



***LSVT GLOBAL announces the
BIG for LIFE® Online Training Course for
LSVT BIG® Certified PT and OT professionals!***

The BIG for LIFE Online Training Course provides LSVT BIG Certified Clinicians with the tools and knowledge needed to start and run post-discharge BIG for LIFE exercise classes in their communities for people who have completed LSVT BIG treatment.

This course is an advanced level course offered to LSVT BIG Certified Clinicians. The research based rationale for community based exercise for people with Parkinson disease will be reviewed, along with information on how to structure and design BIG for LIFE classes tailored for a variety of individuals. Ethical and legal considerations as well as marketing strategies will be discussed.

Teaching methods include pre-recorded lecture with PowerPoint slides (online and printed), video demonstrations, and knowledge review questions at the end of each module. An examination will be given at the end with an 80% score required to pass.

What is BIG for LIFE?

BIG for LIFE is a new maintenance exercise program developed so that patients who have completed LSVT BIG treatment can practice their exercises and “BIG” movements not *just* at home by themselves, but also in a group setting with others like them.

BIG for LIFE maintenance exercise classes are intended to be fun, challenging, engaging, and will provide patients with additional opportunities for social interaction while they exercise!

BIG for LIFE Online Training Course

Steps to become a BIG for LIFE Provider:

1. Be a current LSVT BIG Certified Clinician (i.e., Renewal up-to-date)
**This activity does not count towards or replace the requirement to complete the LSVT BIG Certification Renewal course.*
2. Register for the BIG for LIFE Training Course.
3. Complete the entire BIG for LIFE Online Training Course (six course modules, exam, and course survey) within a 90-day period, which begins on the day of registration.
4. Complete the course exam with an 80% or better score required. If a participant does not pass the examination, there will be an opportunity for retake.

BIG for LIFE Training Provides:

- A three-hour online BIG for LIFE training course with printed training materials (downloadable and shipped)
- BIG for LIFE designation upon completion of course and passing exam
- Listing as a BIG for LIFE Provider on the LSVT Global Clinician Directory

Already running a post-discharge class for LSVT BIG “Graduates”? During this course, you will learn additional creative ways to add challenge and variety to your current classes!

Course Agenda

Module 1: (20 min)	An Introduction and Logistics for Progressing Through the Online Course
Module 2: (35 min)	Background and Description of BIG for LIFE and Research-based Rationale for BIG for LIFE
Module 3: (32 min)	Starting a BIG for LIFE Group and BIG for LIFE Logistics
Module 4: (32 min)	BIG for LIFE Group Exercise Practice
Module 5: (31 min)	BIG for LIFE Function Focused Exercise
Module 6: (28 min)	BIG Walking Practice, Group Planning, Marketing and Future Directions
BIG for LIFE Exam Survey	(estimated 15 minutes) (80% required to pass) (estimated 5 minutes)

Total Time for Modules 1-6: 3 hours

Estimated Minimum Time to Complete (with exam and survey): 3 hours, 20 minutes

Learning Outcomes

Upon conclusion of this course, participants (LSVT BIG Certified Clinicians) will be able to:

- Describe BIG for LIFE and for whom it is intended.
- Identify the scientific rationale for BIG for LIFE maintenance classes.
- Discuss the LSVT BIG “optimal wellness model” in management of PD by therapists.
- Identify at least three barriers to exercise specific to Parkinson disease.
- Discuss the rationale for daily LSVT BIG exercise practice in

addition to the need for general daily exercise as it pertains to optimal symptom management in PD.

- Describe how to adapt or progress LSVT BIG Maximal Daily Exercises in a group setting for safety and adequate challenge for patients with various levels of functioning.
- Design BIG for LIFE class plans including functional tasks, BIG walking, and LSVT BIG exercises that are safe, functional, and engaging.

LSVT Trademark Use

The LSVT® trademark and other logos appearing within LSVT’s website and on LSVT’s literature are registered and unregistered trademarks of LSVT Global, Inc.

Only individuals directly certified by LSVT Global, Inc. and who have attended an LSVT Training and Certification Course with specific training in the LSVT modalities of treatment for individuals with speech or movement disorders related to Parkinson disease and other neurological disorders or conditions are entitled to use the LSVT trademarks. An individual who has attended this Course and received a certificate of LSVT training will be able to use the LSVT trademark to refer to themselves as an “LSVT BIG® Certified Clinician” and a “BIG for LIFE® Provider”. Any non-sanctioned use is strictly prohibited.

“BIG for LIFE gave me the ability to maintain the foundation of LSVT BIG while being able to complete meaningful and challenging tasks in a fun, energetic, and supportive group environment.”

- Leah S., BIG for LIFE Provider

BIG for LIFE TRAINING FACULTY

The LSVT BIG faculty collectively have over 200 years of experience as physical or occupational therapists, personally treated over 2,000 people with PD or other neural disorders using LSVT BIG, and trained over 10,000 physical and occupational therapists in 38 countries.

Laura Gusé, MPT, MSCS

Ms. Gusé received her Master's Degree in Physical Therapy from the University of North Dakota. Ms. Gusé has worked extensively in the area of neurogenic disorders since then, both in outpatient and inpatient settings. She has specialized in treatment of Parkinson disease and Multiple Sclerosis. She has been certified in LSVT BIG® since 2009, and is a Multiple Sclerosis Certified Specialist. She is an LSVT BIG faculty member and Expert Clinician, and has helped to develop many of the current LSVT BIG treatment tools, webinars, and curriculum. She now serves as the Chief Clinical Officer of LSVT BIG for LSVT Global.

