

ISPAD Allan Drash Fellowship Report

VISITING CENTRE: Pediatric Diabetes and Endocrinology & Nutrition unit , ASST Cremona Cremona, Italy

DURATION: 5 weeks

GOAL: Insulin pump and continuous glucose monitoring training

MENTOR: Dr. Andrea Scaramuzza Head Pediatric Diabetes and Endocrinology & Nutrition,ASST Cremona,Cremona, Italy

It was a privilege and honor to be awarded the Allan Drash fellowship 2017 as a part of the continuous support of ISPAD for young physicians treating children with diabetes.

From my first day in Cremona Dr Scaramuzza arranged a meeting in which we discussed the duration of my stay, objectives of the fellowship and the fellowship plan. Dr Scaramuzza initiated a plan for what I am going to do through my stay in Cremona.

I participated in outpatient clinic visits with patients using insulin pump and/or continuous glucose monitoring ,during these visits I learned how to Interpretate the pump data how to download the electronic pump reports and how to modify the pump settings to adjust the patients glucose readings.

I participated in sessions of insulin pump and continuous glucose monitoring initiation during which I was familiar with every technical detail regarding the pump initiation and trouble shooting

Dr Scaramuzza and myself wrote and sent an abstract about Minimed 640G users to the coming ISPAD meeting in India.

I thank Dr Scaramuzza for his sincere help, support and effort to upgrade my knowledge about the continuous subcutaneous insulin infusion and the continuous glucose monitoring during this fellowship.

I also thank Dr Scaramuzza for his warm welcome in Cremona and for being such an ideal Mentor .

I can't thank ISPAD enough for accepting me in the fellowship and for giving me this opportunity to upgrade my knowledge and experience.

Mohammad Hosny Awad,MD