

ICS CME CREDIT QUIZ: 1 CREDIT HOUR CATEGORY 1

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Illinois Practice Edge, October 18 & November 29, 2018

ONE "DRUG" TO PRESCRIBE PART 2 OCT. 18

1. How many minutes/day should patients exercise?
 - A. 15
 - B. 30
 - C. 45
 - D. 60

2. How many concepts are included in the exercise program in this article?
 - A. 6
 - B. 7
 - C. 8
 - D. 9

3. Which of the following is considered a "deadlift"?
 - A. Hinge
 - B. Core
 - C. Carry
 - D. Squat

HIP STRESS FRACTURE NOV. 29

4. Which of the following cause stress hip fractures?
 - A. Running
 - B. Dancing
 - C. Foot deformities
 - D. All of the above

5. What is the latent period before a hip stress fracture becomes an evident radiographic sign, in days?
 - A. 5-7
 - B. 7-10
 - C. 10-21
 - D. >30

6. Which of the following shows the earliest signs of a hip stress fracture?
 - A. MRI
 - B. CT
 - C. X-ray
 - D. Ultrasound

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I attest that I have read the articles and answered the test questions for this issue 10/18 & 11/29/18.

SIGNATURE: _____ DATE: _____

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