Navigating the Seasons of Change

2016 ANNUAL CONFERENCE

SEPTEMBER 29-30 • SHERATON-LISLE HOTEL, LISLE, IL
Welcome Message from Our President

It is my honor to welcome you to the 2016 Annual Conference, where we will be “Navigating the Seasons of Change.” I want to personally thank Barbara Holmes Gobel, MS, RN, AOCN, our hardworking Planning Committee Chair, as well as her entire committee, for putting together such a strong program for us this year.

We welcome back to the IONL stage Keynote Speaker John Coyle, who you may have had the privilege of hearing at the Mid-Year Conference this past April. He’ll kick us off with a presentation on how to rethink your relationship with time. Using his unique style of combining storytelling with hard facts, you will leave his session feeling inspired to make the most of your talents, career, and life.

The following sessions over the course of the conference will dive into the complexities of the nursing profession and equip you with the tools to handle occupational challenges. I look forward to learning alongside you and getting to know you at our social hours. Once again, welcome to the 2016 Annual Conference!

Sincerely,

Corinne Haviley, PhD, MS, RN, President

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CONFERENCE OVERVIEW

Isaac Asimov, prolific American author and professor of biochemistry at Boston University, upon reflection regarding the effect of change on society, once said, “It is change, continuing change, inevitable change, that is the dominant factor in society today. No sensible decision can be made any longer without taking into account not only the world as it is, but the world as it will be.” As nursing leaders charged with navigating this change, this conference will provide the tools to help navigate these seasons of change while keeping the ship afloat and all hands on board.

Intended Audience: Nurses at all levels of management, including emerging leaders, human resource staff, nurse educators, nurse executives and consultants.

LEARNING OBJECTIVES

Upon completion of this program, participants will be able to:

1. Discuss the effect of the rapid-fire pace of change, and list two innovative ways to deal with change.

2. Examine implications of the 2015 ANA Scope and Standards of practice with particular focus on how nurse leaders can assist direct care nurses in practicing to the full scope.

3. Outline how to use data to improve HCAHPS scores.

4. Compare and contrast the difference between Leaders and Bosses, and how to utilize the principles of Intent-Based Leadership.

5. Recognize the relationship between patient safety culture and patient outcomes and list three practical steps to empower nurses to speak up if they see something unsafe.

Conflict of Interest: The planners and faculty have declared no conflict of interest. Criteria for Successful Completion: Criteria for successful completion include attendance at the entire event and submission of a completed evaluation form.
PLANNING COMMITTEE
+ Barbara Holmes Gobel, MS, RN, AOCN, Committee Chair
+ Janet Davis, MSN, NEA-BC
+ Patricia Endara, RN
+ Janice Jezuit, MSN, RN, NEA-BC
+ Alma Labunski, PhD, MS, RN
+ Karen Mahnke, MSN, APN, CNS-BC
+ Ann O’Sullivan, MSN, RN, CNE, NE-BC, ANEF
+ Sharon Rangel, MSN, MBA, RN
+ Julianna Sellett, MSN, MBA, RN
+ Diane Stonner, RN, BSN, RNC-NIC
+ Barbara Weintraub, RN, MSN, MPH, APN
+ Jennifer Yoder, MSN, RN, CNE, NE-BC

GENERAL INFORMATION & ROOM LOCATIONS
Charge Nurse Pre-Conference Workshop: Coltrane
Essential Resources Pre-Conference: Getz
Registration: Savoy Foyer
Exhibit Hall: Savoy DEFG
General Session: Savoy ABC

REGISTRATION HOURS
Thursday, September 29 | 1:30 - 4:30pm
Friday, September 30 | 7:00 - 3:00pm

VISIT:
MESSAGELOCKS.COM/2016-ANNUAL-CONFERENCE
• VIEW THE COMPLETE PROGRAM SCHEDULE
• ACCESS SPEAKER BIOS & SESSION SUMMARIES
• EVALUATE SESSIONS ON-SITE
Who We Are

The Illinois Organization of Nurse Leaders (IONL), formed in 1977, contributes to the advancement of nursing leadership and management through educational, networking and leadership opportunities. IONL’s members are valued members of executive and management teams in health care organizations, key in setting strategic direction for the development, implementation and evaluation of evidence-based patient care delivery systems and healthful practice/work environments that produce high quality, cost-effective, safe patient outcomes.

