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  - Governors State Univ.
  - Morton College

**ILLINOIS  
PHYSICAL  
THERAPY  
ASSOCIATION**

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A Chapter of the  
American Physical  
Therapy Association

 **APTA**  
American Physical Therapy Association

## The Value of Membership

*Patti Naylor, PT, MS*

Whenever the subject of member recruitment comes up, the conversation invariably turns to money. "Dues are too expensive, and I just can't afford it" is a commonly heard justification for not joining or renewing membership. Why is that? My opinion is that it's because the financial argument trumps all others – personal finances are such a private issue that most people won't even continue the discussion once this justification is offered.

I've heard the "I can't afford it" argument from many people, but there are only a rare few to whom it truly applies. For the rest of us, it's just an easy way out. Consider this: APTA membership costs about a dollar a day. How many of us really can't afford to set aside a dollar a day? One less soda, cappuccino, or candy bar a day is just about all it takes. Eat out one less time each month, and you'll save enough to pay for your membership. Cable or satellite TV service is considered a necessity in most homes these days, but the yearly cost of this service exceeds the cost of membership - yet most of us don't think twice about writing that check to the cable company. While I would have a hard time convincing my husband that there is life without cable, I would have an even harder time trying to make the point that my profession isn't at least as important as having cable or satellite TV.

At this year's House of Delegates, one of the issues addressed was the creation of new membership categories with reduced dues in order to facilitate member recruitment

and retention. The discussions surrounding this issue bothered me, but I didn't know why until it struck me that the real issue was not one of cost, but one of *value*. Individuals that choose to join the APTA do so because they see the value in membership, and those that don't understand the value won't ever join – regardless of any pricing incentives.

Value can be described as a ratio of cost to perceived benefits. As long as the benefits equal or exceed the cost, a thing will have value. Decreasing costs can certainly increase the value, but so can increasing the benefits *or our awareness of them*. Just what are the benefits of APTA membership? Legislative representation, reimbursement updates and information, 24-hour-a-day

*Continued on page 16*

**ILLINOIS PHYSICAL  
THERAPY ASSOCIATION**

*Fall Conference 2002*

Holiday Inn - Collinsville, IL  
October 25-27, 2002

**Program and Registration  
Information Inside**



# PT PRIORITY

The Official Newsletter of the Illinois Physical Therapy Association

August 2002 • Volume 18 • Number 04

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*PT PRIORITY* is the official newsletter of the Illinois Physical Therapy Association. Articles express the authors' views only and are not necessarily the official policy of the Illinois Physical Therapy Association. Advertisements accepted by *PT PRIORITY* do not imply endorsement of products and/or services. *PT PRIORITY* is published 6 times a year by the Illinois Chapter of the American Physical Therapy Association.

LETTERS TO THE EDITOR are welcomed and must be accompanied by the name and telephone number of the author.

#### RULES FOR SUBMISSION OF MATERIALS FOR PUBLICATION IN *PT PRIORITY*

1. Topics should be of interest and/or assistance to physical therapists and physical therapist assistants.
2. Articles should be submitted to the Chapter Office via facsimile, e-mail, or on diskette using Microsoft Word or in ASCII format. Photos are also welcomed.
3. Quotations and references should be properly identified. A bibliography should be identified as appropriate.
4. Name of author with address and brief biography should be included.
5. The editor reserves the right to accept, reject, or edit all materials for grammar, spelling and legibility. If after editing the content or thrust of the article appears to have been substantially altered, the author will be consulted before publication.

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#### \*Ownership of Advertiser:

A - For-profit corporation	D - Non-profit corporation	EDU - Educational ad
B - Government	E - Physical therapist owned	S - Supplier
C - Non-health care professional investor	F - Physician owned	K - Unknown
	G - Other	

# President's Message

**Barb Sullivan, PT, MBA**

Yesterday a friend, and physical therapist I worked with years ago, stopped by and was bemoaning the hoops she is required to jump through to continue to provide physical therapy services in the State of Illinois' early intervention program. My friend is a part-time private practitioner and has 20+ years of clinical experience, most of it in pediatrics. During our conversation, she mentioned she no longer keeps in touch with many of the therapists we used to work with years ago. She is not a member of IPTA, and mentioned how much it costs considering she is a stay-at-home mom working part-time. I couldn't disagree more, and told her so. In my mind it is *because* of the APTA/IPTA that she was able to take time off as a stay at home mom when her kids were little



and then come back into the profession on a part-time basis as a private practitioner, which meets her needs at home, and is able to make a decent wage. It is because of

IPTA that physical therapists are recognized and respected as medical professionals within the State of Illinois. Physical Therapists are included in the State's early intervention program and reimbursed for our services. It is because of the efforts of the IPTA legislative committee that member PTs enjoy the scope of practice we have in Illinois. In pediatrics, IPTA members

such as Vicki Lee, PT and Donna Cech, PT, have been actively working on behalf of pediatric therapists across the state, trying to simplify and improve the processes the Illinois Department of Human Services uses to certify therapists for early intervention. Although the process has a long way to go, IPTA is able to give feedback to the state, is listened to, and may be able to help shape the future. Membership for APTA/IPTA is \$395/year for therapists and \$321/year for assistants. One coke/day, give or take. It's not too much for a part-time mom to pay to ensure her profession.

What I didn't say to my friend, but should have, is that she's missing out on much more than the tangibles I mentioned above, and those posted on the IPTA Web site (<http://www.ipta.org>). It's the networking capabilities, contacts and resources that I have found invaluable. The structure is available through APTA to network with peers with similar interests, both across the state and across the country, such as debating health policy, sharing a narrow clinical specialty, or researching an answer to a very specific clinical question. The contacts and resources are available through APTA/IPTA. Specifically considering an outcome measure. E-mail access, specialty list serves, chapter and section meetings—there many ways for all therapists to stay current with advances in our field and changes within the environment. One no longer needs to leave home to interact with peers. The APTA Web site and all the Sections offer a wealth of resource materials. And pediatrics is just an example. The same holds true with all areas of interest—acute care, geriatrics, sports medicine, administration, etc. Yes, membership is well worth it. And the friends made along the way—priceless.

  
Barb

## CONTINUING EDUCATION UPDATE

**Patti Naylor, PT, MS**

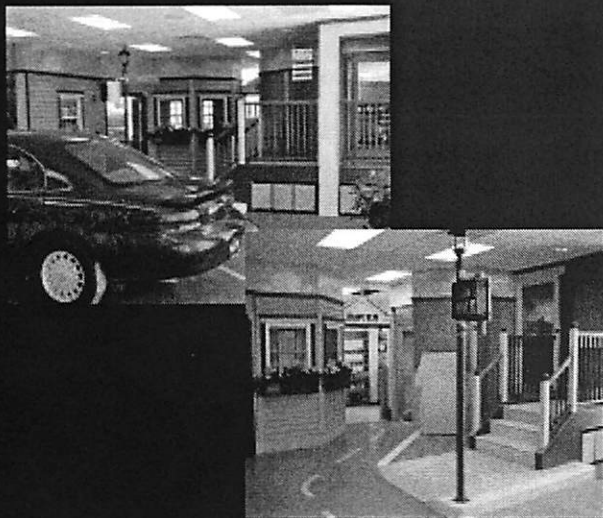
As of October 1, 2002, physical therapists licensed in Illinois will need to begin accumulating continuing education hours for their 2004 license renewal. The mandatory continuing education legislation, which was passed in the spring of 2001 by the Illinois Legislature and signed by Governor Ryan last August, requires P.T.'s to obtain 40 continuing education hours in every 2-year license renewal cycle. The requirement for physical therapist assistants is 20 hours of continuing education per renewal cycle, starting October 1, 2003.

In order to avoid confusion, the continuing education rules have been written in terms of "C.E. hours" required rather than "C.E.U.'s." One C.E.U., according to standard guidelines, is equal to 10 C.E. contact hours - making the new Illinois requirement equal to 4.0 C.E.U.'s when put into that terminology.

The continuing education rules were mailed by the Illinois Department of Professional Regulations, to all licensed P.T.'s in the state along with their license renewal form. The rules are also available on the IPTA Web site, and are expected to be posted soon on the IDPR website. Questions may be directed to IDPR or the IPTA Chapter Office.



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Clinical Imaging  
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Elmhurst, IL                Nov 9-10

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Evaluation, and Manual Therapy Intervention

Bloomington, IL            March 9-10  
Sioux City, IA                May 17-18

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# 2001: Year In Review

## Taking the Profession to New Heights

With your support,  
APTA can continue  
to advance the  
profession in so  
many ways.  
What a year  
it has been....

### Accomplishments

- ❖ At APTA's request, Medicare direct access legislation was introduced into Congress. The "Patient Access to Physical Therapists Act" would allow Medicare patients to have direct access to a physical therapist.
- ❖ Actively defended the rights of physical therapists by becoming involved in a lawsuit in which chiropractors are trying to prevent physical therapists from being reimbursed under Medicare for manual manipulation of the spine.
- ❖ Increased the practice expense component in the Physician Fee Schedule, resulting in \$11.5 million more in payments to physical therapists in 2001.
- ❖ Worked to maintain PTs' right to perform manipulation in Indiana, Mississippi, Missouri, New Jersey, New York, Pennsylvania, and Texas.
- ❖ Ensured that PTs can continue to provide orthotics/prosthetics within the scope of PT practice in Alabama, Georgia, Louisiana, New Jersey, and Oklahoma.
- ❖ Virginia became the 34th state to obtain direct access.
- ❖ Continued development of "Hooked on Evidence," APTA's Web-based review of research literature that can be used by clinicians to enhance clinical decision making and practice.
- ❖ Provided all members free copies of the "For Your Health" Supplement to *PT Magazine* to help educate consumers about physical therapy.

