October is National PT Month

Governor Ryan issues proclamation in Illinois

Contributed by Ricardo Fernandez, MHS, PT, OCS, CSCS

The Honorable Governor George H. Ryan, also a pharmacist, has proclaimed October 2001 as Physical Therapy Month in Illinois! Congratulations physical therapists, physical therapist assistants, and students!

I received a beautiful State of Illinois Proclamation signed by Governor George H. Ryan and Secretary of State Jesse White that stated:

"Whereas, the practice of physical therapy involves a variety of aspects, from injury prevention to general health and fitness to rehabilitation following injury, disease or surgery; and

Whereas, physical therapy helps to improve the quality of life and physical well-being of people of all ages, including cardiac patients, children, athletes, and the elderly; and

Whereas, the Illinois Physical Therapy Association represents more than 3,000 physical therapists, physical therapy assistants, and physical therapy students in the state and promotes the importance of physical therapy education and research; and

Whereas, through physical therapy practice, education, and research, physical therapists are able to prevent disease, promote health, reduce pain and enhance quality of life; and

Whereas, it is appropriate that we recognize those individuals who dedicate their time and talent to caring for the physical health of the people of our state and the nation, and extend our appreciation to them for making Illinois a healthier place to live, work, and raise a family:

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Let's all pray for the dead, the injured, and the wounded soul of America and of the world.... And above all, let us be thankful that we are in a profession that helps mend those who others would harm, and that by being true to our professional calling we can offer hope and caring while others may offer hate and harm.

Jules Rothstein, PT, PhD, FAPTA
Editor, Physical Therapy

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President's Message
Barb Sullivan, PT, MBA

As I sit to write the President's Message, I don't mind admitting I've been affected by the tragic events from the terrorist attacks September 11, 2001. Like many across the country, I have a new sense of patriotism and pride in America. My heart goes out to the heroes and their families in New York, Washington and Pittsburgh. My prayers have been with them.

But beyond this, I'm experiencing a more personal need to simplify and get my priorities straight. The petty personal problems I had on my list September 10th no longer matter much to me. I am more interested in the struggles and fears of my family and friends. I seem to be more easy-going and less hassled at work; little things cannot touch me. And, I have a heightened sense of pride in my profession. I'm proud Physical Therapy is a healing profession that not only values life, but strives to improve the quality of life of all those we serve. I've had the opportunity to talk to many of our peers in the past 2 weeks, and each time I have heard a new softness and sense of compassion. I now realize the real reason for belonging to IPTA/APTA and participating in our professional organization has little to do with the list of reasons I would have given a month ago, but is simply because I need the camaraderie of peers who share similar values and live by the same code of ethics as I do.

October is Physical Therapy month. Throughout the month, I urge all of us to show others the pride we take in our profession. Put a little extra effort into living the values we profess. Be strong, yet compassionate and caring. Listen a little more carefully to our patients, employees and peers. I challenge you to take an opportunity to talk about Physical Therapy and IPTA to others—neighbors, physicians, non-IPTA member peers, etc. Tell them why Physical Therapy is important and let them hear from you the good things we do. Also, get involved with IPTA. Join in at a level you are comfortable with and in an area that interests you – practice issues, reimbursement issues, education issues, etc. Many options are available, and email has enhanced our ability to get involvement from across the state without the excess travel. (Ask your district chairman or the chapter office for more information.) Urge your peers to get involved—it's their profession too.

Mandatory Education Update

HB 572, regarding mandatory education for PTs and PTAs, was signed into law by Governor George Ryan this past August. When implemented, the requirements will be 40 hours per PT licensure cycle and 20 hours per PTA licensure cycle. While the law was effective immediately upon the governor's signature, it functionally does not go into effect until the Administrative Rules are in place. The Illinois Department of Professional Regulation's (IDPR) PT Licensing & Disciplinary Committee is responsible for developing the rules. IPTA has already had a discussion with the Committee members and plans to submit recommendations to the Committee for consideration. Once the rule changes are drafted, the proposed rules will be published in the Illinois Register for public review and a 45 day period is allowed for feedback. This public feedback will be taken into consideration for finalizing the rule changes.

