

Please sign me up for:

UE & Post-Surgical Splinting—Splinting for the UE

Date: April 24-25, 2010

Location: Chicago IL

2 DAY COURSE \$439 \$494 (postmarked less than 4 weeks prior to workshop)

**Please make checks payable to Rehab Education, LLC
Mail to: POB 267, Tallman, NY 10982**

I read and understand the cancellation policy printed below

BLOCK
PRINT
YOUR
NAME :

—PRINT name and credentials as you want them on certificate of attendance

OT PT OTA PTA CHT _____ license #

Profession and license number

Facility

Department / Title/ Specialty area

Work Address

City, State, Zip

Work phone

Evening phone

Fax Please fax confirmation Please add me to your list for faxed updates

E-mail Please e-mail confirmation Please add me to your list for e-mail updates

Years of Clinical Experience <1 1-5 5-10 10-15 15-20 20+

How did you learn about this workshop? _____

Cancellation and refund policy: Program subject to change. Participants are cautioned to apply new information and skills within the scope of state licensure law. Rehab Education, LLC reserves the right to cancel a workshop. In the event of cancellation, Rehab Education, LLC will issue a full refund of tuition, within two weeks of notice of cancellation. Rehab Education, LLC is not responsible for reimbursement for ANY travel related expenses, including non-refundable airline tickets, overnight accommodations or other arrangements. It is recommended that you wait for written confirmation prior to booking non-refundable travel or lodging. If you have not received confirmation 2 weeks prior to workshop, please contact Rehab Education, LLC to check on status of your registration. If you need to cancel your registration... please send written notice of cancellation postmarked no less than 14 days prior to workshop, and a full refund less \$75.00 administrative fee will be made. No refunds will be given for cancellations postmarked less than 14 days prior to workshop.



If undeliverable as addressed, please forward to Occupational Therapy/Rehab Medicine Department.



...the practical solution for your professional continuing ed requirements!

Upper Extremity and Post-Surgical Splinting



Splinting for the Upper Extremity

Basic to intermediate level skill-building workshop

by Elizabeth Spencer-Steffa, OTR, CHT

**Saturday and Sunday
April 24-25, 2010**

Chicago, IL



Accepted by NBCOT and HTCC

www.RehabEd.com

Rehab Education, LLC
POB 267 • Tallman, NY 10982

Phone/Fax: 845-368-2458 • Email: info@RehabEd.com

MASTER THE SKILLS YOU NEED TO SUCCEED

Rehab Education, LLC
POB 267 • Tallman, NY 10982
Phone/fax: 845-368-2458 • Email: info@RehabEd.com
Please share this information with your staff and colleagues.

Upper Extremity and Post-Surgical Splinting

Splinting for the Upper Extremity

COURSE DESCRIPTION

Learn cost effective splinting solutions for a wide variety of upper extremity splints— from finger splints to elbow splints in this comprehensive two day skill-building workshop. Fabricate more than a dozen full-size static, static progressive and dynamic splints; skill development will be enhanced by extensive hands-on splinting labs using a variety of materials and outrigger hardware.

Workshop includes overview of anatomy & principles of static, dynamic and static progressive splinting.

OBJECTIVES

Upon completion of workshop, therapist will be able to:

- comprehend the principles, selection and precautions for using splints for functional hand, wrist or elbow rehabilitation
- understand and apply static progressive force, direction and precautions
- understand dynamic force and precautions as applied to dynamic splints
- understand the principles, indications and contraindications for the splints fabricated
- identify warning signs
- understand related anatomy / topographical landmarks

WHO SHOULD ATTEND?

Basic to intermediate level OT, OTA, PT or CHT who wants to increase clinical splinting skills and familiarity fabricating static, dynamic and static progressive splints. Participants are cautioned to apply new information and skills within the scope of state licensure law.

CONTACT HOURS

16 contact hours for 2 day splinting workshop; Certificate of attendance issued upon completion of course may be used for CEU verification of credits.

QUESTIONS

Call: 845.368.2458 • e-mail: info@RehabEd.com
Directions and more details: www.RehabEd.com

PROGRAM

Day 1 includes overview of anatomy, principles of static splinting, and overview of splinting materials and static progressive components. Each participant will have the opportunity to make the following **splints**: Elbow 90° flexion static splint • Static progressive elbow flexion/extension splint • Pronation/supination splint • DIP splints—osteoarthritis and mallet splints • Hand based and forearm based thumb spica splints • Hand based MP flexion static progressive splint • Dynamic elbow flexion splint following biceps tendon rupture

Day 2 includes principles of dynamic splinting, review of joint replacement and extensor tendon timelines, review of distal radial ulnar joint wrist fractures and review of flexor tendon rehabilitation. Each participant will have the opportunity to make the following **splints**: Serial casting for the PIP joint • Forearm based MP single digit flexion splint • Forearm based MP multiple digit extension splint • Dynamic wrist extension splint • Hinged flexor tendon splint • Hand based single digit extension splint.

Program subject to change.

DATES AND LOCATIONS

Chicago, IL

Saturday and Sunday, April 24-25, 2010

➤ **8am-5:30pm** (registration begins at 7:30 am)

TUITION

2 day workshop: \$439 (add \$55 late fee if postmarked after March 27, 2010). Includes splint materials and supplies, comprehensive manual, continental breakfast and refreshments. Lunch is on your own.

FACULTY:

Elizabeth Spencer Steffa, OTR/L, CHT



is an Occupational Therapist and Certified Hand Therapist in private practice; she is a clinical faculty member at the University of Washington. Betty has been in clinical practice since 1969. She has been a member of the American Society of Hand Therapists since 1979 and a Certified Hand Therapist since 1991.

Betty is nationally respected for her workshops on hand rehabilitation, physical modalities, and splinting. She is coauthor of the chapter "Diagnosis and Rehabilitation of Peripheral Nerve Injuries" in Trauma Rehabilitation by Lawrence R. Robinson--Lippincott and Wilkins, 2006.

What people are saying about the instructor:

- "Betty is an outstanding, flexible educator. She takes the fear out of splinting. She has a wonderful gentle manner."
- "The instructor was very informative and creative."
- "The instructor was excellent. I like to see what the splint will look like, see it made, then make it. The process is very helpful."
- "Easy, encouraging style affords high learning potential. Small group size encourages one to one instruction and developing problem solving perspective for splinting."
- "Good information! Thanks for your patience!"
- "One of the best workshops I have ever attended."
- "Betty is a marvelous teacher."

Please bring along splinting scissors, a hole punch, small tube of superglue, a tape measure, and a small goniometer—all labeled with your name.