### New in 2001

- ❖ APTA adopted a slogan that expresses what physical therapy is all about: *The Science of Healing. The Art of Caring.*
- ❖ *Guide to Physical Therapist Practice, Second Edition*—provided free to all members as the January issue of *Physical Therapy*.
- ❖ "Moments Like These," a new 60-second video that helps members show their pride in physical therapy to patients and colleagues.
- ❖ *Career Planning*, a two-volume collection of articles that focus on career management and expanding opportunities. Map out your future or jumpstart your career!
- ❖ Great networking opportunities through APTA's online Member Directory, which puts you in touch with colleagues who share your interests or live in your region.

### APTA Fun Facts

- ❖ Olympic gymnasts Bart Conner and Nadia Comaneci joined Karen Grafton, PT, and Toni Sparrow, PT, at the Special Olympics World Winter Games in Alaska.
- ❖ Backpack safety was a hot media topic in 2001. Physical therapist Shelley Goodgold appeared on NBC's Today Show, and Lands' End promoted APTA's safety tips in its backpack literature and news releases.
- ❖ NBC weatherman Al Roker aired a story on the Today Show about his recovery from knee surgery, giving physical therapy national exposure!
- ❖ A basketball autographed by Los Angeles Laker Shaquille O'Neal was auctioned off to support the Diversity Scholarship Fund.

### What Does APTA Membership Offer You?

- Membership has its benefits! Check out just some of APTA's benefits below, and browse [www.apta.org](http://www.apta.org) to learn more.
- ❖ Legislative representation
  - ❖ Reimbursement updates and information
  - ❖ News and information 24 hours a day
  - ❖ Cutting-edge continuing education
  - ❖ Career development resources
  - ❖ Updates in physical therapy practice and research
  - ❖ Insurance and financial services
  - ❖ Members-only discounts on APTA conferences, products, and services

### Take Your Career to New Heights...APTA Tools for Your Success

- ❖ Online career advice
- ❖ Job postings, and a new "Position Wanted" option, on *PT Bulletin Online*
- ❖ *Members Mentoring Members* Directory
- ❖ Résumé critiquing at national conferences
- ❖ Monthly "Career Coach" in *PT Magazine*
- ❖ Section and Assembly listserves
- ❖ Certification in 7 specialty areas
- ❖ Code of Ethics and Standards of Practice
- ❖ Profitable networking

**Join  
APTA!**

To join APTA or renew your membership, contact APTA's Membership Services Department at 800/999-2782, ext 3124, or visit [www.apta.org](http://www.apta.org).

(Please have your MasterCard, Visa, or American Express Card ready.)

## Time and Again: APTA's Long History of Successes

APTA's efforts to advance the profession began in 1921, when the Association was founded. Let's reminisce about some recent milestones—and imagine where the profession would be without APTA! (And consider how these achievements made way for what's happened in 2001....)

### 2000

- ❖ Persuaded CMS to approve coverage for biofeedback and electrical stimulation for urinary incontinence.
- ❖ Implemented a Clinical Research Agenda to support physical therapy practice.
- ❖ Launched *PT Bulletin Online*.
- ❖ Distributed more than 600,000 copies of the first consumer supplement to *PT Magazine*, featuring Keith Kleven, PT, and famous clients Tiger Woods and Mark O'Meara.

### 1999

- ❖ Lobbied successfully for a moratorium on the \$1,500 Medicare cap on physical therapy services.
- ❖ Contributed more than \$800,000 to federal congressional candidates.
- ❖ Lobbied HCFA to count student minutes toward rehabilitation minutes on MDS under the skilled nursing facility prospective payment system.
- ❖ Published the second edition of the *Members Mentoring Members Directory*.

### 1998

- ❖ Worked to implement a new manual therapy code that replaced five codes and eliminated several overlapping and confusing descriptions.
- ❖ Improved Medicare coverage of electromyography testing provided by physical therapists.
- ❖ Introduced a new Association logo.
- ❖ Established the National Assembly of Physical Therapist Assistants

### 1997

- ❖ President Clinton's knee tendon surgery brings physical therapy to the front page of newspapers across the country.
- ❖ Ensured payment for your services by preventing HCFA from eliminating Medicare coverage for electrical stimulation for the treatment of wounds.
- ❖ Allowed you to provide better patient care as a result of APTA's efforts to raise the \$900 limit on physical therapy services to \$1,500/year/beneficiary for private practitioners as a part of the 1997 Balanced Budget Act.
- ❖ Assisted the Pennsylvania Chapter in thwarting the claims of certain chiropractors that "physical therapy" is a generic term that chiropractors are allowed to use in advertising their services.
- ❖ Published the landmark *Guide to Physical Therapist Practice*.

### 1996

- ❖ Secured passage of the Kassebaum-Kennedy bill, which reformed the health insurance system to allow for "portability" of health insurance.
- ❖ Celebrated APTA's 75th anniversary with publication of *Healing the Generations* and special ceremonies at PT '96.

## How Can You Make a Difference?

- ❖ Be a lifelong member of APTA... renew annually!
- ❖ Get involved in your chapter and section(s)
- ❖ Network with colleagues
- ❖ Become a physical therapy advocate
- ❖ Join one or more of APTA's 19 specialty sections
- ❖ Be a lifelong learner
- ❖ Recruit other members
- ❖ Become a mentor
- ❖ Support PT PAC
- ❖ Join PTeam
- ❖ Share your ideas and voice by serving on a committee

**Find out more by visiting**  
**[www.apta.org/Membership](http://www.apta.org/Membership)**  
**You can make a difference today!**

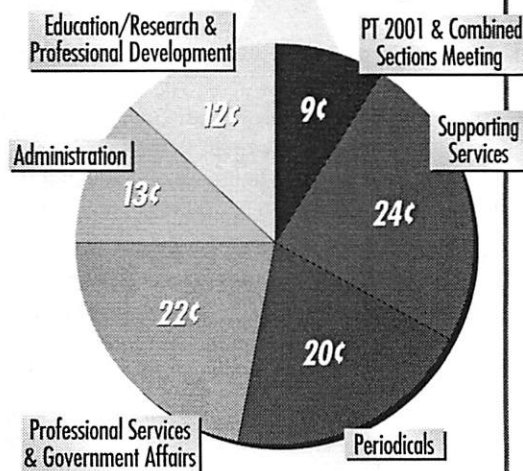


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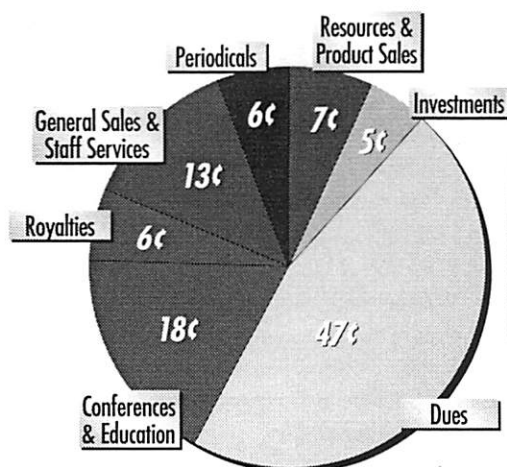
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# Where Do Dues Dollars Really Go?

## 2001 Expenses (Budget)



## 2001 Revenues (Budget)



## Questions?

Contact the American Physical Therapy Association at 800/999-2782 or visit [www.apta.org](http://www.apta.org). For more details about APTA's 2001 accomplishments and highlights, be sure to look for the 2001 Annual Report in the May 2002 issue of *PT Magazine*.



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# 2002 Membership Application

### ALL APPLICANTS:

Please complete all areas on the application to ensure timely processing. All categories of membership are based on education *not* on licensure. Both national and chapter membership are required. You must belong to the chapter of the state in which you live, work, or attend school, or of an adjacent state if more active participation is possible. See reverse side for dues schedule; these dues will change on 1/1/2003. Your application will be processed in 2 to 4 weeks. Membership begins the month following the receipt of dues. NOTE: If you've been an APTA member in the past, renew your membership by calling 800/999-2782, ext 3124, using your VISA, MasterCard, or American Express. You may also join/renew online at www.apta.org.

### ACTIVE (PT) & AFFILIATE (PTA) APPLICANTS:

Membership is based on education *not* on licensure. In order to qualify for active (PT) or affiliate (PTA) membership, you must be a graduate of an accredited PT or PTA program. Please send a copy of your diploma/certificate of graduation with your application. Membership is effective for 12 months. Previous student membership in the Association is neither a necessary nor a sufficient condition or qualification for active (PT) or affiliate (PTA) membership. NOTE: If educated abroad, please submit a credentials evaluation and proof of U.S. citizenship, permanent resident status, or a legal permit to work along with your completed application.

### STUDENT APPLICANTS:

Membership is based on education. In order to qualify for student membership, you must be accepted to or enrolled in a PT or PTA program that is accredited or is seeking or has been granted candidacy status by the Commission on Accreditation in Physical Therapy Education. Student membership is effective for 12 months or until date of graduation, whichever comes first. Graduation is defined as the end of the month of your graduation commencement or clinical affiliation, whichever comes later.

