

2023 ICES Summit Resources

ICES is in the process of starting a newsletter! If you have resources you have utilized with students and/or supervisees that you believe should be highlighted in the newsletter, please send them to ilcounseloreducators@gmail.com with a short blurb on how you have implemented them.

Social Justice: Anti-racism Presenter Resources

Articles:

- Akinyela, M. M. (2014). [Narrative therapy and cultural democracy: A testimony view](#). *Australian & New Zealand journal of family therapy*, 35, 46-49.
- Bussey, S. R. (2020). [Finding a path to anti-racism: Pivotal childhood experiences of White helping professionals](#). *Qualitative Social Work*, 147332502092302. <https://doi.org/10.1177/1473325020923021>
- Dollarhide, C.T., Hale, S.C., & Stone-Sabali, S. (2021). [A new model for social justice supervision](#). *Journal of Counseling & Development*, 99(1), 104-113. <https://doi.org/10.1002/jcad.12358>
- Fickling, M. J., Tangen, J. L., Graden, M. W., & Grays, D. (2019). [Multicultural and social justice competence in clinical supervision](#). *Counselor Education and Supervision*, 58(4), 309-316. <https://doi.org/10.1002/ceas.12159>
- Glosoff, H. L., & Durham, J. C. (2010). [Using supervision to prepare social justice counseling advocates](#). *Department of Counseling Scholarship and Creative Works*. 98.
- Heath, T. (2018). [Moving beyond multicultural counselling: Narrative therapy, anti-colonialism, cultural democracy and hip-hop](#). *International journal of narrative therapy and community work*, 3, 50-55.
- Ng, K., Anadavallie, S., Litherland, G., Bell, T. R., Ewe, E., Lau, J., & List, A. (2022). [Counselor educators using self as instrument in antiracist teaching](#). *Counselor Education and Supervision*.
- Odegard, M., Vereen, L. G., & Hill, N. R. (2007). [Situating supervision in the context of a social justice paradigm: A convergence of Bernard's discrimination model and social justice](#). *ACA Vistas Online*.

Polanco, M. (2013). [Cultural democracy: Politicising and historicizing the adoption of narrative practice in the Americas](#). *International journal of narrative therapy and community work*, 1, 29-33.

Books:

Delgado, R. & Stefancic, J. (2017). *Critical Race Theory: An Introduction* (3rd ed.). New York University Press.

DiAngelo, R. (2018). *White Fragility: Why It's So Hard for White People To Talk About Racism*. Beacon Press.

Fors, M. (2018). *A Grammar of Power in Psychotherapy: Exploring the Dynamics of Privilege*. American Psychological Association.

Hooks. B. (1994). *Teaching to transgress: Education as the practice of freedom*. Routledge.

Hooks. B. (2003). *Teaching community: A pedagogy of hope*. Routledge

Hooks. B. (2009). *Teaching critical thinking: Practical wisdom*. Routledge.

Kendi, I. X. (2019). *How to be an antiracist*. One World.

Menakem, R. (2017). *My grandmother's hands: Racialized trauma and the pathway to mending our hearts and bodies*. Central Recovery Press.

Sue, D. W. (2015). *Race Talk and the conspiracy of silence: Understanding and facilitating difficult dialogues on race*. Wiley.

Tatum, B. D. (2017). *Why are all the Black kids sitting together in the cafeteria? And other conversations about race*. Basic Books.

Watters, E. (2010). *Crazy like us: The globalization of the American psyche*. Free Press.

Podcasts:

- The Activist Files Podcast
- Conversations in Social Justice
- Race to Social Justice

- News Beat Podcast
- Relevant Conversations for All

Websites:

[Project Implicit](#) – Harvard Implicit Association Test

[How To Be An Antiracist Educator](#) – Association for Supervision and Curriculum Development (ASCD)

[Curriculum for White Americans to Educate Themselves on Race and Racism](#) – Citizenship and Social Justice

[Tufts Anti-Racist Resources](#) – Tufts University

[Adler University: center for diversity and inclusion](#)

[Social Justice Training Institute](#)

Additional Social Justice Presentation: Antiracism Resources

Articles:

Anti-racist pedagogy: from faculty's self-reflection to organizing within and beyond the classroom

