



ILLINOIS
CHIROPRACTIC
SOCIETY
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Great News for ICS Members!

The Illinois Chiropractic Society has created a **NEW** text message feed to send out important News Alerts for ICS Members!

Please follow the instructions below to sign-up and receive all the latest ICS News Alerts.

How will the ICS News Feed help me?

The ICS News Feed allows you to receive important messages instantly or on a schedule via **phone call, text message, email and mobile application**. Get updates on events, legislative news, Insurance alerts, meetings, and more. You choose the method and timing of all your incoming messages based on what is convenient for you.

Your privacy and identity are secure. Your phone number is never shared and as a subscriber, no one can see what you are scheduled to receive. You can change your delivery preferences or opt-out at any time by logging into your account at my.yakstack.com.

New to News Feeds?

If you are using YakStack for the first time:

- 1 Visit www.yakstack.com
- 2 Create an account by following the simple on-screen directions
- 3 Once your account is created, visit <http://yak.st/tLnok5lch0>
- 4 Subscribe (opt-in) and indicate your delivery preferences
- 5 You will now receive messages from this feed
- 6 Download the mobile app for even more delivery options

Already on?

If you are already using YakStack:

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- 2 Subscribe (opt-in) and indicate your delivery preferences
- 3 You will now receive messages from this feed

