BOY SCOUT JAIN RELIGION AWARD WORKBOOK

ON MY HONOR, I WILL DO MY BEST
TO DO MY DUTY TO GOD AND MY COUNTRY AND TO OBEY THE SCOUT LAW,
TO HELP OTHER PEOPLE AT ALL TIMES;
TO KEEP MYSELF PHYSICALLY STRONG, MENTALLY AWAKE AND MORALLY STRAIGHT.

-----Boy Scout Promise

LIVE HELP LIVE

STAGE 1
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ABOUT THE JAIN AWARD

STAGE 1

WORD: Reading and Writing
1. Brief History of Jainism
2. Life of Lord Mahavir
3. Introduction to Jain Philosophy
   Living (Jiv)
   Non-Living (Ajiv)
   Non-Violence (Ahinsa)
4. Story: Elephant & Six Blind Men
5. Jain Glossary:
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   Sadhu
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5. Don’t Waste Water and Food
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2. Learn Temple Ways (Derasar)
3. Learn and Recite
   Namaskar Mantra
   Khamemi Sauva Jive
4. Jain Festival and Significance
   Mahivir Jayanti
   Paryushan
   Diwali

PLAN

You will with your parents and spiritual leader meet regularly to complete all the requirements for this award.

RECORD

As you continue through this workbook, record the information as indicated. Once finished your parents and spiritual leader will review and then submit for the award.

Congratulations. You may now begin.
ABOUT YOURSELF

I am _____________________ years old

This is my family:
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This is my school:
_________________________________

I am in grade _____________________

My favorite activities/hobbies are:
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My group activities are:
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How much time did you need to finish this part? _____________ hours/minutes

Date: ____________________________

Please register on-line @ JAINA.org

Check when shown to:
____ Parent(s)
____ Spiritual Leader

PART I: WORD

JAIN DHARM

As a child you shall be learning about the Jain ways and practice. Much you may have already learned in Pathshala Classes and the Level 1 book can be used to complete this workbook.

With your parent(s) share what you know about how Jainism began.

Your parent(s) may discuss more of the History of Jainism with you. What did you learn more about the History of Jainism?

_________________________________
_________________________________
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_________________________________
Who is Lord Mahavir? ______________
_________________________________
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Jainism I – Basics of Jainism page, 23-24

Check when shown to:
____Parent(s)
____Spiritual Leader

JAIN PHILOSOPHY

What is the meaning of Jiv? __________
_________________________________
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What is the meaning of AJiv? _________
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What is the meaning of Ahinsa? ________
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STORY READING

What did you learn from reading the story: Elephant and Six Blind Men?
_________________________________
_________________________________
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Does the story illustrate any basic Jain Principles? ____ Yes ______ No

Explain:
_________________________________
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Draw a picture:

Check when shown to:
____Parent(s)
____Spiritual Leader

How much time did you need to finish this part? ________ hours/minutes.
Date: ___________________________
ELEPHANT AND THE BLIND MEN

Once upon a time, there lived six blind men in a village. One day the villagers told them, "Hey, there is an elephant in the village today."

They had no idea what an elephant is. They decided, "Even though we would not be able to see it, let us go and feel it anyway." All of them went where the elephant was. Every one of them touched the elephant.

"Hey, the elephant is a pillar," said the first man who touched his leg.
"Oh, no! It is like a rope," said the second man who touched the tail.
"Oh, no! It is like a thick branch of a tree," said the third man who touched the trunk of the elephant.
"It is like a big hand fan" said the fourth man who touched the ear of the elephant.
"It is like a huge wall," said the fifth man who touched the belly of the elephant.
"It is like a solid pipe," Said the sixth man who touched the tusk of the elephant.

They began to argue about the elephant and every one of them insisted that he was right. It looked like they were getting agitated. A wise man was passing by and he saw this. He stopped and asked them, "What is the matter?" They said, "We cannot agree to what the elephant is like." Each one of them told what he thought the elephant was like.

