

**UNIVERSIDAD
EAFIT**[®]

Vigilada Mineducación

12th Latin America and
the Caribbean Regional Conference

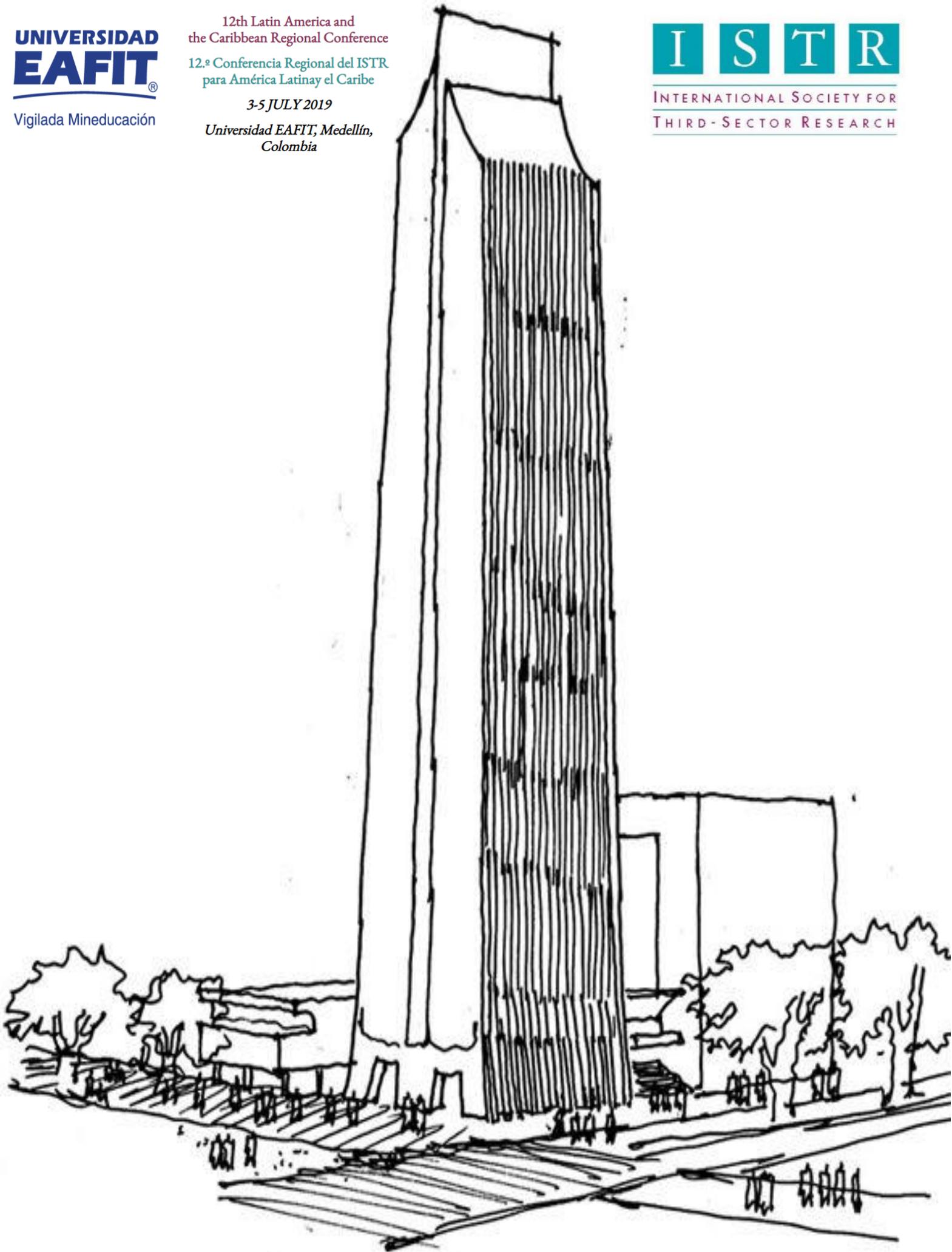
12.ª Conferencia Regional del ISTR
para América Latina y el Caribe

3-5 JULY 2019

*Universidad EAFIT, Medellín,
Colombia*

I S T R

INTERNATIONAL SOCIETY FOR
THIRD-SECTOR RESEARCH



I. Basic information of the city

Population: 2.5 million

Currency: Colombian Pesos. 1 USD = 3100-3200 COP. The main exchange houses can be reached in the Oviedo shopping centre (Cra 43A #6 Sur-15, Medellín, Antioquia) And the Mall of Santa Fe (Carrera 43A, Cl. 7 Sur, Medellín, Antioquia). It is also possible to change at the airport. Acceptance of Cards is extended and there is a great abundance of ATMs.

Electricity: In Colombia the voltage is 110v and 60hz frequency. The plugs are type A/B.

Time zone: GMT-5

Climate: Medellín's climate is classified as tropical. Rain is significant most months of the year, and the short dry season has little effect. The average temperature in Medellín is 21.6 ° C. Precipitation is 1612 mm per year. At an average temperature of 22.1 ° C, March is the hottest month of the year. Diciembre is the coldest month, with temperatures averaging 20.9 ° C.

