2022 ICA ELECTIONS

By Julie Arnold, Director of Governance & Member Services

On 1 September, International Communication Association members began voting for association-wide and division/interest group officers. Like previous years, the vote takes place using an online-only ballot. Polls will remain open until 12:00 Noon ICA Headquarters time (EDT) on 11 October.

Candidate statements for the ICA Presidential position are included in this newsletter; all other (association wide and division/interest group) candidate statements are included within the online ballots in the ICA election system. All candidate statements are also shared by ICA Headquarters via The Link.

A note on voting engagement and promotion

Official ICA channels of communication can and should be used to promote voter participation, not to advocate for specific candidates. ICA strongly discourages any candidate running for office within the association, or members in general, use ICA communication channels or platforms, such as The Link, or ICA official mailing lists to solicit the votes of others. Campaigning is awkward for all involved and is therefore strongly discouraged. Active campaigning via non-ICA channels, such as social media, is also strongly discouraged. A candidate’s record and qualifications should stand on their own merits.

To access the ballot from the ICA website, members will need their ICA username and password. Members, please make sure that ICA has your correct email address so that the association can send you an announcement of the election and a link to the ballots. The ICA website allows you to personally verify, correct, and/or update the information.

To vote in the election, click here. If you have any questions about the elections, please contact Julie Arnold, ICA Director of Governance and Member Services.

ICA wide positions are Board level roles, representing the top level of our leadership. ICA wishes to thank the Nominating Committee for their diligent efforts to put forth a fantastic, experienced, and qualified slate.

Congratulations and best of luck to

PRESIDENTIAL CANDIDATE: ISABEL MOLINA-GUZMÁN, U OF ILLINOIS

From the coronavirus pandemic to the viral spread of misinformation, geopolitical conflict and global unrest around inequities, one observation is clear: Communication and representation as human rights matter more than ever, and the International Communication

PRESIDENTIAL CANDIDATE: SILVIO WAISBORD, GEORGE WASHINGTON U

I am honored to be nominated for president of ICA. Since I began attending conferences when I was a graduate student in the early 1990s, ICA has given me many opportunities for intellectual and professional growth. I have been Editor-in-Chief of the Journal of Communication

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ICA Newsletter is published 10 times annually (combining January-February and June-July issues) by the International Communication Association.
REMEMBRANCE FOR COLLEEN MILLS
by Terry Flew, ICA Past President, U of Sydney

“Colleen was such a generous person in her personal life and as an academic. Younger scholars and those on the edge of scholarly networks have lost an advocate and her wide circle of academic friends have lost someone very special.”

-Donald Matheson, Professor of Media and Communication, U of Canterbury

Dr. Colleen Elizabeth Mills was Professor of Management in the Dept of Management, Marketing, and Entrepreneurship at the University of Canterbury and an International Faculty Affiliate at Audencia Nantes School of Management in France. Born in 1955, she peacefully passed away among friends and family on the 11th August 2022 at Nurse Maude Hospice.

Colleen served ICA not only as a Board Member and through the Organizational Communication Division, her academic home, but in the promotion of the Australian and New Zealand Communications Association (ANZCA) as an Association Member of ICA. She served as an ICA Board Member-at-Large representing Asia/Oceania from 2014-2017 and had recently begun her term in the elected office of International Liaison for the Organizational Communication Division. Colleen’s scholarly work was particularly engaged with the ‘discursive turn’ in organizational communication associated with former ICA President François Cooren (U de Montréal), in which communication is seen as being at the core of the constitution of organizations and how organizations maintain and reproduce themselves and adapt to changing external circumstances. She applied this framework to areas such as workplace change, organizational restructuring, business start-ups, and disaster management.

Colleen’s family would love to gather comments together for others to see. If you’d like to share yours, please record them at https://www.facebook.com/groups/1109496103030839/.

Condolence messages can be forwarded to Colleen’s husband, Paul McNoe, at mcmilland@xtra.co.nz.

as ANZCA President in 2007-08 and had ongoing roles with ANZCA that included ICA liaison. She was the second Editor-in-Chief of the ANZCA journal Communication Research and Practice (Routledge) from 2018-2021. During this time, she oversaw the new journal achieving SciMAGO Q1 ranking status.
We are about two months away from the submission deadline for #ICA23. And that means the ICA community is hard at work finalizing papers, panels, and other creative offerings ready to be showcased in Toronto at #ICA23. Many of our submissions will be providing updates and/or bringing closure to scholarship we began a year or more ago; perhaps, even a program of inquiry spanning decades. Other #ICA23 submissions, such as proposals for blue sky workshops, will focus more on opening and nurturing new lines of scholarly ventures. It is crucial that, as members of the ICA community, we reflect on our ongoing intellectual journey as well as its future trajectory. How are the issues we address, and the questions we pursue, shaping the intellectual and societal relevance of communication scholarship?

A large number of ICA scholars have engaged deeply with intellectual issues that reside squarely within the existing ICA Divisional/Interest Group structures. Scholars have viewed ICA’s Divisions and Interest Groups as their primary home that fosters dialogue and community. When I joined ICA, my “home” was the Organizational Communication Division. And, it still is! But along the way, like many other ICA members, I began to see intersections with other Divisions and Interest Groups at ICA. Questions related to the use of technology in organizations connect with the Communication & Technology Division. Questions related to the use of computational methods to interrogate organizational processes connect with the Computational Methods Division. My fellow Organizational Communication Division “family members” with an interest in critical perspectives have found a second home in Divisions such as Feminist Scholarship or Philosophy, Theory, and Critique, or Interest Groups such as LGBTQ studies. It is therefore not surprising that a large - and growing proportion - of ICA membership affiliate with multiple Divisions and Interest Groups. While a plurality of ICA members belong to just one Division or Interest Group, approximately a quarter of our membership affiliate with two, and the balance with three or more.

