International Diabetes Federation (IDF) *Life for a Child* (LFAC)/International Society for Paediatric and Adolescent Diabetes (ISPAD) Education and Training Workshop Report – Uzbekistan

The LFAC/ISPAD education and training workshop was held at the Rakat Plaza Hotel in Tashkent, Uzbekistan from 17-19 April 2018. The workshop was very well-organised under the auspices of the local Association of Endocrinology and Diabetology of Uzbekistan, led by Professor Said Ismailov and his team.

The two visiting international faculty members were:
- Dr Debra Cohen, Paediatric Endocrinologist, USA and
- Angie Middlehurst, Deputy Manager & Education Director, IDF LFAC Program

Local Faculty members numbered seven and all were speakers, see attached programme.

- Participants: 30 doctors, including paediatricians, paediatric endocrinologists and 12 nurses from Tashkent and regional areas in Uzbekistan
- Interpreters (Russian) were required for all presentations, excluding those of local speakers.
- The LFAC/ISPAD Pocketbook for management of diabetes in childhood and adolescence in under-resourced countries had been translated into Russian prior to the workshop and each participant received a copy.
• The LFAC/ISPAD wall charts were also translated, and copies distributed to participants (hypoglycaemia, Insulin treatment, Blood glucose monitoring, sick day management, complications). These resources were referred to throughout the workshop.
• The workshop pre-questionnaire was distributed for completion prior to the commencement of the workshop.
• The workshop proceedings were videoed throughout the three days, and will be sent through to LFAC following editing.
• Professor Ismailov, Dr Cohen and Angie gave several interviews to the videoing representatives and also to local television journalists regarding the purpose of the workshop and what we hoped to achieve.
• The audience was very engaged, interested and sessions were interactive with much discussion. The program ran smoothly, facilitated by Professor Said Ismailov and his dedicated team.
• All topics were well-received by the audience. Regarding schools and management of type 1 diabetes, there is little or nothing in place for children and young people.
• Angie Middlehurst gave separate presentations (see program, in red) to the nurses, whose paediatric diabetes knowledge was above average. They were very keen to have an Uzbek diabetes educator course. Angie to communicate with Professor Ismailov and his team regarding this.
• Dr Cohen and Angie interviewed parents and children with type 1 diabetes, and once the families had left conducted a de-briefing session with the workshop participants.
• Professor Ismailov also expressed interest in the addition of a nutritionist and a social worker to the multi-disciplinary team. This theme continued throughout the workshop, with the local health professionals keen for the multi-disciplinary team to be introduced locally.
• We are awaiting translation of post-workshop comments.
• Local health professionals are working with Angie to develop a Russian page on the IDF LFAC education website.
• Comments re pre and post questionnaire:
  o Questions not answered well ? re-word
  o 26, 28, 30, 33,34,36, 37,39,41,44,45,49
  o Questionnaire too long – maybe halve the number of questions.
  o Faculty MUST go through the post-questionnaire BEFORE participants leave the workshop
  o Separate time should be allocated to conduct both pre and post - questionnaires.