The wise man calmly explained to them, "All of you are right. The reason every one of you is telling it differently because each one of you touched the different part of the elephant. So, actually the elephant has all those features what you all said."

"Oh!" everyone said. There was no more fight. They felt happy that they were all right.

The moral of the story is that there may be some truth to what someone says. Sometimes we can see that truth and sometimes not because they may have different perspective which we may not agree too. So, rather than arguing like the blind men, we should say, "Maybe you have your reasons." This way we don’t get in arguments. In Jainism, it is explained that truth can be stated in seven different ways. So, you can see how broad our religion is. It teaches us to be tolerant towards others for their viewpoints. This allows us to live in harmony with the people of different thinking. This is known as the Syadvada, Anekantvad, or the theory of Manifold Predictions.

_Jain Philosophy and Practice I, p.126_
## PART II: WORSHIP

**NAME:** Tirthankars  
**SYMBOL**

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*Jain Activity Book, pages 26-48*
PRACTICE IN DAILY LIFE

We should help others and make each other happy. To understand the pain and unhappiness that others are feeling is kindness. Jainism is based on kindness to all living beings.

Jainism I –Basics of Jainism page 23

Päthashâlā is my religious class where I learn all about the Jain religion. I learn all about the Tirthankars, Derâsar, and play fun games.

I learn that we should not hurt anyone, not get mad at anyone, steal, or show off in class. I should also always tell the truth and share what I have. I learn to love other living beings including animals, birds, bugs, and plants.

Jainism I –Basics of Jainism page 42

The temple is called _____________
Or “Mandir”. It is a beautiful and peaceful place to pray. It helps to think about self.

Jainism I –Basics of Jainism page 26

Where are your worship places?

_________________________________
_________________________________

Picture of the worship place at home:

_________________________________

Picture of the worship place at the Jain Center:

Check when shown to

___Parent(s)
___Spiritual Leader

What is the meaning of “Jai Jinendra”?

_________________________________
_________________________________
_________________________________

Why do we say “Jai Jinendra”?

Jainism I –Basics of Jainism page 36

_________________________________
_________________________________
Showing respect:

1. What did you do: ________________?
   When: ________________________
   Whom: ________________________

2. What did you do: ________________?
   When: ________________________
   Whom: ________________________

3. What did you do: ________________?
   When: ________________________
   Whom: ________________________

4. What did you do: ________________?
   When: ________________________
   Whom: ________________________

5. What did you do: ________________?
   When: ________________________
   Whom: ________________________

6. What did you do: ________________?
   When: ________________________
   Whom: ________________________

How much time did you need to finish this part? _____________ hours/minutes.
Date: ____________________________

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THE DO’s

1. Say the Navakär Mantra daily
2. Go to Derāsar regularly
3. Respect, bow to parent, teacher, elder
4. Be kind to other people, animal, plant
5. Be honest & truthful to self and others
6. Be forgiving towards others
7. Be polite. Say Please, Thank-you
8. Say sorry accepting own mistakes
9. Share toys and books with everyone
10. Help others in every way you can
11. Always look for the good in others
12. Go to Pāthashālā on a regular basis

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THE DON’TS

1. Do not hurt anyone
2. Do not hurt or kill animals or insects
3. Do not lie, cheat, or steal
4. Don’t use bad words, be disrespectful
5. Do not get angry
6. Do not shout or scream at anyone
7. Do not fight with anyone
8. Do not spread rumors
9. Don’t talk about people when not there
10. Don’t blame others
11. Do not be greedy
12. Do not take without permission
13. Do not be afraid to ask questions
14. Do not waste water and food
### VICES AND VIRTUES

*Aimism I – Basics of Aism pages 52-57*

**DO’S AND DON’TS FOR ONE WEEK**

*(write the colored number(s) next to the day)*

| Day 1: | ___________________________ |
| Day 2: | ___________________________ |
| Day 3: | ___________________________ |
| Day 4: | ___________________________ |
| Day 5: | ___________________________ |
| Day 6: | ___________________________ |
| Day 7: | ___________________________ |

