Summary of The GUIDE Program in Cairo, Egypt: May 11-13th

Curriculum developed by: Dr. Yasmine El Henawy
PADU, Ain shams University, Cairo, Egypt.

Program sponsored by: The Bridge – Diabetes Academy

Program endorsed by: ISPAD

ISPAD faculty presenters:
- Professor Yasmine El Henawy
- Professor Rade Vukovic
- Professor Laurel Messer
- Professor Nancy El Barbury
- Professor Andrea Scaramuzza
- Professor Agnieszka Zubkeiwicz
- Seema Meighan

Who is THE BRIDGE? Egyptian in-country nonprofit organization working to promote diabetes care, control, awareness, education, and scientific research. The advisory board includes senior consultants and faculty members of pediatric Diabetes. The 3 pillars of their new program are to raise the standard of diabetes care for children via training and certifications for 1) healthcare providers 2) diabetes educators, nurses, etc., and 3) parents and patient advocates.
Impressions:

- Extremely well organized conference for ~25 pediatric endocrinologists from around the Country
- Additional support of veteran faculty attendees who offered valuable insight during Q and A sessions
- Well rounded curriculum (reviewed and enhanced by ISPAD education committee) to include comprehensive diabetes care for children, including:
  - Nutritional management of diabetes
  - DKA and sick day management
  - Importance of a multidisciplinary approach (which is currently lacking in Egypt)
  - Complications of diabetes
  - MDI and CSII therapy
  - Introduction of 780G hybrid closed loop therapy
  - Special topics (e.g. fasting and Ramadan)
- Heavy emphasis on ISPAD guidelines and standardization of treatment (I have a new appreciation for how important these guidelines are!)
- Significant promotion of ISPAD membership every day of conference and by 3 different lecturers.
- High audience engagement with faculty, interest in topics
- Medtronic sponsored information/training on 780G presented primarily by Professor Agnieszka Zubkeiwicz and was not promotional in nature
- CME offered with strict attendance policy and pre and post-test assessment

Implications:

- May be good to highlight the GUIDE program as a first step in the BRIDGE curriculum development efforts at a future ISPAD conference—could Dr. Yasmine be invited speaker at ISPAD 2022 to share experience of curriculum development and vision for Egypt?
- The Bridge next needs to design a program for diabetes educators and/or patient advocates/parents—ISPAD collaboration may be key
- In discussion with Dr. Yasmine and Dr. Rade, perhaps the most beneficial aspects of ISPAD for young faculty include:
  - JENIOUS membership
  - Science school, research training and research collaborations
  - Roving reporter, publication opportunities from ISPAD conference
- It was mutually beneficial (and wonderful) to have international ISPAD faculty at the conference. Perhaps ISPAD application for conference endorsement should ask if the conference organizers would like to have additional ISPAD speakers attend/lecture (at the expense of the conference)
Guide program faculty and attendees

Dr. Yasmine discussing her onboarding processes for HCL

Final slide of my lecture with a scan code to join ISPAD