MISSION

The organization for the advancement of leadership among Illinois Nurses

VISION

Organization of choice for nurse leaders throughout Illinois.

2016 BOARD OF DIRECTORS

President Corinne Haviley, PhD, MS, RN
President-elect Denise Jackson, BSN, RN
Past President Melinda Noonan, DNP, RN, NEA-BC
Treasurer Kimberly Landers, MS, RN, NEA-BC
Secretary Julie Smith, MSN, RN
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Region 2C Cara Marco, BSN, RN
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Region 3B Julianna Sellett, MSN, MBA, RN
Regions 4/5 Richelle Rennegarbe, PhD, RN

COMMITTEE CHAIRS

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Continuum of Care Committee Kathleen Ferket, MSN, APRN-BC
Member Engagement Committee Ann Gantzer, PhD, RN, NEA-BC
Nursing Care Continuum Consortium (NC-3) Jennifer Grenier, MSN, RN-BC
Nominations and Elections Committee Melinda Noonan, DNP, RN, NEA-BC
Policy and Advocacy Committee Frank Bradtke, DNP, RN, NEA-BC
Program Committee Barbara Holmes Gobel, MS, RN, AOCN

ADVISORY MEMBERS

Cathy Grossi, RN, BSN, JD

NURSE PLANNER

Barbara Weintraub, RN, MSN, MPH, APN
9:00am – 12:30pm
Charge Nurse Pre-Conference Workshop
Presenter: Rosemary Homer, RN, MBA, Halligan-Lynch Consulting, Inc.
As a charge nurse, you are a leader. Your role is critical to the functioning of your unit and the provision of high quality patient care. Your communication style impacts how successful you are in leading your colleagues to providing the best patient care possible. It is demonstrated through how you give feedback, handle conflict, delegate tasks, and deal with patient care issues. During this interactive seminar, we will review your role and its impact on your unit. You will increase your awareness of your behavioral style and how it affects those around you. With this increased awareness, you will be able to adapt your behavior to improve your effectiveness with co-workers in your various interactions.

11:30am – 1:30pm
“Essential Resources for the Illinois Nurse Leader” Pre-Conference Workshop
Provides resources for nurse leaders to learn about the requirements for nursing practice and care delivery in Illinois.

1:30 – 4:30pm
Registration Open

2:00 – 2:30pm
Welcome and Opening Remarks

2:30 – 3:30pm
Opening Keynote Address:
Time 2.0: Going Counterclockwise – Unwind Cognitive Time and Live (Almost) Forever
Presenter: John Coyle, Founder and CEO of The Art of Really Living
We know about the time value of money, but do we truly understand the investment value of our time? In this unique, mind-bending talk, John will share breakthrough ideas on how to re-think your relationship with time. Since our brains process time in a non-linear manner, the value of an increment of time is unrelated to its duration. Using both storytelling and data, John will explore how to slow, stop, and reverse the perceived acceleration of time, and live summers longer than when you were a kid. This keynote will inspire you to make the most of your talents, life, and time.

3:30 – 4:30pm
Improving Patient Experience: What You Can Do Next Tuesday
Presenter: Rosemary Gibson, Senior Advisor at the Hastings Center
This session will discuss a proven, data-driven strategy to improve patient satisfaction and HCAHP scores. It will also highlight practical steps to encourage nurses to speak up if they see something unsafe, and present exciting new data showing the relationship between patient safety culture and patient outcomes including infections, medication errors, and falls. Compelling data will also be shared about the link between safety culture, nurse turnover, and vacancy rate.

