

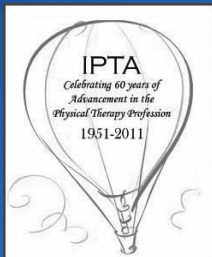
August / September 2011

PT Priority



The Official Magazine of the Illinois
Physical Therapy Association

Inside:



2011 IPTA CONFERENCE INFORMATION & REGISTRATION

Caucus Summary

**Reflections of Past
IPTA Presidents**

...and more!

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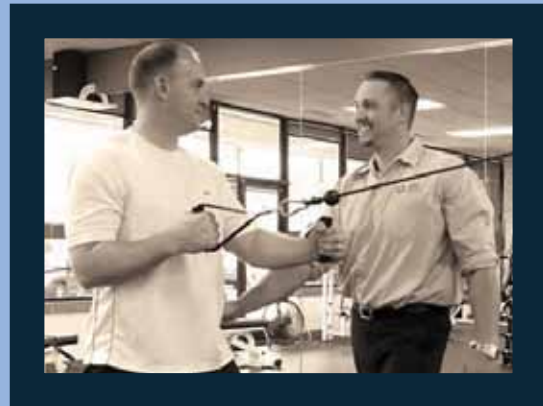


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From the Editor

By Jennifer Ryan, PT, MS, DPT, CCS

The Illinois Physical Therapy Association (IPTA) and the American Physical Therapy Association (APTA) offer many resources for members to use to improve their professional skills, to enhance their business and to design their professional development plan. These resources are becoming more immediate, more customized and more comprehensive, as more and more electronic resources are made available. *PT Priority* is in the process of transitioning to more electronic issues than paper, this obviously is a paper one, in order to increase the amount of content available and keep the opportunity for a multicolor format. IPTA works vigilantly to keep you in tune with the latest information that is pertinent to the diverse needs and wants of the membership through our website, our email communications and this magazine.

This issue of *PT Priority* is reaching all licensed PT's and PTA's in order to educate everyone on at least some of the issues that impact us all, member of not,

and to introduce non-members to the many possibilities that exist for themselves and their professional futures, by joining. Membership is not cheap, but neither is keeping an eye on legislative issues, keeping the membership informed when quick action is required for legislative action or organizing conferences where quality education is available for an affordable price.

The great resources coming your way in this issue include a wide range of topics. For new professionals, your BOD liaison gives a nice illustration of how membership has made a difference in her practice. The PTA Director gave thoughtful summaries of recent governance activities and related them to practice now and in the future. Speaking of governance, one person's experience during National Conference and PT Day on the Hill is relayed, giving a very personal perspective on the impact of the event on his professional outlook.

Look at the ads, the Fall conference schedule, the dateline of approved CE courses (always check that a course that you take is approved, so that it will count towards your license renewal), and all of the great resources that are available at the websites to understand the tangible benefits of your membership or your potential membership. The intangibles are priceless—the networking, i.e. the opportunities to learn serendipitous information that can change your professional career when you are least looking for it, and the chance of being in the right place at the right time to build professional relationships.

Don't be left behind—Take advantage of being a member of a strong and organized group as the changes in healthcare come in the future. No one knows how things will change, but we know that things will change. The physical therapy profession has been a leader in healthcare and needs to stay strong to maintain this – Join IPTA/APTA today. ■

Calendar of Events



AUG

24 Northern District Meeting (Elgin, IL)

SEPT

- 1 Last Day to Register for IPTA Annual Conference & Student Conclave
- 5 Labor Day – Chapter Closed
- 12 Chapter Elections Begin
- 22 IPTA Board of Directors Meeting (Galena, IL)
- 22 IPT-PAC Golf Outing (Galena, IL)
- 23 Illinois Student Conclave (Galena, IL)
- 23-24 2011 IPTA Annual Fall Conference (Galena, IL)
- 24-26 State Policy & Payment Forum (Austin, TX)
- 29 Eastern District Meeting



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Illinois Chapter PTA Reimbursement Task Force and 2011PTA Caucus Summary

By Lisa Stejskal, PTA, MAEd
PTA Director

Since my last article, I had the pleasure to participate in two governance activities within our association. The first was the Illinois Representative Assembly in April, which holds the authority to set the policies and direction for the IPTA. The second was in June at the American Physical Therapy Association (APTA) House of Delegates, which is the highest policy-making body of the association. I would like to share important information from both meetings that impact physical therapists assistants in Illinois.

The 33rd meeting of the IPTA Representative Assembly brought together 149 PT/PTA representatives from 8 districts and the Executive Committee; guests included Scott Ward, PT, PhD, APTA President and PT/PTA student members/nonmembers. Of the many motions to come before the Assembly, the Eastern District brought forth a motion entitled "PTA Reimbursement", which the Assembly passed. This charges the IPTA to develop a task force to examine reimbursement issues for the care provided by physical therapist assistants here in Illinois with a preliminary report to the 2012 Assembly. This motion and subsequent task force is in response to recent concerns of reimbursement denials for PTA services. The district PTA representatives and I have been attempting to track this issue, however, our hope is that this chapter-wide task force will be able to thoroughly investigate the issue to determine if there is a problem. Anyone willing to serve on this task force, please email our chapter president, Sandy Levi, at slevix@midwestern.edu. It would be great to have representation from each district. Sandy can give you details about what is involved, however, meetings will be more than likely be conducted via conference calls.

The APTA's 2011 PTA Caucus and House of Delegates meetings were held in National Harbor, Maryland June 4-8, 2011. As the Illinois Chapter PTA Director, I serve as the Illinois PTA Caucus Representative. The PTA Caucus was welcomed with brief comments from David Emerick, PTA Caucus Chief Delegate, Dr. R. Scott Ward, APTA President, and John Barnes, APTA CEO. Dr. Janet Bezner, APTA Deputy Executive Director provided a leadership training workshop on negotiation and influence.

The 47 PTA Caucus Representatives and five PTA Caucus Delegates attending the meetings divided into small groups to discuss issues and opportunities in communication, education, practice, advocacy, and strategy, areas identified by the 2010 PTA Caucus as requiring further discussion and planning.

The delegate summary of 2010-2011 activities included use of the data collected from the Representatives Survey at the 2010 House of Delegates (House) to update and prioritize PTA Caucus goals and objectives; and to facilitate the development of two new task forces within the PTA Caucus – Communication and Education. The Delegates also reviewed the FSBPT's revised model practice act and monitored payment concerns, especially the situation with Kansas BC/BS; and developed RC 13-11 as a result of this activity.

Motions to the 2011 House were also discussed, including motion content and possible ramifications of passing/failing each motion of concern, especially in regards to those motions of greatest importance to the work and career of the PTA - RC 3-11, RCs 4-11 through 12-11, RC 13-11, and RC 14-11. Additionally, potential actions that could be taken on the floor of the House were described.

During the HOD, extensive discussion was heard relative to RC 3-11 that proposed expanding the current model of service delivery (ie, PT, PTA, PT aide/tech) to include other support personnel with the requisite training to provide physical therapy interventions under the direction and supervision of the physical therapist. This motion passed with a proviso delaying the effective date of the position to July 1, 2012. Prior to discussion of RC 4-11 the House adopted a motion referring RC 4-11 through 12-11 to the APTA Board of Directors with instruction to conduct a thorough investigation into possible service delivery models and their impact on the profession and patient/client care and called for the review of PTA education with any models of service delivery and the necessary changes in position(s) associated with them to be presented to the 2012 House. RC 13-11 that addressed payment was withdrawn by the PTA Caucus. RC 14-11 that addressed PTA student supervision was passed allowing PTAs to provide clinical supervision to PTA students with general supervision by the physical therapist. *A Summary of House Actions* written by APTA's Secretary may be found on the House Community.