### POSTGRADUATE STUDENT APPLICANTS:

Membership is based on education. In order to qualify for graduate student membership, you must be enrolled full-time in a graduate program and meet all of the qualifications for active (PT) membership (see the Active [PT] Section above for details).

Social Security Number  _ _  -  _ _  -  _ _ _ _ _		Former member? <input type="checkbox"/> Yes <input type="checkbox"/> No		Name under which previously a member or at graduation					
Name (First)		(Middle)		(Last)					
Mailing Address								Sponsor Name:	
								Sponsor Membership Number:	
City				State		Zip Code			
Chapter Preference (If different from mailing address): Include explanation here.									
Telephone Office: ( )				Address and phone number may be released to other APTA members. <input type="checkbox"/> Yes <input type="checkbox"/> No				Birth Year 19__	
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E-mail:								Nat.:	
RACE/ETHNIC ORIGIN									
<input type="checkbox"/> American Indian or Alaskan Native (1)		<input type="checkbox"/> African American or Black (Not of Hispanic Origin) (3)		<input type="checkbox"/> Other (6)					
<input type="checkbox"/> Asian (2)		<input type="checkbox"/> White (Not of Hispanic Origin) (4)							
<input type="checkbox"/> Pacific Islander or Native Hawaiian (7)		<input type="checkbox"/> Hispanic/Latino (5)							
EDUCATION			DEGREE			GRADUATION DATE (OR EXPECTED GRADUATION DATE)			
Write the name of your <i>entry-level</i> PT/PTA school:			<input type="checkbox"/> AA <input type="checkbox"/> Certificate		(Month/Year)				
			<input type="checkbox"/> BA/BS <input type="checkbox"/> MA/MS						
			<input type="checkbox"/> Doctorate						
If applying for graduate student membership, write the name of your <i>non-entry-level</i> postgraduate educational institution:			<input type="checkbox"/> MA/MS <input type="checkbox"/> Doctorate		(Month/Year)				
Contributions _____									
Type _____ Cat. _____									
Chap. _____									
Renewal _____									
School Code _____									
Grad. Date _____									

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**ALL APPLICANTS MUST RESPOND**

Have you ever held a physical therapy license that was suspended, revoked, or restricted in any way?  Yes  No

If yes, explain: \_\_\_\_\_

Have you ever had any disciplinary action taken against you?

Yes  No

If yes, explain: \_\_\_\_\_

**ALL STUDENT APPLICANTS**  
(Have Program Director sign.)

FOR ALL STUDENT MEMBERSHIPS, the education program director, or equivalent in a graduate program, must certify that the above named is currently enrolled full-time in a physical therapist, physical therapist assistant, or graduate curriculum.

Signature \_\_\_\_\_

Title \_\_\_\_\_

**OPTIONAL PAYMENT PLAN**

IF YOU WISH TO PAY APTA DUES IN 4 EASY INSTALLMENTS  
COMPLETE THE FORM BELOW

Note: The Installment Dues Plan is available only to PT and PTA members and is not available to Student members.

Please calculate your dues by completing this membership application and transfer the amounts from the reverse side of this application to the blank lines below.  
Available only when using a credit card for payment.

National and Chapter Dues	\$ _____
Total Section Dues	\$ _____
Total Voluntary Contributions	\$ _____
Installment Processing Fee	\$ <b>15.00</b>
Total Dues, Contributions, and Processing Fee	\$ _____
Divide Total by 4 to determine the amount of each installment payment	\$ _____

I authorize APTA to charge my credit card account on an installment basis every other month for the total amount of membership dues, contributions, and the processing fee. If I close this account prior to this indebtedness being satisfied, I will notify APTA's Accounting Office of the specifics of my new account or how the outstanding balance will be paid. I understand that if I fail to meet my payment obligation to APTA, my membership will be terminated.

Applicant's Signature \_\_\_\_\_

**CODE OF ETHICS PLEDGE** (Please check the appropriate pledge and sign in the space provided.)

As an active (PT) or graduate student member, I pledge that I will comply with the Code of Ethics of the American Physical Therapy Association.

As a student physical therapist member, I pledge that I will be guided by the Code of Ethics of the American Physical Therapy Association.

As an affiliate (PTA) member, I pledge that I will comply with the Standards of Ethical Conduct for the Physical Therapist Assistant of the American Physical Therapy Association.

As a student physical therapist assistant member, I pledge that I will be guided by the Standards of Ethical Conduct for the Physical Therapist Assistant of the American Physical Therapy Association.

Signature \_\_\_\_\_

Date \_\_\_\_\_

**METHOD OF PAYMENT**  
(See reverse for dues schedules.)

Check made payable to APTA in the amount of \$ \_\_\_\_\_

Please charge:  VISA  MasterCard  American Express in the amount of \$ \_\_\_\_\_

Credit Card Number: \_\_\_\_\_

Exp. Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Cardholder's Billing Address: \_\_\_\_\_

City/State/Zip Code: \_\_\_\_\_

Membership dues may be deductible in part as a business expense. They are not deductible as a charitable contribution for income tax purposes. See your tax advisor for details.

**2002 NATIONAL DUES**

Active (PT) .....	\$245.00	Student (PT or PTA) .....	\$50.00
Affiliate (PTA) .....	\$171.00	Postgraduate Student* .....	\$150.00

**NOTE:** Simultaneous payment of national and chapter dues is required. You must belong to the chapter of the state in which you live, work, or attend school or of an adjacent state if more active participation is possible.

**2002 CHAPTER DUES**

**2002 SECTION DUES**

CHAPTERS	ACTIVE	AFFILIATE	STUDENT	POSTGRADUATE* STUDENT	SECTIONS	ACTIVE	AFFILIATE	STUDENT
Alabama	\$90.00	\$50.00	-0-	-0-	I <input type="checkbox"/> Acute Care/ Hospital Clinical Practice	\$35.00	\$17.00	\$6.00
Alaska	50.00	20.00	5.00	5.00	A <input type="checkbox"/> Administration	40.00	15.00	9.00
Arizona	140.00	84.00	-0-	50.00	Q <input type="checkbox"/> Aquatic Physical Therapy	35.00	25.00	20.00
Arkansas	115.00	55.00	-0-	-0-	L <input type="checkbox"/> Cardiovascular & Pulmonary	35.00	15.00	10.00
California	245.00	156.00	23.00	40.00	K <input type="checkbox"/> Clinical Electrophysiology	35.00	25.00	5.00
Colorado	130.00	80.00	20.00	20.00	C <input type="checkbox"/> Education	30.00	15.00	5.00
Connecticut	120.00	60.00	10.00	10.00	P <input type="checkbox"/> Geriatrics	45.00	35.00	15.00
Delaware	90.00	40.00	15.00	15.00	S <input type="checkbox"/> Hand Rehabilitation	35.00	20.00	10.00*
Dist. of Columbia	50.00	25.00	25.00	25.00	G <input type="checkbox"/> Health Policy, Legislation & Regulation	35.00	15.00	10.00
Florida	135.00	85.00	10.00	10.00	B <input type="checkbox"/> Home Health	35.00	25.00	10.00
Georgia	105.00	52.50	7.00	7.00	N <input type="checkbox"/> Neurology	40.00	20.00	15.00
Hawaii	75.00	38.00	-0-	-0-	T <input type="checkbox"/> Oncology	35.00	20.00	10.00
Idaho	75.00	50.00	10.00	10.00	J <input type="checkbox"/> Orthopaedic	50.00	30.00	15.00
Illinois	150.00	75.00	10.00	10.00	H <input type="checkbox"/> Pediatrics	55.00	35.00	20.00
Indiana	80.00	50.00	-0-	-0-	E <input type="checkbox"/> Private Practice	160.00	96.00	25.00
Iowa	120.00	65.00	10.00	10.00	D <input type="checkbox"/> Research	35.00	25.00	5.00
Kansas	60.00	30.00	-0-	-0-	F <input type="checkbox"/> Sports Physical Therapy	40.00	40.00	15.00
Kentucky	90.00	65.00	-0-	50.00	R <input type="checkbox"/> Veterans Affairs	20.00	20.00	-0-
Louisiana	125.00	94.00	-0-	-0-	M <input type="checkbox"/> Women's Health	40.00	20.00	20.00
Maine	70.00	35.00	-0-	-0-				
Maryland	120.00	60.00	-0-	-0-				
Massachusetts	120.00	60.00	12.00	12.00				
Michigan	125.00	65.00	-0-	-0-				
Minnesota	135.00	55.00	-0-	-0-				
Mississippi	100.00	50.00	10.00	10.00				
Missouri	85.00	68.00	10.00	10.00				
Montana	100.00	50.00	-0-	-0-				
Nebraska	75.00	40.00	-0-	-0-				
Nevada	100.00	80.00	-0-	-0-				
New Hampshire	65.00	30.00	5.00	5.00				
New Jersey	145.00	80.00	15.00	-0-				
New Mexico	60.00	30.00	5.00	5.00				
New York	180.00	115.00	5.00	5.00				
North Carolina	105.00	70.00	-0-	-0-				
North Dakota	45.00	45.00	-0-	-0-				
Ohio	160.00	96.00	-0-	50.00				
Oklahoma	100.00	65.00	10.00	10.00				
Oregon	95.00	50.00	10.00	10.00				
Pennsylvania	120.00	90.00	5.00	5.00				
Puerto Rico	20.00	10.00	-0-	-0-				
Rhode Island	80.00	40.00	-0-	-0-				
South Carolina	75.00	50.00	-0-	-0-				
South Dakota	50.00	40.00	-0-	25.00				
Tennessee	100.00	67.00	-0-	-0-				
Texas	135.00	83.00	10.00	10.00				
Utah	50.00	25.00	5.00	5.00				
Vermont	40.00	40.00	-0-	-0-				
Virginia	85.00	60.00	-0-	-0-				
Washington	115.00	75.00	-0-	23.00				
West Virginia	80.00	50.00	10.00	10.00				
Wisconsin	142.00	73.00	-0-	32.00				
Wyoming	60.00	38.00	-0-	30.00				

\* Postgraduate students pay these section dues: Hand Rehabilitation - \$35.00.