4:30 – 5:30pm
Cocktail Reception and Networking – Exhibit Hall

7:00 – 7:30am
Continental Breakfast – Exhibit Hall

7:00am – 3:00pm
Registration Open

7:30 – 7:45am
Welcome and Opening Remarks

7:45 – 8:45am
Time Management is Dead
Presenter: Mike Song, Best Selling Author & Productivity Expert
What if everything you’ve ever learned about time management was wrong? In this refreshingly honest, high-energy session, Mike Song destroys a series of time management myths that no longer work in the real world. If you’ve struggled to implement complicated time management advice or get your inbox to zero, you’ll love this session.

Early in his career, Mike Song found it difficult to implement the often-fluffy advice provided by time management experts. He launched a landmark survey of 50,000 professionals that revealed traditional strategies no longer work! In this fast-paced, fun speech, Mike shares the astonishing failure rates of current strategies like Inbox Zero, Digital Task Lists, and the 4Ds. Mike replaces each failed concept with a simpler, more effective, tech-driven approach. The results receive standing ovations — even from the most skeptical, tech-savvy groups.

8:45 – 9:45am
The Nurse Leader’s Role in Supporting APN “Top of License” Practice
Presenter: Trish Anen, RN, MBA, NA-BC
This session will focus on the essential role of Advanced Practice Nurses (APN) in this ever-changing healthcare environment. Using data from the Center for Advancing Provider Practices (CAP2), a unique database representing almost 26,000 APNs and PAs from 300 organizations in 32 states in 49 different specialties, Trish Anen will present innovative trends and leading practices in the evolving role of APNs across the continuum, as well as describe the leadership no-support structures necessary to effectively integrate, optimize, and engage APNs on the provider team. She will also share multiple case studies depicting how APNs help achieve organizational goals.

9:45 – 10:15am
Networking Coffee Break – Exhibit Hall

10:15 – 11:15am
Extreme Leadership: Lifting Up Others to Meet Great Challenges
Presenter: Cole Edmonson, DNP, RN, FACHE, NEA-BC
Dr. Edmonson will describe the interprofessional leadership model that permeates Texas Health Resources from bedside to the boardroom. The innovative model of triadic leadership and its contributions to a culture of courage, resilience, and excellence allow organizations to weather great storms and reimagine themselves. These high reliability organizations create safety, transparency, and reliability in modern health care systems to embolden trust. He will also discuss the importance of nurse leaders in the model and the important knowledge and skills nurses need to be successful in the emerging models.

11:15am – 12:15pm
Creating Leaders at Every Level
Presenter: Andy Worshek
Andy Worshek will discuss the origin story of Intent-Based Leadership. Intent-Based Leadership was used onboard the submarine Santa Fe, and is highlighted in the book Turn the Ship Around! The presentation will include interactive polling (electronically or manually) and provide immediate actionable takeaways.

12:15 – 1:45pm
Lunch and Networking: Regional Seating

2:15 – 3:00pm
Now Is The Time To Practice to the Full Extent of Your Scope of Practice
Presenter: Ann O’Sullivan, MSN, RN, CNE, NE-BC, ANEF
Now more than ever, nurses need to know their scope of practice to be knowledgeable professionals and to be able to expand that scope to meet the ever-changing healthcare needs of the public. This presentation will focus on recent work of professional associations on scope and standards, barriers and recommendations.

2:50 – 3:15pm
Annual Business Meeting
The meeting agenda and committee reports will be available at registration.

3:00 – 3:15pm
Closing Remarks
The Nash Group offers a complete acuity and staffing optimization solution that repositions activity in ways that lower overall costs and make staffing predictable.

Advanced Practice Strategies (APS) is a technology company that works with healthcare organizations to build the best patient care teams. Our solution, GNOsis is a visionary, patented online assessment, education and analytics platform that brings the power of data to healthcare quality and patient safety through personalized learning in Obstetrics and Emergency Services.

The American Heart Association is the nation’s oldest and largest voluntary organization dedicated to fighting heart disease and stroke. Founded by six cardiologists in 1924, our organization now includes more than 22.5 million volunteers and supporters. We fund innovative research, fight for stronger public health policies, and provide critical tools and information to save and improve lives. Our nationwide organization includes 156 local offices and more than 3,000 employees. We moved our national headquarters from New York to Dallas in 1975 to be more centrally located. The American Stroke Association was created as a division in 1997 to bring together the organization’s stroke-related activities.