The following individuals were elected to leadership positions in the PTA Caucus and installed to begin their terms at the close of the 2011 House of Delegates: Carrie Perkins (AZ), delegate; Paul Purdue (WA), delegate; Niki Wallen (MO), alternate delegate; and Christina Wilson (AL), Nominating Committee. The PTA Caucus appreciates the commitment of everyone that agreed to run, including: Louise Dolvig (IL), Luis Williams (CA), Bob Warden (NH) and Debbie Simmons (OK).

The following individuals were acknowledged for completion of their terms: Carrie Perkins (AZ), delegate; Deb Bornmann (TX), delegate; Luis Williams (CA), alternate delegate; and Brenda Norton (SD), Chair, Nominating Committee.

Continues on page 19.

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News...

The IPTA extends its congratulations to the **University of Chicago Medical Center Orthopedic Physical Therapy Residency Program**, which has achieved credentialing as an orthopedic residency program effective through June 30, 2016. The program will be recognized at the opening ceremonies of the 2012 Combined Sections Meeting in Chicago, IL.

The IPTA extends its congratulations to the **University of Chicago Medical Center Pediatric Physical Therapy Residency Program**, which has achieved credentialing as a pediatric residency program effective through June 30, 2016. The program will be recognized at the opening ceremonies of the 2012 Combined Sections Meeting in Chicago, IL.

Congratulations to **Miriam Rafferty** on receiving a Promotion of Doctoral Studies (PODS) Scholarship from the Foundation for Physical Therapy. Miriam received the 2011 Patricia Leahy Award for her outstanding application in post professional studies within neurology. This award is given in memory of APTA Section on Neurology member, accomplished physical therapist, and Foundation Doctoral Training Research Grant recipient, Patricia Leahy, PT, MS, NCS. Leahy was a professor at the University of the Sciences in Philadelphia and was one of the first physical therapists ever to receive the Neurologic Certified Specialist (NCS) certification. This scholarship is generously supported by members of the Neurology Section through the Foundation's Neurology Endowment Fund.

In Memoriam

The physical therapy profession lost a valued member this weekend with the passing of **Zach Gregory**. Zach was an excellent physical therapist and an even better human being. He was full of energy, compassion, and drive. He will be greatly missed by everyone that he touched. Zach was a young star at AthletiCo, and he was recognized by his peers, patients, physicians, and the Skokie community as a wonderful person and someone who truly loved helping patients accomplish their health goals. He will be greatly missed.

The Gregory family has set up a Memorial Fund to support the research and prevention of sudden death in runners. AthletiCo will be donating \$10,000 to the fund in Zach's honor. If you would like to make a donation, you can send a check made payable to the *Zach Gregory Memorial Fund* to: Zach Gregory Memorial Fund, c/o First Merchants Bank, P.O. Box 217, Liberty, IN 47353. ■

Forces Influencing PT in Illinois — Your Signature Tells a Story

Are you still signing your name like this? 

You may not know it, but your signature tells a story. It's the story of professional licensure in Illinois. In 2004, amendments were made to the PT practice act that requires the use of the designations PT and PTA to indicate licensure. The purpose of the legislation change was to protect the public to indicate that the initials PT and PTA designate people licensed as physical therapists or physical therapist assistants. With so many specializations, other professional designations and others professions providing patient services, patients had a hard time telling exactly who was providing physical therapy services. The designation of PT and PTA provide protection from others, such as personal trainers, from using the PT or PTA designation.

What exactly does this mean for you? Many therapists have traditionally used their academic degree, for example, MPT, after their names. Does this change in law mean that the academic degree must be dropped?

This change in the practice act does not mean that you should discontinue using your academic degrees or other designations. It means the following: In patient records and professional correspondence and stationary, the initials PT or PTA should be listed immediately after your name. Do not use RPT, LPT, or any other designation to indicate licensure (Mary Smith, PT). Should you choose to do so, you may also list your academic degree(s) (Mary Smith, PT, MS, PhD). In addition, should you choose to do so, you may also list your specialty or any other designation (Mary Smith, PT, PhD, OCS, ATC).

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A Reawakening: PT Day on Capitol Hill 2011

By Shane Irgens, PT, DPT

As I sat in my living room in the dead of my first Chicago winter, I was looking for any way out. I'd recently moved to Chicago to start my career as a physical therapist and my work had already become stale. I loved the patients I worked with but the job already felt like a *job*. One of the many cold nights warmed slightly when I received an email reminding me that APTA graciously grants free registration to the first APTA Annual Conference following a person's graduation. Sure the conference was four months away and in the middle of June but who knew how long this 20-degree weather would last? Thank you, APTA, I'll accept an opportunity to recharge my "professional batteries". And what's this? "Click here to register" (for free, mind you) to attend PT Day on the Hill, an organized rally on the steps of the Capitol followed by scheduled meetings with each state's delegation of Representatives and Senators. Count me in!

I arrived early to National Harbor, MD to watch APTA's House of Delegates (HOD) discuss and debate potential changes in APTA policy for physical therapy. I soaked up three days of proceedings as delegates from all 50 states represented our profession with passion and dignity. As HOD closed on Wednesday, participants in Thursday's PT Day were encouraged to attend an informative briefing to prepare for the face-to-face meetings with members of Congress.

Wednesday's 2-hour meeting briefed all in attendance on the three hot topics of which we were seeking further support and co-sponsorships. The Medicare Access to Rehabilitation Services Act (HR 1546/S 829) is legislation that would repeal the arbitrary therapy cap on outpatient rehabilitative services for Medicare beneficiaries. This pesky bill was at the top of our list. As a new graduate, my personal favorite was the *Physical Therapist Student Loan Repayment Eligibility Act* (HR 1426/S 975). This legislation would add PTs to the list of health care providers who are included in the National Health Service Corps. NHSC participants receive loan forgiveness for working in underserved areas. Finally, the *Protecting Student Athletes from Concussions Act* (HR 469) would standardize concussion prevention and education requirements for this significant public health issue.

I think it was the collective excitement of Wednesday's meeting that caused me to jump out of bed at 5:00 a.m. on Thursday ready to face the Hill. Lots of coffee and carbs at a 6:00 a.m. prep session fueled my excitement. As it happens, the Illinois constituents were the first scheduled to take the 30-minute bus ride to the shadow of the Capitol building. We were unable to attend the actual rally of around 1000 PTs, PTAs, students and supporters, though I hear and read it was a moving experience. The group from Illinois was scheduled to attend a weekly "Coffee with the Constituents" held in the Hart Senate building with Illinois' Senators Richard Durbin and Mark Kirk. At this coffee hour we not only heard from each Senator on current legislation but we also had face time with each man to share a quick personal account of what PT is and how we affect millions of their constituents. Star-struck and beaming, we left to meet individually with each Senator or his staff that afternoon.

My colleague, Efosa Guobadia, and I had the opportunity to discuss our topics with Senator Durbin's top health care policy advisor. We were able to relay relevant information about direct access for PTs, our education requirements and interdisciplinary care that was

well-received. We emphasized not only the three pieces of legislation to consider but also the overall impact of physical therapy and how it positively affects millions of people each and every day. In return, we received valuable insight to the legislative process and how our bills relate to Senator Durbin and other representatives in general.

The Illinois constituents represented the PTs, PTAs and students of the state well as we moved from office to office sharing our personal stories with various representatives on the Hill. The ride home was buzzing with success stories of how well received we were in each office.

