

Effective Physical Therapy Following Total Hip/Knee Arthroplasty

Seminar Dates and Locations:

Sep 5 - Spring Hill Suites Peoria West Lake - 2701 W Lake Ave - Peoria

Sep 19 - Element Moline - 316 12th St - Moline

Sep 21 - Courtyard - 100 W Algonquin Road - Arlington Heights

Course now being offered in multiple Illinois locations in 2019!

In-Fit Rehab is a licensed CE Provider by the IDFPR. Allow In-Fit to help meet all of your CE Needs.

This course benefits the attendee by:

-Improving the clinician's understanding of appropriate expectations regarding patient outcomes.

-Giving the clinician the tools to improve outcomes of complicated knee and hip arthroplasty presentations

-Improving patient rapport via improved communication regarding attainable outcomes

-Knowing when to involve the surgeon or refer the patient out for other treatments

Improving confidence in applying the most current and best treatments for the post surgical knee and hip patient

Register at: InFitRehab.com

Presented by Brett Bussan, PT, MSPT, JD, is a highly skilled clinician with 15+ years of physical therapy experience. Brett has a special passion in education and recent trends in therapy. He pursues many continued education opportunities and completes exhaustive research of current literature. His approach to therapy focuses on maintaining a thorough understanding of the entire presentation of the patient as well as use of manual skills for assessment and interventions.



Registration available online at:
www.infitrehab.com
Payment choices:
Apple Pay, PayPal
and all Major Credit Cards

In-Fit Rehabilitation is a new physical therapy CE provider that is committed to creating courses that are crafted with current research and theory which is readily applicable to the modern therapist's practice.

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September, 6, 20, and 22, 2019

7.5 CEUs for \$225



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Why a Joint Arthroplasty Course:

7:30 - 8:00 - Registration
8:00 - 9:00 - Introduction to course objectives and hip/knee arthroplasty overview

9:00 - 9:30 - BRIEF review of the history of joint replacement

9:30 - 10:30 - Discussion of orthopedic and PT considerations of THA

10:30 - 10:45 - Questions and Lab of Assessment/goal setting and best practice for physical therapy treatments

11:00 - 12:00 - The complicated THA patient discussion for enumeration of issues and treatment Lab

12:00 - 1:00 - Lunch
1:00 - 2:00 - Discussion of orthopedic and PT considerations of TKA.

2:00 - 2:15 - Lab with discussion for Assessment/goal setting plus best practice physical therapy treatment for knee arthroplasty

2:15 - 2:30 - Questions
2:30 - 3:00 - The complicated TKA patient

3:00 - 3:30 - Lab for mobilizations/other treatments amidst discussion of most challenging issues with post TKA pts

3:30 - 3:45 - Discussion of alternative treatments

Course Schedule:



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This course was created to improve PTs/PTAs understanding of knee and hip arthroplasty. It will improve the attendee's understanding of therapy from immediately following surgery until discharge from therapy services with appropriate post discharge instructions. Most often joint replacement patients progress through therapy with minimal issue. However, many patients have residual deficits following surgery and therapy that could be remedied with adjustments to the therapy plan. Also, all therapists have all seen the reticent Trendelenberg gait in the hip and the severely stiff knee that persists post surgery. This course will address these difficult patients and provide a plan for attacking the issues via treatment, and educate clinicians on when it is appropriate to contact the surgeon or encourage other treatment options. Also, after attending this course the clinician will feel confident about knowing they have provided the best treatment available and be able to argue for continued services.

Attendees Upon Completion: Will be equipped with the most up-to-date information on facing patients with knee or hip joint arthroplasty. Clinicians will be able to provide the rehabilitation treatments that lead to the best treatment outcomes. The breadth of knowledge obtained will allow realistic goal setting, identifying difficult presentations earlier and aid communications with clients to establish good rapport, compliance and client loyalty. The knowledge obtained and skills learned will make the clinicians job easier!

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Interested in Continuing Education:

Have a topic you are passionate about and want to share your knowledge with fellow clinicians? Join the In-Fit Rehabilitation team! Or, In-Fit will be happy to assist you with advice on where to start, also guidance through the tedious process of sponsor applications, and aid the arduous task of marketing your course. Contact us via Email at In-Fitrehab@gmail.com.

Host a Course:

Are you or your organization interested in hosting a CE Course? In that case In-Fit Rehabilitation is the choice for you. All of our courses are available to be provided at your venue at advantageous pricing to you or your organization. Contact us via email at In-Fitrehab@gmail.com

In-Fit Rehabilitation's Rebate Program

As a new venture, In-Fit Rehab relies upon its attendees for its ongoing operations. As such, we have both a loyalty and referral program for PTs/PTAs that have attended an In-Fit rehab course. Attendees at In-Fit Rehabilitation courses are eligible for a rebate for each future course they attend. Furthermore, All referrals to our courses are also eligible for a rebate. Visit In-fitrehab.com for more details!

About In-Fit Rehabilitation:

In-Fit was created in 2016 with the aim of providing quality Continuing Education for Physical Therapists and Physical Therapist Assistants. In-Fit was formed in Texas and provided its first courses in Illinois in 2017. We at In-Fit aim to provide courses that have been guided by review or recent research/statistical studies to clearly provide suggestions for the current best evidence based practice. We are striving to provide thorough presentations on topics in a concise and structured manner to allow clinicians ease of understanding and application to their practice. In-Fit has offered courses in Louisiana, Illinois and soon will be expanding into Arkansas in its second year. We are excited to be offering courses in 2019 to PTs/PTAs in Wisconsin, Louisiana, Illinois, Arkansas and Oklahoma.

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