

## Sarak Community Upliftment

JAINA Sarak Community Upliftment Committee would like to educate all Jain families and members of JAINA about “Sarak – The forgotten Jains”. We kindly encourage all to review the following details:

### Who is the Sarak Community?

Sarak (Sanskrit translation “Sravaka”) is a community spread across the villages in Jharkhand, Bihar, W. Bengal and Orissa.

As per our Jain Shastra / books, “Sarak” were all Jain followers since ancient times; however, they had given up Jainism due to invasion from various rulers, droughts, and dominance from other communities.

JAINA, with the help of Jain Scholars and Maharaj Sahebs in India, did ample amounts of research and provided more details about Saraks in JAINA Calendar 2023. Soft copy of JAINA calendar can be found at [here](#) .

In addition, please review this JAINA Website for more details at [Sarak Community Upliftment](#)

Currently, there are two Jain groups (Raj Parivar and Samkit Group) working actively towards upliftment of Saraks and bring them back on the path of Jainism with various activities such as:

- Maharaj Sahebs actively performing vihar on the Sarak Villages and spreading the message on Sadachar, Masahar Tyag and Vyasana Mukti (live Jain way of life, give up non-veg, give up smoking habits etc)
- Team of volunteers from Ahmedabad, Mumbai and Surat are visiting this villages running Jain Religious camps, performing puriyusana Aaradhana etc.
- Establishing local Jain Sanghs
- Running medical camps, set up free medical consulting and provide medicines etc.

Please review a [Sarak Paryushan 2021 - YouTube](#) demonstrating Puriyusana Celebrations done by volunteers from Mumbai, Surat, Ahmedabad.

If you are interested in volunteering for this committee and/or want to learn more about the Sarak Community Upliftment, please contact Jatin Shah at C: 703-926-7451 or via e-mail at [jatinshah999@gmail.com](mailto:jatinshah999@gmail.com).