How successful were we? An email from APTA two weeks after PT Day on the Hill updated the participants on the success of our advocacy efforts. An amazing 33 new co-sponsorships were secured in Congress for the three focus bills since our rally on the Hill. Our efforts really paid off! We should be encouraged to know that we can actually make a substantial difference with a concerted and organized effort of advocacy.

Without sounding too cheesy I would say this warm day on Capitol Hill was like a springtime awakening for me. I made it through the long, depressing winter of "how am I supposed to help my profession?" and sprang forth to exceed my expectations of what advocacy can do for the profession of physical therapy. As an elected member of the 2010-2011 APTA Student Assembly Board of Directors I had a little experience talking about my profession to people in and out of PT. I've had a chance to brag about what makes the profession great and how we can take it to the next level. I've also advocated by emailing my state and national representatives on occasion to garner support for a bill that was pro-PT. This was my first chance to personally share a story with a Senator. Aside from a private 18-holes with President Obama, this was literally the ultimate way to advocate for our profession. Even if we weren't able to procure co-sponsorship from every member of Congress for every bill, we associated a smiling face with the name of physical therapy and personalized our profession to each legislative staffer whom we spoke with. Each of us who participated in June and each of you who advocate for physical therapy every day (to legislators and even patients) edge the profession that much closer to greatness on a national scale. ■

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Glory Days

IPTA

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The tradition of the annual conference continues as we celebrate the Illinois Physical Therapy Association's 60th Anniversary at Eagle Ridge Resort & Spa in scenic Galena, Illinois. The IPTA annual conference focuses on the advancement of the physical therapy profession through education, information, and interaction with peers. Eagle Ridge Resort, situated on 6,800 wooded acres, offers amenities to guests that include complimentary WiFi, indoor pool, sauna & steam room, tennis, volleyball, fitness center, 2 hour daily use of bikes, paddle boats, and canoes, and a daily Galena shopping shuttle. Other amenities include golf, restaurants, and spa, making it an ideal mini-vacation for your family or special someone. Visit www.eagleridge.com for info.

Schedule at a Glance

Thursday, September 22

PRE - CONFERENCE EVENTS

Board of Directors Meeting

10 am - 1pm

Members welcome to attend

Committee Meetings

1 pm - 4 pm

IPT-PAC Golf Outing

Nine Hole Scramble

2:30 pm - 6 pm

CONFERENCE CHECK IN & ON-SITE REGISTRATION BEGINS

6 pm - 8 pm

Ice Cream Social & Candidate Meet & Greet

7 pm - 9 pm *(family friendly event)*



Friday, September 23

Continental Breakfast opens 7:30 am

Educational Sessions

8:30 am - 4:30 pm (lunch served at 11:30 am in Exhibit Hall)

Exhibit Hall

11:30 am - 3 pm

STUDENT CONCLAVE BEGINS

Student Special Interest Group (SSIG) Business Meeting 12:30pm

Student Conclave Sessions

1:15 pm - 4:30 pm

Student/Alumni Receptions & Membership Reunions

5 pm - 6:30 pm

Glory Days

Dinner, Dancing & Entertainment Gala
6:30 pm - 10 pm

Student Entertainment
Details coming soon!

Saturday, September 24

Breakfast Buffet opens 8 am

Educational Sessions

Research, Practice & Advocacy

9 am - Noon

Poster CE Closes

Noon

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10 am - Noon



Eagle Ridge
RESORT & SPA
Thursday - Saturday
September 22 - 24, 2011
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EDUCATIONAL SESSIONS - FRIDAY, SEPT 23 FULL DAY (6 CE)

Modern Concepts in Treatment, Rehabilitation & Total Performance Conditioning for Golfers (6 CE)

Paul Callaway, PT, PhD

This course is for physical therapists who are interested in learning the essential elements for evaluating, treating and designing functional rehabilitation programs for common golf-related injuries. The course will also present effective strategies for designing golf-specific conditioning programs for 'healthy' golfers to enhance performance and prevent injuries.

Success with the Spine: Applying Current Research to the Management of Mechanical Spinal Problems (6 CE)

David Diers, PT, Ed.D., MHS, ATC
Dale Schuit, PT, Ph.D., MS
Ann Vendrely, PT, Ed.D., DPT

Treating clients with spinal problems can be challenging although they are the most common patient type seen in outpatient physical therapy clinics. This course is designed to help clinicians determine which interventions are most likely to be successful for a given client. Clinical case studies of clients with low back pain will be used to generate discussion and highlight current research findings from randomized controlled trials, clinical prediction rules, and systematic reviews. Laboratory practice of exercise interventions will be included as needed.

Concussion Management & Vestibular Rehabilitation (6 CE)

Michele A. Kehrer, PT, DPT, ATC

This program will provide the background and clinical approach to the multidisciplinary management of disorders of balance, including diagnosis and management of concussions and vestibular disorders through case studies.

Know When to Say When: How to Determine Your Patient's Activity Tolerance (6 CE)

Jen Ryan, PT, DPT, MS, CCS

Determination of a safe and progressive activity program for a patient is a responsibility unique to therapists. This course will discuss how to define what a safe activity level is for a patient intervention using various tests and measures available to the therapist. The course will teach participants how to interpret medical test results as they relate to exercise tolerance of the patient with pathophysiologic changes at levels of acuity seen in all practice settings. An in-depth illustration of these caveats that present with exercising patients experiencing multisystem changes with heart failure will be used as the primary example. Both lecture and case study teaching methods will be used to relate how to employ this activity-related interpretation of the following tests: complete metabolic panel, complete blood count, blood coagulation studies, and electrocardiogram interpretation.

Pediatric Standardized Assessment: Making it Meaningful to Children, Families & Therapists

Donna Cech, PT, DHS, PCS

This course will explore the relationships between commonly utilized pediatric standardized assessments and the International Classification of Functioning, Disability and Health (ICF) and use the information to define meaningful measurements for children. Currently used standardized assessment tools (i.e. PDMS-2, PEDI, SFA, GMGM) will be reviewed. A workshop format will focus on helping therapists select, score and interpret common standardized assessment tools used by therapists in pediatric intervention settings. This information will then be used to development patient/client goals and physical therapy intervention strategies.

EDUCATIONAL SESSIONS - FRIDAY, SEPT 23 HALF DAY (3 CE)

Pro Bono PT: Here and Abroad (AM - 3 CE)

Demetra John, PT, PhD
Sandra J. Levi, PT, PhD
Alice Salzman, PT, EdD
Antoinette P. Sander PT, DPT, MS
Blake Stahl PT, NCS

Bolstered by changes in healthcare, oppressive governments and natural disasters, the need for pro bono rehabilitation services is growing at home and abroad. Physical therapists are reaching out to meet the need in under-served areas of Illinois and in developing countries. Some individuals participate to abide by the APTA's Code of Ethics for PTs and the Standards for Ethical Conduct for the PTA, some participate to bring meaning and purpose to their practice, while some accept volunteerism as an extension of their professional duties. Physical therapists have the skills to assist in meeting society's need for rehabilitation services: Are you willing to step up and take on the challenge?

Essentials of Diagnostic Imaging for Physical Therapists (AM - 3 CE)

Aimee B. Klein, PT, DPT, DSc, OCS

This course will discuss the basic principles of diagnostic imaging and the implications for physical therapists. Primary examples of diagnostic and interventional techniques as applied to the musculoskeletal system's examination, evaluation and management of common lower extremity disorders will be discussed and demonstrate relevance for the physical therapist. In addition to standard radiography techniques, other imaging techniques, such as computerized tomography (CT), nuclear medicine, angiography, magnetic resonance imaging (MRI), and arthrography will be presented. Selected case studies will illustrate the decision process, selection of imaging techniques and integration of the diagnostic imaging information with patient management.