Important Phones:

Emergencies: 123

Fire: + 57 4-285 32 20

Transit: + 57 4-257 09 81

Police: + 57 4-25117 00

Civil Defense: + 57 4-285 20 18

Red Cross: + 57 4-235 30 01

Tips: The tip in Colombia is voluntary. In restaurants It is common to leave a 10% tip on the account.

Internet: Available on site of the university and selected trades.

II. Transport

From the airport to the city

The international Airport José María Córdova (MDE) is located in the municipality of Rionegro, which is about 21 miles (35 km) east of Medellín in a higher elevation. It usually takes 40 minutes to more than an hour on the road, depending on the traffic, to go from José María Córdova Airport to Medellín or in reverse. There are the following means of transportation:

1. White Airport Taxi from Medellín Airport (or to Airport)

At José María Córdova Airport, you will find many white airport taxis that have an agreement to attend the airport. There are at least three companies that offer white taxi services at the airport: Acoa Taxi Airport, Aerotaxi and Rápido Medellín Rionegro.

The use of white taxis at the airport is the way to get from Medellín International Airport to Medellín, which is used by most foreigners.

The rate of the white taxis to go to Medellín is fixed. Most noticeable, there is even a sign at the airport with the rates. There is no extra charge at night. You only have to pay the fixed rate and this fee includes the toll on the road.

The following are the 2019 rates from the José María Córdova Airport for white taxis to three areas in the Medellín Metro:

- To Medellín-75.000 pesos.
- To Envigado-80.000 pesos.
- To Sabaneta-86.000 pesos.

If you go to the airport through a white taxi, you can call and schedule a pick-up service and they show up constantly on time. The rate of the white taxis to the airport is cheaper than that of the airport. The following is the 2019 to the airport for white taxis of three areas in the Medellín Metro:

- From Medellín to the airport-65.000 pesos.
- From Enfilade to Airport-72.000 pesos.
- From Sabaneta to the airport-80.000 pesos.

Please note that all these rates include the toll on the airport road. So be careful with taxi drivers who try to charge more for this toll.

2. Collective Taxi from the airport of Medellín (or to the airport)

Another option from/to the José María Córdova Airport is a collective taxi or a shared white taxi. At the airport, you can find collective taxis that go to Medellín. These are white taxis shared by three or four passengers. The regular taxi fare is divided between the passengers.

Then, with four passengers, the new collective taxi fare is set at 18.500 pesos per person to Medellín and 16.000 pesos per person for the trip to the airport.

Taxis shared from the airport only go to and from the San Diego shopping center in Medellín. You will need to take another taxi. Besides, there are usually yellow cabs lined up here. Then it's easy to get a cab.

To get to the airport in a shared taxi, head to the San Diego shopping Center, which is located about four blocks from the metro station Exhibiciones. The airport's shared white taxis will be waiting for the passengers who are usually in the parking lot of the Texaco service station located next to the San Diego Mall.

Also, if you arrive first, be sure to claim the front passenger's seat in a shared cab. Otherwise, you'll be crowded in the back seat with two others. And usually collective taxis wait until they have four passengers.

Also, if you have a lot of luggage, the shared taxis are not really a very good choice.

3. Bus from Medellín Airport (or to the airport).

The most economical way to get to Jose Maria Córdoba Airport is the official airport bus-Combuses, since the rate of 2019 is only 10.000 pesos. The airport buses are small with only 19 seats. But this is a cheap and reliable option. The bus from the airport takes about an hour, depending on the traffic.

Airport buses leaving the airport have two possible destinations. Ask to make sure you are on the right bus as they are not marked. A possible destination is the San Diego shopping Center, where you will stop at a bus stand in front of the mall. It's easy to take a taxi from here to your destination. This is also located near the metro station exhibitions.

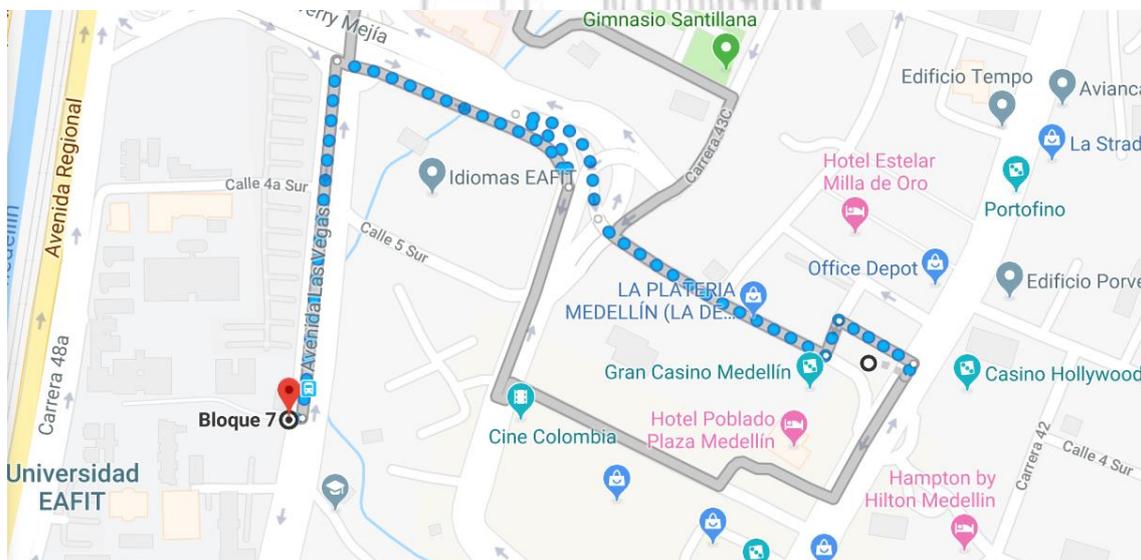
The other destination is behind the hotel Nutibara in the center. Hotel Nutibara is within walking distance of Parque Berrio metro station.