AvaSure® technology and services help improve patient safety and optimize the efficient use of nursing resources. Its AvaSys® TeleSitter® Solution enables continuous audio and visual monitoring of multiple at-risk patients from a remote central station.

CareFusion, a BD company, is a global corporation serving the health care industry with products and services that help improve the cost and safety of health care for generations to come.

Connexall, ranked number one and named Category Leader in the 2015/2016 Best in KLAS awards, is an enterprise-grade alarm management and event notification platform that forms a Healthcare Internet of Things (HC.IoT) providing hospital-wide interoperability to people, systems, tasks, and devices. Based on more than 20 years of R&D efforts, the Class II medical device software is completely vendor-neutral and device-agnostic. Connexall has offices in Canada, the United States, Brazil, Portugal and Hong Kong and works with well over a thousand of the world’s most renowned and progressive hospitals and health systems.

Resurrection University values the individual student. We offer a professional health care educational experience, combining the challenge of strong academic programs with faculty and staff who build nurturing relationships with their students.

Extension Healthcare’s Engage™ “one platform” approach improves clinical communication, collaboration, care coordination, and workflow with a specific focus on reducing unnecessary clinical interruptions and improving response to critical patient events. The Extension platform intelligently notifies clinicians about real-time patient events through context-driven notifications to smartphones and other common mobile communication devices.

LeWiss University is a Catholic university in the Lasallian tradition offering distinctive undergraduate and graduate programs to 6,700 traditional and adult students. Lewis offers multiple campus locations, online degree programs, and a variety of formats that provide accessibility and convenience to a growing student population. Sponsored by the De La Salle Christian Brothers, Lewis prepares intellectually engaged, ethically grounded, globally connected, and socially responsible graduates. The seventh largest private not-for-profit university in Illinois, Lewis has been nationally recognized by The Princeton Review and U.S. News & World Report. Visit www.lewissiu.edu for further information.
At Northwestern Medicine Central DuPage and Delnor Hospitals, our shared vision is to transform health care through clinical innovation, educational excellence and breakthrough research. Driven by a Patients First mission, our goal is to provide the highest quality primary, specialty and advanced care to improve the health of the communities we serve.

Memorial Health System of Springfield is a community-based, not-for-profit corporation dedicated to patient care, education and research. The seven affiliates of Springfield, Illinois-based Memorial Health System work together to fulfill our mission to improve the health of the people and communities we serve.

**GOLD SPONSORS**

**Northwestern Medicine**

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**EXHIBITORS**

**Medtronic**

As a global leader in medical technology, services and solutions, Medtronic improves the lives and health of millions of people each year. We use our deep clinical, therapeutic, and economic expertise to address the complex challenges faced by healthcare systems today. Let’s take healthcare Further, Together. Learn more at Medtronic.com.

**AT YOUR PATIENT BOARDS, LLC**

At Your Patient Boards, we work together to design custom layouts that your staff can use to improve communication, enhance patient engagement and improve the overall patient experience. Using patient communication boards can be linked to positively impacting outcomes including HCAHPS and National Patient Safety Goals. Visit our website and watch our new video for a full product demonstration to learn more. www.yourPatientBOARDS.com

**TruthPoint**

TruthPoint offers automated rounding, innovative feedback technologies and coaching support to improve outcome and to accelerate your patient experience and performance improvement needs. Since 2008, over 60 health care systems, pediatric hospitals, VA and DOD medical centers have exceeded their quality goals; improving care and changing cultures by combining actionable patient input and Coaching Services from TruthPoint.

**PASSPORT USA**

Passport USA, a division of Health Carousel LLC, has achieved the Gold Seal of Approval™ for healthcare staffing services certification from The Joint Commission under its Health Care Staffing Services Certification Program.