Brush Up Your Documentation: Some Practical Tips & Tools for Everyday Use (PM - 3 CE)

Paula Eppenstein, PT, MS

This course will review the necessary components of documentation required to support the need for therapy services and the provision of skilled treatment by the clinician. With ongoing changes to regulatory and third party payer requirements, it is essential for therapists to stay current with the criteria utilized for determining medical necessary and the provision of reasonable and necessary services when documentation is audited. Definitions of key documentation terms will be reviewed, tips will be provided to help strengthen the content of your documentation as well as a discussion on how to minimize your risk as an organization and practitioner. Small group discussion will be used to provide opportunities to apply techniques discussed throughout this session. A documentation toolkit will pull the information together.

EDUCATIONAL SESSIONS - OPEN SEATING SATURDAY, SEPT 24 (MAX 3 CE)

RESEARCH

The Poster Hall will be open from 9am - Noon with presenters available for Q & A at various times throughout the morning (see detailed schedule posted at event).

Participate in the Poster Quiz to earn 1 CE.

9:00 AM: PT/PTA Partners in Care

PRACTICE

10:00 AM: Continued Competence

11:00 AM: Pro Bono PT: Here and Abroad

ADVOCACY

9:00 AM: State Health Care Reform Update

10:00 AM: Federal Health Care Reform Update

11:00 AM: Post 2011 APTA House of Delegates Update

10:00 AM—Noon

OUR AMAZING RACE

Adventure awaits you at the first ever IPTA Amazing Race event! Come have some physical and cognitive fun as you charge towards the finish! This is a team event.

SPECIAL EVENTS FOR MEMBERS & GUESTS

IPT-PAC Golf Outing

Thursday, 2:30-6pm

Advance Ticket purchase required

Start the conference off with a little golf—9 holes on Eagle Ridge’s East course, complete with cart, lunch, and drinks. Sign up as a single or get your pals together and register as a four-some. Games and prizes await! Just \$60 per golfer. Proceeds benefit Illinois Physical Therapy Political Action Committee (IPT-PAC).

Ice Cream Social

Thursday, 7-9 pm

Open to attendees & guests

Welcome to Eagle Ridge! Bring your guests to this family friendly event featuring sweet treats, a little entertainment, and time to catch up with friends and colleagues while enjoying the beautiful views of Galena territories. Don’t forget to introduce yourself to candidates for IPTA office, Board members, and staff. Free event, casual attire.

Student/Alumni Receptions & Membership Reunions

Friday, 5-6:30pm

Open to attendees & guests

Once you’ve finished your education session, grab a refreshment and reconnect with old friends and spend some time getting to know current students who will be attending as part of the IPTA Student Conclave. Just how many years have you and your friends been IPTA members? Check out name tags to find out. Free event, casual/resort attire.

Glory Days Gala

Friday, 6:30-10pm

Open to conference attendees

Ticket required for guests

2011 marks IPTA’s 60th year! Celebrate the advancement of Physical Therapy with friends and guests at this special dinner event featuring music and entertainment. Conference attendees received one complimentary ticket to attend; additional tickets may be purchased for guests (\$40/adult, \$20/child under 12). Cash bar, resort attire.

DIRECTIONS AND HOUSING INFORMATION FOR EAGLE RIDGE RESORT & SPA

Eagle Ridge Resort and Spa is located at 444 Eagle Ridge Drive, Galena, IL 61036. Please note: Don’t let your GPS guide you differently! Stay on I-20 until you reach the Eagle Ridge rock wall sign that marks the resort entrance.

A block of rooms have been reserved under IPTA at special rates, starting at just \$129 for Inn rooms and \$139 for Villas (plus \$18 resort fee per room per night.). Check in: 4pm Check out: 12 noon

The daily resort fee includes: wi-fi in hotel rooms and most units throughout the resort, local calls, in-room coffee, daily newspaper, use of business center, daily Galena Shopping Shuttle, indoor pool and towels, sauna and steam room, tennis courts and equipment, fitness center, and 2 hours daily use of bikes, paddleboats, and canoes, and transportation to club areas from the Inn.

These rates are good for Thursday, Friday, and Saturday nights (9/22-24) and subject to availability. We anticipate rooms will sell out quickly - reserve your accommodations now by calling 1.800.892.2269, Option 1 by August 23, 2011.

Golf, dinner, and spa reservations may be made in advance of your stay. Visit www.eagleridge.com for more info.



Glory Days

ILLINOIS PHYSICAL THERAPY ASSOCIATION ANNUAL CONFERENCE



REGISTRATION

| | | | |
|--|--|--|-----------------|
| Full Conference Registration Includes: Thursday Ice Cream Social Friday Breakfast, Lunch, Exhibit Hall, Education Track, Reunion Social, and Gala Dinner Event Saturday Breakfast & Choice of Open Sessions or Amazing Race | APTA Member Price \$225 | Non Member Price \$375 | Extension \$ |
| | Select One: Friday ___ Golf ___ Spine ___ Concussion ___ Know When ___ Pediatrics ___ Pro Bono/Documentation ___ Imaging/Documentation | Select One: Saturday ___ Open Sessions ___ Amazing Race | |

Optional Tickets

| | | |
|--|--|-------------------|
| IPT-PAC Golf Outing Includes: 9 holes, cart, lunch & drink vouchers | QTY: ___ at \$ 60.00/person If possible, group me with: | Extension + \$ |
|--|--|-------------------|

| | | | |
|--|-----------------------------|-----------------------------|-------------------|
| Additional Guest Tickets for Gala Friday Evening | Adult Price \$40.00 QTY: | Child Price \$20.00 QTY: | Extension + \$ |
|--|-----------------------------|-----------------------------|-------------------|

| | |
|-------------------|----|
| TOTAL DUE: | \$ |
|-------------------|----|

Name _____ APTA Member # if any _____
 Address _____ Phone _____
 _____ Email _____

Dietary Restrictions/Special Needs:

Method of Payment

- CHECK ENCLOSED, PAYABLE TO "IPTA"
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ADVANCED REGISTRATION CLOSES SEPTEMBER 1, 2011.

REGISTER: ONLINE www.IPTA.org, VIA FAX: 630.904.0102, VIA PHONE: 630.904.0101, VIA MAIL: IPTA, 300 E. 5th Ave, Suite 430, Naperville, IL 60563

Credit Card # _____ Exp. date _____

Cancellation Policy: Registration cancellations received before 9/10/10 will be processed for a refund but subject to a \$50 cancellation fee. No refunds will be given for cancellations received after the close of business 9/9/10.

Signature _____



Attend the Illinois Student Conclave, created exclusively for PT and PTA students to give you an insider's view of your future profession, learn more about top employers, and get a jump on career skills that will last a lifetime!

Date: Friday & Saturday, Sept. 23-24, 2011 Cost: APTA/IPTA Student Members are **FREE!**
 Location: Eagle Ridge Resort & Spa (Galena, IL) \$25 for Non-Members

Advanced registration is required and space is limited - don't miss out by completing this form TODAY and fax to 630.904.0102.