IDPR plans to implement the rule change regarding mandatory education at the beginning of a licensing cycle for both physical therapists and physical therapist assistants. Therefore, the earliest possible effective dates are as follows:

- PTs: Oct 1, 2002 - Sep 30, 2004 licensure cycle
- PTAs: Oct 1, 2003 - Sep 30, 2005 licensure cycle

IDPR will include a notice and copy of the revised Administrative Rules to each licensed PT and PTA with the renewal form for licensure. IDPR assures us the implementation of mandatory CEUs will have no adverse affect on either the PT and/or PTA licensing fee. IPTA will keep its members updated during this process via the PT Priority and our website at www.ipta.org.
Transitions

Congratulations -- you've worked hard in school, and you'll soon be making the leap from student to professional! You won't be the only one, though... so how can you distinguish yourself from the rest of the crowd? APTA has a number of useful resources for your reference when preparing for your new role. Below are two: “Resume Writing Tips,” to help you get your foot in the door, and “Interviewing Techniques,” to assist you in putting that foot forward. Good luck!

Resume Writing Tips

In this job market, your resume may be one of 50 that lands on the desk of a human resources director or a physical therapy manager. It could possibly be weeded out with only a 15-second glance. Or, it could stand out in the crowd. Here's how:

✓ Take some time for personal reflection. Before taking a pen to your existing resume, spend some time reviewing the position description from a personal perspective and consider the following questions as honestly as possible:

• Where are you either under qualified or unqualified?
• How critical are these areas to successful job performance?
• Specifically, in what ways are you lacking?
• Do you have sufficient related qualifications that are transferable?
• Can these areas be learned (through education, training, experience) on the job without seriously jeopardizing job performance or patient care?
• What kind of program could you offer to remedy these shortcomings?
• What unique strengths or creative approaches do you have to offer the organization?
• How could you enhance the organization (improved quality, productivity, reduced costs, enhanced efficiency, etc.)?
• In what personal dimensions do you excel?
• What specific examples demonstrate your attributes and areas of excellence?

Such reflection will help you determine if this position is a good fit and is in keeping with your career goals. In addition, it can facilitate the tailoring of your resume, as well as better prepare you for the ensuing interview.

✓ Focus on your achievements, rather than a straight listing of job duties. This should be easy for physical therapists who are “pros” at documenting patients’ results in terms of measurable outcomes. Do the same on your resume. Take a look at each position you have held and consider how you performed the job in a way that made you stand out, what were the results or benefits of your efforts, and how you were recognized for your achievements. List your accomplishments for each position using strong action verb phrases and quantifiable results, such as:

• Developed patient education handouts that are used by all nine PTs in the clinic
• Initiated and headed up PT Month activities for the hospital that included a community health fair and local radio spots
• Completed a clinical research project that resulted in a 37% increase in patient satisfaction
• Developed a program for measuring continued competency
• Increased revenue by 25% through direct marketing efforts to physicians
• Taught inservice programs on documentation for staff PTs that resulted in fewer reimbursement denials
• Revamped the clinic’s documentation forms to be consistent with the Guide to Physical Therapist Practice

✓ Avoid declarative sentences using “I”. Instead of “I initiated...” or “I managed...”, leave out the “I” and get right to the action verb. Also, avoid passive constructions, such as “was responsible for managing.” It’s more efficient and more active to say, “managed”.

✓ Tailor your resume. Avoid vague, general resumes that cover several areas of interest. With today’s technology, you can easily tailor the objective statement on your resume to suit a specific job or practice setting.

✓ Highlight Association Involvement. A recent employment survey conducted by APTA found that APTA members were more likely to be employed on a full-time basis (77.5%) compared with nonmembers (58.1%). In physical therapy, commitment to the profession matters, and will often give you an edge. List all involvement from district newsletter editor, to chapter legislative committee, to Physical Therapy manuscript reviewer, to national office. Also, be sure to demonstrate your commitment to the profession by listing any other relevant volunteer activities and professional affiliations.

continued on next page
Resume Writing Tips

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✓ Be concise. You’ve probably heard that you shouldn’t make your resume too long. The same goes for not making it too short. Don’t make the mistake of cramming all of your information onto one unreadable page or losing valuable accomplishments in an effort to keep it short. If your career and accomplishments warrant more than one page, go for it. Just make sure that any information you put on your resume is necessary and will help you land the job. If you fill your resume with wordy, irrelevant information, you will likely not make the cut. When figuring out appropriate length, the factors to be considered are years of experience, scope of accomplishments, education, and professional activity. But if you do go longer, you can still keep it readable.

