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ISPAD NEWSLETTER

No 2. 1998

Seasonal Greetings to all members !

By the end of 1998 ISPAD is still growing stronger. By 1. November we had 431 members. We have welcomed 64 new members the last year. We hope they will take actively part in the ISPAD activities and share their research and clinical experience with other members. It is important for the future that we continue to recruit new young investigators to our Society. Please use the enclosed Membership Application Form !

Andrea Prader Prize to our President !

At the Annual Meeting of the European Society for Paediatric Endocrinology (ESPE) in September in Florence Professor Hans K. Åkerblom was given the prestigious prize for his outstanding, long term research and for his efforts to organise and build up a highly efficient research group in a major area of endocrinology. In the Andrea Prader Lecture he gave an excellent review of the research of the Finnish group in epidemiology, basic research in diabetes aetiology and studies of the prediction and prevention of childhood diabetes. We congratulate !

New President-Elect: Professor Martin Silink.

He was elected by the General Assembly in Zürich, and will take office after the 25th Annual Meeting in April 1999. He is 52 years of age and has been an active member of ISPAD the last ten years and has been member of the Advisory Council. He is Professor of Paediatric Endocrinology and Diabetes at the Ray William's Institute and New Children Hospital in Sydney, Australia. He is the Chairman of the Consultative Section of Childhood and Adolescent Diabetes and a member of the Executive Board of the International Diabetes Federation.

New Treasurer: Professor Kaichi Kida.

He became Treasurer-elect in 1997 and has now taken over the office after Professor Eugen Schoenle. He is 57 years of age and has been an active ISPAD member since 1981, has been a member of the Advisory Council and Chair of the Education Committee. He is Professor and Director of Paediatrics at the Ehime University School of Medicine, Japan. He is a Founding Member of the Asia Pacific Paediatric Endocrine Society and Member of the IDF Consultative Section of Childhood and Adolescent Diabetes.

The Secretariat has moved.

Due to a new organisation of the hospitals in Oslo, the Paediatric Department of Aker University Hospital has been closed. The Secretary-General is now head of the Unit for Paediatric Endocrinology and Diabetes at the Children's Centre of Ullevål University Hospital in Oslo, the largest hospital in Norway. We apologise if there has been any communication problems in the moving period. Please note the new address at the last page.

Use the ISPAD Homepage !

You will find the Homepage at the address <http://www.ispad.org>

Head of the IT-group Ragnar Hanås has continued to develop the Homepage. It will now contain the complete Membership list with e-mail, phones and addresses. New links has been developed, so this is really an easy access to all other diabetes related web-sites including all the diabetes journals. You will find the Consensus Guidelines for the Management of Childhood and Adolescent Diabetes made by ISPAD, IDF and WHO in 1995, and some selected review articles of ISPAD members which have been published the last two years. You will also be able to have information about future meetings and other ISPAD matters.

A new option is the development of *special discussion areas* restricted to ISPAD members. To be able to register for these areas you will have to use the username "childhood" and the password "betacell". We plan now to launch the process of discussing the manuscripts of the new version of the Consensus Guidelines into this area. However this discussion area should also make it possible to put up questions of any kind related to childhood diabetes that can be discussed with other colleagues looking up the area.

We see the Homepage as a new tool for co-operation in research. Professor Leonardo Pinelli will be the first to start a new working group on Nutrition for Children and Adolescents with Diabetes. They will get a special discussion area for this purpose.

The 24th Annual ISPAD meeting in Zürich September 14-17, 1998.

ISPAD General Assembly:

72 members attended the General Assembly. The Secretary-General opened the meeting by acknowledging Professor Eugen Schoenle who has been the Treasurer for six years and who was the host and convenor of the most successful Annual Meeting in Zürich. He also

acknowledged the outgoing members of the Advisory Council, Dr. Henrik Mortensen, Denmark and Dr. Neil White, USA for their valuable contributions. After the Secretary-General's report and the Treasurer's report followed the Elections. Professor Martin Silink became new President-Elect and as *new members of the Advisory Council for the period 1998-2001 were elected Professor Denis Daneman, Toronto, Canada and Dr. Przemyslaw Jarosz-Chobot, Katowice, Poland*. The other members of the Advisory Council are: Dr. Henk-Jan Aanstoot, Holland, Dr. Carine deBeaufort, Luxemburg, Priv.Do. Dr. Thomas Danne, Germany and Professor Renata Lorini, Italy.