Across academia, there is a growing realization that the next generation of intellectual and societal challenges do not recognize the boundaries of disciplines – and even less so the Divisional/Interest Group boundaries within disciplines. While there continues to be a crucial set of questions and issues that are best addressed within narrowly defined intellectual spaces, many are not well served by this approach. Issues such as the pandemic, the global social reckonings, climate change, and the role of AI that have captured our attention, do not recognize intellectual boundaries. As a result, the ICA community needs to redouble our efforts to engage with, and indeed in many cases, lead flagship initiatives to confront societal challenges that will require us to collaborate across Divisions and Interest Groups with ICA and forge global collaborations with other disciplines within the social, physical, and life sciences as well as engineering, law, and medicine. Many will need to further advance partnerships with practitioners, activists, advocates, and policymakers around the world.

While many within the ICA community are global leaders in exactly such efforts, we need to make a more concerted effort to recognize these leaders and their initiatives. We must learn from their successes as well as their challenges. We need to explore how ICA can facilitate more of our members embarking on such initiatives – and serve as a platform to showcase them. This could mean adding mechanisms to systematically reimagine inter-divisional fora at ICA convenings that focus on specific societal challenges. It could mean instituting new awards that recognize collaborations. Forging cross-disciplinary collaborations offer members of ICA an exciting opportunity to increase our centrality in global intellectual and societal discourse. But realizing that opportunity will require a concerted and deliberative effort on our part. I encourage a dialogue among members of the ICA community about how we can best embrace this opportunity. I am especially interested in learning your thoughts, opinions, and concerns about how ICA can help us on this journey.
Despite having worked in this profession for over 20 years now, I still become extremely nervous when reading students’ comments on teaching evaluations every semester – it’s kinda like opening Pandora’s box. It was with that same nervousness that I read our members’ post-conference survey feedback, even though my contribution to #ICA22 was virtually (no pun intended) non-existent.

First off, it was quite encouraging to learn that a total of 1,107 #ICA22 attendees (~23% response rate) took the time to share their thoughts. Also encouraging is that ~79% of the respondents indicated they would either likely or definitely attend #ICA23. Among them, 94% chose either (a) in-person only or (b) in-person & virtual as their participation type.

More importantly, several areas for improvement emerged. Although we don’t dare to please everyone, we take our members’ input very seriously. Below I share what we have learned from the post-conference survey and highlight what we have decided for #ICA23 in hopes of making it better.

No Pre-Recorded Presentations/Sessions

Not surprisingly, participants’ ratings of overall ICA experience confirm that in-person attendees had much better conference experiences than their virtual counterparts (1 = poor, 5 = excellent, in-person: 3.59 vs. virtual only: 2.67). While 82% of in-person attendees agreed that they had “felt a sense of community,” only 27% of virtual attendees “felt connected to colleagues online.” Despite our efforts, only 21% of in-person attendees thought that “the virtual attendees and hubs were well integrated into the conference” and only 14% of virtual attendees reported “having a good amount of interaction with the in-person conference.” In particular, many questioned the value of pre-recorded presentations/sessions: “It felt like just having access to a library of videos,” “No one engaged or commented on any of the presentations in my session,” “The videos I made felt useless,” “No recorded presentations that people must watch on-site.”

At #ICA23, there will be no pre-recorded presentations. Instead, those whose remote submissions are accepted will get to present their work in a live, interactive hybrid session (one that will take place in a tangible room in Toronto and be accessible online). All hybrid sessions will also be recorded and uploaded for later, on-demand viewing. This way, we hope to alleviate the considerable amount of stress placed on attendees during the lead-up to #ICA22 (apologies again for the mistaken email sent to the in-person attendees of
ICA23 LOCAL HOST COMMITTEE NAMED
by Laura Sawyer, ICA Executive Director

As we are full-swing on conference planning for next May, ICA President-Elect Eun-ju Lee (Seoul National U) and I are delighted to announce the ICA23 Local Host Committee! While the local host has often historically been a single ICA Past President or other senior scholar, this year we decided to broaden and invigorate the role, choosing instead two early-career scholars and two students in the field of Communication who have their fingers on the pulse of all the culture and entertainment Toronto has to offer! Local host job duties include such things as advising members on the best things to see and do in the host city, helping connect pre- and post-conference organizers with university resources, promoting the conference to local universities, helping division and interest group officers choose appropriate venues for offsite events, and other non-academic but crucial aspects of conference preparation. Starting with the October issue, these four local host committee members will each write an article on some aspect of Toronto based on their personal knowledge and experience. Keep an eye out for these snapshots of Toronto’s must-see and must-do attractions in the October, November, December, and January/February editions of the newsletter. Many thanks to Arun, Bree, Sarah, and Stephen for their willingness to serve!

Arun Jacob (he/him) is a doctoral student at the Faculty of Information, University of Toronto, working in the Media, Technology, and Culture concentration. He completed his Master’s in Cultural Studies and Critical Theory at McMaster University. His work unites media genealogy, intersectional feminist media studies and critical university studies to explore how contemporary university data management techniques and information management systems shape our socio-cultural relations, experiences, and knowledge. Arun’s publications have appeared in Interdisciplinary Digital Engagement in Arts & Humanities (IDEAH), Digital Studies/Le champ numérique, The College Quarterly and Alternative Historiographies of the Digital Humanities. My preferred email: arunjacob@mail.utoronto.ca.