✓ Make your resume an easy read. Help out the manager (and give yourself an edge) who is wading through a stack of resumes. Use standard margins (1" on the top and bottom and 1.25" on the sides), give the reader some breathing room with white space between sections, and emphasize the start of new sections with bold typeface. Keep your typeface simple and professional.

✓ Don’t include personal information. It is no longer considered professional to include such information as marital status, hobbies, health, or height and weight.

✓ Get a second opinion. Ask one or more colleagues who can offer an objective opinion to take a look at your resume. Try to seek those who have management or hiring experience.

✓ Make it perfect! Even if you have the right qualifications and accomplishments, mistakes on your resume can rule you out. Proofread for spelling and grammar mistakes, and then ask someone else to proofread it as well.


Interviewing Techniques

You’re called for an interview. Clearly, the employer is interested in you! Your job interview should be an exciting time — your opportunity to sell yourself. You need to be prepared for the interview, and at the same time, you need to be yourself.

First, some basics. Arrive on time, and make a professional appearance. Being late or inappropriately dressed can lead to a negative first impression. Bring a copy of your resume and anything else that lends itself to “show and tell” such as a budget, a manual, or inservice handouts you developed, a research project you conducted, or an article you wrote. Do your homework and learn as much as you can ahead of time about the facility where you are interviewing including:

- Position job description
- Job objectives - current year
- Department objectives - current year
- Organization mission, vision, goals, and objectives
- Organization’s annual report

While you never want to appear rehearsed on an interview, take time to consider possible questions and your responses. Here are some typical questions:

- What are your strengths? Weaknesses?
- Tell me about yourself.
- Why do you want this job?

- Where do you see yourself in five years?
- How do you work under pressure?
- What accomplishments are you most proud of?
- What would you offer this facility?
- Why do you want to leave your current position?

In considering your responses, assess your qualifications, accomplishments, and career goals — and exude your confidence in them. Don’t be afraid to propose new ideas.

In addition to preparing for questions about yourself and the position, give some thought to your views on the profession and the current health care environment. Today’s employers are looking for physical therapists who have a handle on the big picture. For instance, you may be asked:

- Of the employee qualifications identified, which are most important?
- Why are these factors important?
- How have you altered your practice in light of managed care and other cost containment restrictions?
- What does the profession of physical therapy need to do to survive in today’s health care environment?
- Where do you see the profession in five years?

And don’t forget to consider what questions you would like to ask. This is a great way to learn more about the position.
Interviewing Techniques
continued from previous page

and to show your interest. To respond to an interviewer that she has covered everything and you have no questions actually gives the impression that you haven’t done your research. Some sample questions:

- What are the key ongoing responsibilities of this position?
- What are the specific objectives for this position for the current year?
- What is your level of employee/patient satisfaction?
- How do you allow for employee input?
- How do you support employees in developing career ladders?
- Who will be my immediate supervisor?
- How do you handle patient complaints?

Always follow your interview with a timely thank you note that restates your interest in the position. Send a note to each person who interviewed you.


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Call for Member Information Updates

IPTA Membership Directory 2002 in Preparation

The IPTA's annual Membership Directory is in the early stages of production for 2002. An invaluable resource tool, the Directory includes contact information at home and work for current members, listings for PT and PTA Academic Programs in Illinois, the Illinois Physical Therapy Practice Act, the APTA Guide for Professional Conduct and much more! The Directory is provided to members free of charge as a benefit of membership.

Please assist us in optimizing the precision of the upcoming Directory. Members are responsible for the accuracy of their listing; please provide any updates if you suspect your information in our database is incorrect and/or you have any changes to report. For your convenience, you may complete the form below and submit to the Chapter Office; you may also submit updates online at www.ipta.org or by contacting the IPTA Chapter Office.

Member Information - Update:

Name ________________________________
APTA Membership Number ________________________________
Home Address ________________________________
City ________________________________
State _________ Zip Code _____________
Phone ________________________________
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City ________________________________
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Application for enrollment and further information about the Transitional Doctor of Physical Therapy degree program are available online at www.finchems.edu. Call (847) 578-3307 or e-mail hoovenk@finchems.edu if you have any questions or would like to speak with a faculty member.