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<tr>
<th>VICE</th>
<th>THOUGHT (MIND)</th>
<th>WORD (SPEECH)</th>
<th>ACTION (BODY)</th>
<th>VIRTUE</th>
</tr>
</thead>
<tbody>
<tr>
<td>VIOLENCE</td>
<td>BAD THOUGHTS</td>
<td>BAD WORDS</td>
<td>BAD ACTIONS</td>
<td>AHINSA</td>
</tr>
<tr>
<td>ANGER</td>
<td>CURSE</td>
<td>BULLY</td>
<td>HIT</td>
<td>COMPASSION</td>
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<tr>
<td>PRIDE</td>
<td>ARROGANT</td>
<td>BOAST</td>
<td>CHESTY</td>
<td>HUMILITY</td>
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<tr>
<td>GREED</td>
<td>WANT</td>
<td>COPY</td>
<td>STEAL</td>
<td>GENEROUS</td>
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<tr>
<td>DECEIT</td>
<td>PRETEND</td>
<td>LIE</td>
<td>CHEAT</td>
<td>TRUTH</td>
</tr>
</tbody>
</table>

Check when shown to:

____Parent(s)

____Spiritual Leader

How much time did you need to finish this part? ____________ hours/minutes

Date: ____________________________
I bow to Arihantas (Tirthankars), the perfected human souls, who have reached enlightenment by overcoming their inner weaknesses, who have attained infinite knowledge, perception, bliss, and power and have shown the path, which brings an end to the cycle of birth, death and suffering.

I bow to Siddhas, the liberated souls, who have attained the state of perfection and immortality by eradicating all karma.

I bow to Àcháryas, who are the head of the Jain congregation and preach the principles of religion and show the path of liberation, which is the unity of Right Faith, Right Knowledge, and Right Conduct.

I bow to Upádhýäys who are the ascetic teachers. They explain Jain scriptures and show us the importance of a spiritual life over a material life.

I bow to all Sädhus and Sädhvis who strictly follow the five great vows of conduct and inspire us to live a simple life.

To these five types of great souls, I offer my praise. Such praise will help diminish my negative vibrations and sins.

Offering this praise is most auspicious of all benedictions.

I bow and seek inspiration from perfected human souls, liberated souls, enlightened ascetic leaders, ascetic teachers, and all monks and nuns in the world who practice non-violence (Ahimsä), truthfulness, non-stealing, celibacy, and nonpossessiveness in their conduct, non-absolutistic viewpoint (Anekàntaväda) in their thinking.

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**LEARN AND RECITE**

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<td>DATE</td>
<td>TIME</td>
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<th>How did you feel after reciting?</th>
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<th>How did you feel after 1 week?</th>
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Check when shown to: Parent(s) Spiritual Leader

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<th>How much time did you need to finish this part?</th>
<th>hours/minutes</th>
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Date: ____________________________
Namo Arihantānam
I bow down to the Arihantas
(To defeat my inner enemies)

Namo Siddhānam
I bow down to the Siddhas
(To attain liberation)

Namo Āyariyānam
I bow down to the Āchāryas
(To control my desires)
Namo Uvajjhāyānam
I bow to the Upādhyāys
(To learn and meditate)

Namo Loe Savvasāhunam
I bow down to all Sādhu and Sādhvis
(To lead a simple life)

Eso Pancha Namukkāro
I bow down to all five supreme beings

Savva Pāva Ppanāsano
Which destroy all my sins

Mangalānancha Savvesim
Amongst all that is holy,

Padhamam Havai Mangalam
Navakār Mantra is the holiest.

By saying the Navakār Mantra, we pay our respects to the Arihantas, Siddhas, Āchāryas, Upādhyāys, and the Sādhus.

