JAINA Women’s Committee

Globally relevant, Socially Responsible, and Locally reachable!

Mission
1) To provide a platform to all women followers of Jain way of life to organizes a group.
2) To promote personal growth, social wellbeing and spiritual progress of all
3) To promote peace and harmony at different levels- family, community, nation and international through nonviolence/Ahimsa
4) Collaborate with other women groups to work towards the common goal of promoting peace.

Committee
National committee Co-chairs Dr. Mamta Shaha and Mrs. Pramodaben Chitrabhanu

Members - Padmaben Shetty-NY, Bakulaben Maniar LA, Shobha Vora San Jose, Madhuben Seth Atlanta, Ujwala Shinghavi Houston, Jayashree Shah, Dimple Shah Chicago, Shilpa Shah Washington DC

Local Chapters at every Center
Local community women leaders will be running local activities. Plan on having regular meetings to connect, discuss, the network for different subjects relevant to women such as Religious, Social, Health, Business, Personal development through art, Music etc.

The idea is to have a platform where women can gather, discuss everyday issues, problems, be involved in creative activities, network and socialize in intellectual way.

Since its establishment in 2015,
The committee has achieved many milestones. It has women’s groups at most of the major centers. We also receive inquiries from various centers for advice on forming a group on a regular basis.

The activities done by different women’s groups include - a donation of warm jackets to the homeless during winter, providing vegetarian meals during Thanksgiving, seminars on Vegan cooking, Yoga and Meditation, Physical and Emotional health, Stavan singing, and having art classes, etc.

The committee has organized two successful women’s empowerment conferences in the last two JAINA conventions. We have some of our members being recognized and invited for giving lectures outside Jain circles. Our committee member Madhuben Sheth was invited as a speaker by SEWA international.

Mamta Shaha the chairperson was invited to a women leadership retreat by Religions for peace in Baltimore in June 2019. She was invited to their 10th World Council held in Lindau Germany as a Jain woman delegate in August 2019. She is also appointed on the International Women’s Coordinating Committee of Religions for Peace.
In April 2020, she was invited to say the Jain prayer in the International Interfaith Meeting for Hope and Solidarity (Watch it here: https://youtu.be/uwgRQugEHx0?t=2470)

As Jain women, we are making a mark on the Jain as well as non-Jain communities. This is an immensely proud time for us. Though the COVID-19 has hit hard and dampened the activities, most of us are actively supporting our local centers in their activities.

With COVID-19 women are the ones who are facing a lot of hardships. We are planning on having zoom seminars for women once a month. This way it will help women feel socially connected and happy.

For info, please contact Dr. Mamta Shaha - 516-410-8589 | mamta.shaha@gmail.com or Pramodaben Chitrabhanu - 212-534-6090 | pchitrabhanu@gmail.com