

ICS CME CREDIT QUIZ: 1 CREDIT HOUR CATEGORY 1

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Illinois Practice Edge, March 8, 2018

BICEPS TENDINOPATHY

- 1. What percent of biceps tendinitis is due to irritation of the long head of the biceps tendon within the intertubercular groove?
 - A. 3
 - B. 5
 - C. 7
 - D. 10

- 2. What percent of biceps tendinopathy patients have shoulder impingement?
 - A. 80
 - B. 85
 - C. 90
 - D. 95

- 3. Which of the following is the type of pain patients often complain of with bicipital tendinopathy?
 - A. Sharp
 - B. Throbbing
 - C. Stabbing
 - D. Tingling

- 4. Which of the following is considered the most accurate test for bicipital tendinitis?
 - A. Bear hug
 - B. Belly press
 - C. Upper cut
 - D. Speed's

- 5. Which of the following x-ray view helps to assess the size of the bicipital groove?
 - A. Fisk
 - B. Grashey
 - C. Neer
 - D. Rockwood

- 6. What percent of elbow flexion strength is lost with complete rupture of the long head of the biceps tendon?
 - A. 9 – 14
 - B. 11 – 16
 - C. 13 – 18
 - D. None of the above

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I attest that I have read the articles and answered the test questions for this issue 03/8/18.

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