Every morning, as soon as I get up, I sit up, close my eyes and recite Navakār Mantra seven times, to respect and remember the qualities of the five supreme beings (Pancha Paramesthi).

I also think that I am Jain and I follow the teachings of Tirthankar Bhagawān. I have the ability to do all the good things I wish to do. I should love everyone and treat everyone nicely.
LEARN TEMPLE WAYS

Visit a temple, since it is a beautiful and peaceful place to pray. It helps to think about self.

How do we prepare for the temple? ______

__________________________________________
__________________________________________
__________________________________________
__________________________________________
__________________________________________
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__________________________________________
__________________________________________

What do we say in front of Bhagawän? ______

__________________________________________
__________________________________________
__________________________________________
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__________________________________________

What do we do before the temple closes every night? __________________________

__________________________________________
__________________________________________
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JAIN FESTIVALS

We all enjoy celebrating our birthday. We can celebrate our Bhagawän’s birthday, too. Bhagawän Mahävir swami’s birthday comes in March or April. On this day we decorate the temple. We carry Bhagawän’s idol in a chariot in a big procession with band music and dancing. We do Pujä in the Deräsar. Some times children participate in the plays acting out the story of life of Bhagawän Mahävir.

What is the meaning of Mahivir Jayanti?

__________________________________________
__________________________________________
__________________________________________
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__________________________________________
Paryushan is an annual festival of 8 days where we focus on doing lots of religious activities. During Paryushan we try not to hurt any living beings as much as possible. We also practice self-control as much as possible by fasting or giving up something we really like such as watching television, playing video games, eating chocolate. Everyday we go to the temple, pray, and read religious books. On one of the 8 days (or on the fifth day of Paryushan) we view the fourteen beautiful dreams of Mother Trishalā. The last day of Paryushan is all about forgiveness. On the last day, we say “Michchhā mi Dukkadam” to all of our friends and family. Michchhā mi Dukkadam means “I am asking for forgiveness for anything I may have done to hurt you, and I forgive you too.” It is very important to say “Michchhā mi Dukkadam” to everyone.

Practice self-control by completing the worksheet during Paryushan. Below is a sample and you can make your own also:

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Another festival we celebrate is Diwāli or the ‘festival of lights’. We celebrate this festival because this is when Mahāvir Bhagawān attained liberation. Some people celebrate Diwāli by playing with fireworks, but we, as Jains, do not, because fireworks kill insects and other bugs in the air. On Diwāli we celebrate Mahāvir Bhagawān’s nirvana and participate in pujā and other activities at temple.

What is the meaning of Diwali?________

__________________________________

__________________________________

How much time did you need to finish this part? ____________ hours/minutes

Date: ____________________________

Check when shown to:
____Parent(s)
____Spiritual Leader
JAIN RELIGION INFORMATION FOR BOY SCOUTS OF AMERICA

The Boy Scouts of America maintains that no member can grow into the best kind of citizen without recognizing an obligation to God. In the first part of the Scout Oath or Promise the member declares, ‘On my honor I will do my best to do my duty to God and my country and to obey the Scout Law.’ The recognition of God as the ruling and leading power in the universe and the grateful acknowledgment of His favors and blessings are necessary to the best type of citizenship and are wholesome precepts in the education of the growing members. No matter what the religious faith of the members may be, this fundamental need of good citizenship should be kept before them. The Boy Scouts of America, therefore, recognizes the religious element in the training of the member, but it is absolutely non-sectarian in its attitude toward that religious training. Its policy is that the home and the organization or group with which the member is connected shall give definite attention to religious life.

Membership in the Boy Scouts of America is open to all boys and girls who wish to make the promise, regardless of race, color or creed. The purpose of the programs is to assist boys and girls in character development by encouraging them to be responsible citizens of their country. An important part of the program is to assist in the spiritual growth of each boy or girl in their own religious community and to uphold the principle that specific religious instruction is the responsibility of parents and religious authorities.

THE EMBLEM: The Emblem of the Jain religion is the Jain symbol (attached).