Jenny Tuccitto, MPT, GCS

Ms. Tuccitto received her Master's degree in Physical Therapy from the College of St Catherine in Minneapolis, MN in 2001. As a physical therapist, she treats a wide variety of clients with neurological and/or orthopedic diagnoses at Courage Kenny Rehabilitation Institute, part of Allina health in Minnesota. She serves as the facility lead for treatment of clients with Parkinson disease. Ms. Tuccitto is an LSVT BIG Faculty member & Expert Clinician, and has assisted with development of many LSVT BIG treatment tools including the LSVT BIG Homework Helper DVD. She has presented for the National Parkinson Foundation, the Minnesota Physical Therapy Association, and at the American Speech and Hearing Association on LSVT BIG as well as being actively involved with local Parkinson supportgroups.

CONTINUING EDUCATION INFORMATION

This program qualifies for three continuing education hours. LSVT Global, Inc. is an AOTA Approved Provider of continuing education. The assignment of AOTA CEUs does not imply endorsement of specific course content, product, or clinical procedures by AOTA. 0.3 AOTA CEU's has been awarded for this course. At this time, the BIG for LIFE Online Training Course has not been submitted to state or national physical therapy approval entities for continuing education pre-approval. We will provide you with all the necessary paperwork to self-report (faculty biographies, learning outcomes, agenda, and certificate). Please retain the course handout and your certificate for documentation of completion and contact your own board or organization well in advance for specific filing requirements.



*This course is offered for 0.3 CEUs
(Advanced level; Occupational
Therapy Process).*

Minimum System Requirements for Online Course

Desktop and Laptops

1. High speed wired internet connectivity or Wi-Fi (not dial-up of MiFi)
2. Current version of Adobe Flash Player. [Click to Install for Flash for free](#)
3. One of the following internet browsers
 - Google Chrome current version is recommended for best results
 - Mozilla Firefox current version
 - Safari current version (Mac only)

iPads or Tablets: performance will vary and the course is not guaranteed to run without glitches

- iPads: iOS current version
 - Safari
 - Google Chrome
- Windows Tablets
 - Google Chrome
 - Internet Explorer
- Android Tablets: Android current version
 - Google Chrome



BIG FOR LIFE® Registration Form

FULL NAME

First Name: _____ Middle Initial: _____

Last Name: _____

Professional Designation: LSVT BIG PT LSVT BIG PTA LSVT BIG OT LSVT BIG OTA

**Your LSVT BIG Certification must be current. To check status, email info@lsvtglobal.com.*

HOME CONTACT INFORMATION (required)

Address: _____

Apt/Suite/Other: _____

City: _____ State: _____ Zip Code: _____

Country: _____ Country Mail Code: _____

Phone #: _____ Email: _____

SHIPPING INFORMATION

Company: _____

Contact: _____

Address: _____

City and State: _____

Zip/Postal Code: _____ Country: _____

Phone: _____ Email: _____

Check here if you would like us to indicate that you are a **BIG for LIFE** provider in the **LSVT BIG Clinician Directory** on our website:

REGISTRATION FEE

\$165 Professional BIG for LIFE Training Course. Includes Course, Materials, and Exam.
Registration is only open to PT, OT, PTA, and OTA participants who are currently LSVT BIG® Certified.

METHOD OF PAYMENT

Choose a payment option:

Check VISA Master Card Discover AMEX

Credit Card Number: _____

Expiration date _____ CVV _____

BILLING INFORMATION

If paying by credit card, please use the billing address associated with the card.

Same as home address

First Name: _____

Last Name: _____

Company: _____

Address: _____

City and State: _____

Zip/Postal Code: _____ Country: _____

Phone #: _____ Email: _____

Participant Attendance Policy: Participation in the entire course is mandatory. Participants who do not fully complete the course will NOT be eligible for CEU credit, listing as a BIG for LIFE provider, or a refund of any costs incurred.

Participant Cancellation Policy: Courses purchased in error (for example the incorrect course or quantity) will be fully refunded as soon as LSVT Global, Inc. has been notified and as long as the notification occurs *prior* to shipping of the related course materials.

Online courses are NOT refundable once the course has been accessed.

If a purchaser wishes to cancel the course order *after* the related course materials are shipped, he/she must notify LSVT Global immediately. The course materials must be returned within 30 days before any refund is processed. A full refund of the course fee, minus a \$50 cancellation fee, will be processed as long as the materials have not been used and are in their original condition.

Return shipping will be at the purchaser's expense. LSVT Global, Inc. will not be liable for any claims of non-receipt of materials or products returned to LSVT Global, Inc. In order to obtain a refund or exchange, the purchaser must provide a correct e-mail address, mailing address, phone, and credit card information.

Please remit registration and payment forms to:

LSVT Global Attn: Jenifer Richardson

3323 N. Campbell Ave, Suite 5

Tucson, AZ 85719 USA

Toll Free: **1-888-438-5788 (in the USA)**

Phone: **1-520-867-8838**

Email: **info@LSVTGlobal.com**

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