**VOLUNTARY CONTRIBUTIONS**

World Confederation for Physical Therapy (WCPT):  \$2.00

PT-Political Action Committee (PT-PAC):

\$25.00     \$50.00     \$75.00     \$100.00  
 Other \$ \_\_\_\_\_

Foundation for Physical Therapy (FPT):

\$10.00     \$25.00     \$50.00     \$100.00  
 \$250.00     Other \$ \_\_\_\_\_

Minority Scholarship Fund (MSF):

\$25.00     \$50.00     \$100.00  
 Other \$ \_\_\_\_\_

\*Masters or doctoral student who is enrolled in a non-entry-level program and who already has an entry-level degree in physical therapy.

Membership dues include \$12.00 subscription to *Physical Therapy*, \$10.00 subscription to *PT—Magazine of Physical Therapy*, \$.50 subscription to *PT Bulletin Online*. Contact APTA for nonmember rates.

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# 6TH ANNUAL IPTA Golf Classic HIGHLIGHTS

*Tim Caruso, PT, MS, MBA and Phil Bartkiewicz, PT  
Golf Outing Chairs*

The annual IPTA Golf Classic, held June 14<sup>th</sup> at Maple Meadows Golf Club in Wood Dale, IL was another fabulous success. Our honorary chairperson Chir Badar was able to hold off the rain for us for the first 15 holes. This year, we had about 120 golfers, and successfully held another shotgun start. No one collected the \$10,000 hole in one or the brand new Buick LeSabre from Castle Buick this year - better luck next time!

**Miller, Sherri Sakamoto, Jo Anna Schroer, Terry Lynn Stergulz and Stephanie Taylor. To all of you a big THANK YOU!**

The IPTA Golf Classic benefits the IPT-PAC, and raised over \$8,000 this year. The generous support of all the golfers and sponsors is greatly appreciated. If you interact with any of the sponsors, volunteers or IPTA staff, please be sure to thank them for their participation.

The event was successful thanks to the generous support of our sponsors as well as our friends and relatives who continue to come out to support the cause. Thanks to all the following volunteers and IPTA staff members who offered assistance during the day:

Anyone interested in helping out next year can contact Tim Caruso by e-mail at carusopt@ameritech.net. We are planning to hold next year's event at Maple Meadows Golf Club again. The date will be on a Friday, either one week before or one week after the APTA National Convention, please pencil us into your calendars. More news to follow.

**Chris O'Brien, Virginia Bruce, Noelle Jacoby, Jay Lambie, Colleen McQuillan, Sarah Mercado, Yvette**

## 2002 Golf Sponsors

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(888) 307DON8 (3668)

## Welcome New Members

### Physical Therapists

Leena Anturkar, PT  
 Beth Anne Carlson, MPT  
 Matthew Carlson, PT  
 Carmen Clines, PT  
 Helen Creagan, PT  
 Nicole Deckard, PT  
 Nanci Frederick, PT  
 Ashley Hadowsky, PT  
 Rachel Kyle, PT  
 Kelly Jo McCarthy, PT  
 Tailletha McClinton, PT  
 Diane Merkt, PT  
 Maryellen Nardomarino, PT  
 Katherine Prindiville, PT  
 Anne Redeker, PT  
 Rebecca Roush, PT  
 Anna Sarasua, PT  
 Jeffrey Soltes, PT  
 William Terry, PT  
 Keith Travers, PT  
 Jessica Victor, PT  
 Gener Vizon, PT  
 Cori Zacher, PT

### Students

Elizabeth Albright, SPT	Kimberly Katterjohn, SPT
Colleen Barrett, SPT	Christina Klippel, SPT
Stacey Buell, SPT	Peichen Lan, SPT
Elisa Caruso, SPT	Chris Lask, SPT
Erin Colvis, SPT	Debra Main, SPT
Tara Egan, SPT	Katie Maulding, SPT
Kelli Jo Estes, SPT	Ferdie Nazal, SPT
Mark Fabish, SPT	Heather Oke, SPT
Jonathan Gallas, SPT	Gwen Pessis, SPT
Sarah Gardiner, SPT	Jennifer Potthast, SPT
Eric Glow, SPT	Anne Sams, SPT
Ryan Hartley, SPT	Amanda Schuler, SPT
Abby Holt, SPT	Charlene Shanahan, SPT
Greg Janicki, SPT	Philip Sheldon, SPT
Julie Jerrell, SPT	Jennifer Van Grinsven, SPT
Nathan Johnson, SPT	Melissa Warner, SPT
Kimberly Jordan, SPT	Lora Weber, SPT

# Loyola

Loyola University Health System (LUHS) offers physical therapists and physical therapy assistants the opportunity to play an integral role in patient care within a unique and diverse working environment. We have a long standing commitment to excellence in teaching, research and quality patient care, and seek individuals who can contribute to this commitment for the following positions:

### WOMEN'S HEALTH/PELVIC FLOOR PROGRAM

#### Outpatient Senior Physical Therapist

Working collaboratively with Urogynecologists in a growing dynamic program, this position will provide evaluations & treatments for our Women's Health/Pelvic Floor Program in addition to participating in Urogynecology rounds. Preferred candidates would have 3+ years experience in Women's Health and related dysfunctions and excellent manual therapy skills. New grads with strong student clinical experience in this area will be considered.

### ORTHOPAEDICS/MUSCULOSKELETAL

#### Outpatient Senior Physical Therapist

Working collaboratively with primary care and specialty physicians, this position will provide evaluations and treatment for a variety of musculoskeletal dysfunctions. Opportunities exist to participate in specialty programs such as lymphedema, sports medicine, spine, burns, osteoporosis, vestibular rehab, gait lab, prosthetic clinic, FCEs and occupational medicine. Position also participates in physician clinics, program development, staff mentoring and student supervision. Preferred candidates would have 3+ years experience in outpatient orthopaedics. New grads with strong student experience in this area will be considered.

### Outpatient Senior Physical Therapist Assistant

Working collaboratively with physical therapists, this position will provide treatment for a variety of musculoskeletal dysfunctions. Opportunities exist to participate in specialty programs such as lymphedema, sports medicine, spine, burns, osteoporosis, vestibular rehab, gait lab, prosthetic clinic, FCEs and occupational medicine. Position also participates in program development, staff mentoring and student supervision. Preferred candidates would have 3+ years experience in outpatient orthopaedics. New grads with strong student experience in this area will be considered.

### Outpatient Physical Therapist Registry

Preferred candidates for this use-as-needed position would have 2+ years of experience in an outpatient setting. New grads with strong student experience in this area will be considered.

**For more information on the above positions, please contact Debra Howe Popovich, Manager, Outpatient Rehabilitation Services at (708) 216-5224 or by email at [dpopovi@lumc.edu](mailto:dpopovi@lumc.edu)**

### ACUTE REHAB

#### Inpatient Senior Physical Therapist

In addition to direct patient care responsibilities on our Acute Rehab Unit, this position assists with clinical education of Physical Therapy students, program development and inservice training of staff. Qualified candidates would have a minimum of 2+ years of acute rehab experience.

#### Inpatient Senior Physical Therapist Assistant

Working as part of an interdisciplinary team, this position provides direct patient care for routine and complex patients on our acute rehab unit. Qualified candidates must have 2+ years experience in an acute care or rehab setting.

### REGISTRY

#### Inpatient Physical Therapist

Providing coverage to different patient populations with a variety of diagnoses, qualified candidates for this use-as-needed position must have 2+ years of acute care (med/surg) or rehabilitation experience.

PT positions require a Bachelor's Degree from an accredited Physical Therapy program. PTA positions require an Associates Degree from an accredited Physical Therapist Assistant program. All positions require Illinois licensure/eligibility, strong customer service and team member skills, and effective communication and presentation skills.

LUHS, located in the western suburbs of Chicago, is a nationally recognized leader in providing specialty and primary health-care services to its patients. We offer a competitive salary and for full-time positions, a comprehensive benefits program that includes tuition assistance for you and your family at Loyola University Chicago, pension and matched retirement savings (403b) plans, an on-campus Health & Fitness Center and much more. For more info on LUHS, visit our web site at [www.luhs.org](http://www.luhs.org) Mail or fax resume to Loyola University Health System, 2160 S. First Avenue, Maywood, IL 60153. Fax: (708) 216-4918. E-mail: [Loyolajobs@lumc.edu](mailto:Loyolajobs@lumc.edu) Loyola offers a smoke-free environment. We are an equal opportunity employer/educator. Rehabilitation Services at LUHS is in partnership with the Rehabilitation Institute of Chicago.