When you go in the opposite direction to the airport, you can go to the bus stop that is opposite the San Diego shopping center or behind the hotel Nutibara in the center. Nutibara buses also stop at the North Bus terminal if there are passengers waiting.

The airport buses that leave behind the hotel Nutibara are announced from 3:45 am to 9:30 pm. And in the opposite direction, the buses leave from the airport to behind the hotel Nutibara until midnight. And the first bus from San Diego is reported at 4:45 am.

From El Poblado to the EAFIT University

For those who are staying in the avenue of El Poblado and nearby, EAFIT University is within walking distance from the main hotels.



It can take about 15 minutes walking between these locations. The main entrance of the EAFIT University is found on the avenue of Las Vegas. However, the University also has entries in the language block (5sur Street) and two other back entries (Regional Avenue).

Main pedestrian entry located in Las Vegas Avenue:

Monday to Friday

Saturdays, Sundays and holidays

Admission 5:00 a.m. – 10:30 P.m Departure until 10:30 p.m.	Admission 6:00 a.m. – 6:00 p.m. Departure until 6:00 p.m.
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Pedestrian entry Parque Los Guayabos (Street 5 South):

Monday to Friday	Saturday	Sundays and Holidays
Admission 5:00 a.m. – 10:30 P.m Departure until 10:30 p.m.	Admission 6:00 a.m.– 6:00 P.m. Departure until 6:00 p.m.	Closed

In addition, you can access the campus using taxi services and other private transportation applications. The price of these services corresponds to the minimum rate:

Yellow taxis: 5.500 pesos

Private transportation Applications 5.200 pesos

The university has its own taxi stop.

Transportation within the city of Medellín

1. Metro

The integrated metro system in Medellín consists of:

-Two railway lines: Line A (north to south) with 21 stations and line B (center to west) with six stations.

-Five lines of cable car Metrocable: line H with two stations, line J with three stations, line K with three stations, line M with three stations and line L with two stations.

-A tram line Tram -T-A line with nine stations.

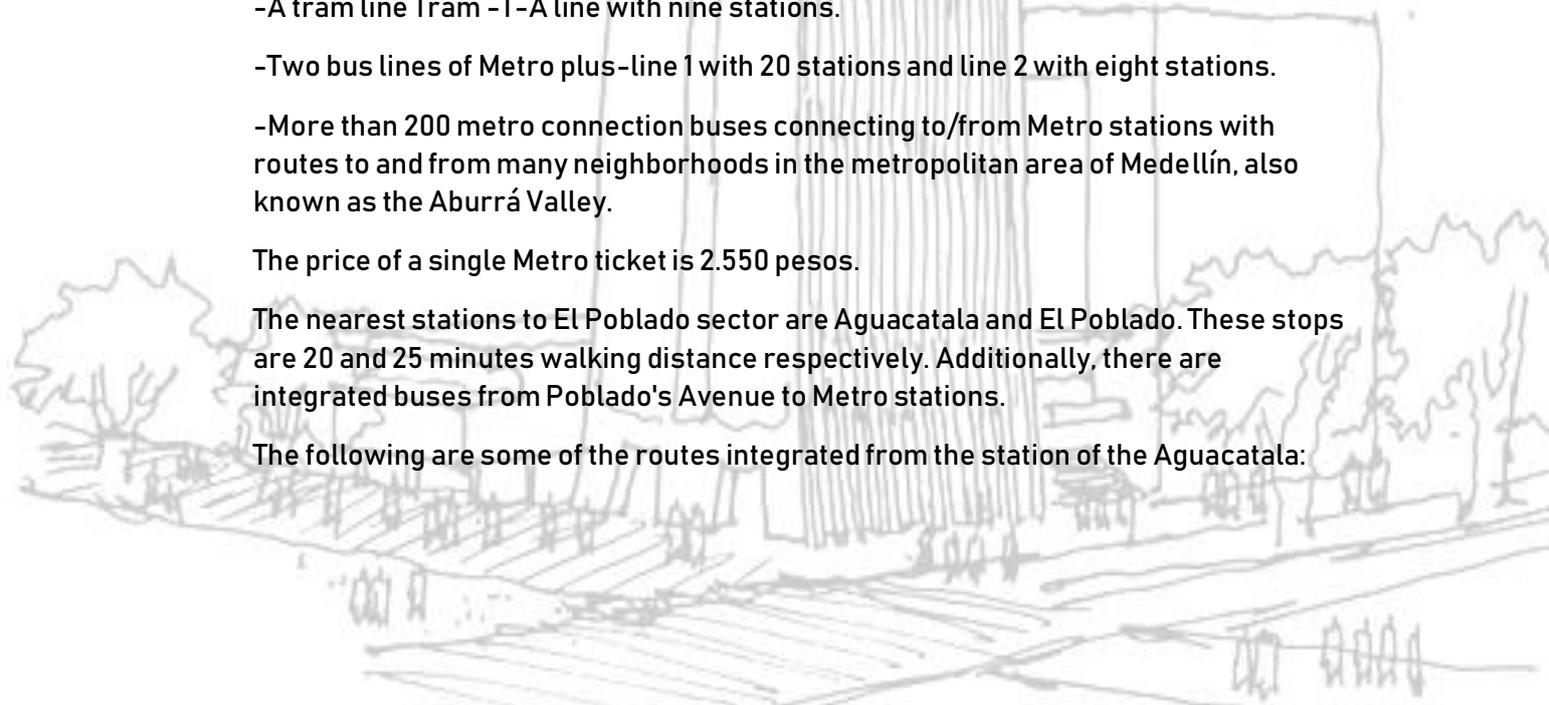
-Two bus lines of Metro plus-line 1 with 20 stations and line 2 with eight stations.

