

## The Mark of Religion is Sensitivity

-Pujya Gurudevshri Rakeshbhai

When your existence becomes full of love, there comes immense contentment and sensitivity. In pure love, there is contentment due to inner bliss, and with contentment, sensitivity towards others' joys and sorrows increases, similarly, such a state of tenderness arises. Where there is omniscience, dispassion, there is the absolute state of tenderness. Due to absolute sensitivity, there is instruction of practicing subtle type of non-violence in the dharma of the Omniscient Lord. Wherever we see someone, we should not become a cause for his sorrow and become a cause for his joy.

A true Jain is so sensitive that if there are vegetables kept in a plate for making into pieces, he will not keep a knife together in that plate, because with the knife next to it, unknowingly also there remains fear in that soul. Now it will kill me, now it will cut me. Even if the vegetables are to be made into pieces, he keeps the vegetables in one plate and the knife in another, till the time it is to be done. Such sensitivity is expected from a Jain. Our Lord Param Krupalu Dev Shrimad Rajchandraji, on seeing someone making vegetables into pieces would have tears flowing from His eyes. 'Where a petal of a flower is hurt, it is not the instruction of the Jinavar', such counsel He has given at the age of sixteen. We don't have so much sensitivity because we don't have such purity, so we don't have such tenderness. Due to lack of tenderness, we find the principles of Jain religion very hard, binding. We don't have such sensitivity, and we have to practice non-violence. Where there is absolute tenderness, there is such sensitivity that it does not have to be practised; one feels like doing it.

The traffic signal is red and you have stopped. Some children come to sell something. Some come to sell books, some come to sell flowers, or some come to sell toys. You immediately say that, pardon me brother I don't need it. There you are thinking of your need. I don't need, so I don't want to buy. With a little increase in sensitivity, you will focus on his need. He needs that money. If you don't need the thing, then give it to someone else.

Once Mahatma Gandhiji's disciple Kedarnathji was looking for a vehicle to go from Haridwar to Rishikesh, but since he couldn't find one, he began walking. Seeing a horse cart coming behind, the person accompanying him told Kedarnathji that let me go and ask, if there is space, you can sit in it. He came to Kedarnathji and said that I have asked. He has no objection; you sit in the horse cart. Kedarnathji just said that you asked the owner. Did you ask the horse? So much weight will increase. This is about sensitivity. All can hear but very few can listen, very few can understand others' pain. By helping one person, you will not change the whole world, but surely you will change his whole world. Therefore, don't think what will happen by building a hospital in one place. It is enough if you can change the world of even one person.

Others' happiness is your responsibility. When you are in love, you will always feel that you have not done enough. A little fish asks its mother, why do we live in water? And why do these human beings live on land? The mother says that, we are 'fish' so we live in water, and these people are 'selfish' so they live on land ... No. Become sensitive, this alone is true religiousness. Narsinh Mehta's words, the one who knows others' pain. You must become so sensitive. The saints say that you take selfies so many times, at least some time, brother, take someone's sorrows, then not only the world, God himself will also 'like' this photo.