LOYOLA  
UNIVERSITY  
HEALTH SYSTEM

Loyola University Chicago  
We also treat the human spirit

# THE RULEMAKING PROCESS



Administrative Rules are promulgated for several different reasons. One of the most common reasons is the passage of new laws, which direct a state agency to further delineate or enforce the implementation of the new law. Other reasons are the adoption of rules as a result of federal law, rule, collective bargaining agreement, or court order, or to updating an existing administrative rule.

## Proposed Rules:

One of the first steps to the rulemaking process is for the proposed rules to be drafted by the appropriate state agency. Public participation in drafting the initial rulemaking is left to the discretion of the individual state agency, but state law encourages public participation.

*For example, the Department of Professional Regulation has Boards that represent the individual professional groups it regulates. It is these Boards as well as the agency that drafts the initial rule.*

## First Notice:

The period known as First Notice begins when a state agency files a rulemaking with the Secretary of State's Office (Index Division) and the proposed rulemaking is formally published in the *Illinois Register*. With First Notice begins a 45-day formal public comment period. This public comment period allows individuals and effected entities to respond to the agencies proposed rulemaking.

The agency itself may hold a public hearing to allow for public comment. However, public hearings are voluntary unless formally requested by the Governor, the Joint Committee on Administrative Rules (JCAR), an association representing over 100 persons, 25 individuals, or a local government. Requests for public hearings must be filed 14 days after publication of First Notice in the *Illinois Register*.

## Second Notice:

This is the formal review period by JCAR. The agency director submits notification to JCAR of Second Notice, a copy of all public comments received during the First Notice period, and all changes made to the text of the rulemaking in response to public comment. Second Notice lasts for 45

days. (An additional 45-day extension can be made if mutually agreed to by the agency and JCAR.)

The rulemaking is submitted to the JCAR Committee for "Certification of No Objection" (*Certification Of No Objection indicates that a particular rule has completed the JCAR review process and the required rulemaking process.*)

Second Notice allows for legislative review of the proposed rules by JCAR staff. The review process by JCAR provides for the modifications of the rulemaking.

## JCAR Actions:

Actions taken by JCAR can be that of "Certificate of No Objection" (explained above). "Recommendation" or "Objection" that would require an agency to respond in writing within 90 days; allowing an agency to modify or withdraw the rule, or follow the recommended action. A "Filing Prohibition/Suspension" can be issued against a proposed rule if JCAR believes that the rulemaking constitutes a threat to the public interest, safety, or welfare. This action by JCAR prohibits the rule from being filed with the Secretary of State. However, JCAR's action can be withdrawn if the agency offers modifications to the rulemaking. If no modification is made JCAR can continue the prohibition through the adoption of a resolution before the General Assembly.

*NOTE: A rulemaking expires if not adopted one calendar year after commencing First Notice.*

## THE JOINT COMMITTEE ON ADMINISTRATIVE RULES (JCAR) Illinois Blue Book (1997-1998, Page 134)

The Joint Committee on Administrative Rules is a bipartisan legislative oversight committee created by the General Assembly in 1977. Pursuant to the Illinois Administrative Procedure Act, the committee is authorized to conduct systematic reviews of administrative rules promulgated by state agencies. The committee conducts several integrated review programs, including a review program for proposed,

*Continued on page 13*

*Continued from page 12*

emergency and preemptory rulemaking, a review of new public acts and a complaint review program.

The committee is composed of 12 legislators who are appointed by the legislative leadership, and the membership is apportioned equally between the two houses and the two political parties. Members serve two-year terms, and the committee is co-chaired by a member of each party and legislative house. 25 staff members provide support services for the committee.

Two purposes of the committee are to ensure that the Legislature is adequately informed of how laws are implemented through agency rulemaking and to facilitate public understanding of rules and regulations. To that end, in addition to the review of new and existing rulemaking, the committee monitors legislation that affects rulemaking and conducts a public act review to alert agencies to the need for rulemaking. The committee also distributes a weekly report, the *Flinn Report*, to inform and educate Illinois citizens about current rulemaking activity, and maintains the state's database for the *Illinois Administrative Code* and *Illinois Register*.

## CURRENT JCAR MEMBERS

2000-2002

### CO-CHAIRMEN:

Senator(s)

Barack Obama (D-Chicago)

Representative(s)

Art Tenhouse (R-Liberty)

### OTHER MEMBERS:

Senator(s)

J. Bradley Burzynski (R-Sycamore)

Doris Karpel (R-Carol Stream)

Lisa Madigan (D-Chicago)

William O'Daniel (D-Mt. Vernon)

Steve Rauschenberger (R-Elgin)

Representative(s)

Tom Cross (R-Oswego)

Steve Davis (D-Bethalto)

Phil Novak (D-Bradley)

Dan Rutherford (R-Chenoa)

## TYPES OF ADMINISTRATIVE RULEMAKINGS

(Definitions may be found on the Illinois Building Commission's website)

### Proposed rules:

Can be in response to a new law or a programmatic change to an existing law. Frequently, this is referred to as an agency's regular rulemaking process. Primarily this is a two-step process. Step one, also referred to as the rules First Notice Period, is the point when a rulemaking is formally proposed by a State agency by filing the rules in the format required by the Secretary of State's office. Step two, or the Second Notice period follows the completion of the (minimum) 45-day public comment period. Agencies determine when to file Second Notice with the Joint Committee on Administrative Rules. In all, the entire process can last from 90-365 days. State agencies control the time periods with the exception of the formal 90-day review period.

*Note: A rulemaking expires if not adopted one calendar year after commencing First Notice.*

### Emergency rules:

Are used when it is imperative that a rule be in place immediately for a program or law to exist or be enforced. The Joint Committee on Administrative Rules (JCAR) reviews this type of rulemaking. Emergency rulemaking can only be used if the agency finds a threat to the public interest, safety or welfare exists that the rule will address. An Emergency rule is effective immediately upon the agency filing it with the Secretary of State. It can be developed unilaterally by the agency and is subject to review by JCAR after formal adoption. An emergency rulemaking is effective for 150 days, in order to make the emergency rule permanent unless otherwise specified. **Most agencies follow the adoption of an Emergency rule with an identical proposed rulemaking.** This ensures that regular rules are in place at the time the emergency rule expires (150 day period).

### Preemptory Rules:

Are outlined in the Illinois Administrative Procedure Act (5 ILCS 100) that provides for immediate adoption of rulemaking that is required as a result of federal law, rule, collective bargaining agreement, or court order under conditions that preclude discretion regarding rule content. This type of rulemaking is effective upon filing with the Secretary of State's Office and must be adopted within 30 days after the effective date of the federal court order or

*Continued on page 14*

Continued from page 13

collective bargaining effective date. JCAR only reviews this type of rulemaking ensuring that the procedure was used correctly. Notice of all peremptory rulemaking activity is included in the Illinois Register.

#### Exempt or Identical in Substance Rules:

The Illinois Administrative Procedure Act (5 ILCS 100) and the Environmental Protection Act (415 ILCS 100) have created a special process for the Pollution Control Board (PCB) to adopt environmental regulations that are identical in substance to federal regulations that the State is required to adopt and enforce. JCAR only reviews this type of rulemaking to ensure proper use of the process. Notice of all exempt rulemaking activity is included in the Illinois Register.

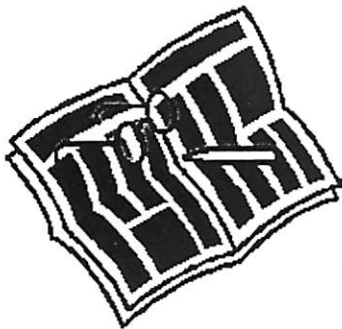
#### WHERE TO FIND RULEMAKINGS

Summaries of the most recent administrative rulemakings may be found in the *Flinn Report*. The Flinn Report is produced by the JCAR and can be found at [www.legis.state.il.us](http://www.legis.state.il.us). Click on Legislative Support Agencies and then JCAR.

The full text of most administrative rulemakings can be found on the various state agency websites. The link for the state website is [www.state.il.us](http://www.state.il.us). Click on Government to the box on your left and then on State Agencies, the box on your right; to get a complete listing of Illinois state agencies.

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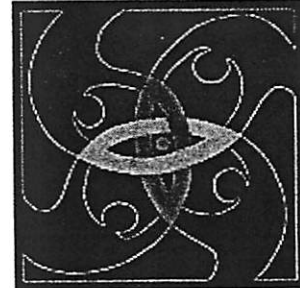
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IPTA's Web site Job Listings can assist you in finding that right person or that right position.

For more information, check us out online at [www.ipta.org](http://www.ipta.org) and click on Listings.

CONNECT WITH PHYSICAL THERAPY



NATIONAL PHYSICAL THERAPY MONTH

## OCTOBER IS NATIONAL PHYSICAL THERAPY MONTH

Its still early...link to the **National PT Month 2002 online catalog** ([http://www.apta.org/Meetings/NPTM/nptm\\_productline](http://www.apta.org/Meetings/NPTM/nptm_productline)) to read about and order specialty items from the "Connect with Physical Therapy!" product line.