SCHEDULE AT A GLANCE

| FRIDAY, 9/23 | | SATURDAY, 9/24 | |
|-------------------|---|----------------|---|
| Noon | Check in (name badge & attendee materials) | 8:00 am | Breakfast Buffet |
| 12:30 PM | Student Special Interest Group (SSIG) Business Meeting & Officer Nominations | 9 AM - Noon | Research: Poster Presentations with Q & A |
| 1 PM - 3 PM | Exhibit Hall Open <i>Tour the floor to win prizes!</i> | 9 AM | Practice: PT/PTA Partners in Care Advocacy: State Health Care Reform |
| 1:15 PM - 2:30 PM | Education Session: PT/PTA Partner in Care | 10 AM | Practice: Continued Competence Advocacy: Federal Health Care Reform |
| 2:30 PM - 3:00 PM | Refreshment Break in Exhibit Hall | 11 AM | Practice: Pro Bono PT Advocacy: Post 2011 APTA HOD |
| 3 PM—4:30 PM | Mock Interviews & Resume Review | 10 AM - Noon | Our Amazing Race <i>Are you up for the challenge?</i> |
| 3 PM - 4:30 PM | Education Session: Pro Bono PT: Here and Abroad | | |
| 5 PM - 6:30 PM | Student/Alumni Receptions & Membership Reunions (Free Refreshments) | | |

DIRECTIONS AND HOUSING ACCOMODATIONS FOR EAGLE RIDGE RESORT & SPA

Eagle Ridge Resort and Spa is located at 444 Eagle Ridge Drive, Galena, IL 61036. Please note: Don't let your GPS guide you differently! Stay on I-20 until you reach the Eagle Ridge rock wall sign that marks the resort entrance.

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These rates are good for Thursday, Friday, and Saturday nights (9/22-24) and subject to availability. We anticipate rooms will sell out quickly - reserve your accommodations now by calling 1.800.892.2269, Option 1 by August 23, 2011. Golf, dinner, and spa reservations may be made in advance of your stay. Visit www.eagleridge.com for more info.



Questions? Call 630.904.0101 or email ipta@ipta.org

STUDENT CONCLAVE REGISTRATION

Name _____

Email _____

Address _____

City/State/Zip _____

School/Class of _____

Phone _____

I plan to attend: (If attending Friday, circle Conclave, If attending Saturday, circle 1 of the 2 options) - you may attend 1 or both days)

FRI: Conclave SAT : Open Session OR Amazing Race

____ APTA Member # _____ **FREE !**

____ Non Member \$25 (credit card info below)

Circle one: V MC D AMEX Exp Date _____

Card # _____

Signature _____

FAX TO: 630.904.0102 - You will receive an email confirmation that will serve as your receipt.

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2025 Windsor Drive
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Wheaton, IL 60189
630-388-9451
kathy.woods@amramp.com
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ATI Physical Therapy

Shanna Herlihy
790 Remington Blvd
Bolingbrook, IL 60440
630-296-2222
shanna.herlihy@atipt.com
www.atipt.com

Des Moines University

Katie Pearce
3200 Grand Ave
Des Moines, IA 50312
515-271-7864
katie.pearce@dmu.edu
www.dmu.edu

HCR ManorCare

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jennifer.heinze@hcr-manorcare.com
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NIU-PT Program

Nancy Nuzzo
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nnuzzo@niu.edu
www.niu.edu

Rockford Health System

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815-971-5448
www.rhsnetf.org

Therapists Unlimited

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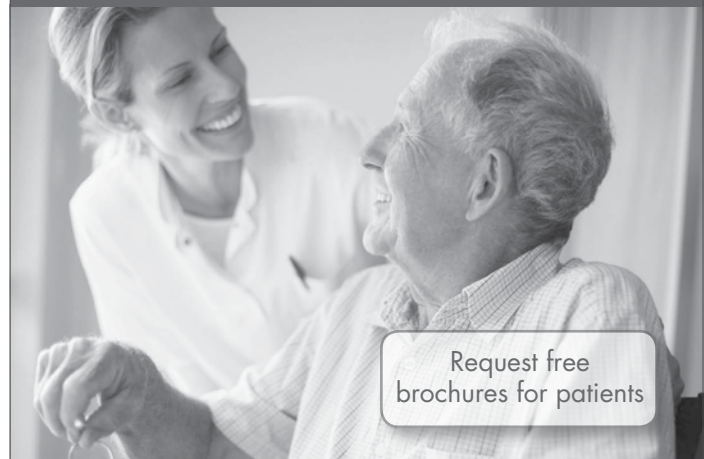
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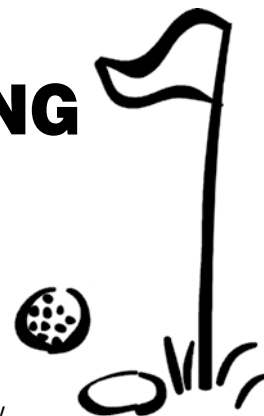
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IPT-PAC GOLF OUTING



Proceeds to benefit IPT-PAC

IPT-PAC (Illinois Physical Therapy Political Action Committee) is your political action committee. It raises funds for and provides financial assistance to Illinois public officials who actively support the PT profession. IPT-PAC contributions are not deductible for income tax purposes. Please consult with a tax or accounting professional about deductibility as a business expenditure.

QUESTIONS? CALL 630.904.0101 OR EMAIL IPTA@IPTA.ORG

Registration

**IPT-PAC Golf Outing - Thursday, September 22, 2011
 Eagle Ridge Resort - East Course**

\$60 per golfer (includes 9 holes of golf, cart, lunch and 2 drink vouchers, prizes)

Name _____
 Address _____
 Phone _____ Email _____

Please list any golfers* you would like to be grouped with:

* Please Note: All players in foursome must register by September 1, 2011

Payment Information

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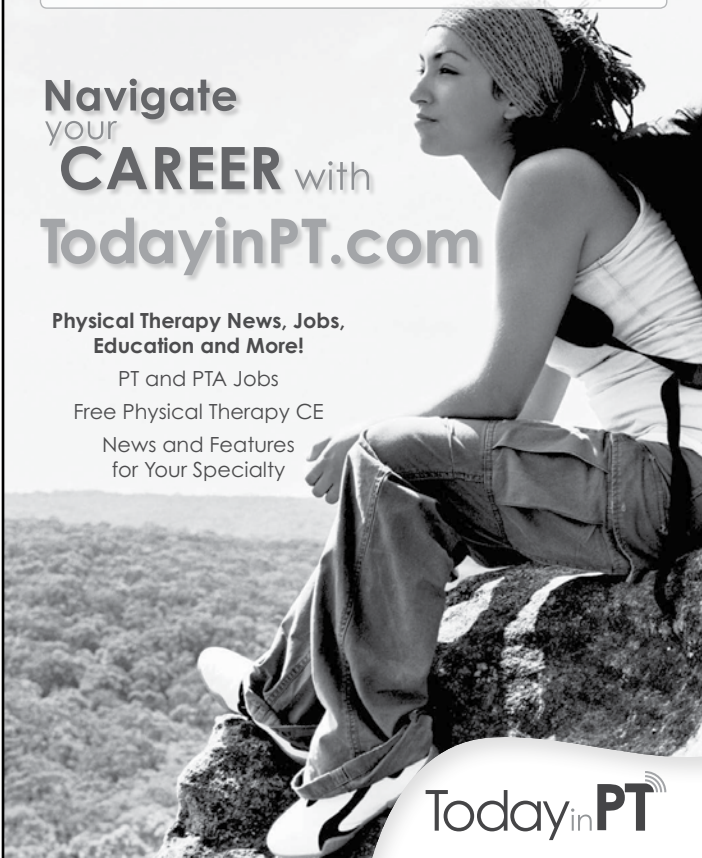
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Today in **PT**

APTA Membership Benefits: Resources for your Career Journey

By Margaret Danilovich PT, DPT, GCS

I had the privilege of working with a wonderful patient who had had a severe stroke. At our last visit, he said to me, "Thank you for taking me to places I could have never gone myself." I could only marvel at how deftly he had stated one of the most important aspects of successful physical therapy practice. This patient, who had a lifetime of experience, had allowed himself to become a student so that he could learn the skills needed for his journey toward recovery.

