

# DSM IV-R CRITERIA FOR SUBSTANCE USE DISORDERS

(summarized)

## SUBSTANCE DEPENDENCE

3 or more of the following in a 12-month period:

- substance taken in larger amounts or over a longer time than intended
- desire or unsuccessful efforts to control or cut down use
- great deal of time spent in obtaining, using, or recovering from the effects
- social, occupational, recreational activities given up or reduced because of use
- continued use despite social, legal, medical, psychological, and other problems
- tolerance (need for markedly increased amounts of the substance in order to achieve the desired effect or markedly diminished effect with continued use of the same amount)
- withdrawal

## SUBSTANCE ABUSE

A maladaptive pattern of substance use indicated by at least one of the following, occurring within a 12-month period:

- Continued use despite a persistent or recurrent social, occupational, psychological, or physical problem that is caused or exacerbated by the substance use
- Recurrent use in situations in which use is physically hazardous (e.g., driving while intoxicated)
- Recurrent use resulting in a failure to fulfill major role obligations at work, school, or home
- Recurrent substance-related legal problems

The person must have never met the criteria for substance dependence for that particular substance.