## Fall Conference 2002

Holiday Inn—Collinsville, Illinois

October 25-27, 2002

## PROGRAM &amp; REGISTRATION MATERIALS

The IPTA 2002 Fall Conference will be held at Holiday Inn in Collinsville, Illinois. This year's conference offers seminars & workshops that provide a variety of options over the weekend. Attend a two-day seminar or select from nearly 20 short workshops in areas of orthopedics, neurology, administration, academics, research and more!

IPTA is proud to host two featured presenters in two-day seminars: Tom McPoil, PT, PhD, ATC, *THE FOOT: Physical Therapy Evaluation and Management of Common Overuse Disorders* and Janice B Hulme, PT, DHS, *BEYOND SIT TO STAND: Integrating NDT*

and *Motor Control/Motor Learning in the Treatment of Adults with Hemiplegia*.

The annual Recognition Dinner will be held on Friday night, October 25. IPTA will present its annual awards to selected individuals for exemplary service to physical therapy. The Recognition Dinner is included in full conference registration fees but not in one-day fees.

After Saturday's programming, everyone is encouraged to attend a Town Hall meeting for discussion on numerous issues that affect the practice and vision of physical therapy now and in the future. This assembly is a great opportunity for colleagues to gain information and voice their own

opinions about these issues. Then, hop on chartered buses to transport you to Laclede's Landing in St. Louis for a night on the town. Buses will be running between St. Louis and Collinsville from 6pm—12 midnight for your convenience.

In this insert, you'll find the schedule of events, registration form and housing information: You may also visit IPTA's Web site at [www.ipta.org](http://www.ipta.org) for comprehensive details and secure online registration. Be sure to submit your registration form by September 27, 2002 to avoid late fees!

## THE FOOT:

**Physical Therapy Evaluation and Management of Common Overuse Disorders**

Tom McPoil, PT, PhD, ATC

The purpose of this workshop is to present to the practicing therapist the theory and techniques required to understand foot articular anatomy and mechanic as well as perform a physical examination of the foot when assessing lower extremity dysfunction as a result of overuse in an orthopedic/sports population, with reference to previous and current research. Functional anatomy of the foot and ankle, normal mechanics of the foot and ankle during walking, clinical evaluation techniques, as well as assessment and management principles for common foot disorders will be discussed. Clinical management techniques will focus on the use of footwear and pre-molded foot orthoses. (101)

Tom McPoil is a Regents Professor of Physical Therapy and Co-Director of the Gait Research Laboratory at Northern Arizona University, Flagstaff, Arizona. Dr. McPoil has specialized in the evaluation and management of foot and ankle disorders since 1979. He has authored more than 60 referred manuscripts, written five book chapters, and conducted over 145 workshops/lectures on the subject of foot and ankle evaluation and conservative treatment. Dr. McPoil has also presented over 65 research papers, both nationally and internationally, on various topics related to foot and ankle mechanics and foot orthoses effectiveness. In addition to seeing private patients at the University, he serves as a consultant for lower extremity disorders for the Department of Athletics. Dr. McPoil also served as the Chair of the Foot & Ankle Special Interest Group, Orthopaedic Section, APTA, from 1995 to 1997 and 1999 to 2001. His current research activities include the development of a static lower extremity measurement protocol that is both reliable and predictive of dynamic movement and the effectiveness of foot orthoses.

**BEYOND SIT TO STAND: Integrating NDT and Motor Control/Motor Learning in the Treatment of Adults with Hemiplegia**

Janice B. Hulme, PT, DHS

This practical workshop provides therapist with an understanding of how the Principles of NDT and Theories of Motor Learning/Motor Control can be integrated in the treatment of Adults with Hemiplegia. The course focus is on the assessment of abnormal movement patterns and alignment issues. Treatment strategies for integrating trunk and extremity control will be presented. The workshop is appropriate for practicing clinicians in all allied health fields: physical therapists and assistants, occupational therapists, speech and language pathologist and physicians. (102)

Janice B. Hulme received her Physical Therapy degree from the University of Connecticut in 1976 and an Advanced Master's Degree with a clinical specialization in neurology from Northeastern University in 1985. She went on to pursue a doctorate from the Institute of Physical Therapy in St. Augustine Florida, where she studied the clinical application of motor control and motor learning research, graduating, 1999. She specialized in the treatment of adults with neurological dysfunction for most of her career and is certified by the NDT Association as an Active Instructor in the treatment of adults with hemiplegia from 1987 until 2002. She is currently employed by the University of Rhode Island in a collaborative program with the Department of Developmental Disabilities. She shares her time between teaching in the URI Program in Physical Therapy and as the Director of Physical Therapy, overseeing the provision of services in 47 group homes.

# COURSE SCHEDULE

## FRIDAY, OCTOBER 25

8:00 am	9:00 am	10:00 am	11:00 am	12:00pm	1:00 pm	2:00 pm	3:00 pm	4:00 pm
<p><b>RECOGNITION DINNER &amp; SILENT AUCTION: 7:00 pm–10:00pm</b></p>								
<p><b>101</b> <i>THE FOOT: PT Evaluation &amp; Management of Common Overuse Disorders (Day 1 of 2)</i></p> <ul style="list-style-type: none"> <li>• Tom McPail, PT, PhD, ATC</li> </ul> <p>Course description on front page of this insert.</p>								
<p><b>102</b> <i>BEYOND SIT TO STAND: Integrating NDT and Motor Control/Motor Learning in the Treatment of Adults with Hemiplegia (Day 1 of 2)</i></p> <ul style="list-style-type: none"> <li>• Janice B. Hulme, PT, DHS</li> </ul> <p>Course description on front page of this insert.</p>								
<p><b>LUNCH</b></p>								
<p><b>201</b> <i>Diagnosis for PT and Patients with Low Back Pain</i></p> <ul style="list-style-type: none"> <li>• Kurt Mason, MS, PT &amp; Carolyne Wilkey, PT, ATC</li> </ul> <p>Patient cases will be used to demonstrate the diagnostic process in physical therapy. Emphasis will be placed on the clinical examination and synthesis of results in formulating a diagnosis for physical therapy and on diagnosis specific intervention.</p>								
<p><b>202</b> <i>Pharmacology for Physical Therapists</i></p> <ul style="list-style-type: none"> <li>• Jo Anna Schroer, PhD, PT</li> </ul> <p>This course is an introduction to the basic principles of pharmacology. Some common classes of medications, and their significance to physical therapy will be discussed.</p>								
<p><b>203</b> <i>Rehabilitation of the Patient with Burns</i></p> <ul style="list-style-type: none"> <li>• Dawn M. Piech, PT, MPT</li> </ul> <p>This course will interpret the physical findings of burn wound extend and depth, establish a systematic treatment approach to the treatment of patients with partial or full-thickness burns and understand the biomechanic basis for the use of positioning, splinting, and exercise for a patient with burns.</p>								
<p><b>204</b> <i>Physical Therapy Professional Practice: Strengths, Weaknesses, Opportunities, Threats</i></p> <ul style="list-style-type: none"> <li>• James H. Gillette, PT, PhD, MHA, OCS</li> </ul> <p>This session will examine present and potential future trends of public and private health care financing and delivery, scope of professional practice, entry-level education content and cost, and business/organizational structures.</p>								
<p><b>205</b> <i>Lymphedema: The Anatomy and Physiology Behind the Disorder</i></p> <ul style="list-style-type: none"> <li>• Amy M. Maxeiner, PT</li> </ul> <p>This course will offer an in-depth review of the lymphatic system including the anatomy and physiology, different types of lymphedema and an introduction to different treatments.</p>								
<p><b>THE FOOT: PT Evaluation &amp; Management of Common Overuse Disorders (continued)</b></p>								
<p><b>BEYOND SIT TO STAND: Integrating NDT and Motor Control/Motor Learning in the Treatment of Adults with Hemiplegia (continued)</b></p>								



# REGISTRATION FORM

APTA Number \_\_\_\_\_ (will be verified)

Name \_\_\_\_\_

Address \_\_\_\_\_

Facility Name \_\_\_\_\_

Address \_\_\_\_\_

Work Phone \_\_\_\_\_

Home Phone \_\_\_\_\_

Fax \_\_\_\_\_

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I am attending an IPTA conference for the first time

I require special dietary or accessibility accommodations.

Please indicate: \_\_\_\_\_

**METHOD OF PAYMENT:**

Check     VISA     MC

Name of Cardholder \_\_\_\_\_

Credit Card Number \_\_\_\_\_

Expiration Date \_\_\_\_\_

Signature \_\_\_\_\_

*Signature of cardholder signifies authorization to charge credit card account.*

**CONFERENCE REGISTRATION FEES:**

**FULL CONFERENCE (dinner included)**

Member ..... \$350

Student Member ..... \$150

Non-member ..... \$450

Student Non-member ..... \$200

**ONE-DAY (dinner not included)**

Member ..... \$175

Student Member ..... \$95

Non-member ..... \$240

Student Non-member ..... \$125

Late Fee (after September 27, 2002) \* ..... \$50

Minus 10% Group Rate Discount \*\*

Recognition Dinner—Qty: \_\_\_\_\_ ..... \$45  
*(for One-Day registrants only)*

**TOTAL PAYMENT**

To receive student rates, students must be in the APTA student category or enrolled as a full-time student.

\*Registration fees increase by \$25 if postmarked/received after September 27, 2002 (with exception of student registrations).

\*\* Group rate discount available! 10% off registration fee when 4 or more attendees from same organization submit their registration together; student registrants not eligible for group discount.

