

ICS CME CREDIT QUIZ: 1 CREDIT HOUR CATEGORY 1

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Illinois Practice Edge, May 31, 2018

CARPAL TUNNEL SYNDROME

1. What is the prevalence, in percent, for CTS in the general population?
 - A. 3 – 5
 - B. 5 – 10
 - C. 8 – 12
 - D. 7 – 15

2. Which of the following CTS orthopedic tests is performed with full wrist flexion?
 - A. Tinel
 - B. Phalen
 - C. Reversed phalen
 - D. 2 point discrimination

3. Which of the following numb digits involves neuropathy from other than CTS?
 - A. 1 – 3
 - B. 2 – 3
 - C. 4
 - D. 5

4. Which of the following is used to evaluate LOAF muscle strength?
 - A. Grip strength
 - B. Phalen
 - C. Pinch grip
 - D. Tinel

5. Which of the following is the gold standard for classifying the severity of CTS?
 - A. X-ray
 - B. MRI
 - C. Ultrasound
 - D. EMG

6. Which of the following B vitamins may help relieve CTS?
 - A. 1
 - B. 2
 - C. 6
 - D. 12

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I attest that I have read the articles and answered the test questions for this issue 05/31/18.

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