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PT Priority - October 2001

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LLCC SPTAs on APTA Membership

Lincoln Land Community College PTA Program’s Class of 2001 achieved 100% APTA membership! Here are some sample student quotes on the benefits of membership before AND after graduation.

“All physical therapist assistants should get involved in the APTA, in order to be heard towards any possible decision making changes which might effect our practice. It is imperative to demonstrate a high amount of interest, care, and responsibility for our profession as a whole.”

DJ DiGiovanna

“All physical therapist assistants should be members of the APTA, so they can have a voice in important matters. Instead of complaining about the way things are, join and change them. When you’re an assistant, you not only have to be heard by the physical therapists, but you have to be heard as a group within the professional organization.”

Amy Meredith

“PTAs should consider membership a privilege and a tool in the career development process. It is a means that can be used to direct the growth of physical therapist assistants. Assistants should see membership as a professional responsibility and consider it an investment in their future, as well as an investment in the future of their clients.”

Susan Rebman

“The most important reason to join the APTA is so you will help to decide your future. If you are not a member someone else may be changing your career and treatment options without your knowledge. One day that lack of knowledge could cost you your job. I do not want to take that risk, do you?”

Jenny Vaughn

“Physical therapist assistants must join forces to ensure that our voices and opinions are heard. If we do not care enough to join, then no one else is going to care either. You could even have a chance to represent other assistants by running for one of the offices available to PTAs.”

Karen Strocher

“Being an APTA member means that we have a voice on issues pertaining to our profession. It also shows that you care about the profession.”

Teresa Sumpter

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Continuing Education Courses:
APTA’s New CE Offerings

As employer contributions to professional development for employees continue to decrease, the number of states requiring continuing education for physical therapist and physical therapist assistant relicensure continues to grow. The American Physical Therapy Association (APTA) is addressing this problem by offering new, convenient, relevant, and most importantly, economical options for physical therapists and physical therapist assistants to meet their relicensure requirements and maintain professional competence.

With the passage of HB572 by the state legislature in May, which requires continuing education units for physical therapists and physical therapist assistants, Illinois is slated to become the latest state to require continuing education units for relicensure.

In response to this growing need for continuing education, APTA offers a series of continuing education courses for physical therapists and physical therapist assistants. For example, online courses allow individuals to meet continuing education requirements whenever and wherever they may have access to a computer. Courses featuring streaming audio and video and a synchronized PowerPoint presentation are APTA’s newest addition to their online course library. In addition, a written transcription runs continuously during the course. Users complete a final CEU exam, which is scored automatically so individuals are immediately notified of the results. For those without an Internet connection, the courses are also available on CD-ROM.

APTA continues to offer its “CE Series” online, an electronic adaptation of the “Learn and Earn CEU” courses provided in PT Magazine. These courses — over 20 in all — cover a variety of topics such as wound management, rotator cuff injuries, low back pain, and Parkinson’s Disease. Each is worth .2 CEUs (two contact hours), and can be completed in just a few hours.

All of the courses developed by APTA can be found on the APTA website (www.apta.org) by clicking on “Continuing Education.” In addition, all APTA-sponsored continuing education, as well as a variety of other continuing education opportunities, can be found in a free searchable database through PT Bulletin Online (https://www.apta.org/Bulletin), APTA’s online weekly news update. By entering the needed criteria — geographical location, topic area, dates, etc. — individuals can pull together those courses that meet their specific professional development goals.

For physical therapists who prefer the “paper” style of continuing education, two new home-study courses will be available by late summer 2001. Topics in Physical Therapy — Neurology is a 24-contact-hour course (2.4 CEUs). A collaboration between APTA and its Neurology Section, this course presents current best practice for the physical therapy professional who is either beginning a focus in neurology, or who is an experienced practitioner reviewing for specialist certification. Physical therapists have the opportunity to learn from the experts in the field, at their own pace, and on their own schedule. Similarly, Topics in Physical Therapy — Pediatrics, also worth 24-contact-hours (2.4 CEUs), features current, in-depth information on physical therapist evaluation and intervention strategies for the pediatric client population. This course provides an opportunity to focus on a new content area and/or update current knowledge.