-More than 200 metro connection buses connecting to/from Metro stations with routes to and from many neighborhoods in the metropolitan area of Medellín, also known as the Aburrá Valley.

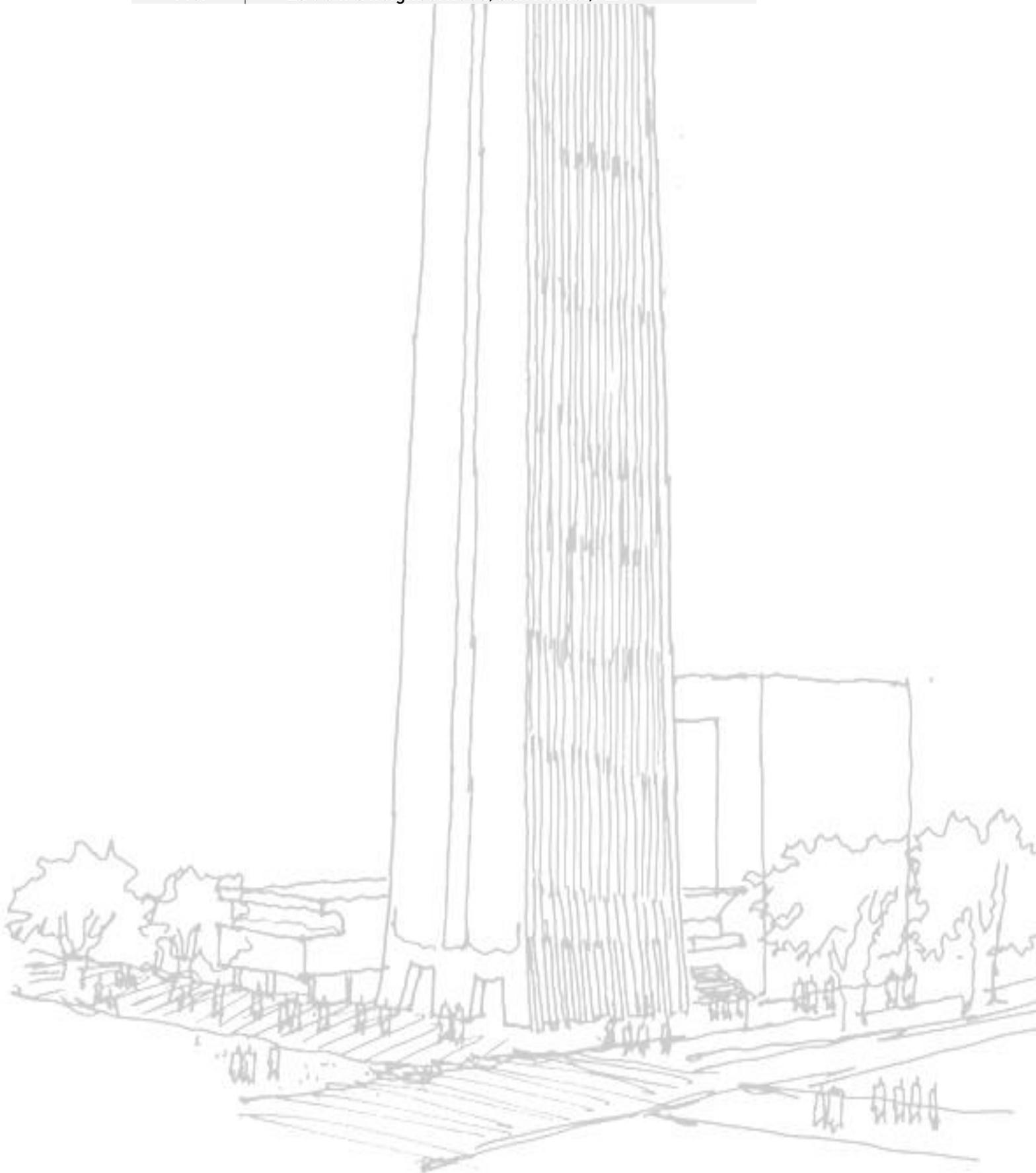
The price of a single Metro ticket is 2.550 pesos.

