An update on Type 1 Diabetes management

Final Programme

Athens Medical Group Auditorium
Kifissia, Kefalari Square, Greece
December 02-03, 2016
Να βλέπετε πώς οι καθημερινές τους δραστηριότητες επηρέαζουν τη γλυκότητα στα αίμα τους.
Αυτό είναι διαφωτιστικό.

Δείτε τον διαβήτη τους κάτω από ένα νέο φως.
Με τον έξυπνο μετρητή CONTOUR™NEXT ONE και την εφαρμογή CONTOUR®DIABETES οι ασθενείς σας μπορούν να:

- Λαμβάνουν εξαιρετικά ακριβή αποτελέσματα μέτρησης και άμεση πληροφόρηση για το αν αυτά είναι εντός, κάτω ή πάνω από τον στόχο μέσω της λειτουργίας smartLIGHT®2.
- Καταχωρούν εύκολα αλλαγές δραστηριότητες για να τους βοηθάει να κατανοήσουν πώς αυτές επηρεάζουν τη γλυκότητα στα αίμα τους.
- Μοριάζονται τα αποτελέσματά τους μαζί σας βοηθώντας να κάνετε πιο επαγγελματικές συμπεριφορές μαζί τους.

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Welcome

Dear colleagues, Dear friends,

It is our great pleasure to welcome you in Kifissia, Attica, Greece for an ISPAD COURSE: “An update on Type 1 Diabetes management”. The Course is under the auspices of ISPAD. Committed to its main aim, an ISPAD course is formed to be attractive and towards the needs of young researchers, doctors and allied professionals, appropriate to share knowledge and experience on current evidence. It will provide participants with the opportunity to learn and keep updated by world renowned experts, to contribute to an open dialogue about all the up to date technology advances regarding diagnosis and management of Paediatric and Adolescent Diabetes. The successful format for communication and discussion, included in all sessions, will help to disseminate knowledge from experts and to introduce the newcomers.

We cannot be but grateful to ISPAD and to the Athens Medical Center for their support, as well as to all those who are working for the organization and realization of the course and to all invited faculty, Greek and foreign. Thank you for being here with us.

Sincerely Yours

Christos S. Bartsocas, MD
Professor Emeritus of Paediatrics
Paediatric Center Consultant

Abbas Qadreh, MD
Consultant Paediatrician

Guidelines for Invited Faculty & Presenting Authors

Formal Requirements, Language:
All presentations have to be given in English (as the official language of the Course is English and no simultaneous translation will be provided).

Copyright reserved:
It is the author’s responsibility to ensure that any part of the slide show (figures, tables, images, etc.) is free of any third party right.

Technical Requirements Preparation Format:
- Preferable format is MS PowerPoint (ppt or pps). Macintosh presentations will be accepted*
- Versions: up to MS PowerPoint 2010. Saving of files: For onsite upload, the presentation has to be saved on a USB flash (recommended), CD-ROM or DVD-ROM.
- Video clips: If you are using embedded video clips in your presentation, please remember to also have the video clips in a separate file (not only in the presentation).
- Fonts & character: To avoid any possible compatibility problems, it is preferable not use any special fonts or special characters.
- Onsite presentation: You are kindly requested to provide us with your presentations at info@apr.com.gr at least one (1) week before the beginning of the Session (in order to ensure on time they run smoothly and to be able of making any possible changes). If the presentation is scheduled early in the morning, you are kindly requested to check your presentation with the technical support personnel the day before. Your PPT presentation will be made available in the lecture hall via computer network. There will be no possibility to connect your personal laptop in the lecture hall, due to very restricted timeslots (row of the presentations).

The Hall will be equipped with the following:
- LCD projector with remote control (operated by presenter-no mouse will be available)
- Screen & Lighted pointer
- Podium mounted microphone
- Audience aisle microphones
- It is very important to respect the flow of the session and the exact time available
for each presentation and therefore you are requested to be consistent with the
time slots. It is advisable to rehearse your presentation prior to the congress to
ascertain that the time is not exceeded.

* To the attention of Mac users: Please make sure to come with the suitable adapter and
to also have a backup PPT for PC. You are kindly requested to meet with the technical
support personnel at least two (2) hours before the beginning of the session, in order
to assure compatibility (or backup solutions).