**Cancellation Policy:**

Cancellations received prior to September 27, 2002 will be refunded less a \$50 administrative fee.

**HOTEL INFORMATION:**

A block of sleeping rooms is reserved for IPTA meeting participants at the Holiday Inn Collinsville for the reduced rate of \$90.95 single or double plus tax. To reserve your room at this rate, call (800) 551-5133 by **September 24th**.

Holiday Inn Collinsville  
1000 Eastport Plaza Drive  
Collinsville, IL 62234  
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**Please indicate your course selections below.**

**TWO-DAY SEMINAR  
OCTOBER 25–26**

101       102

**FRIDAY, OCTOBER 25**

201       203       205

202       204

**ADDITIONAL MEETINGS**

Student SIG       Geriatric SIG

Clinical Ed SIG

**SATURDAY, OCTOBER 26**

301       305       309

302       306       310

303       307       311

304       308       Town Hall

**SUNDAY, OCTOBER 27**

401

**Please return registration to:**

	<p><b>ILLINOIS PHYSICAL THERAPY ASSOCIATION</b></p>	<p>1010 Jorie Blvd, Suite 134 Oak Brook, IL 60523 630/ 571-1400 Fax: 630/ 571-1406 ipta@ipta.org</p>
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# Member Spotlight

## Congratulations to the IPTA members who were honored at PT 2002 in Cincinnati, OH

**David A. Brown, PT, PhD**

Margaret L. Moore Award for Outstanding New Academic Faculty Member

**Dawn M. Hall, PT**

Bradley University  
Minority Faculty Development Scholarship

**Mary P. Massery, PT**

Henry O. and Florence P. Kendall Practice Award

**James C. Milder, PT**

APTA Board of Directors

**Mark W. Rogers, PT, PhD**

Marian Williams Award for Research

**Jennifer Sergeant, SPT**

Finch University of Health Science  
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Continued from page 1

access to news and information that affects physical therapy, continuing education opportunities, career development resources, updates in PT practice and research, and insurance and financial services – just to name a few. (Regarding continuing education, APTA members receive substantial discounts on APTA and IPTA programming – an even more important benefit now that Illinois-licensed PT's and PTA's will be required to attend continuing education for license renewal.)

When the job market took a downturn as a result of the Balanced Budget Act of 1997, salaries were cut and jobs were eliminated. Our membership numbers suffered because many people "just couldn't afford" to pay membership dues on a reduced income. On the surface, that rationale makes sense, and you just can't argue personal finances with someone who's just lost his or her job. But when you consider the benefits, an unstable job market is a situation in which professional association membership has even greater value.

The job market has started to turn around, largely because of the APTA's advocacy efforts. How many of you have treated patients who have benefited from the moratorium on the \$1500 cap? How many of you work in facilities that have benefited from increases in the physician fee schedule, increases in SNF payment rates, or reimbursement for electrical stimulation for wound care and urinary incontinence, and have benefited from increased job security or salary as a result?

So many of us, whether we are members or not, take the APTA for granted. The APTA works to advance the profession of physical therapy, not just the cause of members. We have accomplished a great deal in recent years, but we still have a long way to go in terms of recognition of, access to, and reimbursement for physical therapy services. We need your help. If you are currently a member, please continue to renew your membership and get even more involved. If you're not yet a member, I urge you to consider the value of APTA membership to you and to the profession as a whole, and not just the cost. Hopefully you'll find that the future of your profession is at least as valuable as junk food or cable TV!

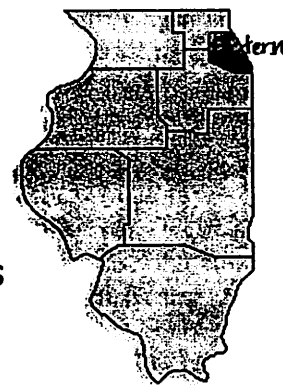


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**Call for Nominations**



The IPTA Eastern District governance is currently accepting nominations for the following positions:

- Secretary: 2 year term**
- Treasurer: 2 year term**
- Nominating Committee: 3 year term**
- Assembly Rep.: 2 year term**
- Affiliate Rep.: 2 year term**

**Nominations can be submitted until**  
**October 2, 2002 to:**  
**Christopher Cook**  
**Nominating Committee Chair**  
**708 216-5275**  
**E-MAIL: [ccook@lumc.edu](mailto:ccook@lumc.edu)**

.....

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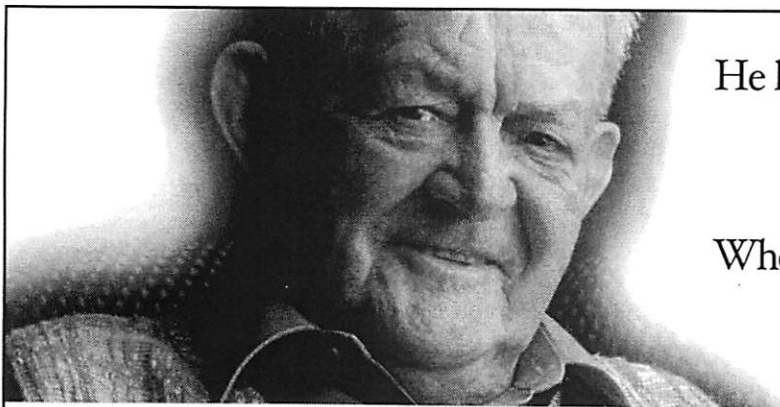
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# Many Thanks

The Illinois Physical Therapy Association gratefully acknowledges the following individuals for their pledged contributions to the IPT-PAC for the year 2002:

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Contributions to the IPT-PAC enable the Association to continue its legislative efforts on behalf of the physical therapy profession in Illinois. If you haven't yet made your PAC pledge, please contact IPTA Chapter Office today!

# The Source



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College of Applied Health Sciences  
Department of Physical Therapy

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[www.uic.edu/ahp/pt/](http://www.uic.edu/ahp/pt/)

or email

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Chicago**

# Physiotherapy Associates

Continuing Education Schedule  
2002/2003

## **Evaluation and Treatment of the Complex Shoulder.**

Todd Ellenbecker, MS, PT,SCS, OCS, CSCS. September 20-21, 2002. Chicago, Illinois.

## **Foot Biomechanics and Orthotic Therapy: A Problem Solving Approach.**

Michael Wooden. November 9-10, 2002. Manitowoc, Wisconsin.

## **Evaluation and Management of the Cervical Spine.**

Steve Krause, PT, OCS, MTC. March 15-16, 2003. Chicago, Illinois.

## **Taking the Athlete from Rehab to Sports Specific Training: Specific Training and Biomechanical Concepts.**

Bob Donatelli, Ph.D., PT, OCS. May 2-3, 2003. Chicago, Illinois.

## **Clinic Concepts of Examination and Rehabilitation of the Knee.**

George Davies, PT. Date: September 20-21, 2003. Chicago, Illinois.

For more information or to register for a course, contact: Matt Baldwin at 312-944-7595  
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# Student SIG Bulletin

## GOVERNORS STATE UNIVERSITY PHYSICAL THERAPY PROGRAM

Governors State University (GSU) is an upper division public university, serving students at the junior, senior, and master's level exclusively. The University is located in University Park (30 miles south of Chicago). More than 80% of the students attend the University part-time. The 750-acre campus has six lakes, a 1,200 seat state-of-the-art Center for Performing Arts, spacious library, abundant parking, and convenient access to Metra rail service. Graduate tuition for full time enrollment (12 hours or more) for one trimester is \$1,332 for Illinois residents. Students find housing in the area.

The Physical Therapy Program is housed in the College of Health Professions (CHP), which also offers programs in Communication Disorders, Nursing, Occupational Therapy, Addictions Studies, Health Administration, and Social Work.

### Accreditation

On April 24, 2002, the Commission on Accreditation in Physical Therapy Education (CAPTE) voted to award ACCREDITATION to the physical therapist education program at Governors State University for a period of eight years.

### MPT Curriculum

The entry-level master's degree in Physical Therapy (M.P.T.) is a full-time program, designed for the student who has completed a bachelor's degree in any major and specific prerequisite course work. The curriculum employs a systems approach with emphasis on

the musculoskeletal, neurological, and cardiopulmonary systems. The specific responsibilities of patient screening, examination, evaluation, diagnosis, prognosis, plan of care, interventions, and outcomes assessment in physical therapy practice are related to the whole person. The curriculum integrates educational experiences in the classroom, laboratory, community, and clinical settings.

The purpose of the physical therapy program is to prepare entry-level physical therapists who will be leaders in the community, profession, and healthcare. Graduates are prepared to assume general practice positions in a variety of health care settings working with diverse populations as patient advocates and educators. They are trained to value evidence-based practice and contribute to scholarly evidence in their professional careers. The program addresses the university's mission by providing high quality and innovative teaching for a diverse service community and integrating the application of technology throughout the curriculum.

The full-time program of seven consecutive trimesters (27 months) begins each fall. The coursework of the first year focuses largely on the foundational sciences of human anatomy, physiology of disease and biomechanics/ kinesiology. Course work in the basic clinical sciences is also introduced during the first year. During the first three trimesters the physical therapy students are enrolled with the Master in Occupational Therapy students for approximately 50% of the courses. During the last three weeks of the third trimester students participate in a three-week clinical practicum. An increased emphasis on clinical sciences occurs during the second year. During the last

half of the sixth trimester and all of the seventh trimester the student participates in full-time clinical internships.