Bree McEwan (she/her) is an Associate Professor at the Institute of Communication, Culture, Information, and Technology at UTM - University of Toronto and an Associate Director of UofT’s Data Sciences Institute. Her research focuses on social interaction and communication technologies and directs the McEwan Mediated Communication (McMC) Lab which currently focuses on social interaction in virtual reality environments. Her email is bmcewan@utoronto.ca.

Sarah Stang (she/her) is an Assistant Professor of Game Studies in Brock University’s Centre for Digital Humanities. She received her PhD from York University’s Communication & Culture program and her research addresses issues of diversity and representation in games and game culture, with a particular focus on marginalized identities, gender, and monstrosity. She also serves as the Secretary for ICA’s Game Studies Division. Her email is sstang@brocku.ca and you can also find her on Twitter at @sarah_stang.

Stephen Surlin (he/him) is a PhD candidate at McMaster University in Communications and Multimedia. His current research seeks to collaboratively design a decolonial multimedia archiving toolkit to empower Hamilton’s Afro-Canadian Caribbean community to honour their cultural history in community-managed digital archives. Surlin’s multimedia and artistic practice includes theatre production work with Obsidian theatre company (Toronto), Live-Coding performance with the Cybernetic Orchestra (McMaster), interactive audio-visual installations at Toronto’s Nuit Blanche and outdoor musical theatre at the SummerWorks Festival (Toronto). Surlin holds a Bachelor of Fine Arts Degree (University of Windsor), and a Master of Design Degree (OCAD University). Preferred email: surlins@mcmaster.ca.
GOVERNANCE CORNER
by Julie Arnold, Director of Governance & Member Services

Spotlight on ICA Leadership

Leadership at ICA comprises a robust group of ICA members bringing together varied professional methodologies, expertise, unique talents, and diverse cultural influences, from around the globe. With a Board of Directors of forty-seven individuals, five elected leadership roles per thirty-three divisions and interest groups, and a number of standing committees and task forces, our association is truly member driven. We are guided by, and grateful to, those who contribute to the association’s success through service. Periodically, we’ll introduce you to some of ICA’s leaders to give you an insider’s look at who helps propel the ICA mission.

Q&A with T.J. Thomson
Queensland U of Technology
Secretary, Visual Communication Studies Division

Q. Tell us how long you’ve been an ICA member and which was your first conference?
A. I’ve been an ICA member since the 2018 conference in Prague, Czech Republic, and have been involved in each subsequent conference either in person or virtually. I decided in 2022 to deepen my relationship with the organisation through investing in life membership.

Q. What is your academic/research focus and your methodological approach?
A. I study how visual news is made, consumed, and what audiences expect of it and of the people who make and edit it. I also study visual representation online and everyday image-making and sharing. I tend to do this through observations, interviews, and analyses of content.

Q. What is your favorite thing about ICA?
A. My favorite aspect of ICA is the diversity of individuals it connects me to. Especially during my tenure as my Division’s international liaison, I was able to reach out to all the members in our Division from historically under-represented regions and begin relationships that continue to this day.

Q. What leadership qualities do you most value and which are your personal strengths?
A. I value when leaders engage in genuine and meaningful consultation with those who are affected by their decision-making. So often, the end result is markedly improved through this process and through deep and engaged listening.

Q. What advice would you offer members interested in leadership roles with ICA?
A. Start small with being involved in your Division or Interest Group. Attend sessions, ask thoughtful and informed questions, and volunteer to help review and assist in the Division’s day-to-day operations when opportunities arise.

Q. Describe your ICA leadership journey (where did you start, what roles have you held prior to your current role/s).
A. I started as the Visual Communication Studies Division’s inaugural international liaison in 2019 and held this role through 2022. I was then elected in 2022 as the Division’s secretary.

Getting to know T.J. on a more personal level:

Q. If you could learn any new skill, what would you choose and why?
A. I would love to learn a new language. Being part of ICA has made me so aware of how language unites and divides peoples and presents opportunities and challenges for building on scholarship. Learning a new language would help deepen and enrich my scholarship and allow me to learn from others more fully.

Q. Are you team #dogsofica (or) #catsofica?
A. #dogsofica (meet Leo!)

ICA NEWSLETTER SEPTEMBER 2022
TOP FIVE REASONS TO RENEW YOUR 2022-2023 ICA MEMBERSHIP
by Member Services Team

We will bid farewell to the 2021 – 2022 ICA membership term on 30 September 2022. We encourage you to renew your membership for 2022-2023 now to ensure you receive a full year’s worth of ICA member benefits. Don’t let your membership expire!

Top five reasons to renew your ICA membership today:

1. ICA is the premier academic association for scholars engaged in the study, teaching, and application of all aspects of communication globally. To be a member of ICA means to:
   - Belong to an ever-growing community of communication scholars across 90 different countries.
2. Network with scholars in similar disciplines and customize your ICA experience by joining one or more of our 33 divisions and interest groups.
3. Take advantage of great member-only benefits, such as access to some of the top scholarly journals in the field, and member discounts, including the newly added discount on job postings in the ICA career center.
4. Receive a generous discount to one of the world’s leading conferences in the field of communication. ICA23 Toronto will again offer both in-person and remote options. At our first in person gathering since the start of the pandemic, ICA22 Paris, record numbers of attendees participated with 3,796 attending in person and another 1,088 experiencing the conference remotely. Don’t miss out in 2023!
5. Join your peers on ICA’s engagement platform “The Link!” Whether you wish to network, chat with fellow division/interest group members, listen to podcasts, or join ICA’s new Affinity Groups – The Link has a community for you!