Physical therapists and physical therapist assistants should consider continuing education an absolute necessity in order to practice safely and effectively, regardless of state requirements. The profession of physical therapy is constantly changing, and all practitioners have an ethical obligation to maintain their professional competence. APTA recognizes this obligation, and has taken the necessary steps to make professional development opportunities accessible and affordable.

For more information on APTA’s continuing education offerings, contact Beth Nolte in APTA’s Professional Development Department at 800-999-2782, ext. 8521 or by email at betnolte@apta.org.

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I had the privilege of serving as IPTA President from 1993-1996. It is an honor to be elected by one’s peers to serve in a leadership role. It is an equal honor to serve in a role that had been held by your mentors. Those who came before me paved the way and left an IPTA strong and poised for a decade that can be marked by its ups and downs. If there is one word I can use to summarize the 90s, it is CHANGE.

I can easily identify 6 areas that changed dramatically during the 90s: practice, education, research, technology, employment and management. In many ways, the IPTA reflected what was going on nationally in the health care arena. As I tried to write separately on each of the areas, I found I could not. They have been, and always will be carefully intertwined. All segments of Physical Therapy are interdependent on each other and survive and thrive only out of mutual respect for the contributions and challenges each of us face on daily basis.

The 1990s started with PT in its glory days. Jobs were plentiful. Do you remember when the PT Bulletin from APTA and the PT Priority from IPTA came out weekly in print? They were filled with job announcements. The exhibit halls at the local and national level were filled with recruiters. Both of these were important sources of revenue to the association and helped support our programs. Applicants to PT and PTA programs continued to soar in size and qualifications. Students arrived in school with scholarships to fund their education, promises of employment on graduation and lucrative sign on bonuses. We appeared on the “hot jobs” list in many major publications. In 1990, there were a total of 129 PT programs (97 baccalaureate, 1 certificate, 31 masters). To meet the demand for PTs and PTAs, new schools were developed. Some became concerned that quantity was more important than quality, but collectively, we felt needed to meet the demand. We also saw our role changing in the health care system and as many programs were moving to the masters entry level, others talked of the DPT. The decade ended with 195 programs (111 baccalaureate, 170 masters, and 14 DPT). PTA programs also grew at an enormous rate. There is no growth in number. But the quality is here and our future is bright.

During this time, the IPTA leadership recognized that we were not in this alone. A Tri-Alliance consisting of the Presidents of IPTA, IOTA and ISHA was developed. We held regular meetings to exchange information on legislative, practice and membership issues. These meetings were helpful to me as President. These contacts enabled me to broaden my understanding of the issues facing the health care system and to ensure that we took every opportunity to be where we needed to fulfill our mission.

But, as we were enjoying this boom period, managed care was emerging as a force in the delivery system. Economists predicted that health care spending could not continue to escalate at the current rate. We were unsure of how changes in the system would impact PT. APTA’s Vector Study was an alert. Downsizing, re-engineering and patient focused care were terms with which we became very familiar. We knew that a $500 cap on OP PT services was not reasonable for our patients. We saw many of our friends closing their practices or selling them to large corporations because the independent practitioner had more trouble surviving alone. Networks were developed. But who knew what a “Bubba” was? Today we know that it refers to the Balanced Budget Act (BBA) of 1997. We did not anticipate the devastating effect that BBA would have on our profession. For the first time, we saw PTs and PTAs being laid off or leaving the profession out of frustration, lack of opportunity or concern about who was making health care decisions.

We have always known the importance of research in Physical Therapy, but most of us thought that the responsibility for doing research should be left to the “researchers”. During the 90’s, third party payors challenged us to prove that our interventions do make a difference and to show that in order for our interventions to be effective, they needed to be performed by or under the direction of a PT. We have made strides in this area. We haven’t come far enough. During the decade, “evidence-based practice” became a buzz word. As PTs and PTAs, we need to do more than talk about evidence; we need to internalize it. We need to question old paradigms and each other and not be willing to accept “because it works” and “I don’t have time to publish the data”. Reimbursements won’t and neither should we.

