



IAYT Approved Professional Development (APD) Program Guidelines

IAYT is accepting new APD Provider registrations and applications for new courses that enhance the skillset of C-IAYTs beginning March 4, 2019.

The initial phase of the APD program began with a Pilot Program accepting courses limited in subject matter and teaching method. The program accepted courses during the last quarter of 2018 with 151 courses made available on the IAYT website. The APD program is now re-opened with expanded criteria and new registration and application formats. Review these Guidelines and the supporting materials on the Applications Material page (on the IAYT website under Certification) to learn more about the program and to begin the process.

ALL APD courses must have the following components:

1. An IAYT member who is the course “Provider”
2. An active faculty member in all approved courses who is a C-IAYT (this may be the same as the provider)
3. Clearly described yoga-therapy related content aligned to the [Competency Areas](#) of the IAYT Educational Standards and consistent with the IAYT [Scope of Practice](#) for Yoga Therapy
4. Concisely defined learning objectives that support the content

Additional requirements for courses submitted beginning March 4, 2019:

1. An evaluation of the student’s comprehension of the course content.
2. Between 1-100 hours of educational content. Breaks, meals and homework may not be included in hours.
3. Points of contact for course enrollees for technical questions and for content questions.
4. Learning emphasis aligned with one or more of the following categories:
 - a. **Ethics:** Addresses the IAYT Code of Professional Ethics within the context of the course
 - b. **Clinical Skills:** A primary learning objective that focuses on acquiring a yoga therapy skill that can be applied in client sessions
 - c. **Mentoring:** Hours spent in individual clinical supervision with a mentor or in peer supervision groups with a mentor that support one or more of the competencies
 - d. **Business & Marketing:** Includes topics e.g. planning, marketing, referral relationships, negotiation, and other business-related skills
 - e. **Research Literacy:** Addresses the ability to access, interpret, and critically evaluate yoga-therapy related research studies and literature

5. Courses formatted in one or more of the following 3 ways:
 - a. **Live In-person:** This type of learning involves teachers and participants who are gathered concurrently in the same location.
 - b. **Live On-line (Synchronous):** Type of distance learning would take place with the teachers and participants being present concurrently and involves live communication. If two-way communication is not available during the presentation, students must be able to contact faculty by phone or email for technical support and content questions.
 - c. **Pre-recorded (Asynchronous):** This type of distance learning involves pre-recorded material prepared by the teachers. Students may progress through the work at their own pace, typically following set deadlines. Students must be able to contact faculty by phone or email for technical support and content questions.

Steps to Apply

To apply for IAYT APD designation, the applicant must:

1. Be a current member of IAYT at the individual or school level. This membership must be maintained throughout the applicable approval period.
2. Review the [APD Overview](#) page and [Application Materials](#) on the IAYT website.
3. Register as an APD Provider and submit the one time APD provider fee. Provider registration is effective as long as IAYT Membership is maintained. (See Fees and Renewal Policy for provider and course fees). If you are a member school and have not received separate information about provider pricing, please use the Contact Us button to let us know.
4. Provider registration is reviewed by IAYT staff and, if complete, provider will receive an email with a link to submit course applications.
5. BEFORE filling out each course application, return to Application Materials and review policies carefully.
6. Complete online course application for each course.
7. Allow up to 60 days for application review by IAYT.
8. If needed, you may receive a request for more information if something is missing or is unclear.
9. Receive notification of either approval or reason for decline.
10. If approved, receive invoice for course payment. Once paid, text of course listing will be sent for final review and then posted.
11. Receive access to the APD Provider Group Page. This page contains:
 - a. All APD policies.
 - b. The Service Mark for use in marketing this APD course. (Note that the Service Mark is for the approved course only, and is non-transferable to other non-APD courses or providers. Do not forward or use for general, non-APD advertising).
 - c. The course Certificate of Completion template for distribution to students who want to use this course for IAYT CE credit.
12. Over the course of your provider designation period, you must maintain active IAYT membership status and update IAYT with any course changes as needed.
13. APD course designation expires two years after date of submission, after which the Provider may choose to renew the original course or submit a new course.

The Application Materials page contains samples of the Service Mark and Certificate as well as a sample of the course application with detailed help text.