Prevent a lapse in your membership; click here to renew today! Forgot password? Please click here to reset.

Need help? Contact the Member Services Team at membership@icahdq.org

The fine print. ICA membership runs from 1 October – 30 September each term, with a 60-day grace period. If you do not renew your membership by 30 September, then you will have 60 days to renew before your ICA membership access is officially suspended. ICA welcomes new and renewing members to join/renew throughout the year. Members joining/renewing mid membership year receive full membership benefits upon enrollment, including online access to all previously published ICA journals. Dues are not prorated based on the date joined. For this reason, we recommend renewing your membership now to maximize your access to a year’s worth of member benefits.

CONGRATULATIONS TO COMMUNICATION, CULTURE AND CRITIQUE, 2022 APEX AWARD

Please join all of ICA in our sincere congratulations to Communication, Culture and Critique guest editors Manouchecha Celeste (U of Illinois Chicago), Ralina L. Joseph (U of Washington), editor Melissa Click (Gonzaga U), and all contributing authors: Forum: Prying the Doors Open: Women of Color Mentoring in the Field of Communication: https://academic.oup.com/ccc/issue/14/4

Women of Color Mentoring in the Field of Communication
Manouchecha Celeste and Ralina L. Joseph

Mentorship and Relationality
Clementine Bordeaux

Mentorship, Critical Autoethnography and the Practices of Self-Reflexivity: Investing in an Academy that Does Not Yet Exist
Maria Elena Cepeda

Assessing Programmatic Mentoring: Requiem for Carmen
Robin R Means Coleman and Jennifer McGee Reyes

Unmasking the Strongblackwoman in Mentoring
Aisha Durham

Mentoring at the Boundary: Interdisciplinarity and the International Student of Color in Communication
Madhavi Murty

Intersectionality and Mentoring as Organic Praxis: When Feminist Killjoys are Too Hot to be Mentors
Angharad N. Valdivia

[APEX is the Annual Awards for Publication Excellence Competition. It is open to communicators in corporate, nonprofit and independent settings. APEX 2022 is the 34th annual APEX, which began in 1988. APEX is sponsored by the editors of Writer’s Web Watch, an e-newsletter for communicators who write, edit and manage business publications.]
FROM THE DESK OF THE NEW JOURNAL OF COMMUNICATION EDITORIAL TEAM

David R. Ewoldsen, Natascha Just, Chul-joon “CJ” Lee, and Keren Tenenboim-Weinblatt

The Journal of Communication is breaking new ground: for the first time in its history, it will be led by a team of four Editors-in-Chief: David R. Ewoldsen of Michigan State U, Natascha Just of the U of Zurich, Chul-joon “CJ” Lee of Seoul National U, and Keren Tenenboim-Weinblatt of the Hebrew U of Jerusalem. While the enormous number of manuscript submissions (960 in 2021 alone) already suggests that an expansion of the editorship is practically a logical step, our cooperation is driven by a more important cause: to deliver on the Journal of Communication’s promise to be a journal for the entire discipline. We come to this editorship from very different academic backgrounds, and while we all have published in it, and that some within the discipline do not consider and methodological approaches are equally represented in it, and that some within the discipline do not consider the JoC a home for the best research in their subfields. Our vision and mission is thus to sustain and further strengthen the journal’s current premier role and at the same time to emphasize our openness to theoretical and methodological variety with the aim of attracting and showcasing the best cutting-edge research of our discipline regardless of approach.

The starting position for this is robust. First, we are taking over a journal that has been superbly managed over the past four years by the outgoing Editor-in-Chief, R. Lance Holbert. We cannot thank him enough for his exceptional service and for the support he has given us during this editorial transition. Second, we bring individual professional profiles that we combine into one-of-a-kind editorial expertise that puts us in a particularly strong position to master the challenges of serving as editors of the flagship journal of the ICA.

As an editorial team, we represent and are particularly familiar with at least 13 of the 33 Divisions and Interest Groups of the ICA, including Communication and Technology, Health Communication, Journalism Studies, Mass Communication, Political Communication as well as Communication Law and Policy, Game Studies, Information Systems, Communication History, Media Industries Studies, Mobile Communication, Popular Media and Culture, and Philosophy, Theory and Critique. This breadth of expertise and interest is also visible in the range of methodologies we have pursued in our research, ranging from quantitative experimental research, mathematical modeling, and survey research, through qualitative, quantitative, and computational content analyses, network analysis, and other computational methods, to qualitative interviews and focus groups, the Delphi method, document analyses, and ethnographic approaches. We also have substantial experience of mixed-method approaches, which is an area we hope to encourage in JoC publications. Our expertise has evident gaps. To mitigate this concern and following a call for associate editors, we have selected a renowned set of scholars to serve in this capacity. They represent specific areas within the discipline where we lack expertise and will ensure proper assessment of submissions in these areas. The 12 associate editors are: Hanan Badr of the U of Salzburg, David Boromisza-Habashi of the U of Colorado Boulder, Tanja Bosch of the U of Cape Town, Richard Huskey of the U of California – Davis, Dal Yong Jin of Simon Fraser U, Francisco Paulo Jamil Marques of the Federal U of Paraná, Hee Sun Park of Korea U, Tai-Quan "Winson" Peng of Michigan State U, Jessica Piotrowski of the U of Amsterdam, Travers Scott of Clemson U, Magdalena Wojcieszak of the U of California – Davis, and Anke Wonneberger of the U of Amsterdam.