<https://www.tandfonline.com/doi/full/10.1080/13613324.2016.1248824>

Counselor educators using self as instrument in antiracist teaching

<https://onlinelibrary.wiley.com/doi/10.1002/ceas.12252>

APA Defines Racism

<https://www.apa.org/topics/racism-bias-discrimination>

ACA Knowledge Center: Racism

<https://www.counseling.org/knowledge-center/mental-health-resources/racism>

<https://www.counseling.org/docs/default-source/resources-for-counselors/anti-racism-toolkit.pdf>

CARED (Calgary Anti-Racism Education)

<https://www.aclrc.com/racism>

Privilege

https://www.thisishowyoucan.com/post/_wheel_of_power_and_privilege

<https://nowthisnews.com/videos/politics/activist-janaya-future-khan-on-redefining-privilege>

<https://www.youtube.com/watch?v=hD5f8GuNuGQ>

Microaggressions

<https://www.youtube.com/watch?v=hDd3bzA7450>

Intersectionality

<https://www.youtube.com/watch?v=ViDtnfQ9FHc>

Broaching

CAMH Professionals Videos. (2015, April 24). Psychology and disability: Minimizing ableism in the counselling room.

https://www.youtube.com/watch?v=wZ_a4N1lekQ

Center For Medical Simulation. (2020, August 6). Broaching Race & Racism in Debriefing & Team Simulations | CMS Weekly Webinars.

<https://www.youtube.com/watch?v=bdlvhbSNfZM>

Counselor Tips. (2020, June 24). Counselor Tips Introduction to Cultural Humility.

<https://www.youtube.com/watch?v=hZ-f4onEDQY>

Day-Vines, N., Cluxton-Keller, F., Agorsor, C., & Gubara, S. (2021). Strategies for Broaching the Subjects of Race, Ethnicity, and Culture. *Journal of Counseling & Development*, 99, 348–357. <https://doi.org/10.1002/jcad.12380>

Day-Vines, N. L., Booker Ammah, B., Steen, S., & Arnold, K. M. (2018). Getting Comfortable with Discomfort: Preparing Counselor Trainees to Broach Racial, Ethnic, and Cultural Factors with Clients during Counseling. *International Journal for the Advancement of Counselling*, 40(2), 89–104. <https://doi.org/10.1007/s10447-017-9308-9>

Desa Daniel. (2021, June 10). AMCD Webinar Series: Connie Jones: Broaching Multicultural Considerations. <https://www.youtube.com/watch?v=WQmRfAKGQUM>

Erby, A. N., & White, M. E. (n.d.). Broaching partially-shared identities: Critically interrogating power and intragroup dynamics in counseling practice with trans people of Color. *International Journal of Transgender Health*, 23(1–2), 122–132. <https://doi.org/10.1080/26895269.2020.1838389>

Giordano, A. L. (2017). Addressing Religion in Counseling With Racially Marginalized Adolescents. *Journal of Child and Adolescent Counseling*, 3(3), 175–187. <https://doi.org/10.1080/23727810.2017.1341794>

Hammonds, D. S. (n.d.). Broaching Conversations – Addressing Race, Ethnicity, and Culture with Dominique S. Hammonds. Retrieved June 29, 2022, from <https://concept.paloaltou.edu/resources/the-thoughtful-counselor-podcast/broaching-conversations-addressing-race-ethnicity-and-culture-with-dominique-s-hammonds/>

Jones, C. T., Welfare, L. E., Melchior, S., & Cash, R. M. (2019). Broaching as a strategy for intercultural understanding in clinical supervision. *The Clinical Supervisor*, 38(1), 1–16. <https://doi.org/10.1080/07325223.2018.1560384>

King, K. M. (2022). Client perspectives on broaching intersectionality in counseling. *The Journal of Humanistic Counseling*, 61(1), 30–42. <https://doi.org/10.1002/johc.12169>

MacCutcheon, M. (2018, January 16). How Broaching Can Help Strengthen the Therapeutic Relationship. GoodTherapy.Org Therapy Blog. <https://www.goodtherapy.org/blog/how-broaching-can-help-strengthen-therape>

[utic-relationship-0116184](#)

Motivo. (2022, February 24). In Celebration of Black Clinicians: A Conversation to Honor Dr. Makungu Akinyela, LMFT.

<https://www.youtube.com/watch?v=ALELjHP8bq4>

Psychotherapy Networker. (2019, January 30). VIDEO: Talking Race in Psychotherapy. <https://www.youtube.com/watch?v=QBHuKnQF-vo>

Shook, M. (Producer). (2020, July 7). EP177: Broaching Conversations – Addressing Race, Ethnicity, and Culture with Dominique S. Hammonds [Audio Podcast]. The Thoughtful Counselor. Retrieved from <https://wp.me/p7R6fn-XjN>.