General Information

Convenors: Christos S. Bartsocas & Abbas Qadreh

Venue
Athens Medical Group Auditorium
Philadelfeos & 1 Kefalariou Str. | Kefalari Square | 145 62 Kifissia, Attica, Greece

Dates & Hours Registration
Friday, December 02, 2016: 08:00-17:00
Saturday, December 03, 2016: 09:00-17:00

Official Language
The official language of ISPAD Course 2016 is English.
Simultaneous translation (interpretation) is not provided.

CME (Continuing Medical Education) Credits
The course will apply for EACCME/UEMS credits of continuing medical education.

Name Badge – Scanning (mandatory)
All Participants upon confirmation of their registration at the Secretariat will be
provided with a unique Name Badge, which must be scanned, in order to record
CME Credits for their attendance. Your personal name badge is your passport to
all scientific sessions and the exhibition area. All participants are required to
wear their badges (visibly) during all sessions. Make sure you will not forget to
take always with you this unique name badge. It must be clearly understood that
barcode badges must be scanned before entering AND after exiting the session
Hall (in order the exact duration of attendance to be recorded).

Notes: - Name badge already used for recording credits of attendance cannot
be replaced with a second badge (as credits will not be allocated properly).
- Name badges are also necessary to be returned to the Secretariat for receiving
the Certificate(s) of Attendance. - Time slots for breaks cannot be recorded.
Also note: According to the Regulation of the Greek National Organization of
Medicines, participation for at least of 60% of the total duration of the scientific
programme must be secured and recorded!

Certificate of Attendance
All registered participants are entitled to receive a Certificate of Attendance. The
Certificate will be issued only upon return of the name badge and the Evaluation
Form (completed) at the Secretariat desk onsite by the end of the Congress.
Participants not being physicians will also be entitled to receive the Relative
Certificates without CME credits.

Evaluation Form (mandatory)
All participants by the end of the Course, will be requested to complete and
deliver to the Secretariat a relative Evaluation Form (anonymous) as feedback
of their total experience during the course. Official Feedback Report (based on
participants’ opinion) is required by the EACCME (European Accreditation Council
for Continuing Medical Education-UEMS) in the framework.
Technical Support Personnel
The technical support personnel will be operating during the sessions of the scientific programme outside the session Hall in order to assist speakers/presenting authors with their Presentations.

Liability and Insurance
The Organizers as well as the Organizing-Administrative Bureau will assume no liability for injuries or losses of any nature incurred by participants and/or accompanying persons, or for the damage, loss or theft of their personal property during the Course. Participants are advised to take out their own health, travel and personal insurances.

Mobile Phones
Everyone is requested to switch off his/her mobile phone while in session Hall.

Exhibition
ISPAD Course is accompanied by an exhibition where pharmaceutical and/or equipment/device industries will display relevant products and therapeutic developments.

Organizing-Administrative Bureau/Secretariat
55 Pytheou Str. | 117 43 Athens, Greece
Tel.: +30 210 3645 629 | Fax: +30 210 3644 441
www.apr.com.gr | e-mail: info@apr.com.gr
Friday, December 02, 2016

08:00 – 08:30 Registration
08:30 - 09:00 Opening
09:00 – 10:00 Plenary lectures
Chair: Christos Bartsocas
  • The Global Challenge of Diabetes in Children. Stephen Greene
  • Assessment of insulin sensitivity/secretion David Dunger

First Session: Clinical identities of diabetes in children and youths
Chairs: Stephen Greene, Abbas Qadreh
10:00-10:30 Diabetes in preschoolers. Carine deBeaufort
10:30-11:00 Type 2 diabetes in youth: clinical aspects. Hala Tfayli
11:00-11:30 Silent type 1 diabetes—definition, diagnosis and treatment. Mikael Knip

11:30-12:00 Coffee Break

Second Session: Genetics, Immunology of Diabetes and the Environment
Chairs: David Dunger, Nikos Skordis
12:00-12:30 Monogenic diabetes Christina Kanaka-Gantenbein
12:30-13:00 Role of disease-associated autoantibodies after the diagnosis of type 1 diabetes Mikael Knip
13:00-13:30 Non-type 1 Diabetes in the Young: Lessons from ‘TODAY’ and other studies Stephen Greene