In addition, we have carefully compiled an Editorial Board, with the aim of increasing inclusivity and diversity. The board will consist of a majority of women and scholars from outside of the US. It will include several representatives from each ICA division and interest group, based on the divisions’ and interest groups’ relative size. We will also continue the policy initiated by outgoing Editor-in-Chief R. Lance Holbert, according to which four quality reviews per year get the reviewer a place on the Editorial Board.

Finally, we will brush up the book review section and remodel it into the JoC Forum. The responsibility for this lies with our book review editors, Charlton McIlwain of New York U and Nikki Usher of the U of San Diego. Through critical peer-reviewed review articles about new books in the field(s) of communication, the JoC Forum seeks to spark engagement with, and provoke debate within and about our diverse fields of inquiry. Of particular interest are commentaries about books that address and rearrange questions of centers and peripheries within the discipline. The JoC Forum aims to surface arguments, scholars, and subject areas that challenge existing power dynamics and normative foundations, not just of the field but of our world more generally.

We believe that together with our associate editors, book editors, and editorial board, we are very well positioned for the challenges that lie ahead in the coming years. Our success will also depend on the submissions we receive, and we hope that many of you who have not considered JoC as their first place to go for with their work until now will feel addressed. Embark with us on this journey and put us to the test.
CALL FOR EDITOR: COMMUNICATION THEORY

DEADLINE: 12:00 Noon ICA Headquarters Time (EST) on 31 January 2023

The ICA Publications Committee is soliciting applications for the next editor(s) of Communication Theory. The four-year term will begin in September 2023.

Communication Theory publishes research articles, theoretical essays, and reviews on topics of broad theoretical interest from across the range of communication studies. Essays, regardless of topic or methodological approach, must make a significant contribution to communication theory. Data-based papers are appropriate only insofar as they advance new theoretical developments in communication.

Communication Theory recognizes that approaches to theory development and explication are diverse. No single approach or set of approaches is privileged.

More details about the journal can be found at https://academic.oup.com/ct.

The Publications Committee seeks applications from individuals or small teams of scholars from the ICA membership. The successful applicant(s) will be expected to build an editorial structure that reflects the tremendous diversity of the communication discipline around the globe. Multiple factors are considered when evaluating candidate applications, including, but not limited to:

- Clear understanding of the mission of the journal
- Clear articulation of an intellectual and operational vision for the journal
- Demonstrated openness to a range of epistemologies and methodologies appropriate for the scope of the journal
- Demonstrated interest and/or experience in theoretical development
- Demonstrated interest and/or openness to interdisciplinary work
- Demonstrated communication skills and diplomacy
- Reputation and excellence of academic output
- Editorial, managerial or administrative experience
- Tenure or advanced rank
- Institutional support

Team submissions should also demonstrate successful past collaboration and an articulation of how the workflow will be managed among team members.

A complete application package should include:

- A letter of application
- A vision statement for the editorship
- A CV for each candidate
- For each candidate, two letters of support from scholars familiar with the quality of the individual's research as well as experience with and suitability for journal editing
- A letter of institutional support from each candidate’s home institution

Within the scope of their work for ICA, editors of ICA publications should be committed to respecting and enhancing diversity in terms of interest areas, gender, ethnicity, and national origin.

Questions and materials should be submitted to Thomas Mankowski, ICA Director of Publishing Operations (tmankowski at icahdq dot org) by 31 January 2023. Finalists will be notified in March 2023 and subsequently interviewed by members of the Publications Committee.
Are you stressed out? I’d say about 90% of the time, even now that I’ve finished my PhD program, my answer to that question is a resounding “YES”. Academia, although it has its perks, is not an easy road to travel, and depending on your background, your current situation, and even your supervisor, it can be harder or easier to get through each day. One of the most stressful parts of being a junior scholar, at least for me, is my finances. If you’re lucky enough to be blessed in that department, wonderful – but if you’re not, not only can it be a source of stress in and of itself, it can also inhibit you from reducing stress in other ways due to cost. That is the inspiration behind this little column: my top 4 favourite ways to reduce stress at no monetary cost to you.

1. **Practice breathing**: This is one of those no-brainer suggestions that seems to be on every list, but the science doesn’t lie – it works (Hopper et al., 2019; Perciavalle et al., 2017; Zhu et al., 2017). By activating your Vagus nerve through deep breathing, you can also activate the parts of your nervous system that calm you down at a physiological level. I know for me, although I struggle to focus on this for any length of time unless I have a guide, so I tend to use an app or a YouTube video to help me stick with it long enough to see the full effects. One free app that I like to use is called MindFi, and it’s available for all mobile devices, but feel free to choose an app or guide that suits you!

2. **Spend time outside**: A year or two ago, this was tougher (mercifully) than it is today. There is ample research out there that suggests outdoor time is healthy for the psyche (Cox et al., 2017; Izenstark & Ebata, 2022; Mutz & Müller, 2016). The best option is to get yourself to some kind of nature park – maybe a local forest or wetlands – but if that’s out of your physical or price range, then just the neighbourhood will do. This is also something you can make into a mindfulness practice session if you want to try focusing on sounds and scents that you experience on your trek.

3. **Move your body**: If walking isn’t an option for you and your outside time is spent on a balcony or a chair, that doesn’t mean you can’t get the benefits of exercise for your mental health (Faulkner & Biddle, 2001; Mikkelsen et al., 2017; Taylor et al., 1985). My apartment-friendly exercise of choice is yoga, as I currently have the flexibility of a two-by-four and the cardiovascular strength of a newborn fawn, but the stronger or more adventurous among you may prefer low-impact HIIT workouts or pilates. A quick YouTube search can provide guides for any of these styles of exercises for all ability levels; just make sure to listen to your body and modify movements when necessary to stay safe!