Leader of the IT-Group Dr. Hanås, Sweden reported on the new developments of the Internet Homepage and called for new ideas from the membership. His e-mail address is: ragnar.hanas@bll.se. Professor Johnny Ludvigsson, Sweden, Chairman of the Education Committee, reported on the long list of different postgraduate courses and other meetings in which ISPAD has been involved during the last year throughout the world. Professor Martin Silink informed regarding the IDF Consultative Section on Childhood and Adolescent Diabetes. Dr. Olga Ramos reported on the new activities from the Latin-America and hoped that these activities will attract young investigators and doctors also from this part of the world.

Dr. Peter Swift reported on the work of revising the Consensus Guidelines which is in good progress. He is appointed editor of this project. The aim is to produce the 1999 Consensus Guidelines describing the programmes of management, standards of care and evaluation of services for childhood diabetes which may be utilised by all health care professions and applicable throughout the world. Writing groups with designated chairmen have been selected and work started to create comprehensive referenced papers on the various sections of the Consensus document. The plan is to publish these papers as a supplement to an established paediatric or diabetic journal and to edit the sections into a Consensus Guidelines Booklet for world-wide distribution. IDF and WHO will be asked to participate in the work of revising the guidelines as they were in the first edition of 1995. The different sections are planned to be reviewed and discussed at the next annual meeting in April 1999.

At the end of the meeting the organisation of the Annual Meeting in the year 2000 was discussed. There have been some difficulties to arrange this meeting as usual close to the IDF meeting in Mexico City. Dr. Ricardo Guell informed about the plans to arrange this meeting in Cuba and will present a more detailed plan for the Steering Committee before November 15. The General Assembly delegated the decision to be taken by the Steering Committee.

Scientific Sessions:

The meeting was arranged by Professor Eugen Schoenle and his Swiss colleagues. Approximately 210 active participants took part in the meeting. The meeting was arranged at the Technical University, beautifully located above the old city with old buildings giving a real academic atmosphere. The main two topics of the scientific sessions were: 1) The pre-school child with diabetes, 2) New Pathogenetical and therapeutical approaches. The scientific program included nine invited lectures, 22 oral presentations and 65 posters covering most of the aspects of childhood diabetes from basic molecular research to clinical research on psychological aspects and eating disorders. *The abstracts from the meeting have been published in Hormone Research 1998; 50: 107-140.*

The invited lecturers:

- Mikael Knip, Tampere, Finland reviewed the genetic susceptibility to Type-1 diabetes and beta-cell autoimmunity in young children.
- Anders Green, Odense, Denmark talked on epidemiological characteristics of Type-1 diabetes in pre-school children on behalf of the EURODIAB TIGER Study Group.
- Anette G. Ziegler, Munich, Germany reported from the BabyDIAB Study: Autoantibody appearance and risk for development of childhood diabetes.
- Juerg Boeni, Zürich, Switzerland gave a lecture: Is a superantigen encoding endogenous human retrovirus involved in the pathogenesis of Type-1 diabetes mellitus?
- Hans Hengartner, Zürich, Switzerland gave us insight in transgenic mouse models related to diabetes mellitus.
- Shimon Efrat, New York, USA presented very interesting perspectives for the development of pancreatic beta-cell lines for cell therapy of diabetes.
- Ralph Roskamp, Bridgewater, USA talked on genetic engineering of recombinant insulin analogs.

Social Programme:

The first evening we were invited to a beautiful guitar concert in an old church followed by a reception in the historical Zunfthaus zur Meisen. The next evening was a superb mixture of Swiss food and wine and jodle music and a magnificent audio-visual show of Eugene Schoenle's own photos of eagles and flowers and Alps. Impressive! The last day we were guests at the Orient Express but with additional steamboat trip on the Lucerne Lake and mountain cable car visit to one of the 1700 meter Alp rocks. The dinner at the Orient Express was a perfect end of the perfectly arranged annual meeting.