The past three years have been a journey for me as I began my PT practice. Like my patient, I found that I too needed partners to help me develop my skills. APTA membership has been one of the most valuable partners because it has provided me with numerous opportunities and resources for professional development.

When I graduated from Northwestern University in 2007, I knew that I wanted a career in geriatrics. Although only a few of my classmates had chosen this area of practice, my membership in the Section on Geriatrics introduced me to an entire community of professionals who shared my passion for this area. One of the resources that has been most beneficial to me is the Section Listserv. This online resource has given me a place to ask questions, get great advice, and exchange thoughts and experiences with clinicians throughout the nation. This virtual community of colleagues is "on call" at any hour, day or night. This community was also beneficial in helping me prepare for the Geriatric Specialty Examination. I was able to utilize section courses and home study tools at a discounted APTA member price, and also receive mentoring from other certified geriatric specialists. Furthermore, my membership has helped me locally to connect with other PTs throughout Illinois to create professional and personal friendships that will last my career. APTA Membership has helped to expand my education with resources such as the online Learning Center, PT Journal, and conferences. These numerous APTA membership benefits have been crucial to helping me learn, network, and grow personally and professionally in my first years of practice.

Physical therapy is an exciting, constantly changing field. Sometimes it is hard to take the first steps towards new places because we feel intimidated or alone. Finding companions and using many of the resources APTA membership offers to help us get to our chosen destinations is definitely a smart travel plan. Enjoy the journey, wherever it takes you! ■

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D A T E L I N E

| Date | Course Title | Location | Contact | CE Credit | Specialty |
|--|---|--|--|-------------------------|-------------|
| 10/1/2010-10/1/2011 | Therapy in Spanish <i>Sponsor: HealthLinkRx Institute</i> | Self study, Continuous Offering | Candice Seigel 214-987-1600, x 241 cseigel@careerlinkinc.com | 6 | Education |
| 10/1/2010-10/1/2011 | Pilates: Clinical Applications <i>Sponsor: HealthLinkRx Institute</i> | Self study, Continuous Offering | Candice Seigel 214-987-1600, x 241 cseigel@careerlinkinc.com | 4 | Orthopedics |
| 10/1/2010-10/1/2011 | Research Based - Yoga Interventions for Multiple Sclerosis <i>Sponsor: HealthLinkRx Institute</i> | Self study, Continuous Offering | Candice Seigel 214-987-1600, x 241 cseigel@careerlinkinc.com | 3 | Neurology |
| 10/1/2010-10/1/2011 | Yoga Therapy for Health Professional: Increase Cardiopulmonary Capacity Bone Strength, and decrease Kyphosis in Older Adults <i>Sponsor: HealthLinkRx Institute</i> | Self study, Continuous Offering | Candice Seigel 214-987-1600, x 241 cseigel@careerlinkinc.com | 2 | Geriatrics |
| 10/1/2010-10/1/2011 | Evidence Based Wound Management Course <i>Sponsor: WoundEducators.com</i> | Self study, Continuous Offering | Laurie Swezey 800-637-5526 lswezey@woundeducators.com | 27.5 | Acute |
| 10/1/2010-10/1/2011 | Basic Wound Management Certification Course <i>Sponsor: WoundEducators.com</i> | Self study, Continuous Offering | Laurie Swezey 800-637-5526 lswezey@woundeducators.com | 57 | Acute |
| 10/1/2010-10/1/2011 | Advanced Wound Management Certification Course <i>Sponsor: WoundEducators.com</i> | Self study, Continuous Offering | Laurie Swezey 800-637-5526 lswezey@woundeducators.com | 57 | Acute |
| 11/1/2010-11/1/2011 | Maximizing Communication and Connection between Health Professionals and Older Adults <i>Sponsor: HealthLinkRx Institute</i> | Self study, Continuous Offering | Candice Seigel 214-987-1600, x 241 cseigel@careerlinkinc.com | 2 | Geriatrics |
| 11/1/2010-11/1/2011 | Memory Fitness - What you Need to Know <i>Sponsor: HealthLinkRx Institute</i> | Self study, Continuous Offering | Candice Seigel 214-987-1600, x 241 cseigel@careerlinkinc.com | 2 | Geriatrics |
| 11/1/2010-11/1/2011 | The Cervical Spine: An Application to Patient Care <i>Sponsor: HealthLinkRx Institute</i> | Self study, Continuous Offering | Candice Seigel 214-987-1600, x 241 cseigel@careerlinkinc.com | 2 | Orthopedics |
| 12/1/2010-12/1/2011 | Sitting as a Healing Tool for Hip and Spine related Pain <i>Sponsor: HealthLinkRx Institute</i> | Self study, Continuous Offering | Candice Seigel 214-987-1600, x 241 cseigel@careerlinkinc.com | 4 | Orthopedics |
| 2/1/2011-2/1/2012 | Yin Yoga and Relief of Chronic Low Back Pain <i>Sponsor: HealthLinkRx Institute</i> | Self study, Continuous Offering | Candice Seigel 214-987-1600, x 241 cseigel@careerlinkinc.com | 4 | Neurology |
| 2/1/2011-2/1/2012 | Nutrition & Wound Healing: Tools doe Working in the Trenches <i>Sponsor: HealthLinkRx Institute</i> | Self study, Continuous Offering | Candice Seigel 214-987-1600, x 241 cseigel@careerlinkinc.com | 1 | Geriatrics |
| 2/1/2011-2/1/2012 | Effective Examination of the Shoulder Complex <i>Sponsor: HealthLinkRx Institute</i> | Self study, Continuous Offering | Candice Seigel 214-987-1600, x 241 cseigel@careerlinkinc.com | 4 | Orthopedics |
| 4/1/2011-4/1/2012 | The Cervical Spine: Foundations in Anatomy, Biomechanics and Interviewing <i>Sponsor: HealthLinkRx Institute</i> | Self study, Continuous Offering | Candice Seigel 214-987-1600, x 241 cseigel@careerlinkinc.com | 1 | Orthopedics |
| 4/1/2011-4/1/2012 | Maximize Attention, Overcome Common Psychological barriers, and Develop a Cognitive Rehabilitation Program that Works <i>Sponsor: HealthLinkRx Institute</i> | Self study, Continuous Offering | Candice Seigel 214-987-1600, x 241 cseigel@careerlinkinc.com | 4 | Geriatrics |
| 8/6/11 | Summer Sports Medicine Symposium <i>Sponsor: Accelerated Rehabilitation Centers</i> | Chicago, IL | Scott Zeller 312-640-0329 szeller@acceleratedrehab.com | 7 * Pending Approval | Orthopedics |
| 8/311 8/4/11 8/5/11 8/25/11 8/26/11 8/27/11 | Cognitive Rehabilitation and Memory Enhancement: Evidence-Based Intervention for Older Adults <i>Sponsor: Cross Country Education</i> | Schaumburg, IL Bloomington, IL Chicago, IL Madison, WI Appleton, WI Milwaukee, WI | Heather Smith 615-331-4422 coned@crosscountryeducation.com www.crosscountryeducation.com/cce/ | 6 | Geriatrics |
| 8/10/11 8/11/11 8/12/11 Multiple Dates | Deep Tissue Massage: Safe and Effective Techniques for Common Problem Areas <i>Sponsor: Cross Country Education</i> | Wichita, KS Kansas City, MO St. Louis, MO Multiple Locations | Heather Smith 615-331-4422 coned@crosscountryeducation.com www.crosscountryeducation.com/cce/ | 6 | Other |
| 8/13/2011 8/14/11 | Advances in the Evaluation & Treatment of Chronic and Acute Shoulder Pathologies <i>Sponsor: Accelerated Rehabilitation Centers</i> | Chicago, IL | Scott Zeller 312-640-0329 szeller@acceleratedrehab.com | 12 | Orthopedics |