4. **Still your mind**: There are too many kinds of meditation to list them all here, but some of the styles that are scientifically backed are mindfulness (Eberth & Sedlmeier, 2012), yoga nidra (Parker, 2019), and qigong (Litscher et al., 2013). Some of these can be practiced in conjunction with breathing activities and walking outside for a quadruple-whammy, while others are best practiced when snuggled up under covers with quiet music going on. Yoga nidra’s my personal favourite, with Ally Boothroyd on YouTube being my go-to for nighttime relaxation.

Hopefully some of these can be nice reminders that you don’t have to drown in your academic activities, and that you can still help yourself calm down and feel mentally good even when your wallet isn’t at its fullest.

References
each of the 2022 ICA-wide candidates:

**PRESIDENT**

The member selected as president makes a 5 1/2-year commitment to the Executive Committee (six months as president-elect select; one year as president-elect/conference program chair; one year as ICA President; three years as past president). The final year on the Executive Committee, the past president serves as General Secretary and chair of the Regional Conferences Committee. The President Elect Select selected in the 2022 election will begin service on the Executive Committee immediately upon announcement of the results.

Isabel Molina-Guzman  
U of Illinois Urbana Champaign

Silvio Waisbord  
The George Washington U

**BOARD STUDENT AND EARLY CAREER REPRESENTATIVE**

Board Student and Early Career Representatives serve in pairs, with one nominated each year for overlapping two-year terms. The Board Student and Early Career Representative selected in the 2022 election will begin service at the end of the 2023 Annual ICA Conference in Toronto, Canada.

Krysten Stein  
U of Illinois at Chicago

Cecilia Y. Zhou  
U of Massachusetts, Amherst
Association (ICA) and the research and pedagogies of its members are key to creating pathways for achieving more inclusive and socially just communities throughout the world.

Should I be elected, my work will be guided by the ethics of compassion, inclusion, and social justice to help address the grand challenges we face. That ethic also defines my scholarship on gender, race, ethnicity, inequality, media and communication, and my position as an associate dean of inclusive excellence. I first attended ICA as a first-generation graduate student in 1993. Since then, I served as secretary of the Popular Media and Culture Division (2003-2005), and founded and chaired ICA’s Ethnicity and Race in Communication Division (2005-2008). My service to ICA includes the Presidential Nomination Committee (2010), and Early Career Scholar Award Committee (2018-2021), which I will chair in 2022. Additionally, I served as associate editor (2016-2020) and editorial board member (2020-present) of Communication Theory, and as an editorial board member of Communication, Culture & Critique (2009-2019). At ICA 2022 (Paris, France), my research and service were recognized when I was named an ICA Fellow.

If elected president, I will employ my research and administrative experiences to continue making ICA diverse and globally capacious, accessible to a broad range of individuals and communities, and a significant partner for addressing grand societal challenges. I purposefully use the adjective continue because collaboration between the ICA professional staff, previous presidents, its committees, its divisional/interest group leaders, and task forces already laid the groundwork for the goals I will prioritize in public engagement, global/glocal inclusion, and mentoring/professional development.

Public Engagement: Communication scholarship on health, economic, and cultural differences help public health professionals mediate differences in vaccine adoption and health disparities exacerbated by the Coronavirus-19 pandemic. Across the globe, communication law and policy, data justice and technology access efforts, and journalism and misinformation research remain critical to making sense of ongoing political instability and the global emergence of anti-immigrant nationalist movements. Research on media history, media industries, media effects, and political economy contribute to public understanding of the rapid rate of innovation and its consequences on communication and audiences. Communication studies on the representation and self-presentation of minoritized people provide a significant voice to communities previously invisible in media and communication scholarship.

Mentoring/Professional Development: In this time of dramatic global change and conflict, ICA holds a valuable role in moving our association towards more compassionate, inclusive, and socially just futures.

If elected, I will leverage my participation as an Op-Ed Project Public Voices Fellow (2020-2021) to translate academic expertise to non-academic audiences, advocacy organizations, and policy makers through the following actions.

- Develop a series for the “ICA Podcasts Network” on translating communication research for non-ICA audiences and using social media to amplify research voices.
- Initiate a Public Engagement Task Force to explore and foster activities and resources that help communication scholars engage with societal grand challenges, policy makers, ICA and non-ICA audiences.

Global/glocal Inclusion: ICA is intentional in its approach to broadening participation. The pandemic also normalized different ways of working and interacting. Reducing barriers to equitable participation in ICA requires continued intentionality and innovation. In particular, the ICA should invest in the following actions.

- Work with the REACH Committee to maintain and expand regional conferences, virtual conference nodes, and collaborations with other communication associations in sites across Asia, Africa, Oceania, and Latin America, and collaborations with allied communication associations around the world, such as IAMCR, AAPI, ECREA, and Intercom; and, economic, linguistic, and geographical access to scholars outside English-dominant Tier 1 countries.
- Create an Accessibility Task Force to help make conferences and events accessible for participants with physical or cognitive difference and to facilitate the global inclusion of geographical, racial, ethnic, and linguistic access.
- Borrow best practices from other national and international associations to equalize the playing field for low-participation institutions and countries in ICA, which may include multi-lingual panels and developing directories of scholars in ICA who speak a language—other-than—English to review journal articles, conference submissions, and expand editorial board membership.

In the role of faculty director for Illinois’ $3.75 million Sloan University Center for Exemplary Mentoring (UCEM), I learned from experts at the U.S. based Sloan Foundation, National Science Foundation, and National Academy of Science on the best practices for the mentoring and professional development of graduate students and faculty. If elected president, I will apply those lessons learned through the following actions:

- Work with the SECAC committee to facilitate
networking, resume, publishing, and dossier reviews for early and mid-career scholars, and to develop pre-conferences and workshops on holistic mentoring for graduate students and faculty.