The nearest stations to El Poblado sector are Aguacatala and El Poblado. These stops are 20 and 25 minutes walking distance respectively. Additionally, there are integrated buses from Poblado's Avenue to Metro stations.

The following are some of the routes integrated from the station of the Aguacatala:



C3-001	AGUACATALA-INDUSTRIAL
C3-002	Aguacatala-Bule
132I	Visitación, Oviedo Shopping Centre, EAFIT
133II	Club Campestre, ISA, Loma de los Gonzales
135I	Aguacatala-Av. El Poblado-20a South Street-Aguacatala
143I	La Colina neighborhood, San Rafael,FLA





CONVENCIONES / Conventions

- Estación / Station
- Parada / Stop
- ⊕ Transferencia directa / Direct transfer
- ⊕ Transferencia peatonal / Pedestrian transfer
- ⋯ En construcción / Under construction
- ⊞ Ruta integrada / Integrated route
- 👤 PAC (Punto de Atención al Cliente) / Customer Service Point
- 📶 Zona wifi (estación o alrededores) / Wifi zone (inside or near the station) Medellín-Digital
- ♿ Todas las estaciones y paradas son accesibles / All stations and stops have access for persons with reduced mobility

LÍNEAS / Lines

- METRO / Metro Urban Train**
 - A Niquía - La Estrella
 - B San Antonio - San Javier
- CABLE / Aerial Cable Car**
 - H Oriente - Villa Sierra
 - J San Javier - La Aurora
 - K Acevedo - Santo Domingo
 - L Santo Domingo - Arví
 - M Miraflores - Trece de Noviembre En construcción / Under construction
 - P Acevedo - El Progreso En construcción / Under construction
- TRANVÍA / Tramway**
 - TA San Antonio - Oriente
- BUS / BRT (Bus Rapid Transit)**
 - 1 U. de M. - Av. del Ferrocarril - Parque Aranjuez
 - 2 U. de M. - Av. Oriental - Parque Aranjuez
 - 3 Corredor Sur En construcción / Under construction

HOLA METRO 444 95 98
 @metrodemedellin

2. Bus

There are many buses in Medellín that can be an effective and even cheaper alternative to taxis or metro system. There are two different bus systems. Government-run integrated buses connect with Metro stations and are usually green. The rest are private buses that come in all kinds of shapes and sizes.

The rate for jumping on a private bus is usually between \$2.000-2.400 COP (about \$0.70 USD) and the price always appears on the front windshield. To stop a bus, you simply need to get your hand in the same way that catches the attention of a taxi. In more occupied areas, buses can only stop at certain known points. To pay, just hand the fare to the driver, preferably in coins or small bills, once you board. Most buses have a red button near the doors to alert the driver that you want to stop. Once again, the main destinations usually appear in the lower left corner of the bus windshield.

If you know you need to take a bus from the Metro, you can buy a ticket called "Integrado." This is your Metro ticket with a Metro bus included for 200 COP extra. A fraction of the cost of the bus ticket by itself.

For example, there is a subway bus that goes up the hill from the Poblado metro station to the 10th Street and passes the Lleras park, perfect if you're tired of climbing that hill.

3. Yellow Taxis

In most cases, to stop a yellow taxi on the street in the metropolitan area of Medellín, all you need to do is lift your arm when you see a vacant cab. During the day, it should be safe to find taxis on the street.

Even at night it is quite safe to call taxis, but be more careful and you may want to call a taxi or use a mobile app instead of calling one on the street.

Yellow taxis in the metropolitan area of Medellín use Taximeters. When you get to the taxi, make sure the meter is on. If not, you must tell the taxi driver to turn on the meter saying "activate the Taximeter". If the driver does not turn on the meter, you must look for another taxi.

Taxi stops can also be found in many places in the Medellín metro area, such as the shopping malls and metro stations in Medellín, where taxis wait in line for customers.

Rates:

The taximeter starts at 3,500 pesos.

The minimum rate is 5,500 pesos.