REQUIREMENTS: The requirements for the program differ in each faith and denomination. Jain faith information is prepared nationally by the Federation of Jain associations In North America (aka JAINA) to suit the particular needs of Jain boys and girls.

INSTRUCTION: It is the responsibility of the JAIN group/section committee and leadership team to arrange for instruction of candidates with the candidate’s own spiritual leader or appointee.

PRESENTATION: Presentation of the emblem is made by the candidate’s spiritual advisor, and can form an impressive part of a regular Scout or Guide meeting, a religious service, or a special evening for parents and guardians.

STAGES: The RELIGION program is in four progressive stages, color-coded and adapted to the age groups concerned.
Stage 1 — Yellow Border
Stage 2 — Green Border
Stage 3 — Blue Border
Stage 4 — Red Border
Candidates may start at any stage appropriate to their age and capabilities. Only one emblem, the latest stage earned is worn.

WHERE OBTAINABLE: The emblem may be obtained from provincial offices or through regular badge channels.

WHERE WORN: The Boy Scouts of America
STAGE 1 - YELLOW BORDER (AGE GROUP: 8, 9, AND 10)

**Word**
- Brief History of Jainism;
- Life of Lord Mahavir;
- Jain Philosophy: Introduction to ‘Living and Non-living’ (*Jiv* and *Ajiv*) and **Non-violence** (*Ahinsā*);
- Story – An elephant and the six blind men;
- Jain Glossary: * Shrāvak, Shrāvikā, Sādhhu, Sādhvi, Derasar, Jiv, Ajiv, Ahinsā, Tirthankar*.

**Worship**
- Names of 24 omniscient Lords (*Tirthankars*);
- Practices in daily life:
  - Jain greeting - *Jai Jinendra*;
  - Respect the parents, teachers and elderly;
  - Don’t waste food, water and don’t hurt living beings.

**Witness**
- Prayers (*Stuties*):
  - Learn behavior in Jain Temple (*Derasar*);
  - Learn and recite *Namaskar Mantra* and *Khamei Sauva Jive*;
  - Jain Festivals;
  - Learn the significance - *Mahavir Jayanti, Paryushan and Diwāli*.

STAGE 2 - GREEN BORDER (AGE GROUP: 11, 12, 13 AND 14)

**Word**
- History of Jainism:
- Lives of *Tirthankars* - *Mahavir, Adinath* and *Parshvanath*;
- Jain Philosophy;
- Significance of Jain Symbols: *Ashtamangal and others*;
- Four types of defilement (*kāshāy*): anger, greed, ego, deceit;
- The story of four daughters-in-law (four types of spiritual aspirants);
- Five vows (*anuvrat*): of householders;

**Worship**
- Recite Hymns (*Ārati* and *Mangal Deevo*) from books;
- Practices in Daily Life:
  - Vegetarian diet, exercise and stay healthy;
  - Contribute charity (cash) and volunteer (kind);
  - Meditate after waking-up and before going to bed.

**Witness**
- Prayers (*Stuties*):
  - *Chattāri mangalam, Darshanam dev devasya, Shivamastu sarvajagatah*;
  - Learn Temple Rituals: *Nissīhi, Pradakshinā, and Pranām*;
  - Watch ceremonial rituals (*Poojā*) in a temple.
STAGE 3 – BLUE BORDER (Ages: 14, 15, 16 and 17)

Word
- History of Jainism: Biographies of the Āchāyas: Kund-kund; Haribhadrasuri, Hemchandra and Shrimad Rajchandra;
- Jain Philosophy;
- Names and meanings of Nav Tattva (Nine Fundamentals) and Anekāntvād;
- Introduction to theory of particles of matter (karma);
- Three Jewels: Right perception, Knowledge and Conduct;
- Jain Glossary: Sansār, Moksha, Karma, Dravya, Jīv, Ajīv, Pudgal, Dharma, Ākash, Kāl.