- Continue ICA’s “On The Air” mentoring and wellness digital project.

Throughout my academic career I have been called to serve in the interest of others. Answering the call to continue my service to ICA is a privilege.

About Isabel Molina-Guzmán (PhD, Annenberg School of Communication, University of Pennsylvania, USA): She is an associate dean, Sloan UCEM director, and professor of communication and Latina/Latino Studies at the U of Illinois, USA. Her research examines identity and inequality for Spanish Caribbean communities and cultures, and U.S. Latinas/os and Latinxs in news, popular media and communication. For more information visit https://communication.illinois.edu/directory/profile/imolina.

If elected president, I hope to contribute to strengthening scholarly excellence, collaboration, participation, diversity, inclusion, and internationalization. My vision for ICA is connected to themes that have been central to my work: global scholarship, transdisciplinarity, and public engagement.

ICA has made significant progress on these issues, particularly in the past decades. ICA membership, outreach, and publications are more international; ICA is more diverse and inclusive of epistemological traditions and areas of inquiry; ICA is more responsive to past omissions and to multiple social differences and inequalities that shape careers; ICA is more supportive of the needs of early-career scholars as well as scholars from the Global South. These impressive achievements make me proud to be a member.

Yet several challenges persist that are largely grounded in the inequalities of global academia, as well as the hegemony of English as the lingua franca. Scholars face dissimilar opportunities for research funding and travel support, and for serving in committees, editorships, and editorial boards. Further work is needed to address such challenges, and to deepen our commitment to inclusive globalization. This is why I accepted the invitation to run for president: I want to be part of these continuous efforts in a leadership position.

What will I bring to the position?

I grew up in Argentina where I received an undergraduate degree in sociology at the Universidad de Buenos Aires, the first person in my family to get a college education. After I graduated, I discovered my passion for communication and journalism while working as a research and teaching assistant, and decided to pursue a career in higher education. I received my Ph.D. in sociology at the University of California, San Diego in 1993. My first tenure-track job was in the Department of Communication at Rutgers University. A few years after getting tenure, I worked on communication and global social change programs, particularly in public health, for a Washington-based non-government organization for five years. This job was enormously rewarding, for I was able to do applied work in collaboration with NGOs, activists, and international organizations around the world. Still, my heart was in academia. In 2007, I took a position at the School of Media and Public Affairs at George Washington University, where I have been since.
I have extensive experience leading and collaborating with colleagues from around the world, and a global perspective shaped by my biography and scholarship. I have edited two journals (JoC and the International Journal of Press/Politics), books, and journal issues. I have managed projects in communication for social change in countries in the Global South. I have administrative experience in higher education, especially in my current role as Director of my School. In these positions, I have prioritized bringing people together around common goals, while recognizing diverse interests, career trajectories, and life experiences. As a leader, I believe in engaging with others to understand demands and needs, and determine courses of action accordingly.

If elected President, my four priorities will be to:

*Cultivate bridges across differences.* As ICA continues to grow in terms of the number of members and divisions/interest groups, it is important to build bridges that connect scholars and research that generally exist in parallel. Difference is one of the most distinctive and exciting aspects of ICA. Difference is evident in academic backgrounds, intellectual interests, social identities, political viewpoints, and personal biographies. ICA has done a remarkable job recognizing epistemological and theoretical approaches, as well as thematic foci through the expansion of divisions and groups, and the work of journals. Opportunities to incentivize cross-cutting dialogue and collaboration are necessary to provide a gravitational center, and to remind ourselves of our commonalities beyond differences.

*Strengthen commitment to international inclusiveness.* ICA has made important strides in internationalization through establishing regional hubs, holding meetings and conferences in the Global South, and providing membership and travel support for scholars. Internationalization should not be seen only as expanding ICA’s global footprint. It is also about overcoming barriers and strengthening the position of underrepresented scholars and scholarship; fostering cross-border learning that transforms everyone involved; and enhancing a sense of belonging, so that all members, especially scholars from the Global South, feel that ICA reflects and values their work.

*Support professional development opportunities.* ICA has also come a long way in terms of recognizing and supporting scholars in different stages of their careers. When I joined ICA, opportunities were limited, especially for non-US scholars. ICA should continue to support members learning from each other about scholarship, service, teaching, and professional development. While everyone needs to be supported, particular focus should be put on certain groups, such as graduate students as well as junior, first-generation, minority, and migrant scholars. This could be done through panels, online and offline workshops, and mentorship programs on issues such as research, grant applications, pedagogy, writing, and career development.

*Encourage and support public scholarship.* In a world beset by communication and social problems, ICA members have much to contribute to addressing issues such as mis/disinformation, behavior change, media and scientific literacy, risk perception, hate and intolerance, and disempowerment. It is important to recognize multiple forms of being a scholar in public life. Encouraging and supporting public scholarship are needed not only to contribute to positive social change, but also to raise the societal visibility of ICA through partnerships with other institutions.

My background, experience, and perspective have shaped my vision of ICA’s top priorities, and I hope to have the opportunity to advance those goals as president.
last names. In the Panel Description field enter the text of your panel proposal including rationale, presentation authors and titles, and abstracts or any other information mentioned in the Call for Papers. You can do this by copying and pasting the text of the panel proposal from your Word document.