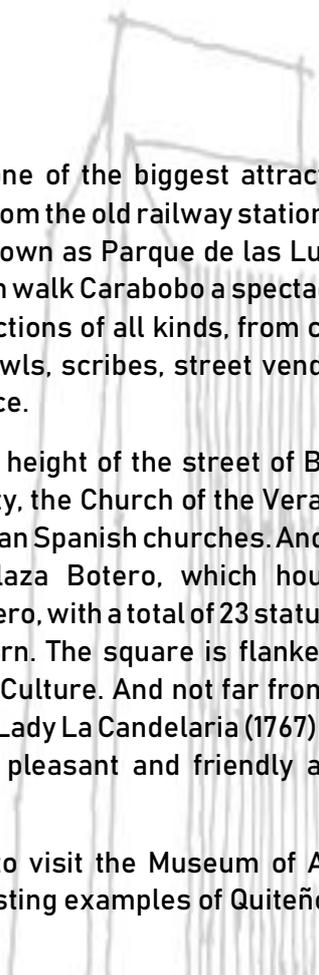
The rate for every 78 meters is 100 pesos.

The rate to wait 60 seconds is 200 pesos.

The rate for one hour of contracted time is 25.200 pesos.

III. What to see

Carabobo Avenue: The essence of the city



Without any doubt this is one of the biggest attractions in Medellín and the most enjoyable tourist. Starting from the old railway station of Antioquia, and after crossing the Plaza Cisneros (also known as Parque de las Luces) that recreates an artificial forest, begins the pedestrian walk Carabobo a spectacle of people, color, atmosphere with a sequence of constructions of all kinds, from colonial to modernist or you can even see Art deco. Fruit bowls, scribes, street vendors, and ultimately all types of traders are found in this place.

In this same avenue, at the height of the street of Boyacá, we find one of the most beautiful churches of the city, the Church of the Veracruz, of the eighteenth century, that reminds to the Andalusian Spanish churches. And at the end of the street we come across the magnificent Plaza Botero, which houses the largest collection of sculptures by Fernando Botero, with a total of 23 statues donated by this brilliant artist to the city that saw him born. The square is flanked by the incredible museum of Antioquia and the Palace of Culture. And not far from there, there is also the Berrío Park and the Basilica of Our Lady La Candelaria (1767). Walking through the centre one can discover in a relaxed, pleasant and friendly atmosphere, historical heritage buildings.

It is highly recommended to visit the Museum of Antioquia, which goes from the colonial era and with interesting examples of Quiteño art, to a magnificent collection of paintings by Botero.

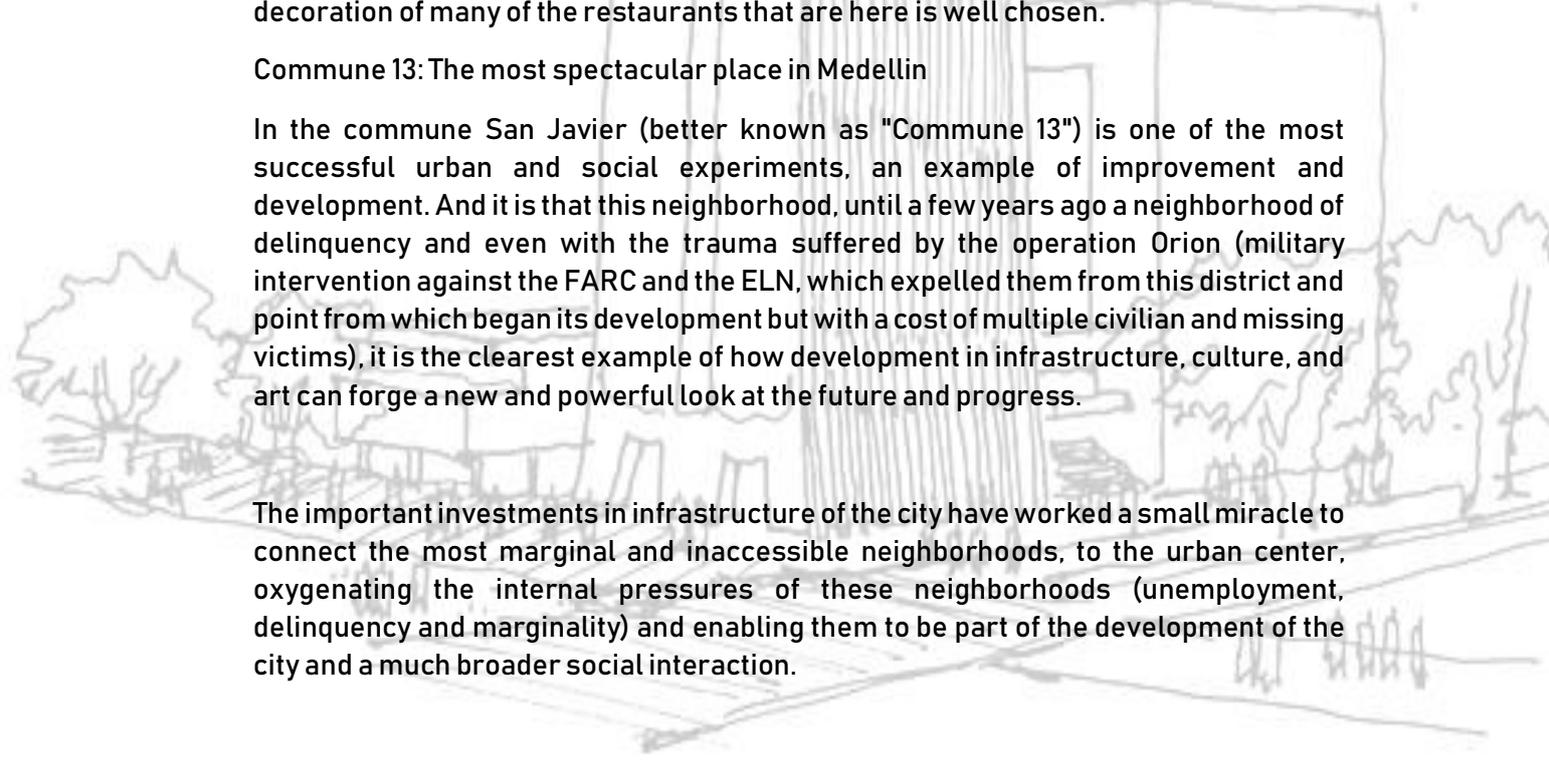
El Poblado: the Financial and Leisure center of Medellín