Worship
- Prayers (Stuties): Learn and Recite: Arhanto bhangavanta indramahtah
- Know the meanings of Sutras from Samayik;
- Jain Temple (Derasar) Rituals:
  - Learn and Practice the significance of Ashta-Prakāri Poojā.

Witness
- Jain Festivals;
- Learn the significance of Jnān Panchami; Oli and Varsi-tap;
- Daily Practices;
- Promote Vegetarianism, Yoga and Meditation;
- Practice Recycling and Environment Protection.

STAGE 4 - RED BORDER (Ages above 17 years)

Word
- History of Jainism;
- Jain sects in India and its significances;
- Learn the importance of pilgrimages and few different places;
- Jain Philosophy;
- Understand Karma Philosophy;
- Fourteen Stages of Spiritual Elevation (Gunasthānaks);
- Meditations - different types - Preksha Dhyān.

Worship
- Prayers (Stuties);
- Understand the significance of Navkār Mantra;
- Learn about twelve reflections (Bhāvanās)
- Jain temple Rituals;
- Understand the meaning of Chaityavandan;

Witness
- Daily Practices;
- Promote conservation;
- Practice meditation;
- Volunteer services.

NOTE: The books relevant for the above program are available from JAINA Education Committee. For information and ordering visit the website: www.jaina.org.
REFERENCE BOOKS ON JAIN RELIGION

1. Jaina Path of Purification by Padmanabh S. Jaini, Motilal Banarasidas, New Delhi, India.
2. Peaceful Liberators, Jain Art from India, Pratipaditya Pal, L.A. County Museum of Art, USA.
3. Jainism Explained by Paul Maret, Jain Samaj Europe, Oxford Street, Leicester, U.K.
4. Jains in the World by John E. Cort, Oxford University Press, New Delhi, India.
6. Essence of Jainism by Manubhai Doshi, Jain Society of Chicago, Bartlett, IL, USA.

FOR MORE INFORMATION, PLEASE CONTACT:
   Prakash Mody, Email: 4prakash@gmail.com or Telephone (416) 491 5560
   Address: 37 Tuscarora Drive, North York, ON, M2H 2K4, Canada.

PREPARED BY: Prakash Mody with the help from Ramesh Varia, Toronto; Manu Doshi, Chicago and Pravin K. Shah, North Carolina.
AWARD APPLICATION FORM

Student Information:

First Name  Middle Initial  Last Name
(print as you wish the name to appear on the certificate)

Boy  Girl  Age:  Grade:

Address

City  State  Zip

Country if other than USA

Best way to contact

Scouting Information:

Level/Rank:
Active:  Y  N if no when:
Den/Pack/Troop/Unit:
Leader Name:

Best way to contact

Parent(s) Information:

(please complete even if not receiving an award)

Mr./Ms.  
First Name  M.I.  Last Name
(print as you wish the name to appear on the certificate)

Relationship to Student, if any

Address

City  State  Zip

Country if other than USA

Best way to contact

Spiritual Leader Information:

Mr./Ms.  
First Name  M.I.  Last Name
(print as you wish the name to appear on the certificate)

Relationship to Student, if any

Address

City  State  Zip

Country if other than USA

Best way to contact

(add) Please send award and certificate for Spiritual Leader

(add) Please do not send award and certificate for Spiritual Leader

ADDITIONAL AWARDS AVAILABLE

The Jain Scout Gold Medal
This award recognizes a Jain individual who has given an exceptional service in the use and promotion of local Scouting programs. Three years of service is minimum requirement.

The Jain Scout Samaritan Medal
This award recognizes children, youth, and young adults who serve others through outreach and humanitarian assistance. Recipients must be between the ages of 6 and 30.

The Jain Center Recognition Medal
This medal honor Jain centers or Jain societies that provide outstanding promotion and support to their local communities.

Contacts: email to scouting@jaina.org (please add Scouting to Subject Heading) or visit SCOUTING at http://www.jaina.org