D A T E L I N E

| Date | Course Title | Location | Contact | CE Credit | Specialty |
|---|---|---|--|-----------|----------------|
| 8/13/11 - 8/14/11 10/1/11-10/2/11 Multiple Dates | Manual Therapy of the Upper Extremity <i>Sponsor: Therapy Network Seminars</i> | Multiple Locations Chicago, IL Multiple Locations | Andrew Schrodt 1-800-785-1855 www.TNSeminars.com www.tnseminars.com/home/courses/manual | 15 | Orthopedics |
| 8/18/11 8/19/11 8/20/11 9/13/11 9/14/11 9/15/11 9/16/11 Multiple Dates | Therapeutic Modalities: An Evidence Based Approach <i>Sponsor: Cross Country Education</i> | Madison, WI Appleton, WI Milwaukee, WI Bloomington, IL Chicago, IL Schaumburg, IL Davenport, IL | Heather Smith 615-331-4422 coned@crosscountryeducation.com www.crosscountryeducation.com/cce/ | 6 | Other |
| 8/19/11 - 8/20/11 | Linking Play to Function Utilizing Neurodevelopmental & Sensory Integration Strategies to Facilitate Functional Skills Through Play <i>Sponsor: Education Resources, Inc.</i> | Rockford, IL | Barbara Goldfarb 508-359-6533 bgoldfarb@educationresourcesinc.com www.educationresourcesinc.com | 13.5 | Pediatrics |
| 8/20/11 - 8/21/11 Multiple Dates | The Shoulder Complex <i>Sponsor: Therapy Network Seminars</i> | Chicago, IL Multiple Locations | Andrew Schrodt 1-800-785-1855 www.TNSeminars.com www.tnseminars.com/home/courses/manual | 15 | Orthopedics |
| 8/20/11 - 8/21/11 | Comprehensive Manual Therapy Approach for Hip-Knee-Foot Pathology <i>Sponsor: Hands-On Seminars, Inc.</i> | Chicago, IL | Michelle Mitova hos@handsonpt.org | 15 | Other |
| 8/24/11 8/25/11 8/26/11 Multiple Dates | HIPAA Compliance After the HITECH Act <i>Sponsor: Cross Country Education</i> | Wichita, KS Kansas City, MO St. Louis, MO Multiple Locations | Heather Smith 615-331-4422 coned@crosscountryeducation.com www.crosscountryeducation.com/cce/ | 6 | Administration |
| 9/10/11/ - 9/11/11 Multiple Dates | Introduction to Hand Therapy <i>Sponsor: Therapy Network Seminars</i> | Chicago, IL Multiple Locations | Andrew Schrodt 1-800-785-1855 www.TNSeminars.com www.tnseminars.com/home/courses/hand | 15 | Orthopedics |
| 9/16/11 - 9/18/11 | Reformer 3 <i>Sponsor: Body Evolve</i> | Highland Park, IL | Arlene Bass arlene@bodyevolve.com www.bodyevolve.com/html/training01.html | 14 | Orthopedics |
| 9/17/11 - 9/18/11 | Realistic Strategies to Promote Optimal Function in Geriatrics <i>Sponsor: Education Resources, Inc.</i> | Downers Grove, IL | Barbara Goldfarb 508-359-6533 bgoldfarb@educationresourcesinc.com www.educationresourcesinc.com | 14 | Geriatrics |
| 9/24/11-9/25/11 Multiple Dates | The Neuro-Vestibular Complex <i>Sponsor: Therapy Network Seminars</i> | Chicago, IL Multiple Locations | Andrew Schrodt 1-800-785-1855 www.TNSeminars.com www.tnseminars.com/home/courses/neuro | 15 | Neurology |
| 10/7/11 - 10/8/11 | Applied Functional Science Symposium <i>Sponsor: Gray Institute</i> | Chicago, IL | Cindy Coburn 866-230-8300 accoburn@grayinstitute.com www.GrayInstitute.com | 17 | Education |
| 10/14-10/15/11 | Functional Core Stability <i>Sponsor: Manual Therapy Educators</i> | St. Louis, MO | Gavin Hamer 248-921-9170 www.manualtherapyedu.com info@mteducators.com | 14 | Orthopedics |
| 10/22/11 - 10/23/11 | Spinal Manipulation <i>Sponsor: International Spine and Pain Institute</i> | Roscoe, IL | Colleen Louw 866-235-4289 colleen@ISPIInstitute.com | 15 | Orthopedics |
| 11/17/11 - 11/20/11 | Chikly Lymph Drainage Therapy <i>Sponsor: International Alliance of Healthcare Educators</i> | Chicago, IL | J.R. Olson jr@iahe.com 800-311-9204 www.iahe.com | 25 | Education |
| 11/18/11 - 11/19/11 | Explain Pain <i>Sponsor: International Spine and Pain Institute</i> | Davenport, IA | Colleen Louw 866-235-4289 colleen@ISPIInstitute.com | 15 | Neurology |
| 11/19/11 - 11/20/11 Multiple Dates | The Hand, Wrist and Elbow Complex <i>Sponsor: Therapy Network Seminars</i> | Chicago, IL Multiple Locations | Andrew Schrodt 1-800-785-1855 www.TNSeminars.com www.tnseminars.com/home/courses/wrist | 15 | Orthopedics |

CAUCUS SUMMARY... from page 5.

These brief summaries of the 2011 IPTA Representative Assembly and the 2011 APTA PTA Caucus and House of Delegates only skims the surface of the great things that I and other PTA's experienced in the governance process of our chapter and national associations. It serves as testimony that PTA's are

valued and thriving in our professional association. I encourage more Illinois PTA's to become involved; in your district, your chapter or at the national level. Together we can continue to assure our role in the PT/PTA team in the delivery of care to our patients. ■

Reflections of Past IPTA Presidents...

George Wolff, PT (1977-1979)

When I graduated from PT school I returned to Illinois and shortly thereafter met, as we affectingly call her "Woody". I was definitely impressed with the commitment of that generation to our profession. It is easy to look around and see that commitment and dedication in my fellow colleagues. Many of these became mentors and friends. In the 60's we held our monthly meetings at RIC in Chicago. It was quite a distance for many to attend so attendance was not as good as we would have liked. Then the chapter split into multiple districts. Meetings were geographically convenient, districts were small and attendance improved. Through increased involvement more leadership opportunities existed. The association benefited greatly. Four individuals were extremely helpful to me in those early years, Betty Horstman, Bill Dohse, Sally Edelsberg and Bob Babbs. All of whom served as President of IPTA including their many other achievements.

One of the first things that happened during my time in office was that we had a concern about our financial position. We had Don Jackson, our then treasurer do an in-depth financial analysis and the board quickly realized we needed a dues increase to continue fulfilling our responsibility to our members and to face some of the issues developing. I do not know if we were the first ones to travel to the districts to explain our position or not. However Don and I went around the state visiting districts with our presentation. The increase was significant and members had a good debate, but the increase passed with little opposition.

Another thing that developed in of 1975-79 period was the development of the Midwest Caucus at national conference. It consisted of 5 Midwest states, Iowa, Illinois, Indiana, Wisconsin and Ohio. We met many times during the week of the conference and also had a mid-year meeting. It gave us a broader perspective, and discussions facilitated interviews of national candidates for office.