In 1990, few of our members had computers at home. The computers we had at work were dedicated for specific work related programs. Very few of us had e-mail addresses. We all know how technology has changed our lives. How has technology changed the IPTA? Communication with the membership was difficult, time delayed, expensive and on an individual basis. Today we know that most of our members frequently use e-mail and the internet. We can communicate efficiently and effectively, sharing information, calling to action and broadcasting our legislative victories. We use bulletin boards and chat rooms to ask for advice and feedback from our peers. These changes have allowed the IPTA to be even more responsive to member needs than we had been in the past.

The IPTA started the decade with an office manager and a very small office in Chicago. As the years progressed, our membership grew and the needs became more complex. During my tenure as...
TIMELINE: IPTA - The 90s
continued from previous page

President, the Executive committee recognized that the volunteer leadership had less time to devote to running daily operations. It was time for a change. We hired our first executive director. Since then, our chapter staff has continued to gain responsibility and size and is able to help us launch into a successful 21st century.

During the 4 wonderful years I served as IPTA President, I traveled around the state. I met and worked with many terrific, dedicated individuals. As I left the IPTA Presidency, I felt there was more work to be done. I was elected to the APTA Board of Directors in June, 1997 and have served in that role since then.

My commitment and vision for the future is brighter than ever. Change will always be a part of who we are and what we do. This quote from Lyndon Johnson helps summarize where we’ve been, and where we can go: “Yesterday is not ours to recover, but tomorrow is ours to win or lose.”

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Special Education Opportunities
80 District Special Education Agency serving physically challenged students with varied medical diagnoses, is offering excellent opportunities in several Northwest state areas. Call for details regarding:

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Northwestern Illinois Association
Therapy Division
521 Hamilton Street Annex
Geneva, Illinois 60134

PHYSICAL THERAPIST ASSISTANTS
Windemere Facility-Hyde Park — Full-Time
Main Campus-Chicago — Arthritis Center
Part-Time, 20 hours per week

The Rehabilitation Institute of Chicago, named the #1 Rehabilitation Hospital in America for 11 consecutive years, has two exciting opportunities to join a team of professionals at our Arthritis Center, part-time and at our Hyde Park Windemere Clinic, full-time.

Responsibilities include active and passive exercises, muscle re-education, as well as gait and functioning training. Will also report and document therapy treatments and instruct patients/families in continued exercise/therapy programs. Our full-time position requires a minimum of one year experience and the part-time position will be open to a recent grad. A.A. Degree in Applied Science with IL license a must. Good ortho and neuro experience preferred. Excellent communication skills necessary to deal effectively with patients, families and staff. www.rehabchicago.org

RIC offers competitive compensation & benefits including tuition, in-service programs and retirement. Submit resume and position desired to: The Rehabilitation Institute of Chicago, 345 East Superior Street, Attn: MRW-Human Resources, Chicago, IL 60611, OR fax: 708-763-9166, e-mail: RMW@enteract.com.

Rehabilitation Institute of Chicago

EOE
Opportunities for student involvement plentiful

Jaime S. Fortier, SPT
SSIG Secretary

As most of you already know we have begun the busy time of the year for Physical Therapists in Illinois. On top of our normal day-to-day practice, these next few months are loaded with important events that are extremely beneficial to our profession.

In the fall, many schools in Illinois as well as around the country are raising money to donate to the Miami-Marquette Challenge. This challenge is a fundraising effort by physical therapy students nationwide to help the Foundation of Physical Therapy fund research in our field. The challenge was first initiated in 1989 by Marquette University and in 1998 the University of Miami became a co-sponsor. In the past years students have raised over $406,000 for the Foundation of Physical Therapy. I would like to personally challenge schools within Illinois to get involved in this fundraising effort to help the Miami-Marquette Challenge reach their 2001 fundraising goal.

As we all know, October is Physical Therapy Month. This month is dedicated to educating other medical professions, patients and organizations outside of the medical field about physical therapy. It also involves physical therapists getting involved in their communities. It is a monumental and important task for participation by all physical therapists and physical therapy students. The SSIG would like to encourage all members of the IPTA to participate in some way to make this PT month a success.

Also taking place this October 26-28th is the Fall Conference meeting in Galena, Illinois. During Fall Conference the SSIG will hold a meeting with presentations and discussions, as well as the elections for the next SSIG president. (If you are interested in running for this position but would like more information please feel free to contact any member of the present SSIG board.) $200 scholarships for the 2002 APTA combined sections meeting in Boston will be raffled off to attendees of this SSIG meeting. Don’t miss it!