Here we can find not only the main chains and shops of the city, but also the main party area in the "Parque Lleras", a park surrounded by bars and nightclubs of all kinds of music. There is atmosphere almost every night and people are very respectful of the park that presides it. In some bars a minimum consumption is required to be able to sit. Inside El Poblado stands out the beautiful district of Provence, with a nightlife and gastronomic of the most interesting nature, between the street 10 and the "Calle de la Buena Mesa". It is amazing the richness and gastronomic quality, besides the decoration of many of the restaurants that are here is well chosen.

Commune 13: The most spectacular place in Medellín

In the commune San Javier (better known as "Commune 13") is one of the most successful urban and social experiments, an example of improvement and development. And it is that this neighborhood, until a few years ago a neighborhood of delinquency and even with the trauma suffered by the operation Orion (military intervention against the FARC and the ELN, which expelled them from this district and point from which began its development but with a cost of multiple civilian and missing victims), it is the clearest example of how development in infrastructure, culture, and art can forge a new and powerful look at the future and progress.

The important investments in infrastructure of the city have worked a small miracle to connect the most marginal and inaccessible neighborhoods, to the urban center, oxygenating the internal pressures of these neighborhoods (unemployment, delinquency and marginality) and enabling them to be part of the development of the city and a much broader social interaction.



The "Favela of Medellín" squanders overcoming, art and optimism. Its dizzying escalator, which connects the bottom with the top, is flanked by incredible colorful murals from artists all over the world. Rap, dance, poetry and art in the streets receive us in a place that looks to the future without forgetting its past.

Arví Park

Escaping east over the mountains to one of the largest nature reserves in the region is as easy as jumping into the metro system. A regular ticket will take you to Santo Domingo. Once you get out of the Metro, buy another ticket for the separate Metro cable that goes from Santo Domingo to the park Arvi. The cost is about 5.000 pesos (\$1.50 USD).

Explora Park

Across from the botanical garden, this resort features the largest freshwater aquarium in Latin America, as well as an outdoor park with interactive games that demonstrate the laws of physics.

Botanical Garden

With easy access from the university metro station, the Botanical gardens of the City hosts numerous events, concerts and festivals throughout the year. Go here when you want a break from the noise of the city.