One of the things that made my job easier as President was having Sally guiding me and Pat Wolff as an executive secretary.

Every time I read the PT priority, attend a meeting or participate in lobbying I am impressed with all the things our Board, our officers, committees and association office do for the organization.

If you compare us to other organizations in relation to our size we are among the best. I have been privileged to practice Physical Therapy for over 50 years I wish I had another 50 to play some small role in our future.

Robert Babbs Jr., PT, MPA (1982-1984)

Congratulations to the Illinois Physical Therapy Association on our 60th Anniversary!!!! The IPTA continues to diligently serve as the voice of physical therapy in Illinois; and to play a meaningful role in the APTA. The dedication of the membership and its leadership, to the profession of physical therapy and to those whom it serves, truly reflects the legacy and ideals of those who took the steps to organize and incorporate it 60 years ago. We are indeed grateful to so many who have fought battles and blazed trails.

Best wishes for continued success in the coming years!

LEGACY

To those who preceded me in this office, thank you for your legacy of vision, dedication and activism, at both the local and national level. IPTA has been, and continues to be well represented by leaders who are committed to meeting the needs of our patient's and to the well-being of the membership.

COMMITMENT

The chapter presidency is an intense challenge and every president that I have observed shared one thing in common: their passion for physical therapy. There are physical therapy issues/ questions to be addressed 365 days a year. The support of family, friends, colleagues and employers during this time is critical.

ENVIRONMENT Fiscal

During the late seventies and early eighties, hospital based practice represented the majority of physical therapy practitioners; physical therapist owned private practices flourished, and "home health" became a new and important service and opportunity.

State (Illinois)

The IPTA wrestled with its own financial stability often operating in deficit spending and the chapter leadership was challenged to come up with solutions. Stringent cost-containment measures were taken, which really emphasized the meaning of "volunteerism", since chapter reimbursement for travel and etc. were cut. The leadership of our treasurer, Mary Liedloff, and the Finance Committee Chair, Jerry Davis, were key to the development of a balanced budget and a five year fiscal plan which included a proposed dues increase that would sustain the chapter for the five years.

Groundwork was being laid for seeking "independent practice" in Springfield. Our legislative chair, Babette Sanders, our lobbyist, Arthur Gottschalk, and the Immediate Past President, Don Jackson, were spearheading contacts with other health care providers and legislators. We were busily conducting "town hall" meetings of the membership to educate and to determine their preferences between "independent practice", "evaluation without a referral" or "direct access". Cost estimates and political strategies were considered and debated.

We approached the state insurance regulatory board to seek inclusion in all regulated policies, reimbursement and full coverage for physical therapy services provided, without physician referral. Their response was that it was a moot point, until our Practice Act did not require an outside referral.

Practice Act Amendments

In July, 1983; SB 245 added a "Good Samaritan Clause". This victory was achieved after a fierce committee fight led by the defense lawyer's in the legislature. Our lobbyist, Art Gottschalk, saved the day at the eleventh hour. SB797 defined the PTA and the PT Aide as well as the level of supervision required for both. Our activities and achievements included the establishment of the IPT-PAC; our first Annual Student Conference; we endorsed the "problem oriented claims review system"; implemented Strategic Planning with SO's (specific objectives) and DPD's (detailed program description); co-hosted the Tri-Chapter Meeting (Indiana, Michigan, Illinois) in south Bend, IN 9/83 (A very special thanks to Myra Ping and her committee); hired our new lobbyists; Lucas, Hennessey & Associates (L&H); our newest PT Program, NIU graduated its first class in 1982; and we continued to refine our working relationship with our management firm, AMC.

These activities and achievements were accomplished only through the combined efforts of the membership. Your letters/calls/ visits to legislators were of immeasurable value to our Springfield Initiatives. Your participation, advice and counsel in other activities were vital to our successes. The IPTA has been fortunate to have had the leadership of outstanding members. The executive committee, BOD members, Committee and Task Force members have been truly working on your behalf. The leadership during my tenure was no exception and I would like to extend to the executive committee a personal thank you: Vice President Judith Anderson, Secretary Mary Kay Baldwin, Treasurer Mary Liedloff, Chief Delegate Nancy Young, and Director Donald Jackson.

APTA (National)

During the years of 1982-84, several APTA initiatives focused toward achieving direct access and autonomous practice were being discussed and strategized. The IPTA continued to be well represented in the HOD and the chapter was always among the leaders in support of the Physical Therapist Assistant. The chapter, under the leadership of the Chief Delegate, Nancy Young, organized and conducted aerobic exercise session at the annual conferences. June Macchiaverna and Timothy Caruso were the primary instructors. IPTA members were serving effectively on APTA's appointed committees and task forces. Several members were elected to office in the APTA sections. All of these membership activities helped to expand the chapter's sphere of influence. In 1983, the chapter successfully supported Don Jackson's candidacy for the office of APTA secretary.

HINDSIGHT

To be elected to this office by one's peers is indeed an honor. The opportunity to serve is both a blessing and a privilege. Achievement of some of the chapter's goals and objectives is, however, only realized through the combined energies and efforts of the collective leadership and you, the membership. I will always cherish the experience and thank you for the opportunity. ■



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2011 Dates

Intensive Orthopedics Sandy Shelton, PT, GTC
Indianapolis, IN – Aug. 19-20, 2011

Safe Steps Dr. James Wall, BSc, MSc, MEd, PhD
Toledo, OH – August 20-21, 2011

Geriatric Therapeutic Exercise Mark Traffas, PT, GTC
Jefferson City, MO – Sept. 24-25, 2011

Home Health Dr. Carol Schunk, PT PsyD
Urbana, IL – Oct. 22-23, 2011

Comprehensive Rehab Strategies
Doug Dillon, PT, GTC, CSST
Little Rock, AR – Oct. 15-16, 2011

**Rehabilitation of Persons with
Common Medical Pathologies**
Dr. Steven Tepper, PhD, PT
Muncie, IN – Nov. 5-6, 2011

Rehabilitation for Persons with Dementia
Susan Staples, PT, GCS
Des Moines, IA – Nov. 5-6, 2011

Safe Steps Dr. James Wall, BSc, MSc, MEd, PhD
Lexington, KY – Nov. 5-6, 2011

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St. Louis, MO - TBA

Put Some Muscle Into Ther Ex
Dr. Wendy Anemaet, PT, PhD, GCS, CWS, GTC, COS-C
South Bend, IN – April 21-22, 2012

Acute Care Rehabilitation Mark Nelson, MPT
Dubuque, IA – May 5-6, 2012

Taking Balance to the Limits Janene Barber, PT
Indianapolis, IN – August 18-19, 2012

**Rehabilitation of Persons with
Common Medical Pathologies**
Dr. Steven Tepper, PhD, PT
Springfield, IL – Sept. 22-23, 2012

Put Some Muscle Into Ther Ex
Dr. Wendy Anemaet, PT, PhD, GCS, CWS, GTC, COS-C
Madison, WI – Oct. 13-14, 2012

Home Health Dr. Carol Schunk, PT PsyD
Davenport, IA – Nov. 3-4, 2012



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a slightly downward angle.

Pump your hand up and down
to convey sincerity.

Always be sure that the thumbs and values
of your employer align with your own.

Grasp the other person's hand firmly
and squeeze gently once.



As surely as limp, "dead fish" handshakes
are off-putting, anyone trying to apply excessive
pressure is not to be trusted.

But few maladies are more dreaded than the
lingering pain caused by a hasty, poorly-executed
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mark a decision well-made—not a painful first
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