

SPEAKER BIO

Lerato "Cheese" Tlale

Regional Manager

Department of Correctional Services, Free State & Northern Cape



Lerato Tlale: a mother to a healthy, bubbly 13-year-old boy Sedilarona – Orearabetse Bucibo. Lerato Tlale also known as "Cheese " is a Regional Manager employee Sport & Recreation at the Department of Correctional Services Free State & Northern Cape. She has the following qualifications with central university of technology – post graduate certification in education and a national diploma in sports management. She also carries the following short courses under her wing - eLearning course in managing performance in public service course (national school of governance), advanced management development programme – (Tshwane University of Technology), advanced short course in events management (University of Pretoria) , Nyukela public service sms pre – entry programme (national school of governance) , business principles in sport management – (university of cape town).

In 2024 – 2025 – awaiting interview results from the nelson Mandela university where she – will be embarking on a journey to do a Mandela /FIFA/Cies international programme in sport management with the hope of pursuing her Honours in sport management immediately thereafter . (2025 /2026) .

She is an advocate & the voice for women in sports & and 2023 the whole of august month she dedicated her free time on posting on all her social media plartforms to promote , appreciate , acknowledge & celebrate women making moves in sports with the hope of also promoting & encouraging more women to participate in sport and February 2024 she started a mentorshipprogramme for females who are passionate in sports , have studied sports but are not yet permanently employed , so she affords them opportunities of doing administration & volunteering at various federations sports events where she is involved.

Her desire & leadership in sports further has landed her as part of the free state sport confederation (Brand, Marketing, Communications Commission Exco member),Safa Managaung metro (membership commission exco member), university of the free state ladies hockey (team manager 2024 USSA tour), department of correctional services national sports council executive member (marketing, communications portfolio).

Her love , passion , mentoring & advocating for women in sport is not only limited to her work environment but as she also is an agent of change the latter stretches further as far as promoting sports at schools through crime prevention programmes where she believes & preaches the theme a learner in sports is a learner out of crime.

With her current position at DSC as regional manager employee sport & recreation she believes that for any organisation to be successful it needs to invest in health & wellness activations for employees as keeping employees positive motivated and healthy will definitely lead to higher productivity in turn have a successful organisation which is goal oriented .

She has been nominated & given recognition as she was awarded with – woman in sports award at the Thuba Pelo Mosadi women of world awards , furthermore she has just recently now been nominated for the upcoming 2024 free state sports awards as the nominee for the " sports administrator of the year category & the awards will only be held September .

As an agent of change beyond the sports , health & wellness environment , she does charity work as she believes that in our space with the little that we have we all need to take some time and make a difference and afford opportunities to those who are less fortunate than us and also as she has more passion & at times focus on women empowerment matters - she believes as women we need to be there for one another as women we go through the most and don't talk easily about things hence she always vouches for , women encourage , women motivate , women build , women nurture and most importantly women fix each others crowns .

Lerato Cheese Tlale - " aspire to inspire before you expire "

" A woman who makes moves in sports " " she owns her success "

