new and reaccreditation applicants on January 1, 2020. You must be an IAYT Member School in good standing to apply for accreditation or reaccreditation. You will only be able to access pre-application materials through an active Member School login. The complete set of documents that is submitted with a full application is available to formal applicants as part of the accreditation process after submission of a pre-application.

Thank you for your interest in IAYT accreditation and the field of yoga therapy. If you have additional questions or comments regarding IAYT accreditation after reviewing all of the publicly available information on the IAYT website, please submit them via CONTACT US.