**WIELAND**

Wieland is an industry leader in supplying furniture to the Acute HealthCare market. Wieland has been consistently ranked as one of the top 10 manufacturers serving the Acute HealthCare market. We strive to listen to our customers to meet their furniture needs in patient rooms, waiting areas, lobbies, lounges and dining areas. To learn more please go to www.wielandhealthcare.com

**INSTITUTIONS**

**NiHON KOHDen**

Nihon Kohden America is the highest rated, fastest growing patient monitoring company in the market space with an unmatched value proposition. We offer a full line of patient monitors, transport monitors, central monitoring platforms and telemetry monitoring solutions.

**The Morel Company**

The Morel Company developed the Hercules Patient Repositioning System™ to allow a single caregiver the ability to pull a patient up in bed in 10 seconds with the simple push of a button. Hercules saves the caregiver’s back while protecting the patient’s dignity and improving their overall experience.

**Rush University College of Nursing**

Rush University College of Nursing thoroughly prepares its graduates to advance the quality of patient care and nursing practice in a multitude of health care environments and to be leaders focused on improving health outcomes, whether at the bedside, in a research setting or directing an organization. U.S. News & World Report ranks Rush University College of Nursing DNP programs 5th in the nation among U.S. nursing colleges with seven advanced practice specialty programs ranked in the top ten.

**Western Governors University**

Western Governors University is an online, regionally accredited, nonprofit university. Tuition for our innovative, CCNE-accredited RN to BSN and MSN degree programs is $6,500 per year. Because WGU is competency-based and self-paced, and because we provide personalized, one-to-one faculty support from start to finish, WGU is a great fit for most working adults. Learn more at www.wgu.edu.

**Stryker**

Stryker is one of the world’s leading medical technology companies and, together with our customers, we are driven to make healthcare better. The Company offers a diverse array of innovative products and services in Orthopaedics, Medical and Surgical, and Neurotechnology and Spine that help improve patient and hospital outcomes. Stryker is active in over 100 countries around the world.

**TruthPoint**

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**StayWell**

StayWell is a health engagement company that helps its clients engage and educate people to improve health and business results. We bring decades of experience working across the health care industry to design solutions that address our clients’ evolving needs. We fuse expertise in health engagement and the science of behavior change with an integrated portfolio of solutions and robust content assets. Our customizable programs are proven to effectively engage people to make positive health care decisions—across even the most challenging populations.

**Voalte**

Voalte develops smartphone solutions that simplify caregiver communication. As the only company to offer a comprehensive Mobile Communication Strategy, Voalte enables care teams inside and outside the hospital to access and exchange information securely. Voalte solutions are now available to more than 132,000 caregivers throughout the United States. For more information, visit voalte.com
What IONL Membership Does for YOU?

IONL UNLOCKS THE LEADER IN YOU.
✦ Through IONLs professional development opportunities, ranging from free lunchtime webinars to immersive fellowship training programs, you can learn and refine the leadership skills you need to advance in today’s nursing profession.

IONL OPENS UP CAREER OPPORTUNITIES.
✦ Find your next position on IONL’s Career Center, exclusive to members.
✦ Earn Education Contact Hours through IONL’s educational programs for certifications necessary to take the next step.

IONL CONNECTS YOU TO FELLOW NURSING LEADERS IN ILLINOIS.
✦ Through programs, events, committee and volunteer work, you gain direct access to nursing peers and esteemed leaders in Illinois, essential for collaboration as well as personal and professional growth.

IONL KEEPS YOUR INFORMED.
✦ Don’t be surprised by policy changes ever again. IONL will keep you up to date on national and local health policy issues.

IONL ADVOCATES FOR YOU.
✦ IONL is active in collaborative advocacy efforts with industry colleagues and partners on behalf of all Illinois nurses.

IONL SAVES YOU MONEY.
✦ Receive exclusive discounts on professional development education, employment listings on IONL’s Career Center, and insurance through Liberty Mutual.

IONL members:
Renew your membership for 2017 by December 31, 2016

NOT A MEMBER?
Join us today by completing a membership form during the Annual Conference.
Sign up for a 2017 membership and you will receive October - December of 2016 for free.