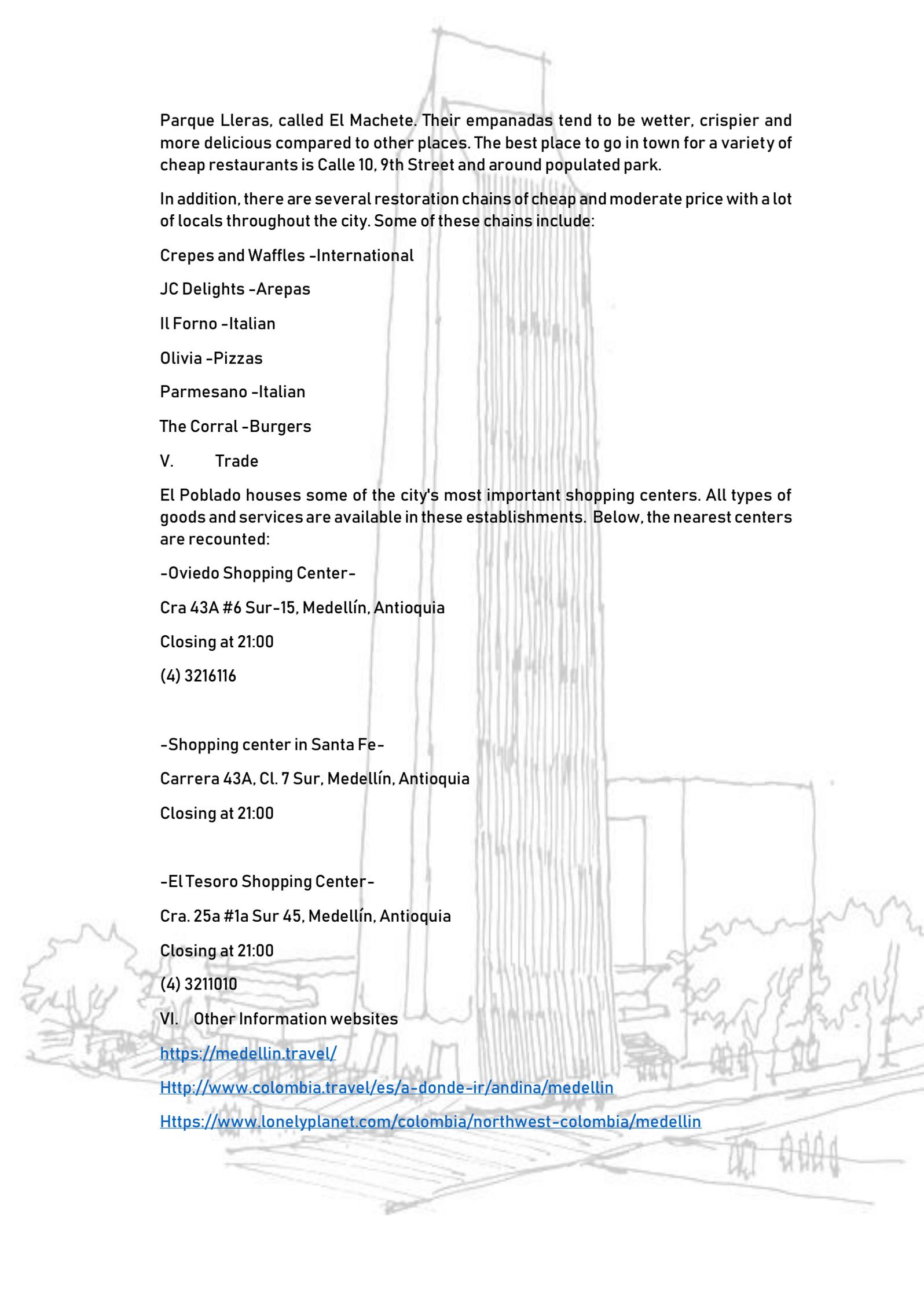
IV. What to eat

The most traditional dish in the Antioquia region is the Paisa tray (the "bandeja paisa")- an abundant mix of white rice, red beans, shredded meat, pork rinds, chorizo, black pudding, fried egg, avocado, Arepa and plantain. The Paisa tray is thought to be a modern interpretation of peasant food, food designed to fill the stomach and give energy to those who work in the fields.

The main meal of the paisas (the people of this region) is the Arepa. Arepa is a type of corn bread and comes in various shapes and sizes. If you are eating at a local restaurant, it is guaranteed that you will be served one with your food. The advice of many foreigners who say it has the same qualities as the cardboard is that the secret is to eat the arepa along with anything else that sits on your plate. However, not all arepas are dull and tasteless. If you have a chance to try an "arepa Chocolo" for breakfast, these are made of sweet corn and are served with a slice of soft white cheese. Much better. If you are looking for a quick solution to hunger, you can find an "arepa con queso" on the busiest streets.

Another traditional dish is the Ajiaco, a type of chicken, corn and potato soup that is accompanied with a plate of rice, avocado, arepa, some capers, a plate of Cream and a banana. You can add some or all accompanying dishes in the soup, there is no rule.

You can save a lot of money (but not calories) by eating several street foods in Medellín. An arepa with cheese costs only \$1 USD. There are always several providers of Hotdog In public places like parks and roads with a lot of traffic. In addition, for approximately \$0.50 USD, a empanada (minced meat) can be a perfect snack. One of the best places of Empanada is located on 9th Street in descending direction from



Parque Lleras, called El Machete. Their empanadas tend to be wetter, crispier and more delicious compared to other places. The best place to go in town for a variety of cheap restaurants is Calle 10, 9th Street and around populated park.

In addition, there are several restoration chains of cheap and moderate price with a lot of locals throughout the city. Some of these chains include:

Crepes and Waffles -International

JC Delights -Arepas

Il Forno -Italian

Olivia -Pizzas

Parmesano -Italian

The Corral -Burgers

V. Trade

El Poblado houses some of the city's most important shopping centers. All types of goods and services are available in these establishments. Below, the nearest centers are recounted:

-Oviedo Shopping Center-

Cra 43A #6 Sur-15, Medellín, Antioquia

Closing at 21:00

(4) 3216116

-Shopping center in Santa Fe-

Carrera 43A, Cl. 7 Sur, Medellín, Antioquia

Closing at 21:00

-El Tesoro Shopping Center-

Cra. 25a #1a Sur 45, Medellín, Antioquia

Closing at 21:00

(4) 3211010

VI. Other Information websites

<https://medellin.travel/>

<http://www.colombia.travel/es/a-donde-ir/andina/medellin>

<https://www.lonelyplanet.com/colombia/northwest-colombia/medellin>