Benefits of Being a Mentor

- Engage in volunteer opportunities that enhance your resume
- Learn about and appreciate cultural differences
- Develop and retain talent within the industry
- Improve communication and personal skills
- Develop leadership and management skills
- Increase your confidence and motivation
- Reinforce your own knowledge
- Advance your own career
- Personal satisfaction
- Enhance your CV
- Create a legacy
Benefits of Being a Mentee

- Enrich confidence
- Increase interpersonal skills
- Grow your professional network
- Learn from your mentor’s mistakes
- Individualized encouragement and support
- Learn how to navigate tricky professional situations
- Guidance for setting and achieving goals and objectives
- Enhance current, and acquire new, professional and technical skills
- Learn how to balance academic, professional, and personal activities
- Receive an insiders perspective on planning and navigating your career