ISPAD Fellowship and Travel Grants

Dr. Robert Hermann from Pécs, Hungary was an ISPAD Fellow in Turku, Oulu and Helsinki in Finland from July to December 1997. He learned many new aspects of research and clinical work, and could bring new laboratory methods to his country. Several collaborative studies were established. A new scholarship of \$ 15,000 may be announced and a new Host Centre for ISPAD fellow is searched. Centres that may be interested to host a fellow should contact the Secretary General. When we have a host centre, the fellowship will be announced.

It will be possible for young investigators to apply for travel grants to attend the next annual meeting in April. The applicants who have submitted an abstract will be preferred. Deadline for applications is February 15, 1999.

Nomination of two new members of the Advisory Council

You are invited to propose candidates for nomination to the Advisory Council for the period 1999-2002. In the nomination process scientific activity, international representation and young age will be focused. Be sure that your candidate wants to be nominated. Use the enclosed nomination form and send to the Secretary General before April 1, 1999.

Next Annual Meeting

The 25th Annual Meeting will take place in Noordwijk (close to Amsterdam), Holland 22-24. April 1999.

For the first time the program will contain a parallel program for Diabetes Educators and Nurses, so it will now be possible that you bring your team. Some highlighted topics from the program: Diabetes Beyond Paediatrics (Transferring the patients to internal medicine), Diabetes in Developing Countries, Psychological aspects of childhood diabetes, Prediction and prevention of type-1 diabetes.

The Second Announcement with preliminary program has been mailed to most members in November. If you have not received it yet please contact the Conference Secretariat. IMEDEX B.V. Bruistensingel 360, Post office Box 3283, NL-5203 DG's-Hertogenbosch, The Netherlands, e-mail: imedex@wxs.nl, fax: +31-73-6414766. The address of the convenor: Dr. Maarten Reeser, Juliana Childrens Hospital, Dr. van Welylaan 2, NL-2566 The Hague, The Netherlands, e-mail biejksz@bart.nl, fax: +31-70-3126161.

Enclosures:

- Membership Directory
- Membership Update (Changes in addresses, fax or e-mail)
- Membership Application Form for recruitment of new members
- Travel Grant Application Form
- COPE's Information

Important deadlines:

- Abstracts 25th Annual Meeting of ISPAD in Holland: January 8, 1999
- Applications for travel grants to the Secretary-General: February 15, 1999
- Registration 25th Annual Meeting of ISPAD with reduced fee: February 15, 1999
- Registration and payment to 25th Annual Meeting of ISPAD: April 5, 1999

ISPAD Membership Update:

Please print/type name and changes or additions:

First Name and Initials: _____

Family (Last) Name: _____

Title: ie. MD, PhD, Professor etc): _____

Birth date: _____ Gender: Male / Female _____

Department: _____

Hospital/ Institution: _____

Address: _____

Address: _____

City: _____ State/Province: _____ Country: _____

Zip Code/ Postal Code: _____

Telephone 1 (Country code, area code, local number): _____

Telephone 2 (Country code, area code, local number): _____

Fax: (Country code, area code, local number): _____

Mobile phone (Country code, area code, local number): _____

e-mail address 1: _____

e-mail address 2: _____

Internet Web page of institution: _____

Languages Spoken: _____

Main Research topics: _____

Return to the Secretary-General

Nomination Form:

I nominate as Advisory Councilor for the term 1999-2002:

Name: _____

I nominate as Advisory Councilor for the term 1999-2002:

Name: _____

The persons have been asked and they are willing to be nominated.

Date:

City:

Name(print) _____

Signature: _____

To be sent to the Secretary-General. Deadline for nominations April 1,1999

ISPAD Travel Grant Application

Please print/type

First Name and Initials: _____

Family (Last) Name: _____

Title: ie. MD, PhD, Professor etc): _____

Birth date: _____ Gender: Male / Female _____

Department: _____

Hospital/ Institution: _____

Address: _____

City: _____ State/Province: _____ Country: _____

Zip Code/ Postal Code: _____

Telephone (Country code, area code, local number): _____

Fax: (Country code, area code, local number): _____

I have submitted an abstract : Yes / No

Title of submitted Abstract: _____

Other reasons to apply for travel grants: _____

Have you got ISPAD travel grants before: Yes / No If Yes, When ? _____

Are you an ISPAD Member: Yes / No If No: Have you applied for membership? Yes/ No

Enclose a short Curriculum Vitae and a copy of the submitted abstract.

Send to the Secretary-General before January 8, 1999.

Date _____ Signature: _____