13:30-14:30 Light Lunch

Saturday, December 03, 2016

Third Session: Diabetes Education, Psychology and Management;
Chairs: Bessie Spiliotis, Maria Papagianni
14:30-15:00 PL: - The Art of Reciprocity: Engaging Young People with Diabetes. Alexandra Greene
15:00-15:20 Transition from paediatric care to adult clinic Carine deBeaufort
15:20-15:40 Cheating: How much do we know? Andriani Gerasimidou-Vazeou
15:40-16:00 Diabetes and school performance Stephen Greene

16:00-17:00 Meet the expert: Future therapies of T1D: What should we say to patients about Beta cell therapy? Coordinator: Christos Bartsocas
  David Dunger, Stephen Greene, Mikael Knip

Fourth Session: Current issues in nutritional management of T1D
Chairs: Carine deBeaufort, Athanasios Christophoridis
09:30-10:00 PL: Clinical Nutrition in T1DM: data on compliance Hala Tfayli
10:00-11:30 Round table
  • Nutrition Therapy in children with T1D & Principles of Carbohydrate counting Melina Karipidou
  • Obesity and Insulin resistance in children with Type 1 Diabetes & Coeliac Disease: Nutritional management Eleni Koui
  • Eating disorders in type 1 adolescents Abbas Qadreh
  • Vitamin D and T1D Dimitris Papadimitriou

11:30-12:00 Coffee Break
Fifth Session: Diabetes Acute and Chronic Complications
Chairs: Mikael Knip, Kyriaki Karavanaki
12:00-12:30  PL: Prediction/prevention of diabetic complications  David Dunger
12:30-12:50  DKA – Modifications of the protocol according to patient’s age  Christina Kanaka-Gantenbein
12:50-13:10  Hypoglycemia management  Asimina Galli-Tsinopoulou
13:30-14:30  Light Lunch

Sixth Session: Diabetes Treatments and Technology
Chairs: Hala Tfayli, Nikolaos Kefalas
14:30-15:00  PL: – Closed loop insulin delivery  David Dunger
15:00-15:30  Technical problems of CSII and CGM  Andriani Gerasimidou-Vazeou
15:30-16:30  Meet the expert: When to recommend or not a CSII?
Coordinator: David Dunger
Carine deBeaufort, Hala Tfayli, Andriani Gerasimidou-Vazeou, Stephen Greene
16:30-17:00  Closing remarks
17:30 - 18:30  Celebration event for the 100th issues of the newsbulletin «Juvenile Diabetes: Our News» and the 33th anniversary of Juvenile Diabetes Union
Faculty:

Kyriaki Karavanaki
Associate Professor in Paediatrics and Diabetes, Head of Diabetes Unit, 2nd Department of Paediatrics University of Athens, "P. & A. Kyriakou" Children’s Hospital.

Melina Karipidou
Clinical Dietitian-Nutritionist, MITERA General, Maternity & Children’s Hospital, Athens, Greece.

Nikolaos Kefalas
Paediatric Endocrinologist, Physician in charge of Paediatrics and Diabetes Clinic, "Mitera" Children’s Hospital.

Mikael Knip
Professor of Paediatrics, Chief Physician, Institute of Clinical Medicine, Children’s Hospital, Department of Paediatrics, University of Helsinki, Finland.

Eleni Kou
Clinical Paediatric Dietitian, Athens, Greece.

Maria Papagianni
Paediatric Endocrinologist, Endocrine Unit, 3rd Paediatric Department Aristotle University of Thessaloniki, Hippokration General Hospital of Thessaloniki.

Nikos Skordis
Professor of Paediatrics, St George’s University London Medical School, University of Nicosia, Cyprus.

Bessie Spiliotis
Professor of Pediatric Endocrinology, Director of the Pediatric Endocrine and Diabetes Unit, University of Patras School of Medicine and University Hospital of Patras.

Hala Tfayli
Assistant Professor of Paediatrics, Paediatric Endocrinology and Diabetes, American University of Beirut Medical Center, Lebanon.

Dimitris Papadimitriou
Paediatric Endocrinologist, Head of Paediatric - Adolescent Endocrinology & Diabetes Department, Athens Paediatric Center, Athens, Greece.

Abbas Qadreh
Consultant Paediatrician, Athens Paediatric Center, Athens, Greece.