# 23rd ISPAD RESEARCH SCHOOL FOR PHYSICIANS - 2023



# There is no good clinic without good research.

Villa San Remigio, Verbania, Italy - April 16<sup>th</sup> – April 21<sup>st</sup>, 2023

### **BASIC ROUTE**

#### **METHODOLOGICAL ROUTE**

### **TECHNOLOGICAL ROUTE**

## Sunday, April 16, 2023

14:00-18:00	Arrives of Delegates & Faculty
18:00-19:30	Faculty Meeting
19:30-20:30	Opening Lecture (at Hotel Ghiffa)  JDRF vision for the next five years  Sanjoy Dutta (New York, US)
20:30-22:30	Dinner

## Monday, April 17, 2023

8:30-9:00	Welcome & Introduction Carine de Beaufort (Luxemburg, Luxemburg), Andrea Scaramuzza (Milano, Italy), Stefano Zucchini (Bologna, Italy)
9:00-10:00	Lecture  SWEET Consortium: What have we learnt and what we can expect in the next future  Thomas Danne (Hannover, Germany)
10:00-11:00	Statistical overview Daniela Ferrante (Novara, Italy)
11:00-11:15	Break
11:15-12:15	How to design a study: 5 tips to absolutely do and 5 not to do (first part) (study design, study population, power calculation, statistical analysis, etc.) Daniela Ferrante (Novara, Italy)

12:15-13:00	Prediction and staging of type 1 diabetes  Dorothy Becker (Pittsburgh, US)
13:00-14:00	Light lunch
14:00-15:00	How to design a study: 5 tips to absolutely do and 5 not to do (second part) (study design, study population, power calculation, statistical analysis, etc.)  Daniela Ferrante (Novara, Italy)
15:00 -15:45	INNODIA, an international network to accelerate the development of new cures for people with type 1 diabetes  Manuela Battaglia (Leuven, Belgium)
15:45-16:30	Insulin management according to age: is there space for new research?  Carine de Beaufort (Luxemburg, Luxemburg)
16:30-16:45	Break
16:45-17:15	Can we arrest the progression of type 1 diabetes?  Lars Krogvold (Oslo, Norway)
17:15-19:15	Small group works on the study projects and case reports presentation (5 groups with 5 delegates each, 1 tutor and faculty members) 2-3 study projects/group for a total of 15 projects, and 2 cases/group for a total of 10 case reports
19:15-19:30	Back to Hotel Ghiffa
19:45-20:30	Dinner Lecture (at Hotel Ghiffa)  T1D Index  Carine de Beaufort (Luxemburg, Luxemburg)
20:30-22:00	Dinner
Tuesday, April 18, 2023	
7:45-9:30	Departure for Novara, SIMNOVA Laboratory
9:30-10:00	Simulation Day: introduction to the activity of the day Ivana Rabbone (Novara, Italy) and Francesco Della Corte (Novara, Italy)
10:00-12:30	Team building activity (SIMNOVA) (5 groups with 5 delegates each, 1 mentor and faculty members) (3 DKA simulations, 30-40 min each, 2 severe hypoglicemia simulations, 15-20 min each) (Tutor: Alice Monzani, Novara, Italy), each followed by debriefing (Alice Monzani, Ivana Rabbone, Valentino Cherubini). While not involved in simulation activity all other groups can work on study projects and case reports with tutors and faculty members.
12:30-13:00	DKA: whats's new in the literature and 2022 ISPAD guidelines

Valentino Cherubini (Ancona, Italy)

Light lunch

13:00-14:00

14:00-14:30	Hypoglycemia in children with type 1 diabetes Ivana Rabbone (Novara, Italy)
14:30-16:15	Presentation of study projects (10 min each)
16:15-16:30	Break
16:30-17:00	How to read a paper properly and understand if the information you get are useful or not Lars Krogvold (Oslo, Norway)
17:00-17:30	New metrics in practice Riccardo Bonfanti (Milano, Italy)
17:30-18:15	The last mile  Lorenzo Piemonti (Milan, Italy)
18:30-20:00	Free time visiting Novara (San Gaudenzio church and climb to the dome)
20:30-22:00	Dinner
22:00-	Back to the Hotel Ghiffa

## Wednesday, April 19, 2023

8:30-9:30	Jenious: what a young leader group can do for you  Agata Chabot (Katowice, Poland) and Claudia Piona (Verona, Italy)
9:30-10:15	The technological route to the future  Martin Tauschmann (Vienna, Austria)
10:15-11:30	<b>Study projects</b> (5 groups with 5 attendees each and faculty members) <i>2-3 study projects/group for a total of 10 projects</i>
11:30-11:45	Break
11:45-12:15	How to write a grant or research proposal Dorothy Becker (Pittsburgh, US)
12:15-13:00	Presentation of study projects (10 min each)
13:00-14:00	Light lunch
14:00-14:45	Diabetes and cystic fibrosis guidelines Enza Mozzillo (Naples, Italy)
14:45-15:15	Sick days management in children with type 1 diabetes  Marco Marigliano (Verona, Italy)

15:15-16:00	Therapy of obese adolescents Claudio Maffeis (Verona, Italy)
16:15-16:30	Break
16:30-19:30	Presentation of study projects (10 min each)
19:30-19:45	Back to Hotel Ghiffa
20:00-22:00	Dinner

# Thursday, April 20, 2023

8:30-9:15	Psychological aspects of type 1 diabetes in children and adolescents Katarzyna A. Gajewska (Dublin, Ireland)
9:15-10:00	Nutritional aspects of type 1 diabetes (how research helps us to do the right thing) Francesca Annan (London, UK)
10:00-10:45	Telemedicine and type 1 diabetes: Where we are and where are we going) Tiago dos Santos (Madrid, Spain)
10:45-11:00	Break
11:00-11:45	(Advanced) hybrid closed loop or artificial pancreas: Where we are? Andrea Scaramuzza (Cremona, Italy)
11:45-12:30	Adolescent prevention of diabetic complications Loredana Marcovecchio (Cambridge, UK)
12:30-13:15	Public health universal access to healthcare David Beran (Geneva, Switzerland)
13:15-14:00	Light lunch
14:00-	Villa Taranto and its Garden, followed by Lake Maggiore walking and free time, with dinner, than back to the Hotel Ghiffa

# Friday, April 21, 2023

8:30-10:00 Non autoimmune diabetes (neonatal, MODY, type 2)

Dario Iafusco (Napoli, Italy), Fabrizio Barbetti (Rome, Italy), and Maurizio Delvecchio (Bari, Italy)

10:00-11:00	How to get published in competitive journals: Do's and Don'ts Richard Donnelly (Notthingham, UK)
11:00-11:15	Break
11:15-12:00	Exercise in children with type 1 diabetes: new ideas for research Michael Riddell (Toronto, Canada)
12:00-13:00	Case reports (10 best) (6 min each)
13:00-14:00	Light lunch
14:00-15:30	Closing remarks, awardees, and questionnaires Andrea Scaramuzza (Cremona, Italy)
15:30-16:30	Farewell afternoon snack & Departures of Delegates & Faculty