

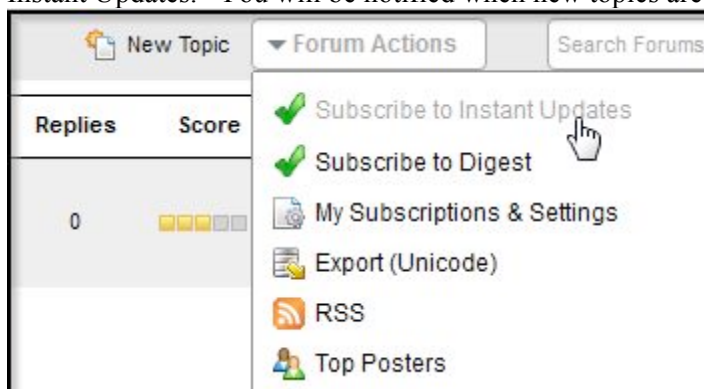
How do I subscribe to the forums

Within forums, you have two levels of subscription options:

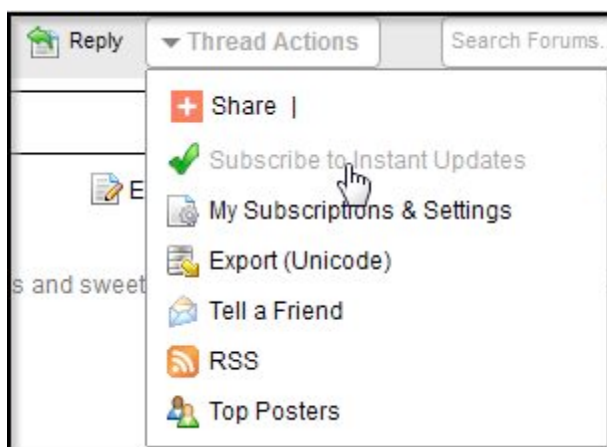
1. **Forum Level:** You will be notified when new topics are added to the forum.
2. **Topic Level:** You will be notified when new comments are posted to a specific topic.

You will need to subscribe to each level separately. Here are the steps to do this:

1. To access the forums of which you are a member, go to www.inbar.org and sign in. Click on “Groups” under “My Profile.”
2. Select a Group (e.g., Elder Law Section) and click on “Forums” located in the upper right-hand corner.
3. Click on the name of a forum. This will pull up a list of all of the topics created within this forum.
4. **To subscribe to the Forum Level**, select the “Forum Actions” button and select “Subscribe to Instant Updates.” You will be notified when new topics are added to the forum.



5. **To subscribe to the Topic Level**, click on the name of a topic. Select the “Thread Actions” button and select “Subscribe to Instant Updates.” You will be notified when new comments are added to this topic. Repeat for all topics as desired. The ability to choose from what topics you receive notifications will allow you to cut down on the number of emails you receive throughout the day.



Forum Digest

If you would prefer not to receive an email every time a new topic is created in the forum, you can subscribe to a daily digest email. Click on the name of a forum. Select the “Forum Actions” button and select “Subscribe to Digest.” *Note:* You will need to unsubscribe to the instant updates under the “Forum Actions” button or you will receive both the digest and email notifications per topic.