Further information regarding the SSIG meeting at Fall Conference will be posted on the IPTA website under the SSIG section. Our section of the site also includes the names and contact information for the SSIG chairperson, secretary and special events coordinator. Be sure to visit regularly for information and updates about meetings and activities.

Please feel free to contact any one of us at any time. We appreciate feedback and suggestions.

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Physical Therapists
• Evanston, Glenbrook & Highland Park Hospitals - multiple positions available
• Outpatient Pediatrics
• Multiple Outpatient Clinics
• Illinois licensure or eligibility required

Physical Therapy Assistants
• Glenbrook Hospital - Full-time
• Evanston Hospital - Full-time

To qualify for this entry-level position, you need to be a graduate of an APTA-approved Physical Therapy Assistant program and have a current Illinois Physical Therapist Assistant license (or eligibility).

Make the wise choice and join a place where you belong. Evanston Northwestern Healthcare. We offer competitive salaries, great benefits and plenty of skill development opportunities. Forward your resume to: Evanston Northwestern Healthcare, 2650 Ridge Ave., Evanston, IL 60201. Fax: 847-570-1903. E-mail: sschuster@enh.org. EOE M/F/D/V

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www.enh.org
IPTA Education Division
Seeking Volunteers

Please consider contributing your time and talent to your professional association as a volunteer! The Education Division is currently seeking volunteers in the following areas:

- **Publications – Priority:** opportunities to help develop a resource panel of writers willing to contribute in areas of expertise – you may like to be a writing resource yourself, or if you may just want to help identify and maintain a directory of those who would.
- **Publications – Directory:** opportunity to assist with a review of the 2001 directory and development of the 2002 directory.
- **Website:** opportunity to review the content of the website and develop new material for content "holes".
- **Continuing Education:** opportunity to provide input to the CEU work group via work group listserv. (If you are interested in becoming a member of the CEU work group – there will one chosen from each district other than Eastern and West Central – contact your District Chair.)

PLEASE CONTACT PATTI NAYLOR at (217)787-7862 (H) or fuzzynaylors@worldnet.att.net if interested.

October is National PT Month

Therefore, I, George H. Ryan, Governor of the State of Illinois, proclaim October 2001 as PHYSICAL THERAPY MONTH in Illinois.

In Witness Whereof, I have hereunto set my hand and caused the Great Seal of the State of Illinois to be affixed. Done at the Capitol, in the City of Springfield, this seventeenth day of August, in the Year of Our Lord two thousand and one, and of the State of Illinois the one hundred and eighty-third."

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**Welcome New Members!**

*Physical Therapists*

Kara Patterson  Jennifer Flage

*Physical Therapy Assistants*

Dana Dunleavy Maryann Stein

Jillian Allen Liana Ashurov Janelle Belles Marreen Bernard Cory Block Iliana Carrero April Clark Dani lyn Depasupil Danny DiGiovanna Laura Eiherton Teri Pearday Douglas Hoeksma

Marcia Skinner Arianna Barcus

Robby Hoffmann Kristen Hutchinson Matthew Isherwood Savita Jain Erin Jennings Gina Johnson Sharon Katt Loriana Kaufman Rebecca Keating Michele Kehler Thomas Kilpatrick Bonnie Lampe

Jennifer Yih Yih Liu Teresa Maciejczyk Linda Madden Elizabeth Novosad Manisha Patel Fred Piskowy Barbara Reiman Susan Reynolds Nicola Ricketts Jennifer Rutili Jasmine Sia Elizabeth Tazelaar

**I Illinois PTs attain Lymphedema Therapist Certification**

*Contributed by*

*Linda S. Roherty, PT, CLT-LANA*

In May 2001 the Lymphology Association of North America (LANA) conducted its first certification exam for Lymphedema Therapists (CLT-LANA). 102 physical therapists and occupational therapists received certification – and of these, Illinois had the second largest showing with 14 (11 PTs and 3 OTs). Among Illinois’ new CLT-LANAs are Patricia Blas-Jasonowicz, Jerenda Brown, Joanne Corelitiz, Jeanne Giampa, Debra Gordon, Raymona Hebrick, Peggy Johnson, Carol Miller, Terri Rieder, Linda S. Roherty, and Maria Sobol.