**CONSIDER SUBMITTING YOUR WORK OR PAPER AS A THEME SESSION**

If your topic crosses the interests of several divisions or interest groups, and relates to this year’s theme, “Reclaiming Authenticity in Communication”, consider submitting your work or paper as a theme session for the conference, rather to a single division or interest group. The theme invites communication scholars to examine how authenticity has become a variable, rather than a constant, in public discourses and popular culture across the globe, and with what relational, social, political, and cultural implications. Please visit the full CFP for the full theme statement.

If you have any questions about submitting your work for the theme sessions, please get in touch with one of this year’s theme co-chairs:

- **Gunn Enli**, NORWAY, gunn.enli@media.uio.no
- **Sun Sun Lim**, SINGAPORE, sunlim@sutd.edu.sg
- **Miriam Metzger**, USA, metzger@ucsb.edu
- **Sebastian Valenzuela**, CHILE, savalenz@uc.cl
- **Karin Wahl-Jorgensen**, UNITED KINGDOM, wahl-jorgensenk@cf.ac.uk

**MEMBER ASSOCIATIONS SHOULD SUBMIT ONLINE**

ICA Member Associations are entitled to one panel program at the conference. The highest ranking elected officer or designated program planner of each Member Association is invited to submit a panel proposal through the online submission system by the 1 November submission deadline. Follow the instructions for submitting a panel session and submit under Sponsored Sessions.

Contributors of individual and panel submissions to Conference Theme will be requested to self-assess diversity. At the time of submission, individuals who seek to contribute to the conference theme will self-assess: (i) the extent to which the submission focuses on a specific region of the world or is global in its scope; (ii) the extent to which the submission references and builds on scholarship diverse in terms of region, ethnicity, gender, and career stage; (iii) the extent to which coauthors (if any) reflect diversity in terms of region, ethnicity, gender, career stage, other academic disciplines (including those beyond the social sciences and humanities), and non-academic entities (e.g., civil society, government, industry, NGOs, policy makers). In addition to the above, contributors to all panel conference theme submissions will be requested to self-assess, at submission, the extent to which the pane as a whole reflect diversity in terms of region, ethnicity, gender, career stage, other academic disciplines (including those beyond the social sciences and humanities), and non-academic entities (e.g., civil society, government, industry, NGOs, policy makers). These self-assessments will be used along with other criteria in making decisions about submission acceptances.

Panel conference-theme submissions are encouraged to: (i) showcase and/or critique ongoing inter-divisional communication scholarship relevant to the conference theme; (ii) propose the development of an inter-divisional research agenda relevant to the conference theme; and/or (iii) assemble a blue-sky session for individuals to workshop nascent ideas that could lead to the future development of an inter-divisional research agenda relevant to the conference theme.

**REVIEWER**

All individual submitters are expected to review at least one submission (if applicable). Please declare your interest in being a reviewer by updating your profile in the submission management system. Watch this tutorial on how to sign up to review.

**REMINDER**

Submitters can only be the first author on three submissions max. But there is no longer a limit on submissions in general, only for the first author.

**ACCESSING THE SITE**

To access the submission management system, please click here. You do not have to be an ICA member to access and submit, but you do need a ScholarOne Abstracts profile. If you created a ScholarOne Abstracts profile last year, you can use the same login information to access the website. Our membership database is not linked to the submission management system. If you have any questions or concerns about accessing or editing your profile, please contact ScholarOne’s Help Desk.

**IMPORTANT NOTE**

Messages or emails are regularly sent from ICA or Unit Planners concerning paper submissions or reviewing. Sometimes our emails will filter into spam folders, usually of those who have a university address. So be sure to frequently check your message center in the paper submission system after signing in. The message center stores all sent messages and eliminates the problem of universities blocking emails.

**Submission Deadline: Tuesday 1 November @ 12:00 (noon) ICA headquarter time (EST).**

For more information on ICA23, please visit the frequently asked questions page.
### Professional A/V Personnel for Troubleshooting

Expecting technical issues in hybrid sessions at #ICA22, we formed TSV (Tech Squad Volunteers). About 54% of in-person and 34% of virtual participants had sessions supported by TSV. Although two thirds of both in-person and virtual attendees agreed that TSV “provided good support for in-person/remote presenters/audiences,” and 79% of virtual and 58% in-person attendees found it “a worthwhile endeavor,” only about 50% of virtual and 44% of in-person attendees reported that “technology functioned smoothly.” To avoid putting too much burden on session chairs and/or student volunteers, all live hybrid sessions at #ICA23 will be supported by professional A/V personnel who will ensure more seamless integration of online and offline experience.

### Mobile App & More Signage

Conference attendees, both in-person and virtual alike, expressed discontent over the difficulty of navigation. Indeed, only ~25% of the respondents were (very) satisfied with the conference program info on mobile devices, with ~77% indicating that they are (very) likely to use a mobile app, if available. Back by popular demand, a mobile app will be reinstated for easier search of the conference program. We’ll also put up more signage, maps, and directions on-site, so you won’t get lost.

### COVID Precautions

Last but not least, we do hear your concerns about COVID-19 (“Better mask requirements and controls,” “Outdoor spaces for social events”). The Toronto contract was signed in 2016, but our Executive Director is working tirelessly to secure as many outdoor spaces as possible for social events. If global COVID conditions remain similar to today’s, ICA will require KN95 (or equivalent) masking for all indoor events and make COVID safety protocols clearer. If the COVID situation worsens, we might require both masking and proof of a negative COVID test to attend #ICA23 in-person. Until the pandemic goes away, sorry...no dance party.

There are quite a few other changes we are introducing for #ICA23. Please check out the “Hot Topics” FAQ (we’ll add more general information later) and get legitimately excited!