

### Author/Book List and Websites by Model

#### Gottman

**John Gottman:**

- Why Marriages Succeed or Fail;
- The Seven Principles for Making Marriage Work;
- The Relationship Cure;
- And Baby Makes Three.

Website: Gottman [https://www.gottman.com/](https://www.gottman.com/)

#### Solution focused/Narrative couples therapy

**Michelle Weiner-Davis**

- The Divorce Remedy;
- Divorce Busting;
- The Sex Starved Marriage.

**Bill and Patricia O’Hanlon**

- Rewriting love stories: Brief Marital therapy

**Zigler and Hiller**

- Recreating Partnership: A solution oriented collaborative approach to couples therapy.

Websites:

Evanstons Narrative Therapy Center
[https://www.narrativetherapychicago.com/](https://www.narrativetherapychicago.com/)

Michelle Weiner Davis
[https://www.divorcebusting.com/](https://www.divorcebusting.com/)

#### Emotionally Focused couples therapy

Sara Schwarzaum/Couples Counseling: The Essential Models and Techniques

sescounseling@gmail.com
Susan Johnson

- Hold me tight
- Emotionally focused therapy with trauma survivors

Website:

Susan Johnson
http://drsusjohnson.com/

Psychodynamic couples therapy

Art Nielsen

- A roadmap for couples therapy

Don Catherall

- Emotional Safety in couples therapy

Dan Wile

- After the honeymoon: How conflict can improve your relationship
- Collaborative Couples therapy

Websites:

Dan Wile
http://danwile.com/
Chicago Center for Psychoanalysis
https://www.ccpsa.org/
Chicago Psychoanalytic Institute
https://www.chicagoanalysis.org/

Imago

Harville Hendrix
• Getting the love you want
• Keeping the love you find

Website: https://imagorelationships.org/

**Intergenerational/B Bowen Couples Therapy**

**Harriet Lerner**

• The Dance of Anger;
• The Dance of Connection.

**Augustus Napier**

• The Fragile Bond

Websites:

Bowenian https://thecenterforfamilyconsultation.com/
Chicago Center for Family Health: http://ccfhchicago.org/
The Family Institute: https://www.family-institute.org/

**Developmental approach**

**Ellyn Bader and Pete Pearson**

• In quest of the mythical mate: A developmental approach to diagnosis and treatment in couples therapy
• Tell me no lies: How to stop lying to your partner and yourself in the 4 stages of marriage.

Website

Couples Institute

https://www.couplesinstitutetraining.com/