A non-profit organization, LANA strives to promote standards for management of individuals with lymphedema and/or related disorders, to establish and maintain certification for medical professions who provide such services, and to promote the awareness and science of Lymphology. The LANA organization is comprised of 19 board members from the United States and Canada, which consists of physicians, PTs, OTs, RNs and MTs. Three members on the Board of Directors are from Illinois: Dr. Joseph Feldman, President of LANA, Evanston Northwestern Healthcare; Katina Kirby, MS, OTR-L, CDT-LANA, Evanston Northwestern Healthcare; and myself, Linda Roherty, PT, CLT-LANA, Sherman Health Systems and Associate Instructor for Klose Norton Training & Consulting. The three largest sponsors of LANA’s efforts are the American Cancer Society, Evanston Northwestern Healthcare and BSN-Jobst.

LANA’s examination is offered two times a year, at two to three week intervals. For more information about LANA, the examination, and its Board of Directors visit the LANA website at www.snonet.org/lana.

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**PHYSICAL THERAPIST**


Fax resume to Carol Gordon, PhD, PT, OCS, at (630) 350-2842.
Dateline

Submissions to Dateline should be sent to the IPTA Chapter Office. Inclusions in the calendar are as space permits and are at the discretion of the editor. Priority is given to IPTA events. Cost per listing is $25 for non-IPTA events.

OCTOBER
26-28 IPTA Fall Conference
   Eagle Ridge Inn & Resort, Galena, IL

NOVEMBER
2   IPTA Central District Meeting
   Location: Decatur Memorial Hospital, Decatur, IL
   Time: 7:00 p.m.
   Speaker: TBA
   Topic: TBA

2-4 APTA Section on Pediatrics - 4th Annual Advanced Clinical Practice in Pediatric Physical Therapy
   Location: Oak Brook Hills Resort, Oak Brook, IL
   Speakers: Suzann Campbell, PT, PhD, FAPTA; Donna Cech, PT, MS, PCS; Carrie Gajdosik, PT, MS; June Brigford Garber, PT, MACPT; Gay Girogami, PT, MS; Thubi HA Kolobe, PT, PhD; Mary Massery, PT, MS; Priscilla Osborne, PT, MS, PCS
   Contact: APTA (800) 999-2782 - Cindy Sliwa, x3254

13 IPTA Northern District Meeting
29, 30 Postural & Functional Impact of Dynamic Orthotic & 12/1 Systems in the Pediatric Population
   Instructor: Nancy Hylton, PT
   Location: Chicago Suburbs, IL
   Contact: Kids In Motion, Inc.

DECEMBER
4   IPTA Western District Meeting
   Location: IPMR - Senior World, Peoria, IL
   Time: 6:30 p.m.
   Speaker: Larry Miller on Stroke Rehab
   Contact: Karen Walter, (309) 836-1616 or e-mail DR-Walter@wiu.edu

6   IPTA West Central District Meeting
   Location: Passavant Area Hospital, Jacksonville, IL

6 McKenzie Method: Part A: The Lumbar Spine
   Instructor: Dana Greene
   Location: Columbus Medical Pavilion
   Contact: Cindy Butler, (800) 635-8380

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Opportunities are currently available for PTs and PTAs to work in our Illinois facilities. For more information, please contact Libby Skolnik at 1-800-651-0221, ext. 231 or fax resumes to: (847) 240-0446.
E-mail: Libby.Skolnik@ihs-inc.com EOE.
Join the Illinois Physical Therapy Association in October  
For IPTA’s Fall Conference 2001 featuring:

George J. Davies, MEd, PT, SCS, ATC, CSCS  
Current Concepts in Evaluation and Treatment  
Of Patients with Selected Shoulder Conditions 

APTA Clinical Instructor Certification Program 

Jules M. Rothstein, PT, PhD, FAPTA  
Recognition Dinner Keynote Speaker 

Including nearly 20 short workshops in areas of orthopedics, neurology, administration, academics, research and more!

Visit www.ipta.org for programming and registration details (including online registration), or contact the IPTA Chapter Office at (630) 571-1400 or email ipta@ipta.org. Don’t miss it!