U of A College of Education & Health Professions. (2020, November 19). Dr. Norma Day-Vines Lecture on Broaching Nov. 11, 2020, for University of Arkansas. <https://www.youtube.com/watch?v=jzA6U8WOpss>

MacCutcheon, M. (2018, January 16). How Broaching Can Help Strengthen the Therapeutic Relationship. Good Therapy. Retrieved from <https://www.goodtherapy.org/blog/how-broaching-can-help-strengthen-therapeutic-relationship-0116184>

MA, S. L. (2016, February 22). "I Don't See Color:" Then you don't see me. Psychology Today. Retrieved from <https://www.psychologytoday.com/us/blog/minority-report/201602/i-dont-see-color>

Allyship - for aspiring allies and seasoned allies

Exercises

Reynolds, V. (2010). [Reflecting on Our Fluid Positions as Imperfect Allies](#).

[Reynolds, V. \(2011\). An Inquiry into Ally Work.](#)

Resources designed for people raced as White learning about antiracist allyship and advocacy

<https://www.dismantlecollective.org/resources/>

<http://whitesforracialequity.org/white-privilege-workshop-introduction/>

<https://cete.osu.edu/allyship/>

<https://www.apadivisions.org/division-28/publications/newsletters/psychopharmacology/2020/07/ally-better>

Intersectional allyship for BIPOC allies

<https://equityinthecenter.org/services/culture-trainings/intersectional-allyship-for-bipoc-allies/>

<http://www.thehenceforward.com/>

<https://www.nccj.org/colorism-0>

Mental health and recovery allyship

<https://www.nostigmas.org/ally-training>

<https://www.safeproject.us/>

<https://nvrp.com/recovery-ally-training/>

<https://mentalhealthmonth.wayahead.org.au/how-to-be-a-mental-health-ally/>

LGBTQIA+

<https://pflag.org/allies>

<https://www.thetrevorproject.org/ally-training/>

<https://www.newconstellationstherapy.com/>

<https://intraspectrum-chicago.com/about-us/#services>

<https://liveoakchicago.com/training/>

Credentialing Resources

- [Credentialing and Legislation Presentation - ICES Summit](#)
- Counseling Supervision Approved Clinical Supervisor (ACS)

- ACS CCE - <https://www.cce-global.org/credentialing/acs>
- ACS Eligibility - https://www.cce-global.org/Assets/ACS/ACS_Eligibility_Policy.pdf
- Supervision Trainings through IMHCA
 - <https://www.imhca.org/Supervision-clinical-workshops>
- School Counseling Credentialing programs practitioners with CMHC degree
 - Northern Illinois University - School Counselor Institute
<https://www.cedu.niu.edu/cahe/school-counselor-institute/index.shtml>
 - Lewis University - Non-Licensed Candidate School Counselor program
<https://www.lewisu.edu/academics/grad-counseling/index.htm>

Community Announcements

- Samantha Rivera is our current ICA Graduate Student Committee Chair. In efforts to strengthen ICA's university partnerships ICA's Graduate Student Committee Board would like to coordinate 5-10 minute classroom visits (via Zoom) with any willing professors, including discussions about the benefits and opportunities for students of joining ICA.

Additionally, the committee is hoping to host a networking event sometime within the next few months for current and prospective graduate student ICA members and feature a panel of guest speakers, including counselor educators (ideally hosted at a local university).

Please contact Sam Rivera (samantha.r.rivera@gmail.com) to become a Counselor Education program partner, collaborator, and/or co-host in bringing these ideas to life for your students and across our state.

- Dr. Timothy “Tim” Hakenewerth, at University of Springfield is looking to discuss a counselor education support idea of a web-based exchange program of sorts for counseling clinics/programs at other universities: All universities have counseling centers that offer free services for their students (we assume this may

poses issues for CITs who wish to receive counseling and avoid potential dual relationships, additional cost and waitlist:

It to be low-cost if not free

Could support counseling students experiencing barriers to counseling

Might also support steady clientele

Let's discuss potential, pathways, obstacles, and barriers

Email: ILCounselorEducators@gmail.com if you are interested in follow-up discussions for potential networking collaboration to support our student mental health and practice experience.

- The 2023 Counselor Day on the Hill, scheduled for April 20, 2023 has been canceled by ICA leadership.

You are encouraged to continue your advocacy efforts in contacting your legislators in writing and at their offices.