Take Advantage of the IONL Career Center!
Whether you’re looking for a new job or looking for a new hire, the IONL Career Center has the resources for you. Members receive special pricing.
Learn more at www.ionl.org/networking
ResU’s Graduate Program

ResU’s graduate program can help nurses advance their careers in a variety of areas. We offer three graduate nursing majors, all of which lead to the MSN degree:

- **Nurse Practitioner:** Meet on campus 1-2 nights per week, with the rest of your coursework online, allowing you to work while earning your MSN
- **Health Systems Leadership:** Executive format, allowing you to come to campus only one weekend per month, every third weekend, for 20 months
- **Nurse Educator:** 3 year program with multiple scholarship and loan forgiveness programs for those who plan to teach the next generation of nurses

Learn more at: ResU.edu/msn

RESURRECTION UNIVERSITY
COLLEGE OF NURSING & COLLEGE OF ALLIED HEALTH

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More from IONL

**NURSING CARE COMMITTEE CONSORTIUM (NC-3) WEBINARS**
Illinois nurses come together for collaboration, education, and sharing for our state-mandated Nursing Care Committees. All are welcome to participate!

- October 17 NC-3 Webinar: The Rapidly Shifting Paradigm: The Emergence of Ambulatory Care Nursing in the Transformative Healthcare Landscape
- November 21 NC-3 Webinar: Developing Workforce Planning Committees: Insights from Nurse Leaders

**2017 MID-YEAR CONFERENCE**
*April 21*
Peoria Marriott
Pere Marquette
Peoria, IL

**2017 ANNUAL CONFERENCE**
*September 21-22*
Sheraton Lisle Hotel
Lisle, IL

**ASPIRING NURSE LEADER WORKSHOP**
*November 11*
Little Company of Mary Hospital
Evergreen Park, Illinois
Cost: $125 members, $175 nonmember

You will learn:
- Successful nurse leadership skills
- Overview of AONE & ANCC Certifications
- The importance of serving on a Board of Directors
- Resources available for future nurse leaders
- Successful communication techniques
- Working with generational differences

**ILLINOIS NURSE LEADER FELLOWSHIP PROGRAM**
Dedicated to the development and support of managers and new directors from diverse practice environments throughout the state. Incorporating education, mentoring, and networking, the IONL Fellowship Program is designed to build and enhance leadership skills and competencies.

Please join us in congratulating our 2016 Fellows:
Charlene Aaron, PhD
Marisol Arrellano, MSN, MBA, CCRN
Tess Callanta, BSN, CCRN, CNML
Meaghan Conroy, MSN, CNL, PCCN
Shara Dupree, BSN, CCRN
Heather Ketchum, MSN
Erica LaVire, MSN, CNL, CCRN
Marcie Leonard, CVRN
Sharon Ward, MHA, BSN, RN
Canita Madison, BSN
Cindy Malinowski, MSN
Cara Marco, BSN, RN
Rachel Nowaczyk, BSN, MBA, TNCC, AACN
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Diane Stonner, MSN, RNC-NIC
Michele Sumner, BSN, ChemO
Charla Warren, MSN, PCCN
Cindy Zimmerman, BSN, ANCC-Amb
Vivian Murphy, BSN

A special thanks to our Fellowship Program faculty:
Janet Krejci, PhD, RN; Shelly Malin, PhD, RN, NEA-BC; Melinda Noonan, DNP, RN, NEA-BC; Cecilia Wendler, RN, PhD, CCRN-K, NE-BC

Interested in becoming a fellow? Applications for the 2017 Fellowship Program will open in October. Visit www.ionl.org/Fellowship for more details.
“Finally, someone understands my goals for providing care…”
Chief Nursing Officer

“...and my goals for managing costs.”
Chief Financial Officer

How do you satisfy the needs of a CNO and a CFO at the same time?
This question may sound like we’re leading into a joke, but it’s no laughing matter. The Nash Group combines unique strategies with performance monitoring capability to aggregate care, redefine clinical workloads and staffing plans and lower labor costs. Learn more at nashgroup.com or call 847.425.4783.

Read our testimonials.
We have delivered results nationwide to both large and small hospitals, health systems, and single-site healthcare providers. Visit our website to read what others had to say about The Nash Group.