### Graduates

Four classes (68 individuals) have completed the Master in Physical Therapy (MPT) degree. In the most recent graduating class, 100% of the graduates who took the National Physical Therapy Examination (NPTE) passed on the first attempt.

### Faculty

The physical therapy faculty are practitioners as well as teachers and offer students a mix of scholarly and real-world experience.

In October 2001 Program Director Russell E. Carter, PT, EdD received a GSU Faculty Excellence Award. Commitment to the underlying principles of GSU's mission is a guideline in assessing excellence in the nominated candidates. Winners were selected by the Faculty Excellence Awards Committee based on outstanding achievement in teaching or performance of primary duties, research and creative activities, proficiency in use of technology, promotion of diversity and service to community. In addition to his role as the director of the Physical Therapy Program, Dr. Carter teaches, serves on the Faculty Senate and contributes to numerous committees, including the University Budget, University Assessment, Student Conduct and Division Personnel committees.

David Diers, PT, MHS, SCS, ATC serves as Chair of the Program's Admissions Committee and is completing his dissertation on the role

*Continued on page 23*

Continued from page 22

of pre-admission, program and post-program factors in predicting first-time scores on the NPTE. Diers also serves as chair of the GSU Educational Policies Committee. He has recently made presentations on program assessment and Web-based teaching at several national conferences.

**Robert Druzinsky, PhD** is researching muscle morphology and has recently presented his findings at the International Congress of Vertebrate Morphologists and the American Association of Anatomists conference. In Fall 2001 he and faculty member David Diers led a workshop on the anatomy of the shoulder at the Illinois Occupational Therapy Association meeting. Dr. Druzinsky serves as a member of the GSU Institutional Review Board.

**Robbie O'Shea, PT, PhD** maintains an active practice in early intervention and conductive education for pediatric clients. She has made numerous national and international presentations on conductive education and serves as an item writer for the NPTE. She recently authored the children's book *I'm Brown and My Sister Isn't* that describes the differences in children and sibling relationships.

**Joyce Sligar, PT, MBA** is researching "Collaborative Goal-Setting between Physical Therapist Students and Clinical Instructors during Full-time Clinical Experiences" for her Master of Arts degree in education. On May 30, 2002 she accepted an award as Outstanding Volunteer from the Arthritis Foundation.

**Ann Vendrely, PT, MS, OCS** is Academic Coordinator of Clinical Education for the Program. She is

actively researching the use of the Clinical Performance Instrument (CPI) and student assessment. She is a certified as a Clinical Instructor Trainer and recently conducted a CI credentialing course. Ms. Vendrely is investigating the relationships between academic performance, clinical performance, critical thinking, and success in physical therapy education for her dissertation. Ms. Vendrely serves on the GSU Curriculum Committee and co-chairs the CHP Curriculum Committee. She was recently awarded tenure.

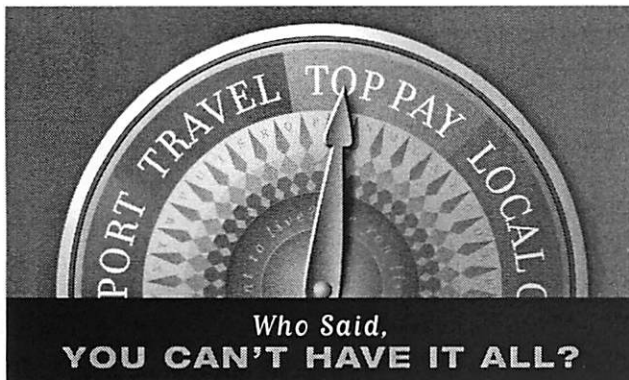
**Rebecca Wojcik, PT, MHPE** maintains an active practice with older adults in homecare, subacute rehab, acute, and skilled nursing settings. She is a member of the Illinois Department of Professional Regulation's Physical Therapy Licensing and Disciplinary Committee and is completing her dissertation research on the responsiveness of higher education institutions to accountability demands. She serves as chair of the GSU Assessment Committee.

#### Continuing Education

The faculty is planning continuing education offerings on evidence-based practice and the use of personal digital assistants (PDA) for clinical applications. The program faculty teach the CI credentialing course on a regular basis.

#### Admissions

The GSU Physical Therapy Program is accepting applications for the fall 2002 trimester, which begins August 26. To qualify for admission, an applicant must have a bachelor's degree, a cumulative grade point average of 2.8, and specific prerequisite course work. Prospective applicants should call 708-534-7290 to speak with a faculty advisor. General information on the Physical Therapy Program and applications are available at [www.govst.edu/mpt](http://www.govst.edu/mpt).



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## Morton College – PTA Program

The Morton College PTA Students took an active role in community education and service during the 2001-2002 academic year, which ended May 17<sup>th</sup>. The fall '01 semester started with an open house for incoming freshman in August that included an introduction of the PT Month theme and a presentation on Backpack Safety.

Community education was extended campus wide during October's National PT Month, as they sponsored a mini-health fair for the students, faculty, and staff. Festivities included three learning / contest venues of a backpack station, 10-minute neck massage, and disability obstacle course. At the backpack station, students were weighed with and without backpacks to determine the percent of body weight they carried, instruction and handouts about back safety were given to each student and a wheeled book bag was awarded to the student who had the heaviest backpack per body weight percentage. On the obstacle course, students had to maneuver through the course in a wheelchair while they performed various tasks such as cutting a sandwich one handed, using a reacher to pick up coffee mug, and play mini-basketball. Prizes were awarded to the two "fastest" qualifying participants. Plus all the participants gained a better understanding of what life is like in "someone else's wheels".

Throughout the school year, the students through the PTA Club sponsored fundraising events to help local community groups, raising close to \$900. Recipients included a local anti-drug support group for high school students and the Amputee Support Group at Ingalls Memorial Hospital in Harvey, IL. Also as a part of the fundraising activities, the students were able to re-establish the Marion R. Cotten Memorial Scholarship Fund, which is awarded to a PTA student entering the final year of his/her education at Morton College. The scholarship was started in memory of instructor Marion Cotten who passed away in 1996 during his tenure at Morton College. Unfortunately, the scholarship had not been awarded the past two years due to insufficient funding. Through the students' efforts, we are able to offer this scholarship again, and the honoree of the class of 2003 is Rebecca Janton Keating.

For the coming school year, students will be sponsoring PT Month activities in the fall in keeping with a goal of student and community education. Donations from alumni or other supporters of PTA education for the Marion R. Cotten Scholarship are gratefully accepted year round.

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## Dateline ~

Submissions to **Dateline** should be sent to the IPTA Chapter Office. Inclusions in the calendar are as space permits and are at the discretion of the editor. Priority is given to IPTA events. Cost per listing is \$25 for non-IPTA events.

### AUGUST

- 23 **Central District Meeting**  
*Location:* OSF St. Joseph Hospital/Rehab Svcs  
 Dept  
 Bloomington, IL

### SEPTEMBER

- 11 **Northern District Meeting**  
*Location:* Lake Forest Hospital
- 11 **North Central District Meeting**  
*Location:* Kessler Rehabilitation  
 Rockford, IL
- 12-14 **Advanced Clinical Problem Solving in Pediatric Oral Motor, Feeding/Swallowing and Respiratory Coordination Function**  
*Location:* Chicago Suburbs, IL  
*Instructor:* Rona Alexander, PhD, CCC-SLP  
*Contact:* Kids In Motion, Inc.  
 4721 W Midlothian Tpke, Suite 25  
 Crestwood, IL 60445  
 Renee Rowley or Margie Mizera  
 (708) 371-7007

- 17 **Western District Meeting**  
*Location:* Galesburg, IL

### OCTOBER

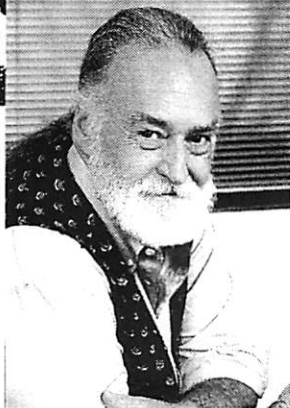
- 3-5 **Enhancing function for Children with Quadriplegic**  
*Location:* Chicago Suburbs, IL  
*Instructors:* Linda Kliebhan, PT &  
 Gail Ritchie, OTR/L  
*Contact:* Kids In Motion, Inc.  
 4721 W Midlothian Tpke, Suite 25  
 Crestwood, IL 60445  
 Renee Rowley or Margie Mizera  
 (708) 371-7007

- 25 **IPTA Board of Directors Meeting**  
*Location:* Holiday Inn  
 Collinsville, IL

- 25-27 **IPTA Fall Conference**  
*Location:* Holliday Inn  
 Collinsville, IL

### NOVEMBER

- 12 **Northern District Meeting**  
*Location:* St. Alexius Medical Center  
 Hoffman Estates

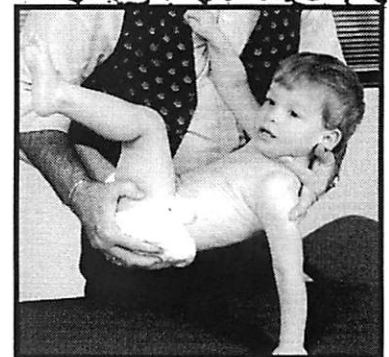


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